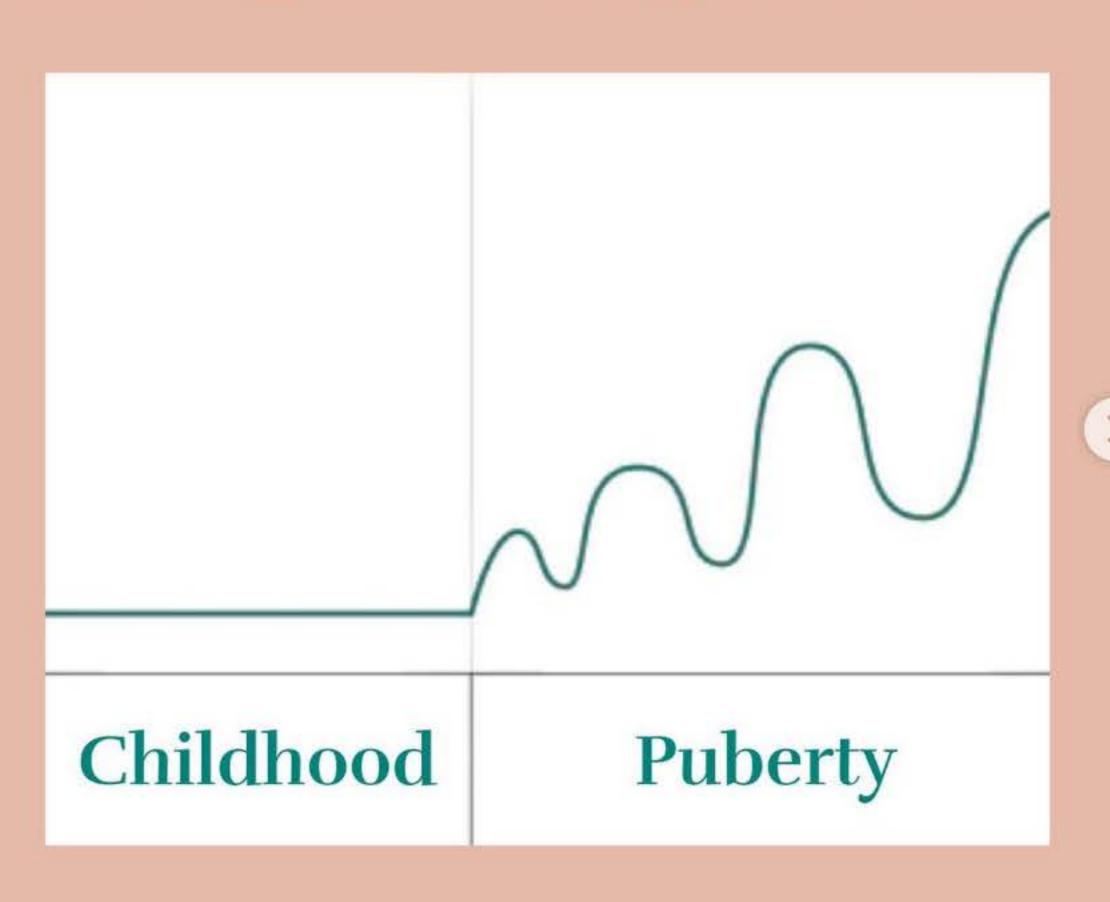
## Estrogen throughout life



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It's true: estrogen levels decline as we age.

Our bodies gradually produce less of the hormone estrogen, usually starting in our 40s, which leads to the different stages of menopause.

These stages can produce unwanted symptoms like hot flashes, sleep disruption and more!

That's where Equelle comes in. It's the only estrogen decline symptom relief supplement with S-equol, a plant-based ingredient, that safely mimics estrogen.

Check out the link in bio to see if Equelle would fit into your daily routine.









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## Estrogen throughout life

Reproductive Years

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## Estrogen throughout life

Menopause is the day that marks 12 consecutive months without a period

Peri-

Postmenopause

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