



#1

Dermatologist-Recommended
Hair Growth Supplement Brand*

Women's Balance

- Hair Growth Nutraceutical

Women's Balance is a daily hair growth supplement designed for women before, during, and after menopause. We use medical-grade, natural ingredients to target root causes of thinning, such as: hormones, aging, and metabolism. Our physician-formulated, award-winning formula results in visibly thicker, fuller, stronger hair for women through and beyond menopause.¹⁻³

[View Supplement Label](#)

Choose an Option:

\$79

Monthly Delivery

Save 10%

~~\$88~~

A 1-month supply each month + free doctor consults.
Pause or cancel subscription anytime.



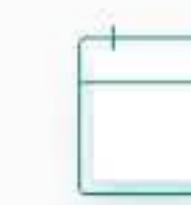
Add to Cart



Clinically proven formulas



Natural, medical-grade ingredients



Get results in 3-6 months



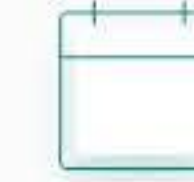
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Supplement Facts	
Serving Size: 4 Capsules Servings Per Container: 30	
AMOUNT PER SERVING %DV	
Vitamin A (as Beta-Carotene)	15000 IU/1500 mcg 300%
Vitamin C (as Ascorbic Acid)	300 mg 111%
Vitamin D (as Cholecalciferol)	2500 IU/62.5 mcg 313%
Vitamin E (as α -Tocopherol)	2.6 mg 17%
Biotin (as D-Biotin)	2500 mcg 8333%
Indole-3-Pyridine (as Indole-3-Pyridine)	225 mcg 150%
Zinc (as Zinc Amino Acid Chelate)	30 mg 150%
Selenium (as L-Selenomethionine)	200 mcg 364%
SYNERGEN COMPLEX[®] PLUS	1875 mg **
Organic Gelatinized Maca (Root) Powder, Saw Palmetto (Fruit) CO ₂ Extract (145% Fatty Acids), Hydrolyzed Marine Collagen Type I & III, Senon [®] Ashwagandha (Root and Leaf) Extract (50% Withanolides), Liposomal Curcumin (Rhizome) Extract (145% Curcuminoids), Full Spectrum Palm Extract (20% Tocopherols) Tocopherol Complex, Astaxanthin (Haemotococcus Pluvialis)	
NUTRAFOL[®] BLEND	480 mg **
L-Lysine, L-Methionine, L-Cysteine, Horsetail (Stem and Leaf) Extract, Japanese Knotweed (Root) Extract (50% Resveratrol), Black Pepper (Fruit) Extract (95% Piperine), Capsicum (Fruit) Extract (2% Capsaicinoids)	
**Daily Value (DV) not established.	



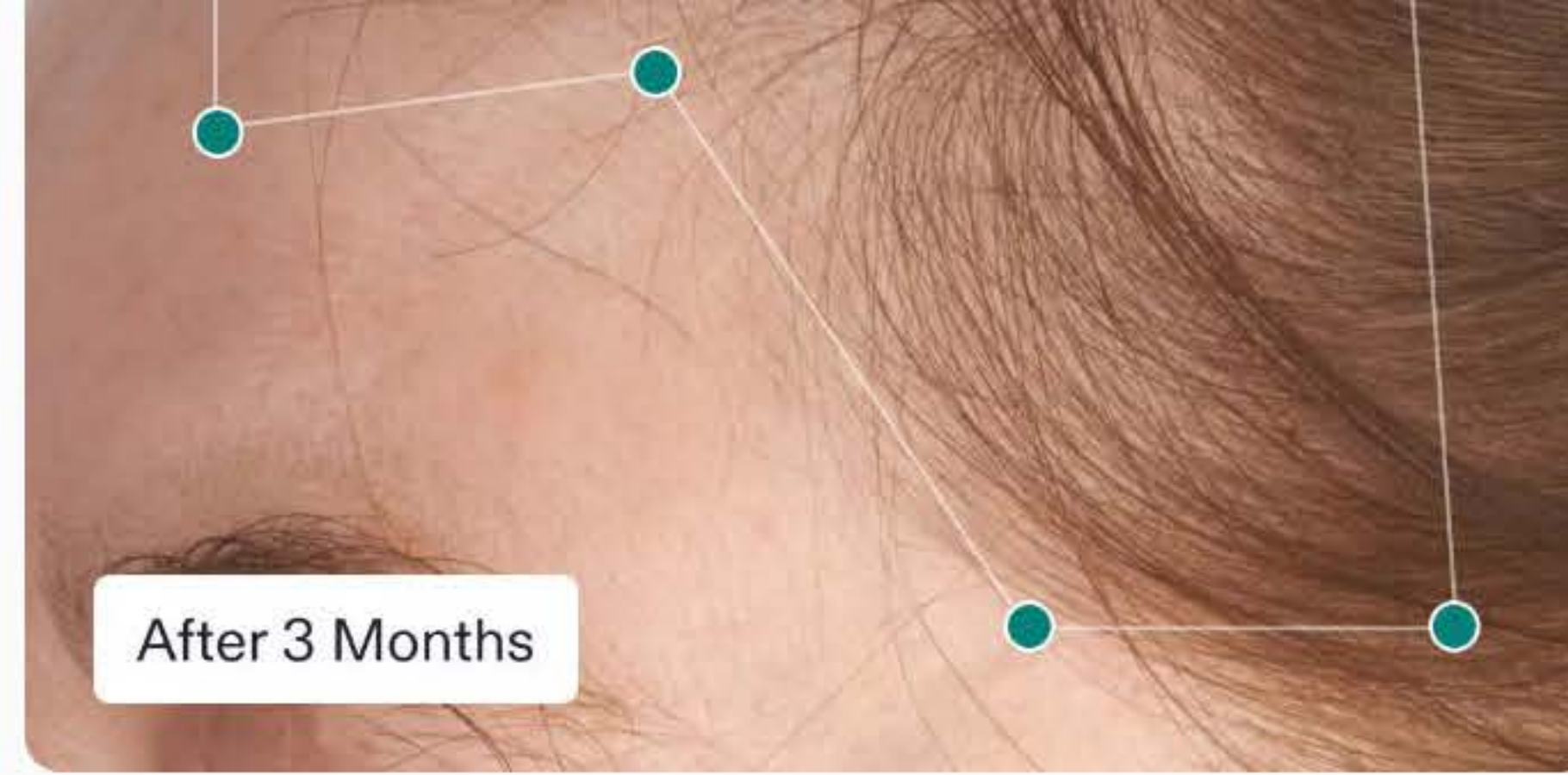
Recommended usage

Once daily, and with a meal, take 4 capsules of your Nutraceutical—an efficacious dosage that contributes to visible results in 3-6 months.

Tear open the refill pouch and pour the contents into the reusable jar once empty.

Benefits

Formulated without



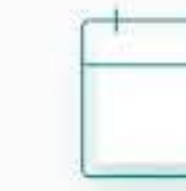
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Natural, medical-grade ingredients



Get results in 3-6 months

Supplement Facts
Serving Size: 4 Capsules
Servings Per Container: 30

	AMOUNT PER SERVING	%DV
Vitamin A (as Beta-Carotene)	18,000 IU (1,500 mcg RAE)	360%
Vitamin C (as Ascorbic Acid)	100 mg	111%
Vitamin D (as Cholecalciferol)	(2,500 IU) 62.5 mcg	313%
Vitamin E (as alpha-tocopherol)	2.5 mg	17%
Biotin (as D-Biotin)	2,500 mcg	8333%
Inulin from Organic Kelp (Laminaria Digitata)	225 mg	150%
Zinc (as Zinc Amino Acid Chelate)	20 mg	182%
Selenium (as L-Selenomethionine)	200 mcg	364%
SYNERGEN COMPLEX® PLUS	1875 mg	**
Organic Gelatinized Mica (Root) Powder, Saw Palmetto (Fruit) Oil Extract (45% Fatty Acids), Hydrolyzed Marine Collagen Type I & III, Sensor® Ashwagandha (Root and Leaf) Extract (10% Withanolides), Liposomal Curcumin (Biphenyl Extract (45% Curcuminoids), Full Spectrum Pine Extract (20% Tocopherol) Tocopherol Complex), Astaxanthin (Haemotococcus Pluvialis)		
NUTRAFOL® BLEND	480 mg	**
L-Lysine, L-Methionine, L-Cysteine, Horsetail (Stem and Leaf) Extract, Japanese Knotweed (Root) Extract (50% Resveratrol), Black Pepper (Fruit) Extract (95% Piperine), Capsicum (Fruit) Extract (2% Capsaicinoids)		

**Daily Value (DV) not established.

OTHER INGREDIENTS: Vegetable Cellulose Capsule (Hydroxypropylmethylcellulose), Organic Rice Flour.

