





#### itsmattrosa 💝 Edited • 10w

Last few weeks have been bliss mixed with a little chaos lol, so figured I'd give yah a Colombia dump and some thoughts I've had

Spent the vast majority of this year on the road, and I've got the next few weeks to lock in at home before 2024 starts. Starting these next few weeks with absolute gratitude and reflection. Visited my 40th country this year (+20 this year alone and took sky to see 7 of those). Recorded some songs I fell in love with and wrote some that'll never see the light of day. Met so many new people, some were simple conversations and others were conversations that changed the type of man I am. Laughed sooooo much but also cried a few times.









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Felt at home in places I didn't even know existed. Ate some unreal meals and then also ate horse which was wild af Iol. Saw sky roam and grow, saw my marriage roam and grow. Grew further away from god only to yearn for him even more. Played some shows that made me feel alive, spoke in front of crowds that shook me. Bought a motorcycle I don't know how to drive. Took some road trips with my fam and bought a new van for us to live from whenever we wanna get away. Argued with people I love, and loved on people that would turn on me; learned from both. Spent nights in the house being present and weekends going way too hard. Built a business im proud of, against all odds. Took my family around the world a few times. Found myself and lost myself a few times as well. Learned patience, learned







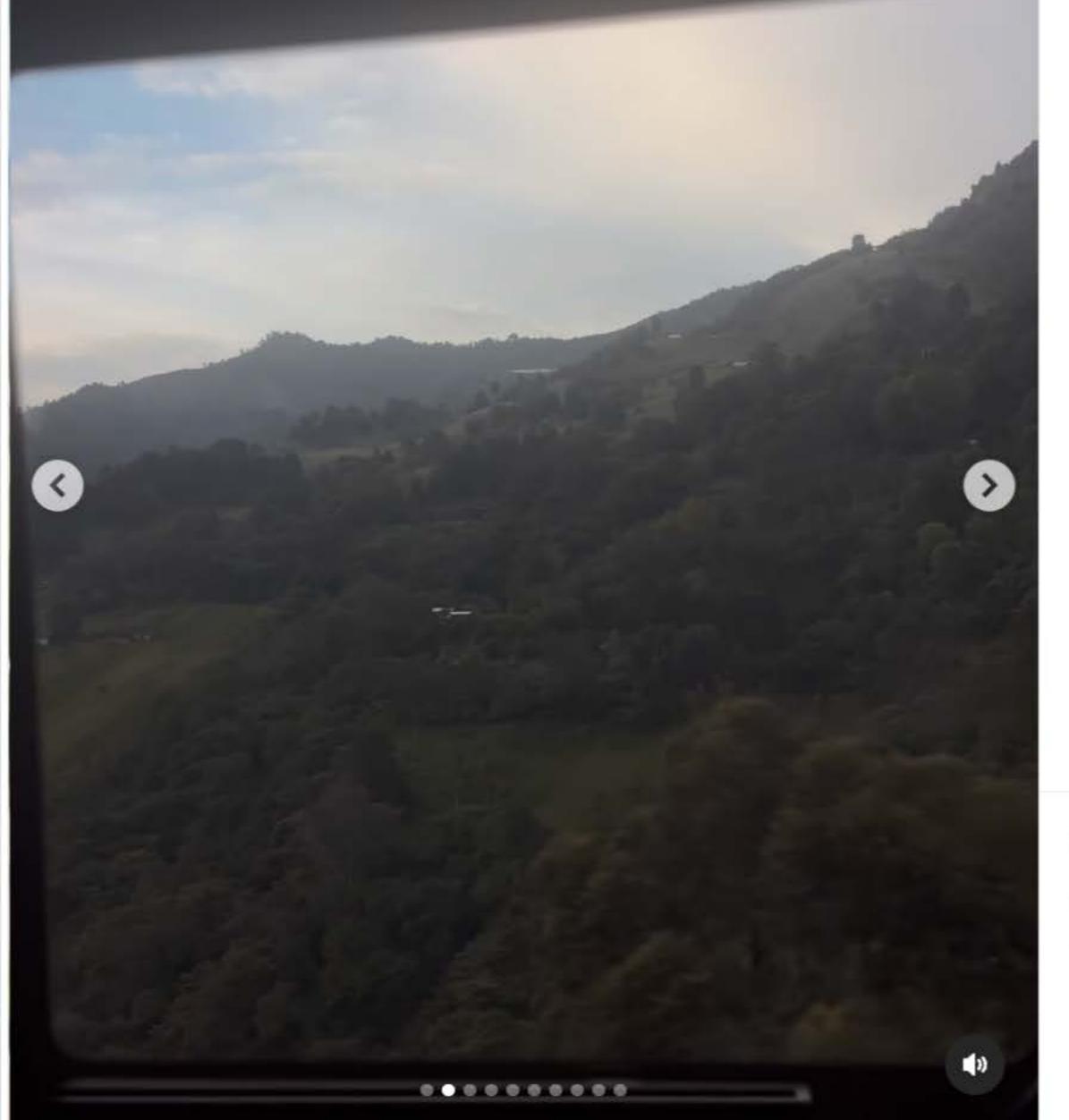


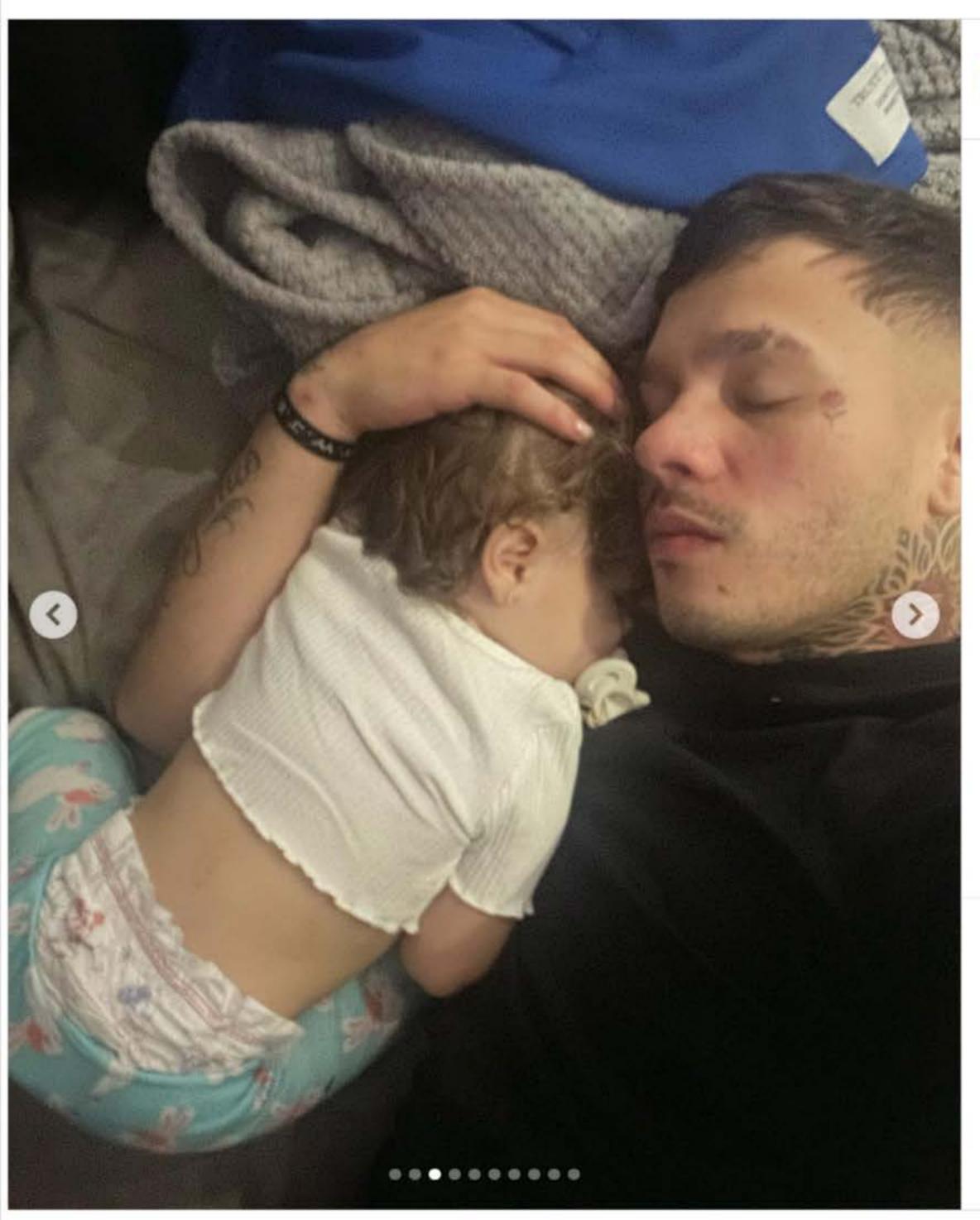
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And so much more I can't squeeze in this caption. It's wild because the older i get, the more I sit and just reflect on what matters most. Life goes by so freaking fast and these are moments I consciously try to slow down.

