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So thankful that I get to work for a Company that will take Art and I on an all expense paid trip to Mexico next week. We will get some special perks as I qualified for VIP Elite (transfer to and from the airport, special dinner with the CEO, and additional items).

It has been a tough year (and a half) for our family.

My mom passed away.

I lost my training client/friend that worked with me for 22 years suddenly.

Our daughter was diagnosed with Epilepsy.



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Our oldest had his lungs collapse.

I had 2 surgeries.

Even with all of these trials that have happened we are thankful for the time they we have been able to share together with our family (through the good and the not so good).

I am happy to say, one of my goals this year was to qualify for this incentive trip. In addition Art and I will be taking Mason with us to Mexico (for his senior trip) 🥳

Work hard for your goals, and you can achieve anything. If traveling is your goal, get your wellness business started (for free right now) so you can join us next year! 😊



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with us to Mexico (for his senior trip) 🤗

Work hard for your goals, and you can achieve anything. If traveling is your goal, get your wellness business started (for free right now) so you can join us next year! 😊

Just like I teach others, we need to set goals. We can adjust when needed (as we had to this year), but create a vision so you will meet and exceed your goals.



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