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alexmortonmindset  Don't buy the hype on social media. Don't think everyone is rich, good looking, famous, & brilliant. They're not. This is the highlight reel of people's lives. Don't get trapped on here mindlessly scrolling like a sheep for hours. Instead, get off your butt and take action to improve your life 1% every single day. Remember, the wealthiest families you know, at one point, were broke. Until ONE man or woman said enough is enough, we're not living like this anymore. Understand you're a spiritual being, living in a physical body, & your emotions control your life. Anything is possible on this planet. You can be, do, have whatever you want. Anyone who tells you to play it safe, think small, or tells you to be realistic, get away



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planet. You can be, do, have whatever you want. Anyone who tells you to play it safe, think small, or tells you to be realistic, get away from those people asap. People will always say they support you and want you to win until you start winning more than them. Keep that circle tight and protect your energy. We come into this world alone, and one day we will leave alone, so do what makes you happy. No one has it completely figured out. Most people get divorced, quit the gym, give up in their business, lose their faith in GOD, etc... 9/10 people don't have 🤡 figured out. They're check to check, unhealthy, passion is gone, & it's merely survival.. tip toeing through through life.

I'm not on here to "take shots" I'm



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I'm not on here to "take shots" I'm on here to help YOU keep a peaceful mental state while you're on your journey to a better life. Social media is a double edged sword, so just understand that everyone moves at their own pace and writes their own story. Comparison is the thief of all joy. Furthermore, get off the victim mentality, feeling sorry for yourself, life's unfair, 🗑️. Life is definitely not fair and we must all play the cards we were dealt. Stop letting doctors who don't know 🤡 about preventative medicine diagnosis you with depression.. you're not depressed you're uninspired. Do something you love and strive to become great at it. This 🌍 is a giant game board and YOU have the power to beat the game. GOD BLESS ⚡



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