

# The Project 23 Difference



A unique approach to  
hormonal health unlike  
anything else!



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What are your biggest hurdles with your period or with perimenopause/menopause ?

Your body's responses to the different phases of your menstrual cycle and the phases of menopause aren't due to hormones alone, but also due to fluctuating metabolites and micronutrients!!

Project 23 takes a unique approach



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and micronutrients!!  
Project 23 takes a unique approach  
to hormonal health unlike anything  
else, by addressing these  
biochemical responses with easy-to-  
use, customizable products that  
sync to your cycle or menopausal  
needs, all without the use of  
hormones or soy isoflavones.  
#innovation #periodrelief  
#menopausesupport  
#perimenopausehealth #project23  
#empoweryourhormones  
#reinventyourhormonestory



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