This too shall PASS



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Not so fun fact: Some women may experience hot flashes over decades (10, 20 or 30 years)*! Fortunately, with EQUELLE, there's no need to just grin and bare it anymore.

Have any burning questions about "The Change"? Click the link in our bio for more Menopause FAQs!

#Menopause #MenopauseSupport #HotFlashesRelief



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