

January
2023

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Changing The
Hormone Game



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maryannsmission Men, STOP SCROLLING because I know each of you knows at least one woman who's got these 'issues' 🙄

Women, help me out!! Who else has had trouble with, or is currently suffering from 'raging' hormones?? (be honest and say so in the comments)

Well, idk about anyone else but I'm SO SICK of needing alllllll the 🌈, never knowing how I'm going to feel 😞, and sleeping with towels



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JANUARY 7



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😓, and sleeping with towels underneath me at night 😭

THANK GOD an end is in sight!

I'm about to get started on a ZERO hormone supplement that is designed to NATURALLY help our bodies get through not only our monthly cycles, but menopause too! 🙏🙏🙏

What our bodies lack during times of bloat, times of low energy and times of 'high running' emotions are about to be replenished folks!! NATURALLY



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to be replenished folks!! NATURALLY

¹⁰⁰

This means that we can actually
FEEL MORE BALANCED and closer
to NORMAL when our hormones are
doing their thing ⚖️

FREAKING FINALLLY!!! No one has
ever done this before and it's time 🦄
🦄

Take that menstrual cycle, TAKE
THAT!

#notjustme #womenshealth #woman
...



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doing their thing ⚖️

FREAKING FINALLLY!!! No one has ever done this before and it's time 🦄🦄

Take that menstrual cycle, TAKE THAT!

#notjustme #womenshealth #woman #hormones #letstalk #caretochat #project23 #balance #feelbetter #now #getit #sohappy #yes #change

3w



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