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myhairshop *Ladies, this is for YOU*



👉 *please listen:*

By the time we reach post menopausal age, we have endured (on average) 38 years of symptoms just because **we are female**.

All the things associated with "**just being a woman**" have been considered "*normal*" 😞

I'm sorry, but while the biological process is normal, the **cramps - bloating - heavy flow - tenderness - loss of libido - thinning hair - memory lapses - dryness everywhere - hot flashes - night sweats - insomnia - weight gain . .**



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sweats - insomnia - weight gain . .

—>any more I should mention??<—
👉do **NOT** have to disrupt our lives 🥺

🔥 **What if** - these symptoms are NOT normal?

🔥 **What if** - we could STOP fighting them and start empowering them **without** the use of hormones or soy iso flavones?

I am so excited and **massively GRATEFUL** 🙏 to be part of a launch/movement 🚀 to help over 1 **BILLION WOMEN** start normalizing the conversations and **STOP normalizing** the symptoms 🙌

I can't wait to share more news soon!!



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I can't wait to share more very soon!!

In the meantime - I want to hear from you! 🙌

What symptoms did I miss?
Let's start talking 💬

#project23 #hormonehealth
#hormonesupport #comingsoon
#everywoman

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