CONTAINS: Fish (Atlantic Cod, Halibut, Pollack).

MANUFACTURED FOR: Nutraceutical Wellness Inc., New York, NY 10018 USA. Nutrafol.com



Recommended usage

Benefits

Visibly thicker volume ²

Less shedding ²

Hair that grows faster, stronger, and longer ²

Reduces feelings of stress ²

Improves sleep ¹

Mitigates hot flashes ¹

Formulated without



Before

After 3 Months

Supplement Facts		
Serving Size: 4 Capsules Servings Per Container: 30		
	AMOUNT PER SERVING	%DV
Vitamin A (as Beta-Carotene)	(5000 IU) 1500 mcg RAE	187%
Vitamin C (as Ascorbic Acid)	100 mg	111%
Vitamin D (as Cholecalciferol)	(2500 IU) 62.5 mcg	125%
Vitamin E (as d-tocopherol)	2.0 mg	17%
Biotin (as D-Biotin)	2500 mcg	8333%
Iodine (from Organic Kelp) (Laminaria Digitata)	225 mcg	150%
Zinc (as Zinc Amino Acid Chelate)	20 mg	182%
Selenium (as L-Selenomethionine)	200 mcg	364%
SYNERGEN COMPLEX® PLUS	1875 mg	**
Organic Gellanized Mica (Root) Powder, Saw Palmetto (Fruit) Extract (40% Fatty Acids), Hydrolyzed Marine Collagen Type I & III, Simon® Ashwagandha (Root and Leaf) Extract (50% Withanolides), Liposomal Curcumin (Rhizome) Extract (45% Curcuminoids), Full Spectrum Palm Extract (20% Tocotrienols) Tocopherol Complex, Astaxanthin (Haematococcus Pluvialis)		
NUTRAFOL® BLEND	480 mg	**
L-Lysine, L-Methionine, L-Cysteine, Horsetail (Stem and Leaf) Extract, Japanese Knotweed (Root) Extract (50% Resveratrol), Black Pepper (Fruit) Extract (30% Piperine), Capsicum (Fruit) Extract (2% Capsaicinoids)		
**Daily Value (DV) not established		
OTHER INGREDIENTS: Vegetable Cellulose Capsule (Hydroxypropylcellulose), Organic Rice Hulls.		
CONTAINS: Fish (Atlantic Cod, Haddock, Pollock)		
MANUFACTURED FOR: NutraCeutical Wellness Inc., New York, NY 10018 USA, nutrafol.com		



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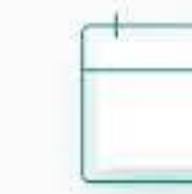
Add to Cart



Clinically proven formulas



Natural, medical-grade ingredients



Get results in 3-6 months

Recommended usage

Benefits

Formulated without

Gluten, dairy, soy, hormones, drugs, and artificial additives. Non-GMO.

Targets 6 key root causes of *hair thinning triggered by menopause.*

We use a proprietary blend of medical-grade, natural ingredients to target the main causes behind compromised hair health before, during, and after menopause.

01 *Hormones*

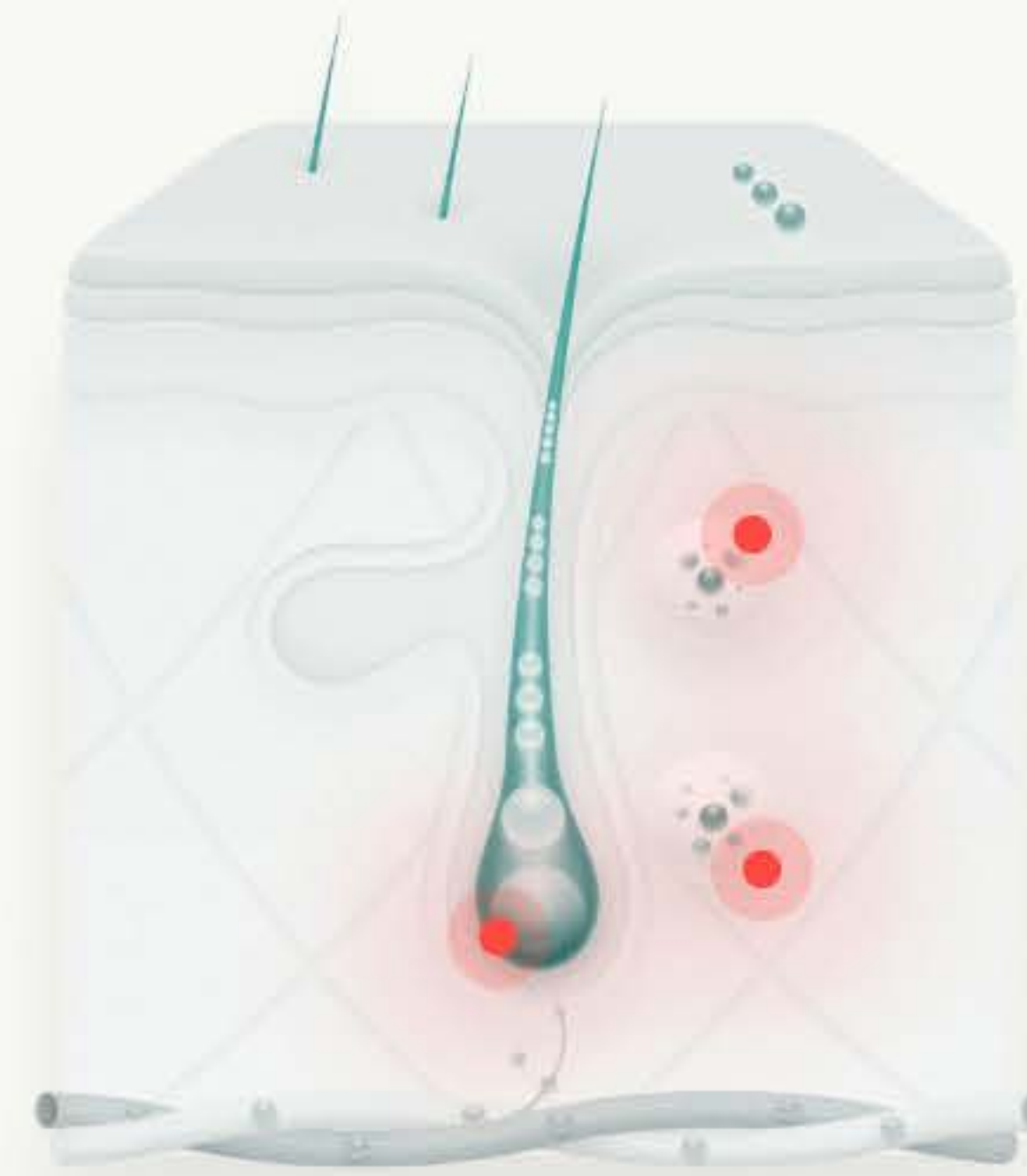
02 *Stress*

03 *Lifestyle*

04 *Metabolism*

05 *Nutrition*

06 *Aging*



At the Follicle In the Body

Throughout life, our hormones are ever-changing, shifting, and sometimes out of balance. DHT (dihydrotestosterone) is a hormone known to cause hair follicles to shrink with age and eventually close completely—especially when imbalanced. And during menopause, the body becomes even more susceptible to DHT imbalances when left without the protective properties of estrogen.

