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Taking EQUELLE every day and night has helped @fabnfitbycarla adjust to this phase of life. To find out more about her story, read below!

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#Regram

#Ad Just when I thought some of my menopausal symptoms were subsiding, suddenly, I'm now having periods of hot flashes. I realized I needed something to relieve this discomfort. I'm now taking @EQUELLEOfficial twice a day with water - 2 tablets in the morning and 2 tablets in the evening. I really like the Symptom Tracker. It helps me keep



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#Ad Just when I thought some of my menopausal symptoms were subsiding, suddenly, I'm now having periods of hot flashes. I realized I needed something to relieve this discomfort. I'm now taking @EQUELLEOfficial twice a day with water - 2 tablets in the morning and 2 tablets in the evening. I really like the Symptom Tracker. It helps me keep track of my hot flashes, sleep quality, mood and vaginal health so I can see the progress[†]. Hit the link in bio for more info. #TryEquelle #FabNFitByCarla #HotFlashes #menopause #equellepartner



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Gorgeous lady



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