

**REVIEW**

Now 46, in the last couple of years, I have been experiencing extreme highs and lows, fluctuating weight gain, low productivity and clarity... plus, I had a hard time sleeping through the night.

I've been using this product for 18 days now. The fact that this whole time, these were hormone issues, has actually been a huge surprise for me.

**My mood is balanced and super positive, my energy is high, I'm sleeping like a baby and I am super productive!**

Also, I didn't even realize that I had brain fog until I didn't. I tackle my day with so much more clarity.

Stress and anxiety has decreased....

All I've got to say is:

*I'm getting adjusted to*



I am now 58 and in full blown menopause. I have been struggling for 3 years with mood swings and extreme anxiety that included not being able to leave my house at times and anxiety attacks 2-3 times a day. I probably hadn't slept more than 4 hours a night in at least 2 years.

**On day 1 with this new hormone product I got immediate energy. So much I quit my favorite coffee for 7 days to see if it continued - and it did! I no longer NEED Coffee. I want it (ha) but I don't need it!**

My mood swings completely vanished and today being day 20 I've had zero mood swings - my husband is thankful!! What's even better is in the last 20 days I've had TWO anxiety attacks. Yes 2! I went from 2-3 a day to only 2 in the last 20 days.

My sleep is so good that I have slept 10 straight hours several nights now which hasn't happened in FOREVER.

I believe it is leveling out my cortisone, helping me sleep better and I lost 1 lb. not even trying! This is the first product I have ever called "life



**PROJECT 23 REVIEW**

I've had horrible long and heavy periods since I can remember. Nothing would help... Until now!

**I've been on Project 23 for three weeks now, and just finished up my lightest and shortest period of my life! 4 days vs 7 with only one heavy day instead of 3!!!**

Not only that, I've slept like a baby for the last 3 weeks and feel so much more at ease throughout the day!

To say I'm obsessed is an understatement! I officially am in love!



**PROJECT 23 REVIEW**

Week three of Menopause Formula...

- Sleeping like a log!
- No hot flashes
- No night sweats
- Tons of energy
- Feeling really up beat!

So very happy and encouraged by how great I feel!!



**PROJECT 23 REVIEW**

11 Days on this Hormone Health product that I was honored to be 1 of 1 to use in our car

**And let's just say My mood is like I drank Unicorn Juice - I never sleep so**

These 2 things may seem small. But in my world are MA

Even Brandon Falls said he has noticed the last 10 days or so he's extremely happy and he has done his best not to "damp" it when he home from a stressful day at work. This is

I never get a full night's rest. I to every sound and left exhausted all day. But I've been in such sleep that I wake feeling refreshed than I have in years.

**I feel more connected with I more calm and patient with kids and just freaking happy**

This product has 3 different formulas for each phase of cycle. I had 8 Days on Form today is Day 4 on Formula 1 tomorrow I start formula 2. I even competed a full cycle of product but the experience been great so far. Can't wait cycle through the entire year be able to update you all further.

Who knew 1 little Plant based Hormone Free Product could such a change in such little



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kellycoop1 Hormone Reviews are coming in Strong and AHHHHHMAZING!

This is LIFE CHANGING for all women! Whether you have a monthly period, are in perimenopause, menopause, or post menopause (yes, that is a thing!) we have a product for you!!

Did I mention it's hormone free and all natural??

#reinventyourhormonestory  
#everywoman  
#reinventforourdaughters

2w



2 likes

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