



**sobiaashaikh** · [Follow](#)

Paid partnership with [equelleofficial](#)



**sobiaashaikh** 140w

#ad As I embark on the second month of my [@equelleofficial](#) journey, I come bearing good news!

Remember those uninvited hot flashes? Well, they aren't visiting as often anymore!! With my use of two pills of EQUELLE twice daily, they have definitely reduced in frequency!†

I've even started to notice that I can go through a photoshoot without pausing as much and worrying about breaking into a sweat 🙌

PLUS, I am loving the quality of my sleep†, and for me, that means a FAR more productive workday. 🙌



**844 likes**

November 12, 2021



Add a comment...





sobiaashaikh · [Follow](#)

Paid partnership with [equelleofficial](#)

PLUS, I am loving the quality of my sleep<sup>†</sup>, and for me, that means a FAR more productive workday. 🙌

I feel cooler - literally and figuratively! And while I anticipate seeing optimal benefits 8-12 weeks from starting EQUELLE, I'm already starting to see small changes making big impacts. I can't wait to share the next update of my EQUELLE journey with you next month!

#EQUELLE #menopause



844 likes

November 12, 2021



Add a comment...





sobiaashaikh  · [Follow](#)

Paid partnership with [equelleofficial](#)

EQUELLE, I'm already starting to see small changes making big impacts. I can't wait to share the next update of my EQUELLE journey with you next month!

#TryEQUELLE ##sobiaashaikh  
#menopause #menopausesymptoms  
#hotflashes #moodswings  
#womenshealth #plantbased  
#hormonefree #supplement  
#womenandhealth #influencerlifestyle  
#mylifestyle #lifestyleblogger



844 likes

November 12, 2021



Add a comment...





sobiaashaikh · [Follow](#)

Paid partnership with [equelleofficial](#)

EQUELLE, I'm already starting to see small changes making big impacts. I can't wait to share the next update of my EQUELLE journey with you next month!

#TryEQUELLE ##sobiaashaikh  
#menopause #menopausesymptoms  
#hotflashes #moodswings  
#womenshealth #plantbased  
#hormonefree #supplement  
#womenandhealth #influencerlifestyle  
#mylifestyle #lifestyleblogger



844 likes

November 12, 2021



Add a comment...