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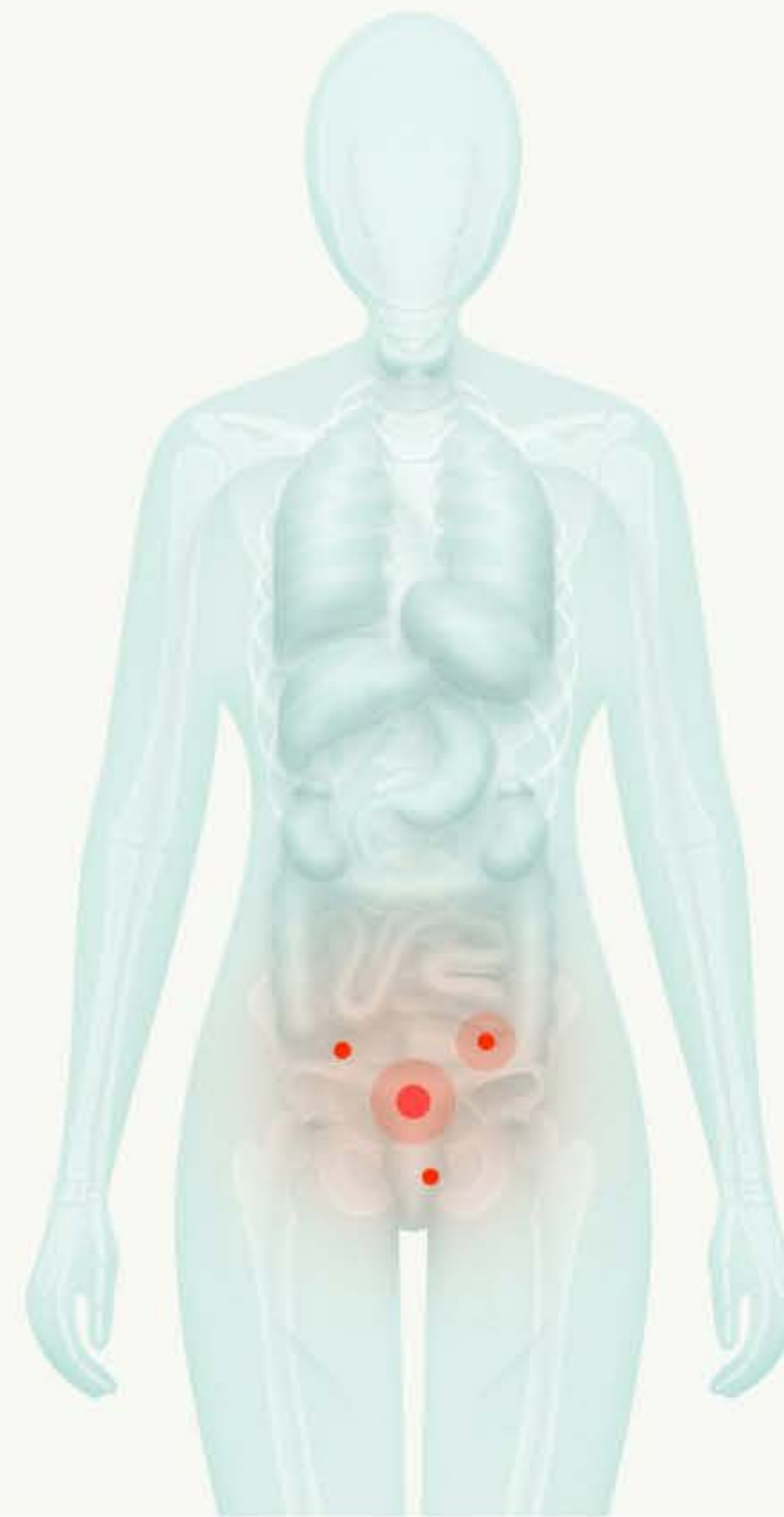
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At the Follicle In the Body

A busy lifestyle can lead to chronic stress, a root cause shown to make hair follicles shift from a growth state to a rest state. If not addressed, what happens next can look like this: the follicle receives a signal to prematurely stop growing, compromising the health of your hair and resulting in unwanted excess shedding. What's more: stress resilience decreases with menopause, so even small stressors can have a large effect on hair shedding.

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At the Follicle In the Body

As a woman ages, she experiences an accumulation of oxidative stress and environmental triggers (think your everyday surroundings, the food you eat, and certain products you use). As antioxidant stores are depleted, damage to hair follicles can occur, weakening their ability to produce and grow hair.

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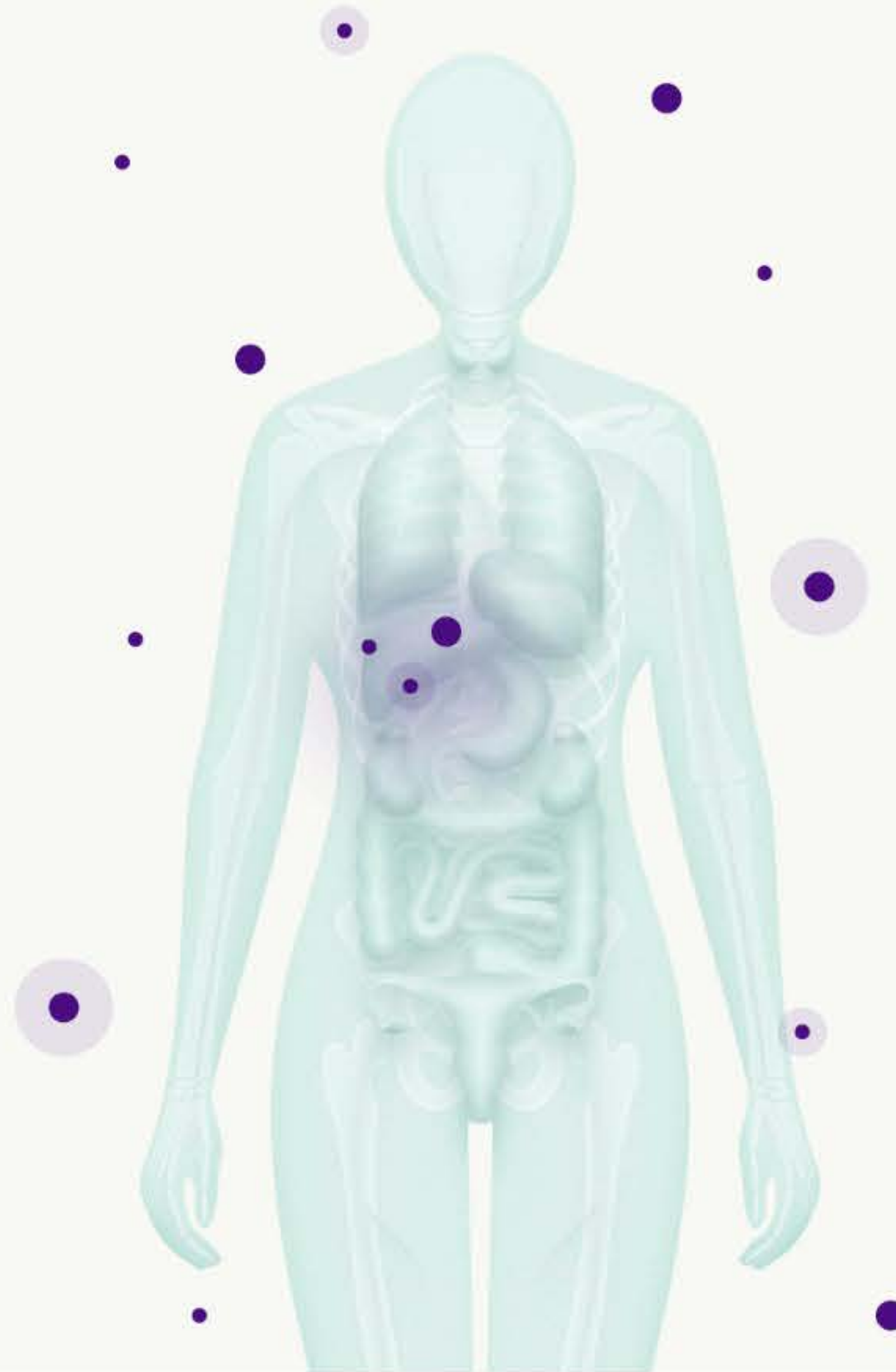
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At the Follicle In the Body

Cellular metabolism slows with age, especially throughout menopause, and is something that can contribute to a slowdown of energy for both the body and hair follicles. These changes in metabolism—whether from diet or a hormonal imbalance—shorten the hair's growth phase, inhibiting its ability to grow how you want.