2024, the Rosa's are ready for yah 🜹



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Matt Eanara ta vava muu hian araa









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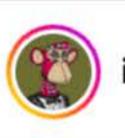


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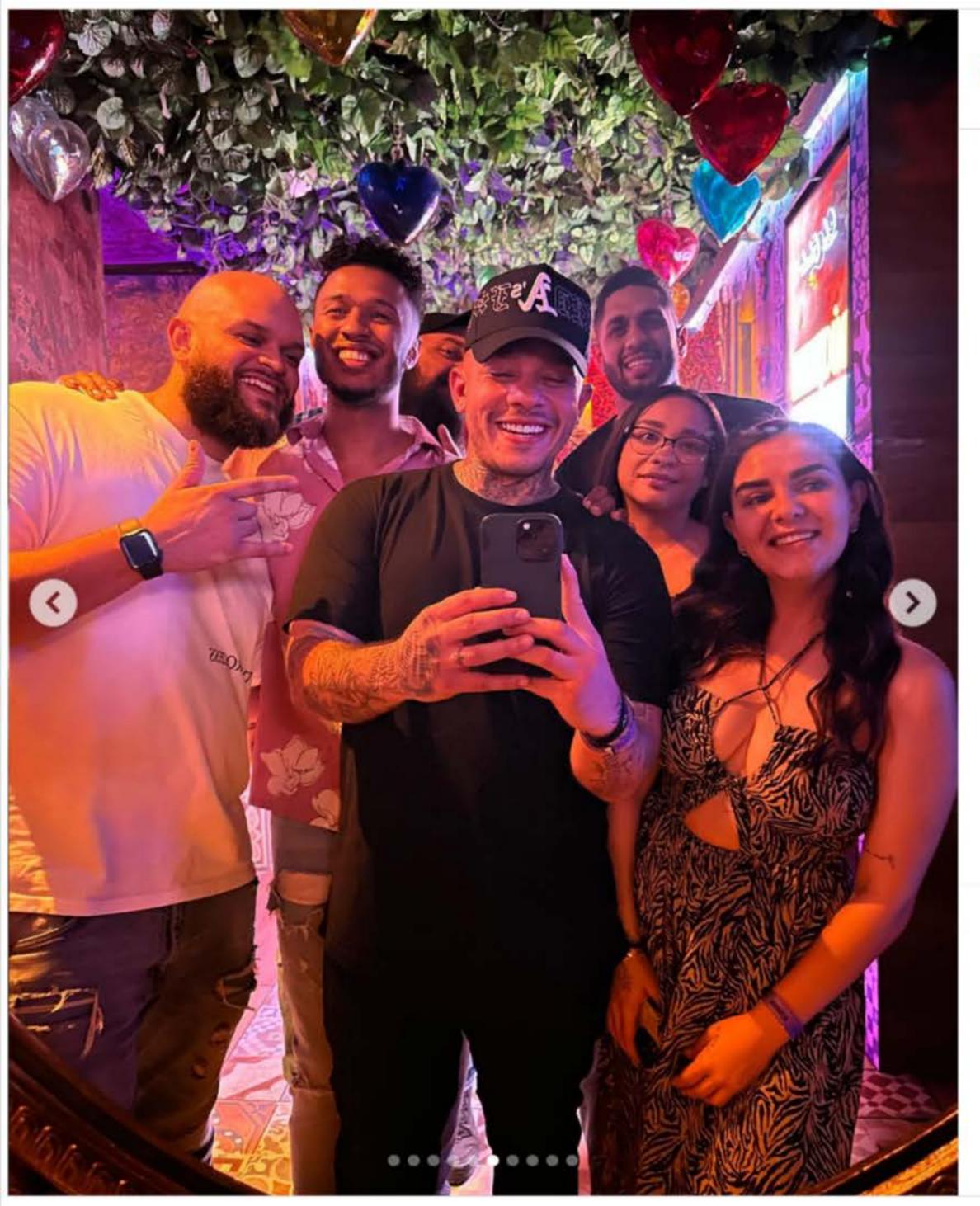


