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pattyjdotcom Like so many ppl, I've been taking probiotics for gut health for ages, but a NEW system for my scalp microbiome from [@nutrafol](#)?

I was intrigued.

Nutrafol has taken the guesswork out of scalp care with 3 easy to use and high quality products — 1) the Root Purifying Shampoo 2) a Build Up Blocking (yet gentle) Exfoliator 3) a Stress Relieving Essence (with both pre- and post-biotics).

I've been taking their Women's Balance supplement for over a year (it's made a tremendous difference!) and am super excited to add these into my rotation, especially as



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Up Blocking (yet gentle) Exfoliator
3) a Stress Relieving Essence (with
both pre- and post-biotics).

I've been taking their Women's
Balance supplement for over a year
(it's made a tremendous difference!)
and am super excited to add these
into my rotation, especially as
someone with a sometimes dry and
now always sensitive scalp.

Watch this space and Stories, where
I'll be sharing more soon.

Thanks again [#nutrafol](#).

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