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SHOP OUR TOP MODERE DEALS

REINVENT YOUR HORMONE STORY

A first-of-its-kind approach to optimize hormonal health through all phases of the menstrual cycle

MODERE OVA™

SKU: 17067

Reinvent your hormone story with Ova. No hormones. No soy isoflavones. A first-of-its-kind, patent-pending approach delivering intuitive nutrition for optimal hormonal health. Synced to the phases of your unique cycle, 3 proprietary, scientifically advanced formulas feature ingredients that target your period + pre-ovulation + post-ovulation all in one convenient blister pack. Ova changes the way you think about your period. Offering customized support throughout the month, nothing works quite like Ova to effectively help relieve normal symptoms of PMS, bloating and menstrual cramps, promote clear looking skin, support healthy libido, reduce occasional stress, balance mood and more.* And for women in perimenopause, menopause or post-menopause, try Modere Ova™-m. Less...

$79.99

1

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$67.99 - $75.99

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NON-GMO CLEAN LABEL FORMULA GLUTEN-FREE DAIRY-FREE

Hormone-free. Soy isoflavone-free.

Benefits Ingredients

PRODUCT FAQ

RELEASE – PERIOD: DAYS 1–4

BENEFITS

FORMULATED WITH INGREDIENTS SHOWN TO:

- Help relieve mild discomfort associated with menstrual cramps*
- Ease occasional and mild bloating, nausea, cramping and loose stools*
- Support the body's natural detoxification process*
- Promote clear looking skin*
- Support healthy blood flow*
- Support iron metabolism*
- Support liver health*
- Support urinary tract health*
- Support antioxidant capacity*
- Support energy levels*

FEATURES

- Menstrual D-Tox Complex™
- Hormone- and soy isoflavone-free
- Clean label formula
- Gluten-free
- Dairy-free
- Non-GMO

RENEW – PRE-OVULATION: DAYS 5–16

BENEFITS

FORMULATED WITH INGREDIENTS SHOWN TO:

- Support hormones leading up to ovulation*
- Improve feelings of wellbeing*
- Support a healthy libido*
- Support mental clarity*
- Support thyroid health*
- Help promote iron absorption*
- Support antioxidant capacity*

FEATURES

- Bio-Optimal Pre-Ov Blend™
- Hormone- and soy isoflavone-free
- Clean label formula
- Gluten-free
- Dairy-free
- Non-GMO

BALANCE – POST-OVULATION: DAYS 17–START OF NEXT PERIOD

BENEFITS

FORMULATED WITH INGREDIENTS SHOWN TO:

- Reduce mild discomfort associated with PMS: mood swings, abdominal cramps, bloating, breast tenderness*
- Help enhance the absorption of key nutrients needed before menstruation*
- Support a healthy inflammatory response*
- Support the endocannabinoid system*
- Promote clear looking skin*
- Reduce occasional stress*
- Support energy levels*
- Support antioxidant capacity*

FEATURES

- Co-Active PMS Matrix™
- Hormone- and soy isoflavone-free
- Clean label formula
- Gluten-free
- Dairy-free
- Non-GMO

Each woman's cycle is different, and results may vary. For menstrual and menopausal symptoms outside the normal range, medical conditions, or when taking medication, consult your health care provider prior to use. Not for use if you are nursing or pregnant.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

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NON-GMO | CLEAN LABEL FORMULA | GLUTEN-FREE | DAIRY-FREE

Hormone-free. Soy isoflavone-free.

Benefits | **Ingredients**

The Modere Transparency Trust™ is our commitment to share meaningful information about our products. Going well beyond minimum industry requirements, our detailed transparency charts list our ingredients in plain English, how they're sourced and the benefits they provide so you can make informed decisions about the products you invite into your home.

MODERE. TRANSPARENCY TRUST

RELEASE

Clove flower bud extract
Support liver health and natural detoxification. Made from clover (Syzygium aromaticum).

Immortelle flowering top extract
Support liver health and natural detoxification. Made from immortelle (Helichrysum italicum).

Hypromellose
Capsule. Made from plant sources.

Magnesium oxide
Support heart and muscle function. Magnesium made with compounding ingredients.

Cranberry fruit extract
Support urinary tract health. Made from cranberry (Vaccinium macrocarpon).

Sage aerial parts extract
Support antioxidant capacity. Made from sage (Salvia officinalis).

Chaste tree berry extract
Relieve mild discomfort associated with PMS. Made from chaste berry (Vitex agnus-castus).

Potassium phosphate
Potassium made with compounding ingredients.

Niacinamide
Support circulation. Form of vitamin B3 made with compounding ingredients.

Coenzyme Q10
Support energy levels. Ubidecarenone made by fermentation.

Ginger rhizomes extract
Ease occasional bloating, nausea, cramping and loose stools. Made from ginger (Zingiber officinale).

Peppermint leaf extract
Eases occasional bloating, nausea, cramping and loose stools. Made from mint (Mentha piperita).

Dong quai root extract
Traditionally used to reduce mild discomfort during menstruation. Made from dong quai (Angelica sinensis).

Silicon dioxide
Flow agent. Made from natural sources.

Magnesium stearate
Flow agent. Made from natural sources.