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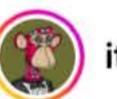
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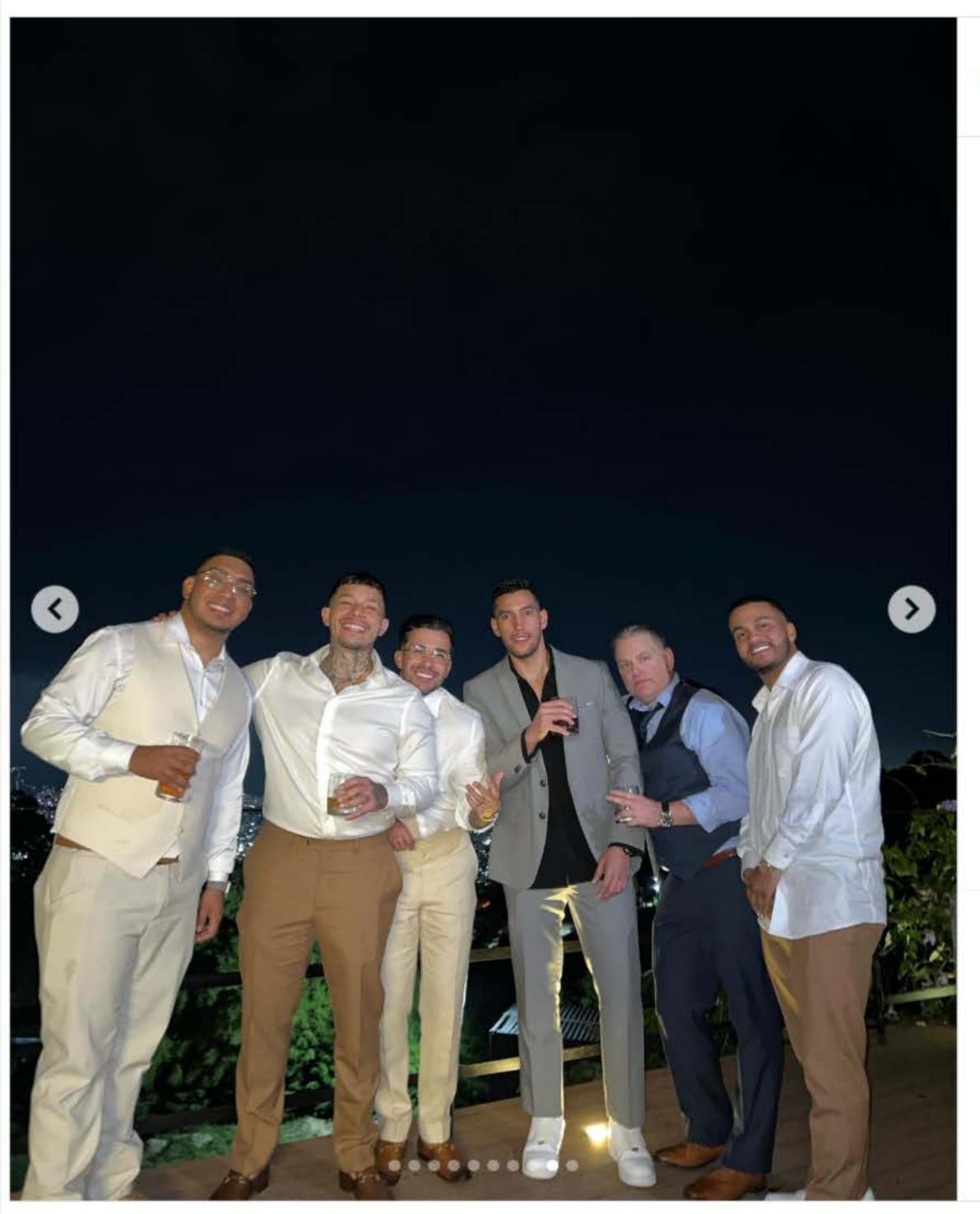
