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acurlydhall *Happy Monday! I come to you with a personal story:

I struggled keeping up with my healthy eating in my late 2nd and 3rd trimester.

I say this because back in February of 2021 @nutrafol hadn't announced their Postpartum Hair Growth Nutraceutical yet.

If you're anything like I was, I highly suggest purchasing the Nutrafol hair supplement for the first year after giving birth.

Hair care is wayyyy more than the products you use. Just like our GUT









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products you use. Just like our GUT health, SKIN health, MENTAL health it's all about wellness from within.

Join and follow me on this hair growth journey!

And start yours! Tap the link (in bio) to get \$50 off your first 3 months supply of Nutrafol.

Promo will automatically be applied at checkout. Hurry up, this is a limited time offer A

#NutrafolInfluencer #Nutrafol #NutrafolPartner #January23

#blackinfluencer #blackmomsblog #newmom #3c4ahair









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A happy home, a healthy body and a peaceful mind are the only things worth chasing.



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Getting mad at your hair is a whole different kind of angry



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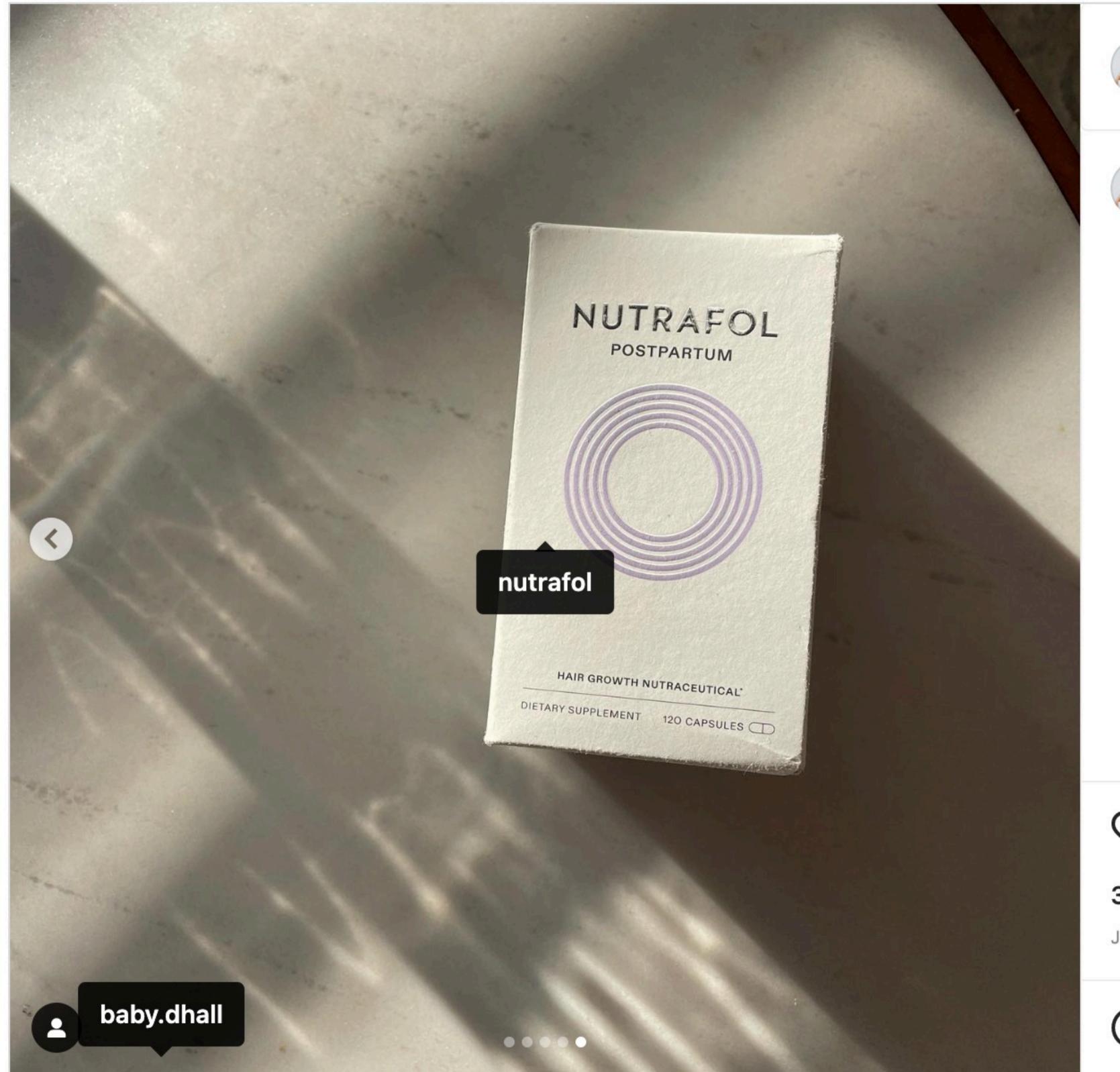


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