Copper gluconate
Support iron metabolism. Copper made with compounding ingredients.

RENEW

Theacrine
Support hormones. Made from natural sources.

Inositol
Support liver health and natural detoxification. Made from immortelle (Helichrysum italicum).

Hypromellose
Capsule. Made from plant sources.

Broccoli Sprout
Support antioxidant capacity. Made from broccoli (Brassica oleracea).

Quercetin
Support antioxidant capacity. Made from Japanese sophora flower (Sophora japonica).

Maca root extract
Support libido. Made from maca root (Lepidium meyenii).

Ferrous bisglycinate chelate
Support wellbeing, source of iron. Made with compounding ingredients.

Magnesium stearate
Flow agent. Made from natural sources.

Silicon dioxide
Flow agent. Made from natural sources.

Potassium iodide
Support thyroid health and muscle function. Potassium salt of iodine made from natural sources.

BALANCE

Palmitic acid monoethanolamide (PEA)
Support the endocannabinoid system. Made with compounding ingredients.

Hypromellose
Capsule. Made from plant sources.

Ancient peat
Support energy levels. Made from natural sources (humic shale).

Zinc gluconate
Promote clear-looking skin and reduce mild menstrual cramps. Made with compounding ingredients.

Zinc oxide
Promote clear-looking skin and reduce mild menstrual cramps. Made with natural sources.

Ginger rhizome extract
Support a healthy inflammatory response. Made from ginger root (Zingiber officinale).

Chaste tree berry extract
Relieve mild discomfort associated with PMS. Made from chaste berry (Vitex agnus-castus).

Magnesium stearate
Flow agent. Made from natural sources.

Silicon dioxide
Flow agent. Made from natural sources.

Saffron extract
Help support healthy mood. Made from saffron (Crocus sativus).

Black pepper fruit extract
Enhance absorption of key nutrients. Made from pepper (Piper nigrum).

Melon fruit juice concentrate
Reduce occasional stress. Made from melon (Cucumis melo).

Apple fruit extract
Support vitality. Made from apple (Malus spp.).

DIRECTIONS:

All 3 potent Ova formulas — **RELEASE, RENEW & BALANCE** — are packaged in one easy-to-use blister pack that clearly outlines when to take each supplement to align with your menstrual cycle and is easily customizable with your unique cycle length.

Directions: Take one pill daily with food beginning on the first day of your period, transitioning to the next formula to coincide with each phase of your menstrual cycle.

Supplement Facts
Serving Size 1 Capsule
Servings Per Container 4

Amount Per Serving	% Daily Value
Niacin (as niacinamide) 25 mg	156%
Magnesium (as magnesium oxide) 16 mg	4%
Copper (as copper gluconate) 200 mcg	22%
Proprietary Blend 630 mg	
Clove Flower Bud Extract, Immortelle Flowering Top Extract (Helichrysum Italicum), Cranberry Fruit Extract, Sage Aerial Part Extract, Coenzyme Q10 (Ubidecarenone), Ginger Rhizome Extract, Peppermint Leaf Extract, Dong Quai Root Extract	

* Daily Value not established.

Other Ingredients: Hypromellose (capsule), potassium phosphate, silicon dioxide, magnesium stearate.

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RELEASE:
Take days 1-4, beginning with the first day of your period

Supplement Facts
Serving Size 1 Capsule
Servings Per Container 12

Amount Per Serving	% Daily Value
Iron (as ferrous bisglycinate chelate) 5 mg	28%
Iodine (as potassium iodide) 140 mcg	93%
Theacrine 200 mg	*
Proprietary Blend 474 mg	*
Inositol, Broccoli Sprout, Quercetin, Maca Root Extract	

* Daily Value not established.

Other Ingredients: Hypromellose (capsule), magnesium stearate, silicon dioxide, purple carrot root extract (capsule color).

WARNING: As almost an overdose of iron containing products is a leading cause of fatal poisoning in children under 6, Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

ITEM 17067 • 0512/1

RENEW:
Take days 5-16

Supplement Facts
Serving Size 1 Capsule
Servings Per Container 30

Amount Per Serving	% Daily Value
Zinc (as zinc oxide, gluconate) 16 mg	107%
Lycopene* (25% Palmitoylfructopiranosyl) 10.0 mg	*
Eshanna® (Melon Fruit Juice Concentrate) 10 mg	*
Proprietary Blend 250 mg	*
Ancient Peat, Ginger Rhizome Extract, Chaste Tree Berry Extract, Saffron Stigma Extract, Black Pepper Fruit Extract, Apple Fruit Extract	

* Daily Value not established.

Other Ingredients: Hypromellose (capsule), magnesium stearate, silicon dioxide, coconut oil, spirulina extract (capsule color).
CONTAINS: Coconut.

Lycopene® is a trademark of Lycopene.
Eshanna® is a trademark of RIDBERST.

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BALANCE:
Take days 17-32 or until your next period starts

Additional Release capsules are included in case your next cycle begins prior to receiving your next month's supply of Ova.

Each woman's cycle is different, and results may vary. For menstrual and menopausal symptoms outside the normal range, medical conditions, or when taking medication, consult your health care provider prior to use. Not for use if you are nursing or pregnant.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

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