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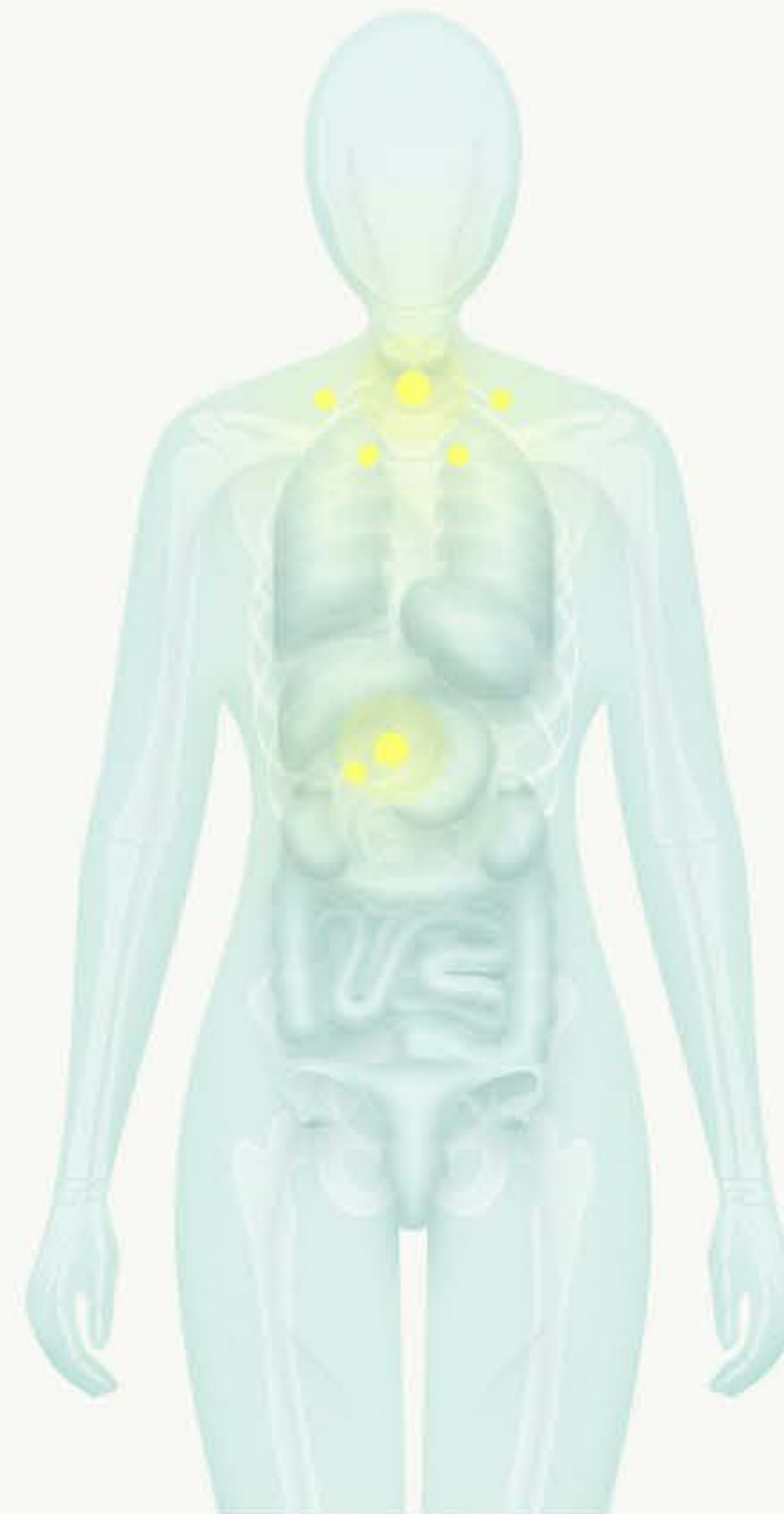
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At the Follicle In the Body

The body requires nourishment via proper nutrients—nutrients that support a healthy growth cycle. During menopause especially, there is a heightened risk of these nutrients being depleted by age, which can noticeably affect hair's strength and overall health.

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At the Follicle In the Body

The aging process is an unavoidable part of life. As it pertains to hair, aging can cause thinning, excess shedding, as well as affect the overall health of hair. By the age of 50, collagen and elastin begin to break down, shown to cause thinning, dry, weak, and coarse hair.

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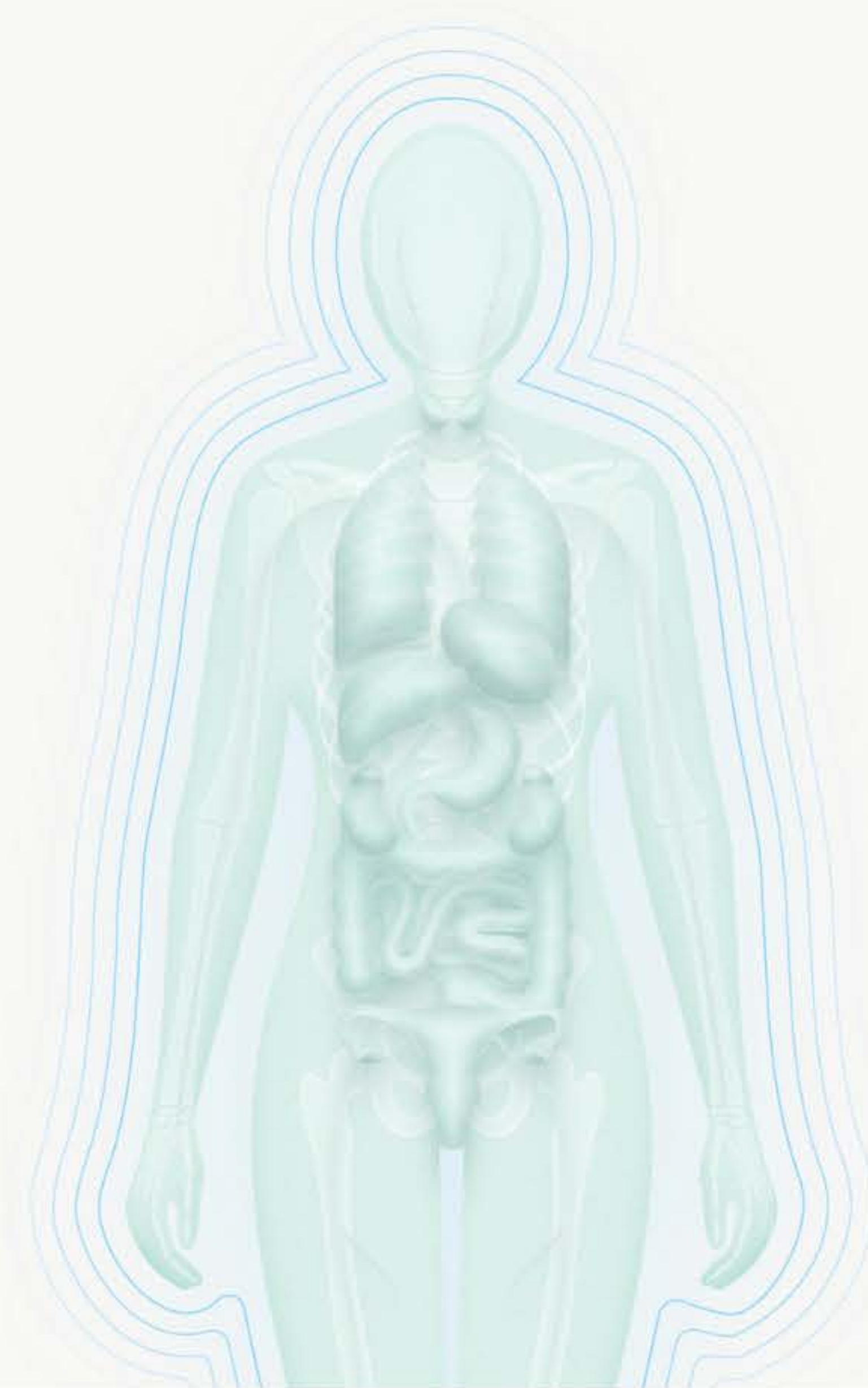
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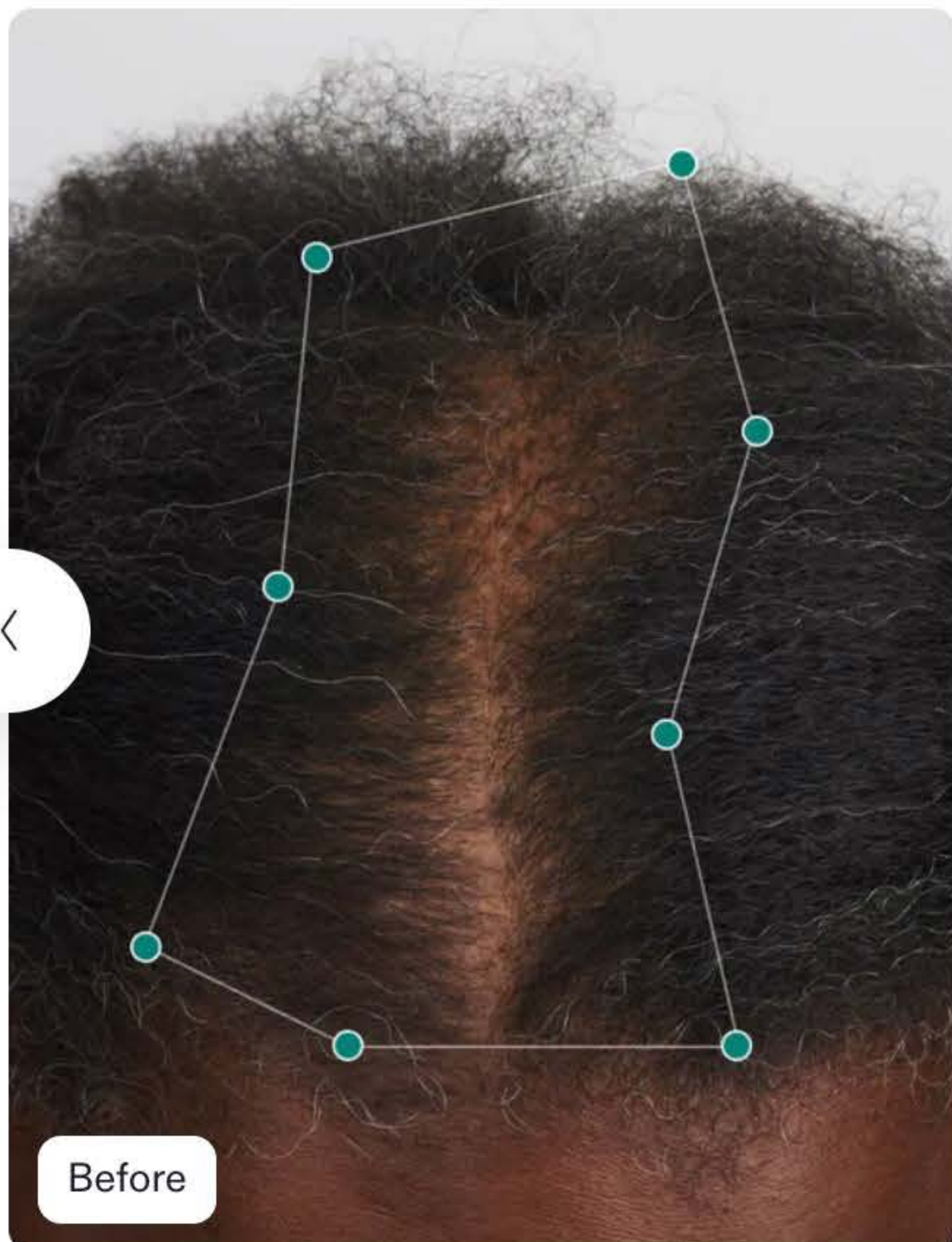


