

jackie\_hawks 🌭 . 🌢 Talk coming in

I know SO MANY women that suffer in silence before & during their menstrual cycle. I'm one of them.

Until now.... I'm breaking the silence

Out of nowhere, just before my period would start...I'd shut down And literally make me wanna stay in bed!

I would feel worthless, lazy and be in pain with cramps & headaches 😵 my family and dogs didn't want to be around me because I was NOT nleasant 🔐









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around me because I was NOT pleasant @

And my PERIOD & HORMONES was to blame

Seriously.

Next time your Mother, Sister,

Cousin, or Friend says she "can't

## BELIEVE HER.

because my period"

BUT NOT ANYMORE!!

Now, I get to be a part of a prelaunch for the first of its kind:

PRE-Menstrual
During Menstrual
And Post Menstrual

Cycle Vitamin regimen









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**Post** 

And Post Menstrual

Cycle Vitamin regimen. To help with: cramps, heaviness, bloat, hair loss, hormonal acne, mood swings, exhaustion, and all the other "ick" of

AND- we have a Menopause one as well.

It's just ONE a day, during each of the three phases of your menstrual cycle.

ONE **!!** 

Our Homones can make/or break the difficulty of our menstrual cycle or







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difficulty of our menstrual cycle or our menopause experience. And for the first time, we have an answer to this.

If this is you too.... I might be able to get you access to the pre-launch too.

Excited & Grateful for a womandriven company that cares \*\*\*\*\*
We don't need to suffer in silence anymore, Ladies.

Let's take back our bodies together!



#Period #mentalhealth
#momsover30
#womensupportingwomen
#womensupportingwomen









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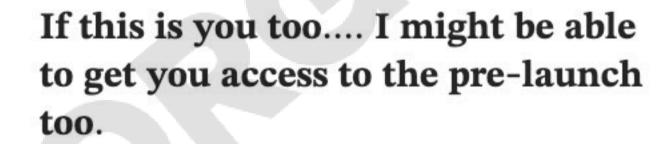
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