



nicole_reichart • [Follow](#)



nicole_reichart Real Talk 📢

I'm on my 2nd month of taking Project23 (Day 36) and let me tell you ladies... Everyone needs this product. Gentlemen - you'll thank me as well 😊

- mood swings aren't swinging - ask my husband 🥰
- 0 cramps
- Bloating is very minimal
- Period was 3 days shorter this month
- More energy
- Sleeping through the night (like a 🪨)
- My back doesn't hurt 😮

I've actually lost 7 lbs since starting



Liked by [latisha_houseman](#) and others

FEBRUARY 16



Add a comment...

[Post](#)



nicole_reichart • [Follow](#)



I've actually lost 7 lbs since starting the product; but I believe it's an accumulation of my hormones balancing out as well as my new found energy. I've had bad back problems for the past couple of years and I've noticed my back pain is gone, which is interesting 🤔

Best part about this product is it's, Balancing my hormones withOUT hormones.... ✨✨✨

I have spoken to so many women that experience the same symptoms I HAD and I know there are many others that are dealing with these horrible symptoms everyday. Well... it ends now 🙌



Liked by [latisha_houseman](#) and others

FEBRUARY 16



Add a comment...

[Post](#)



nicole_reichart • [Follow](#)



problems for the past couple of years and I've noticed my back pain is gone, which is interesting 🤔

Best part about this product is it's, Balancing my hormones withOUT hormones.... ✨✨✨

I have spoken to so many women that experience the same symptoms I HAD and I know there are many others that are dealing with these horrible symptoms everyday. Well... it ends now 🙌

[#syncyourcycle](#)
[#everywomaneveryday](#)
[#hormonalbalance](#) [#payitforward](#)

1w



Liked by [latisha_houseman](#) and others

FEBRUARY 16



Add a comment...

[Post](#)