The award-winning hair growth formula *with patented Synergen Complex Plus®.*

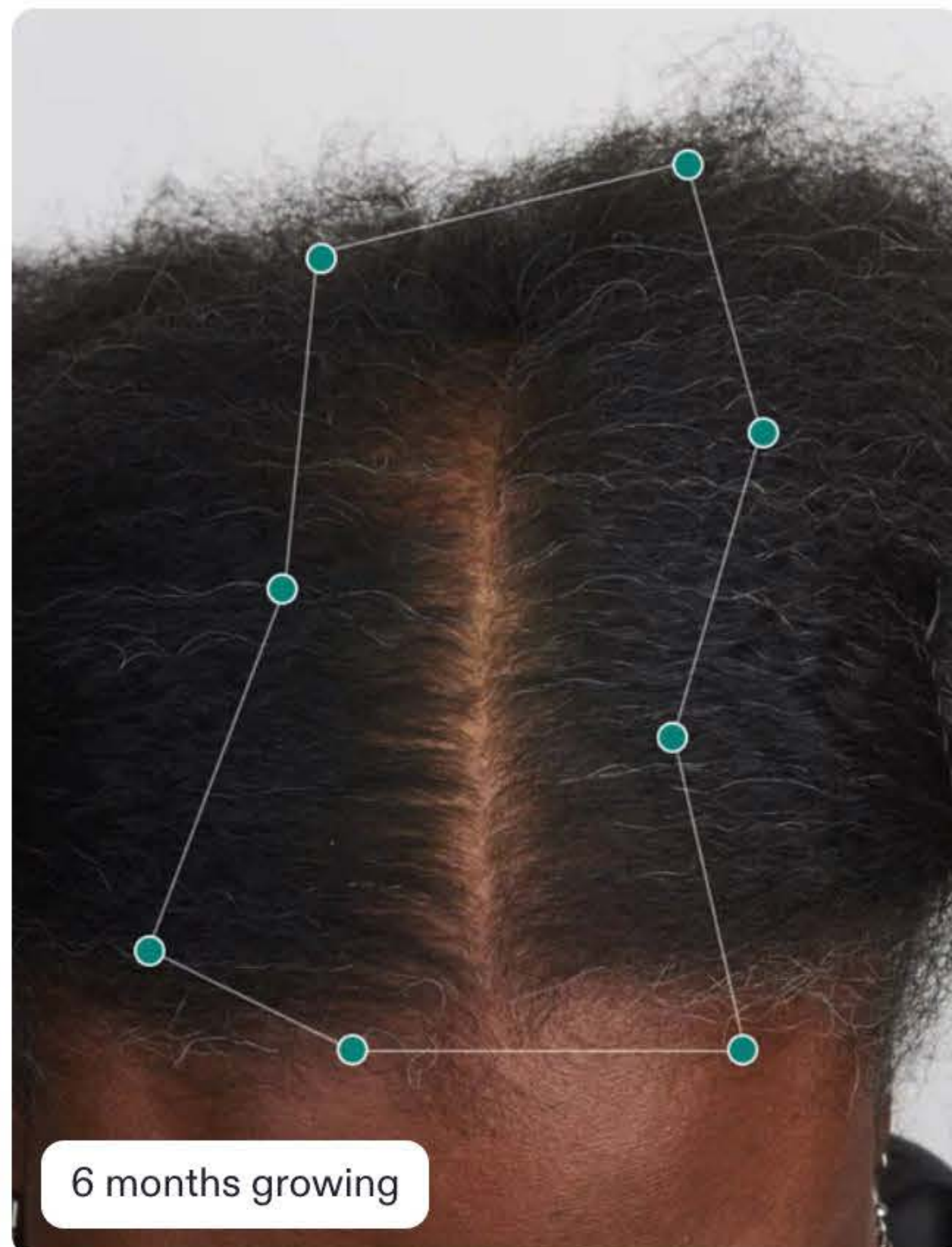
Our Nutraceuticals are specially formulated with drug-free, clinically effective ingredients that synergize with each other and your body for maximum efficacy. What that looks like? Visibly thicker hair growth with fuller scalp coverage.

[See Full Ingredient List →](#)

Hundreds of thousands are tapping into their
growth potential. *Join them.*



Before



6 months growing

Wendy, 60+

“The center of my head had very bad thinning. I could only style my hair certain ways. After using Nutrafol my hair is SO much fuller and vibrant. I feel more confident.”

