



Deidra Headlee is 🤗 feeling excited.

February 22 at 12:21 PM · 🌐



🌸 **WISDOM WEDNESDAY FOR ALL MY LADIES!** 🌸

Here is a conversation that needs to be had!

READY for it !? 🙌 *please* read:

By the time we reach post-menopausal age, we have endured (*on average*) 38 years of symptoms just because **we are female** 🙋

YEP!....I...AM...GOING THERE....Because I have something that I know **WILL HELP!!**

Yes...the biological process is normal, the *cramps - bloating - heavy flow - tenderness - loss of libido - thinning hair - memory lapses - dryness everywhere - hot flashes - night sweats - insomnia - weight gain . . .*But...they do **NOT** have to disrupt our lives ❤️

🤔 **What if** - we could reduce the symptoms *without* the use of hormones or soy isoflavones?

I am so excited and **GRATEFUL** to be part of a launch/movement to help over 1 **BILLION WOMEN** start normalizing the conversations and **STOP normalizing** the symptoms!

In the meantime - I want to hear from you!

What symptoms did I miss? What symptoms do you struggle with?

Let's talk! So much to share!!!

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No more periods or feeling crazy!
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Menopause: **Hold my beer**



