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bre.folk I started with Arbonne looking for clean, effective products and just a little extra income—but what I found was so much more. I found a community, a thriving business, and a lifestyle that truly supports my well-being.

I was only 21 years old, juggling a full-time job while attending university and training in Taekwondo. My life was chaotic. I was barely keeping my head above water, constantly running from one thing to the next, hoping I could make it all work. I didn't realize it at the time, but I was desperately searching for a solution—something to calm the storm. My skin was a mess, my confidence was at rock



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to calm the storm. My skin was a mess, my confidence was at rock bottom, and I felt disconnected from the people around me.

I was shy and unsure of my path, and everything felt like a struggle. I knew there had to be something more, a way to feel better in my own skin, to have more control over my life, and to find meaningful connections. But I didn't know where to start.

Fast forward 11 years, and my life has transformed in ways I could have never imagined. I'm now surrounded by the most supportive and genuine friendships, my skin has cleared up, and I've found a way to elevate my health in every area. What began as



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health in every area. What began as a search for some extra income has led me to surpass financial goals I never thought possible.

But more than the financial flexibility, I've found a vision for my future that's bigger and more exciting than I could have ever dreamed. My days are no longer chaotic; I've built a life where my schedule works for me, not against me. I feel empowered, confident, and connected.

I know what it's like to feel overwhelmed, unsure, and in need of change—and that's why I'm passionate about helping others do the same. You can change your life, too. I'm here to help you every step of the way.



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