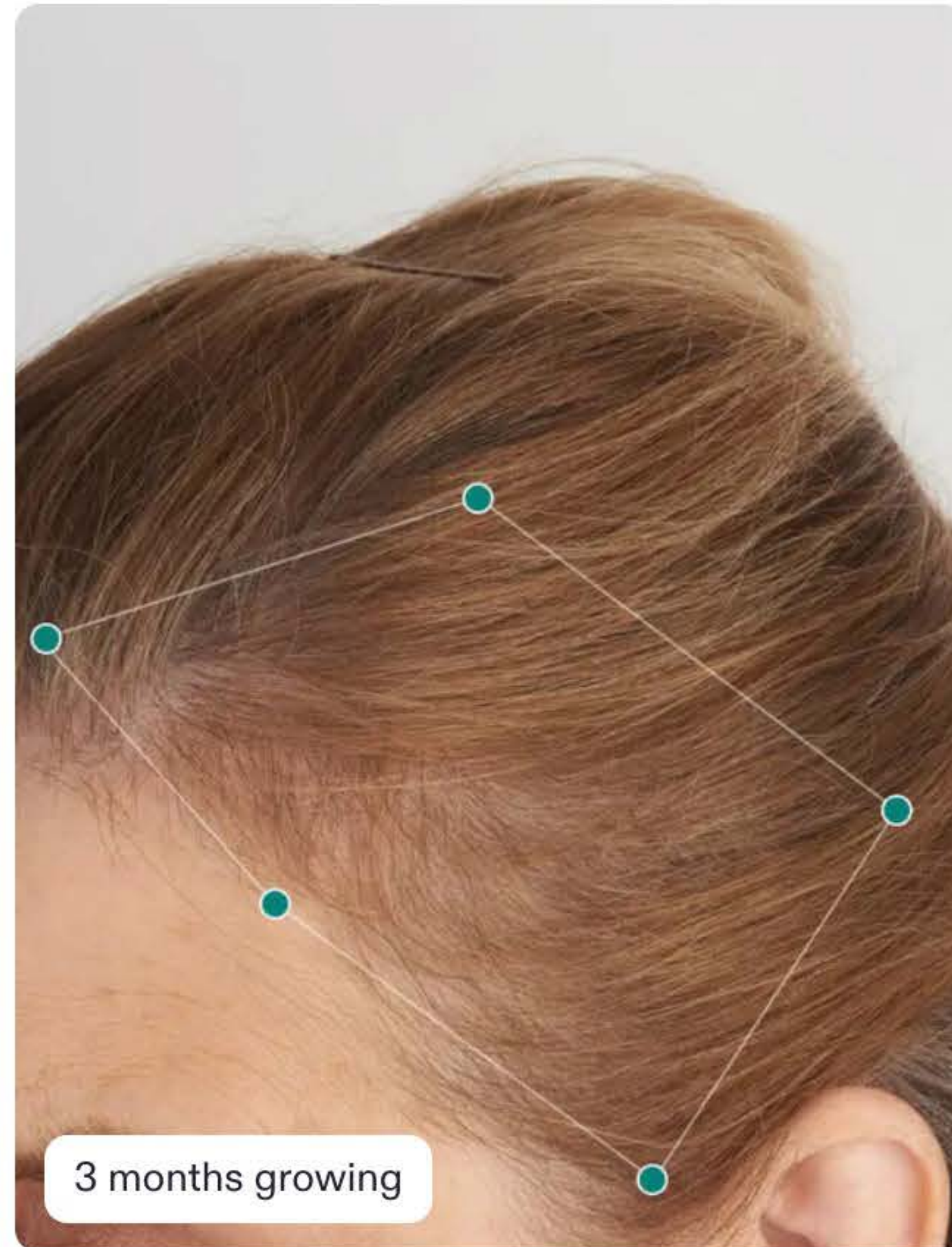
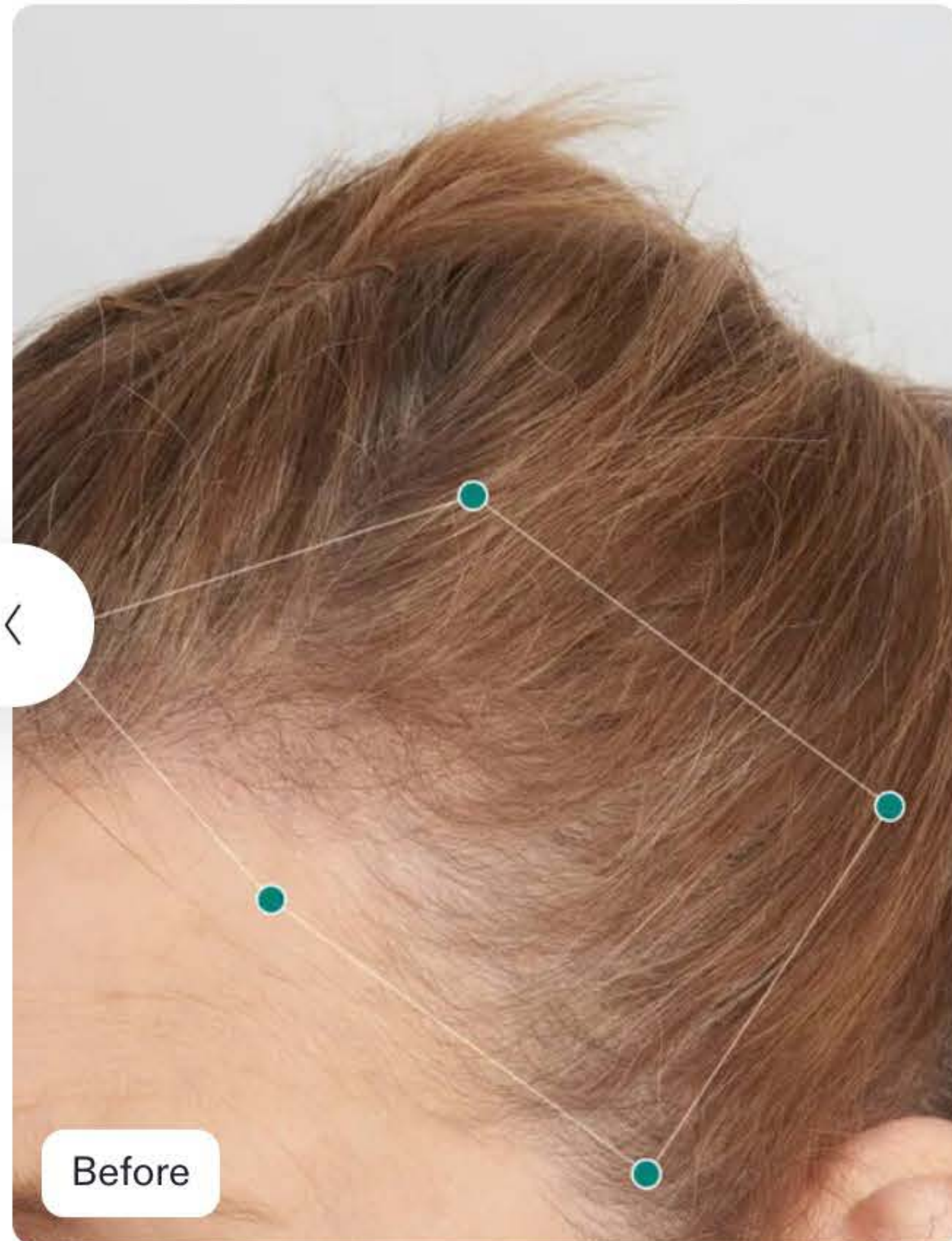
Hair Growth

Thickness

Less Shedding

Taking **Nutrafol Women's Balance**

Hundreds of thousands are tapping into their growth potential. *Join them.*



Erica, 50+

"I noticed my part was separating and thinning all over. I had to comb it over to cover the top. It's now shiny and full. It looks so great! I am so much happier."

