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jackie__hawks 🔊 . 💧 Talk coming in hot 🚺

I know SO MANY women that suffer in silence before & during their menstrual cycle. I'm one of them. 🙄

Until now.... I'm breaking the silence 💣

Out of nowhere, just before my period would start...I'd shut down 🙄 And literally make me wanna stay in bed! 🤒

I would feel worthless, lazy and be in pain with cramps & headaches 🤒 my family and dogs didn't want to be around me because I was NOT pleasant 🙄



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around me because I was NOT pleasant 🤬

And my PERIOD & HORMONES ☺ was to blame

Seriously.

Next time your Mother, Sister, Cousin, or Friend says she "can't because my period"

BELIEVE HER.

💖 BUT NOT ANYMORE!!

Now, I get to be a part of a pre-launch for the first of its kind:

PRE-Menstrual
During Menstrual
And Post Menstrual

Cycle Vitamin regimen



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And Post Menstrual

Cycle Vitamin regimen.

To help with:

cramps, heaviness, bloat, hair loss, hormonal acne, mood swings, exhaustion, and all the other "ick" of that time of the month.

AND- we have a Menopause one as well.

It's just ONE a day, during each of the three phases of your menstrual cycle.

ONE 👉!!

Our Homones can make/or break the difficulty of our menstrual cycle or our menopause experience



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difficulty of our menstrual cycle or our menopause experience.

And for the first time, we have an answer to this.

If this is you too.... I might be able to get you access to the pre-launch too.

Excited & Grateful for a woman-driven company that cares 🎉🎉🎉
We don't need to suffer in silence anymore, Ladies.

Let's take back our bodies together!
❤️👩👩

#Period #mentalhealth
#momover30
#womensupportingwomen
#womenhealth #mom #nurses



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#Period #mentalhealth
#momsover30
#womensupportingwomen
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#workingmom #newyear2023
#project23 #bestme23

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