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#ad Sleep has been the most challenging for me during menopause. I've had to manage many restless nights, which is why I am so excited to try @EQUELLEofficial.

EQUELLE has been clinically validated to provide REAL relief from menopause symptoms like hot flashes, poor sleep quality, mood swings, and vaginal irritation[†].

One of the best things is that its active ingredient is plant-based, it's hormone-free[‡] and no prescription is needed. 😊 Follow me as I try EQUELLE and learn more about the product! #linkinbio @EQUELLEofficial #TryEQUELLE



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