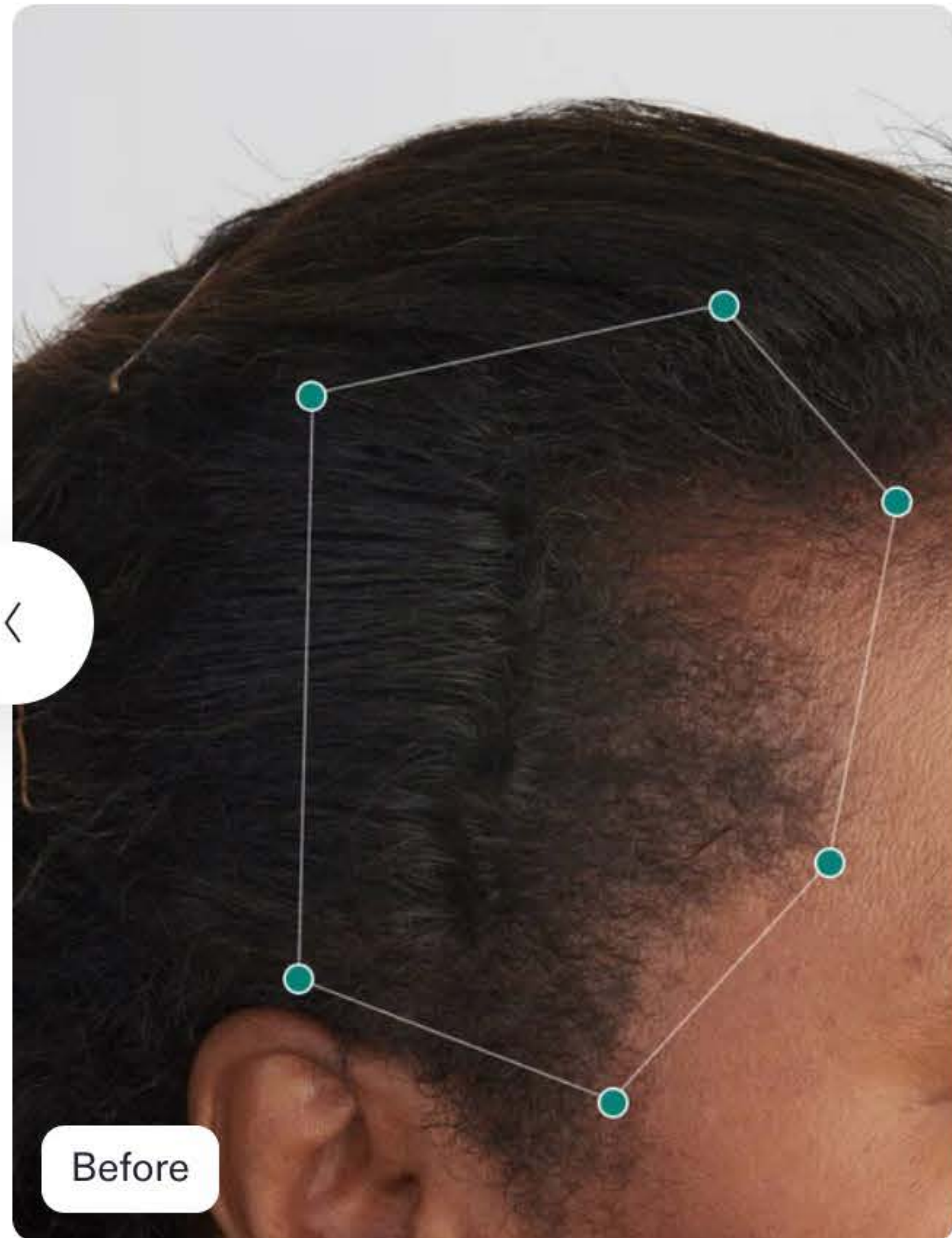
Thickness

Scalp Coverage

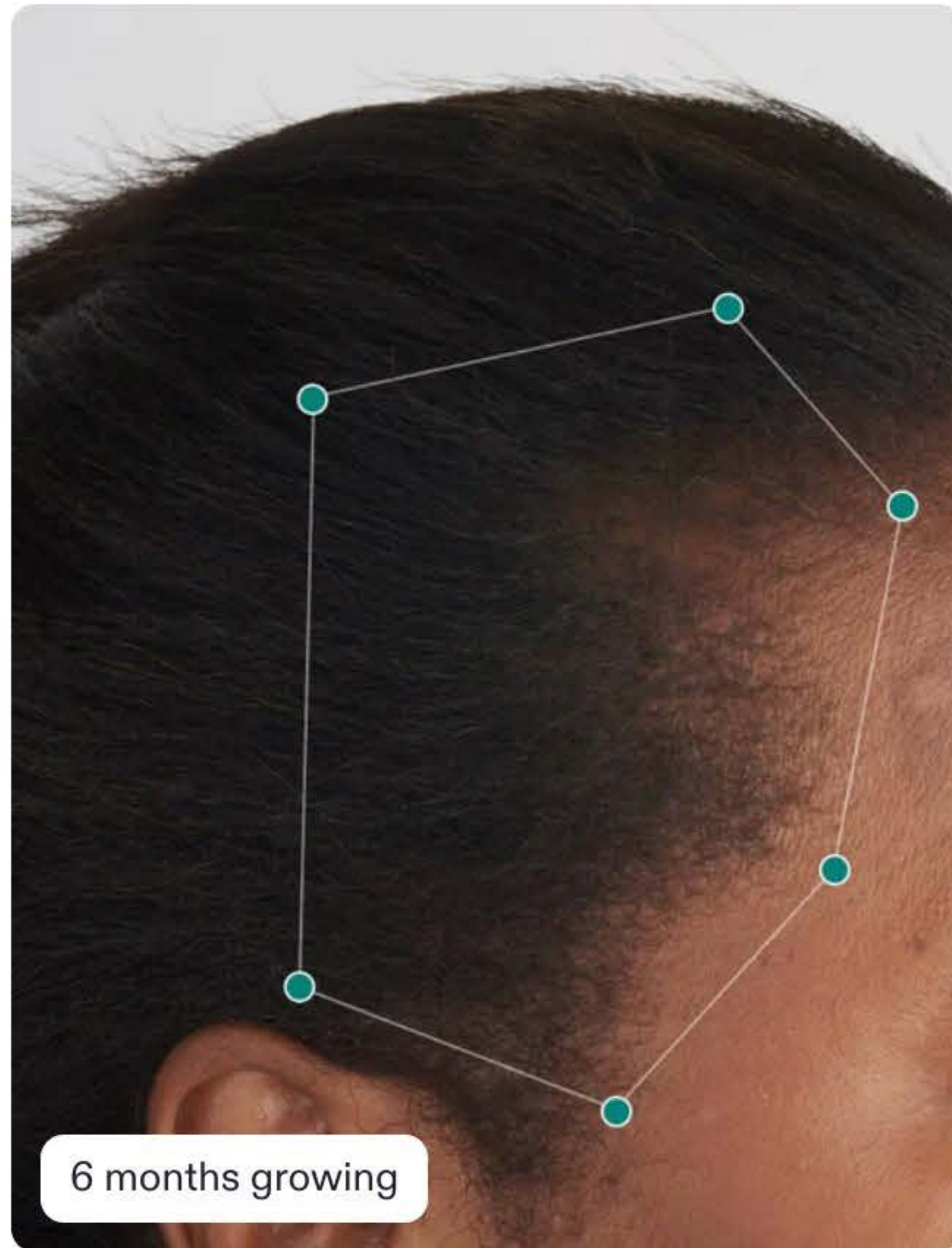
Shine

Taking [Nutrafol Women's Balance](#)

Hundreds of thousands are tapping into their growth potential. *Join them.*



Before



6 months growing

Tamara, 50

“My hair was shedding a lot which really affected my confidence. It’s so much more full after taking Nutrafol. I am so happy! All of my edges are filling in.”

