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**kendallrayburn** Edited · 136w

#AD Quality of sleep and fewer 🔥 hot flashes 🔥 - those are the things I'm grateful for!

@EquelleOfficial is changing the game for menopause, even with surgically induced menopause like mine.

Since starting EQUELLE a few months back, I've seen a significant improvement with my menopause symptoms. I couldn't be more thankful that EQUELLE has helped me navigate those unwelcomed effects, because honestly, I already deal with a lot.

EQUELLE is a menopause relief supplement with S-equol, a plant-based



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EQUELLE is a menopause relief supplement with S-equol, a plant-based active ingredient that mimics some of estrogen's effects. It works to reduce the frequency of common menopause symptoms like hot flashes, mood swings and vaginal irritation, while also supporting sleep quality.†

 Use code "MenoMyWay" at [Equelle.com](#) for 30% off your first order! (US only) And get it shipped right to your door! Be sure to let me know what you think if you try it  the link is in my bio! #tryequelle



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