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Want to find out why @kendallrayburn is taking EQUELLE everyday? Read below!

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#Regram

#ad Buckle up, ladies - because menopause is no joy ride. I never realized how much having a total hysterectomy at 26 would have changed my body, but today, at 35 and dealing with menopause, I can feel it all: the sweating, hot flashes, mood swings, all of it.

I've gone through a lot trying to manage









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I've gone through a lot trying to manage the brutal effects of menopause. Since my symptoms are getting worse, I've decided to re-visit a trustworthy, effective brand, @equelleofficial. EQUELLE is a menopause relief supplement with S-equol, a plant-based active ingredient that mimics some of

estrogen's effects. It works to reduce

the frequency of common menopause

and vaginal irritation, while also

supporting sleep quality.+

symptoms like hot flashes, mood swings

It usually takes a few weeks to feel the effects, so I'll be sure to report back and let you know how I'm feeling, what's changed, etc. I'm so thankful and excited to be partnering with EQUELLE again! #TryEQUELLE









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