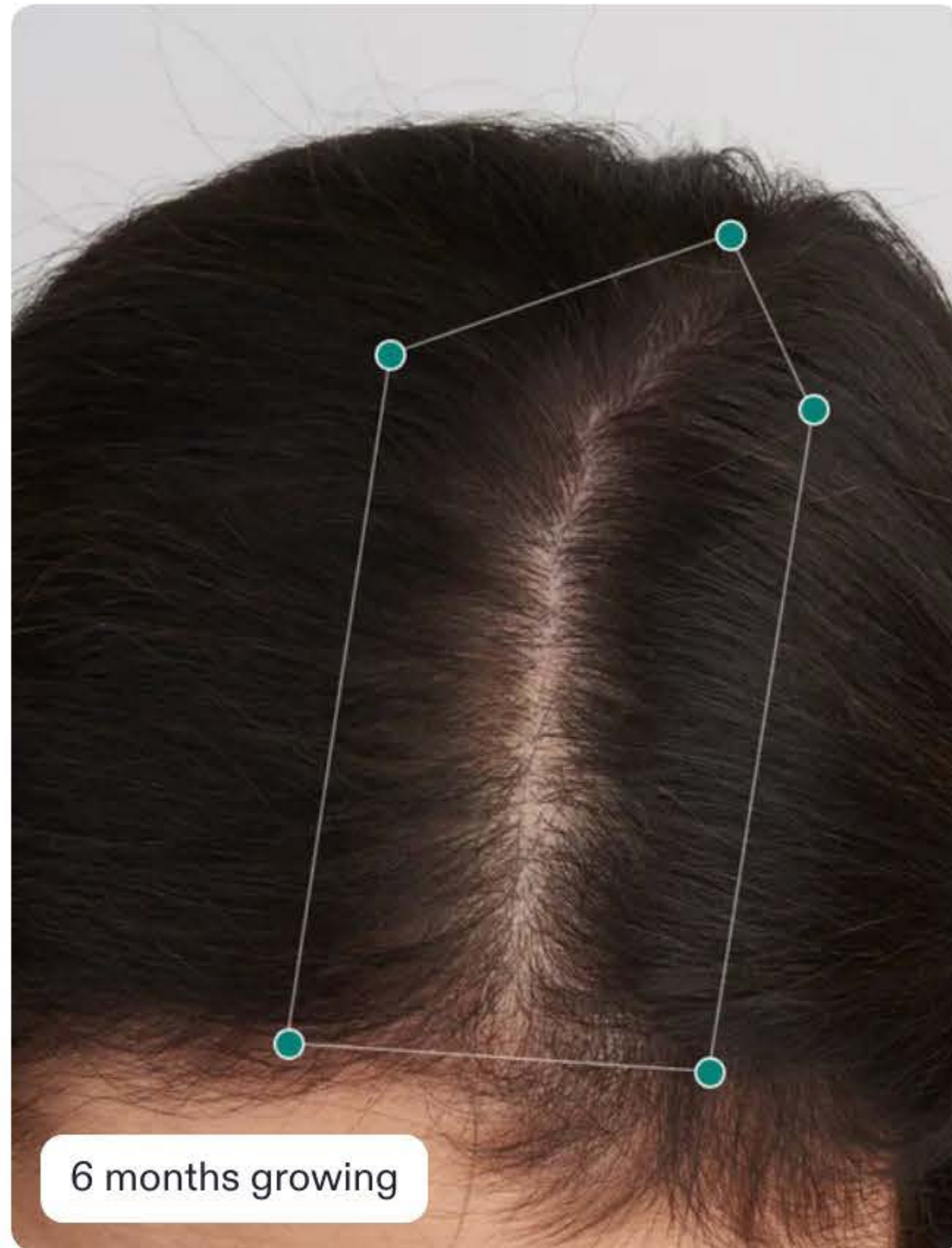
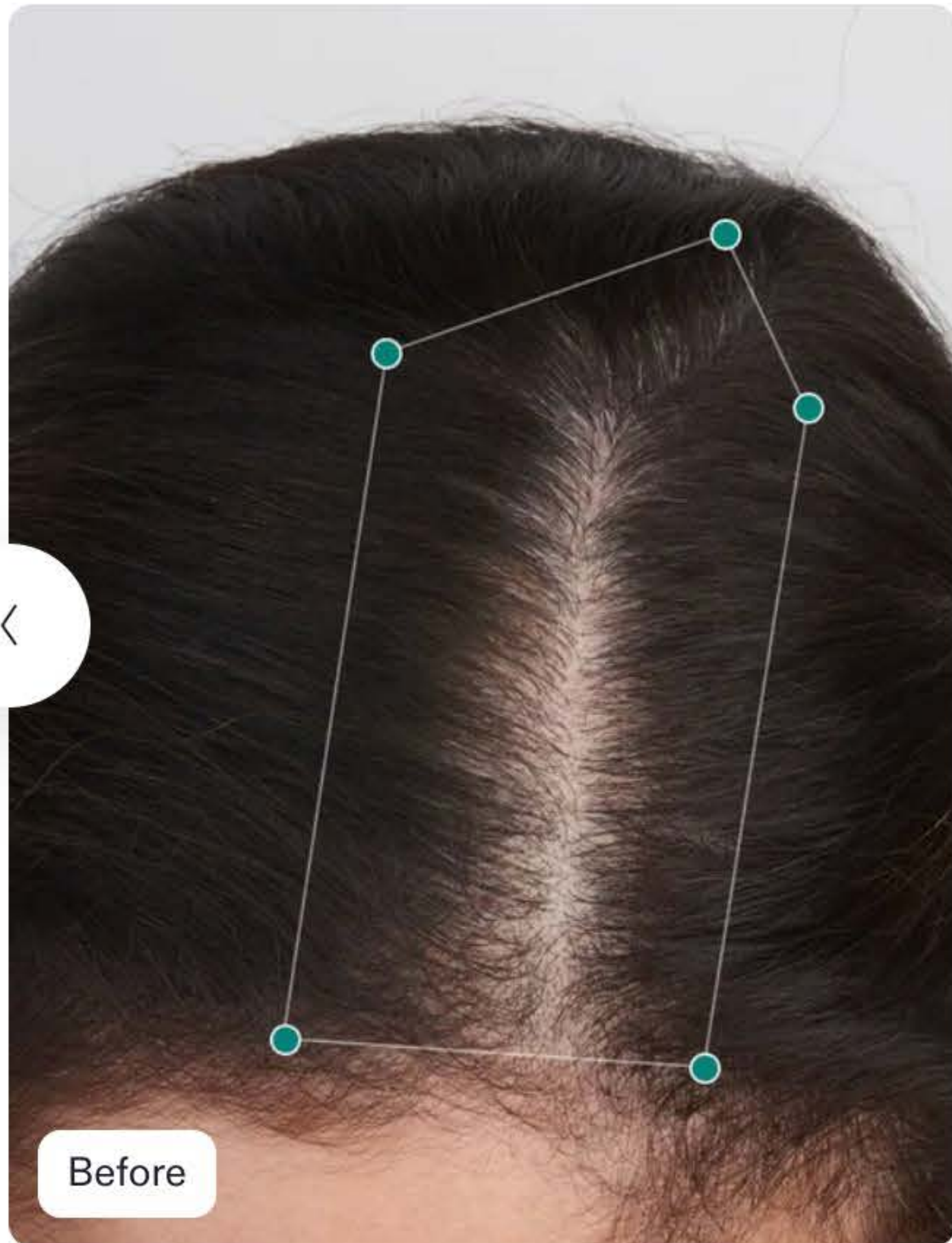
Hair Growth

Thickness

Less Shedding

Taking [Nutrafol Women's Balance](#)

Hundreds of thousands are tapping into their growth potential. *Join them.*



Sabina, 52

“My part was starting to widen, and my confidence was starting to go down. After taking Nutrafol, my hair looks more full!”

Hair Growth

Thickness

Growth Rate

Taking [Nutrafol Women's Balance](#)

We're serious about facts. Ask away.

[See All FAQs →](#)

When can I expect to see results? ▲

In our clinical study, women 45 years and over showed results in 3-6 months. *Results may vary.*

1-3 Months

Strengthen hair from within. Look for shinier hair with less shedding and breakage.

3-6 Months

You may notice improvement in fullness and volume.

6+ Months

Experience visible changes like faster-growing hair that's thicker and stronger with more scalp coverage.

How does menopause affect hair growth? ▼

Can I take Nutrafol with Hormone Replacement Therapy? ▼

Will Nutrafol work for my hair type? ▼

Will hair grow on other parts of my body? ▼

What's the difference between Women's and Women's Balance? ▼

Should I take Women's Balance if I am not in menopause? ▼

How is Nutrafol different from other hair growth products? ▼

Have questions?

Chat with our customer support team.
Monday - Friday 10am to 4pm (EST).

[Start Chat →](#)

You can text or call us at:

[\(888\) 454-3320](tel:(888)454-3320)

Or reach us via email at:

support@nutrafol.com



We're here for you.

More than a supplement subscription, we're committed to supporting you as you grow.

[More about our Services →](#)



*According to IQVIA Provoice survey for 12 months ending March 31, 2022.

1. Berkowitz S, et al. ASDS, 2020. 2. Ablon G, et al. JDD, 2021. 3. Ablon, G, et al. Menopause, 2021

How does menopause affect hair growth?

As menopause begins, estrogen and progesterone decline rapidly. Testosterone also declines, but at a much slower rate. The resulting testosterone dominance contributes to overall thinning hair, a widening part, receding hairline, and even unwanted facial hair growth. It's also found that in menopause, women's stress hormones increase, antioxidant stores decline, and metabolism and nutritional needs change. Nutrafol Women's Balance targets these root causes too.

Can I take Nutrafol with Hormone Replacement Therapy?

Yes. The ingredients in Nutrafol have no known interactions with estrogen, progesterone, or testosterone replacement therapy. Talk to your doctor about any change in your supplement routine.

Will Nutrafol work for my hair type?

Nutrafol was formulated to promote hair growth for all types of hair. While the characteristics of hair strands may vary by ethnicity, the underlying root causes that affect hair follicles can affect all people equally.

In a recent clinical study, we examined the effectiveness of Nutrafol in African American, Asian, Hispanic, and Non Hispanic men and women. All ethnicities saw less shedding after two months and improved thickness, growth rate, scalp coverage, and shine after six months.

Will hair grow on other parts of my body? 

No. Facial and body hair are triggered by different factors than the hair on our head. Saw Palmetto helps combat DHT, which may actually prevent facial hair growth.

What's the difference between Women's and Women's Balance?

Women's Balance is boosted with additional hormone-supportive ingredients like Maca, Astaxanthin, and extra Saw Palmetto that are helpful through menopause or for ages 45+. Our Women's formula is generally best for ages 18-44.

Should I take Women's Balance if I am not in menopause?

While Women's Balance was formulated for women experiencing changes in their hair due to menopause or perimenopause, Women's Balance can be taken if you're noticing a widened part, receding hairline, excessive facial hair growth, or irregular periods.

How is Nutrafol different from other hair growth products?

In short, we provide hair growth solutions that are personalized specifically for you and formulated with natural, 100% drug-free ingredients backed by clinical studies and published ingredient research, whereas many supplements are not clinically tested. Other supplements have variable potency and are poorly absorbed.



The #1 dermatologist-recommended hair growth supplement brand.

Nutrafol® is built on a science-backed approach to whole-body wellness and hair health. Our products are clinically tested and physician-formulated to support different bio-specific needs during various life stages and lifestyles so that you can grow into the best version of yourself.

Our Patent

Nutrafol® is a registered trademark of Nutraceutical Wellness, Inc.
Synergen Complex® is a registered trademark of Nutraceutical Wellness Inc.
U.S. Patent Nos. 11,213,478, 10,709,659 and 10,688,037.

Hair Wellness

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