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We couldn't be more thrilled to have @janine_delaney as our partner in our #LiveHotStayCool campaign. Not only is Janine sharing her personal story and struggles with night sweats, but she's also helping us bring the topic of menopause out into the open. She'll be sharing more on her experience with EQUELLE soon! Wanna try it with her? Through the end of October, you can WIN a 3-month supply of EQUELLE to test for yourself - Just share your menopause experience to be entered.

- Rules: Share your menopause story in a tagged post using #LiveHotStayCool and #EquelleSweepstakes
- One winner will be randomly selected and notified by DM every Friday in October. No Purchase Necessary.

This giveaway is in no way sponsored



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#Regram -----

#ad When we help each other out 🤝
When we stand along side one another 👯
We are STRONGER TOGETHER 💪
Thanks to all of you ladies who commented in my recent post about your experiences as women getting older and the changes you are facing. It definitely made me feel not as alone 🙏
That's why I'm so excited about to



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We are **STRONGER TOGETHER** 💪
Thanks to all of you ladies who commented in my recent post about your experiences as women getting older and the changes you are facing. It definitely made me feel not as alone 🙏
That's why I'm so excited about to continue my trial of @equelleofficial, as a way to alleviate the frequency of hot flashes us FAB over FIFTY ladies may experience 😊 I'm looking forward to sharing my results and, remember ladies, there's **NO EXCUSE** not to feel 100% ! This is our time - we have to **LET LOOSE & LIVE IT UP** 🤪 That being said, I want **YOU** to share your menopause stories, using #LiveHotStayCool. Let's make this a conversation that **EVERY** woman feels comfortable sharing about!



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