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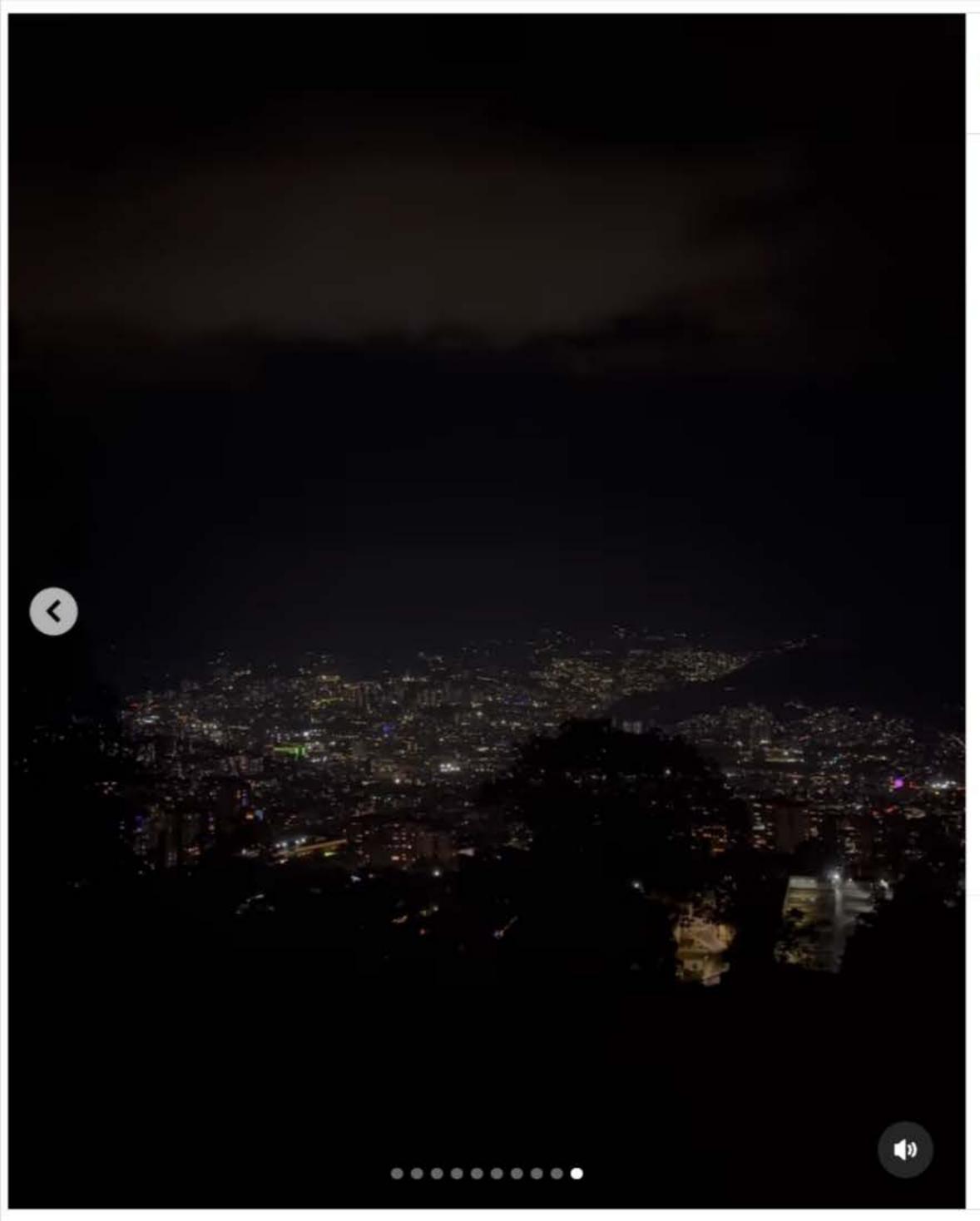


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