

Hair Growth Kit for visible results in as little as 3 months. *Shop Now.*



Women

- Hair Growth Nutraceutical

Our daily hair growth supplement is made for women experiencing compromised hair health. Physician-formulated with medical-grade, natural ingredients to target root causes of thinning such as stress, lifestyle and nutrition, our award-winning formula results in faster-growing, thicker, fuller, stronger hair. And it's an effortless addition to your daily wellness routine: 4 pills, 1 easy step, all the results.¹⁻²

[View Supplement Label](#)

Choose an Option:

\$79

Monthly Delivery

Save 10%

~~\$88~~

A 1-month supply each month + free doctor consults. Pause or cancel subscription anytime.

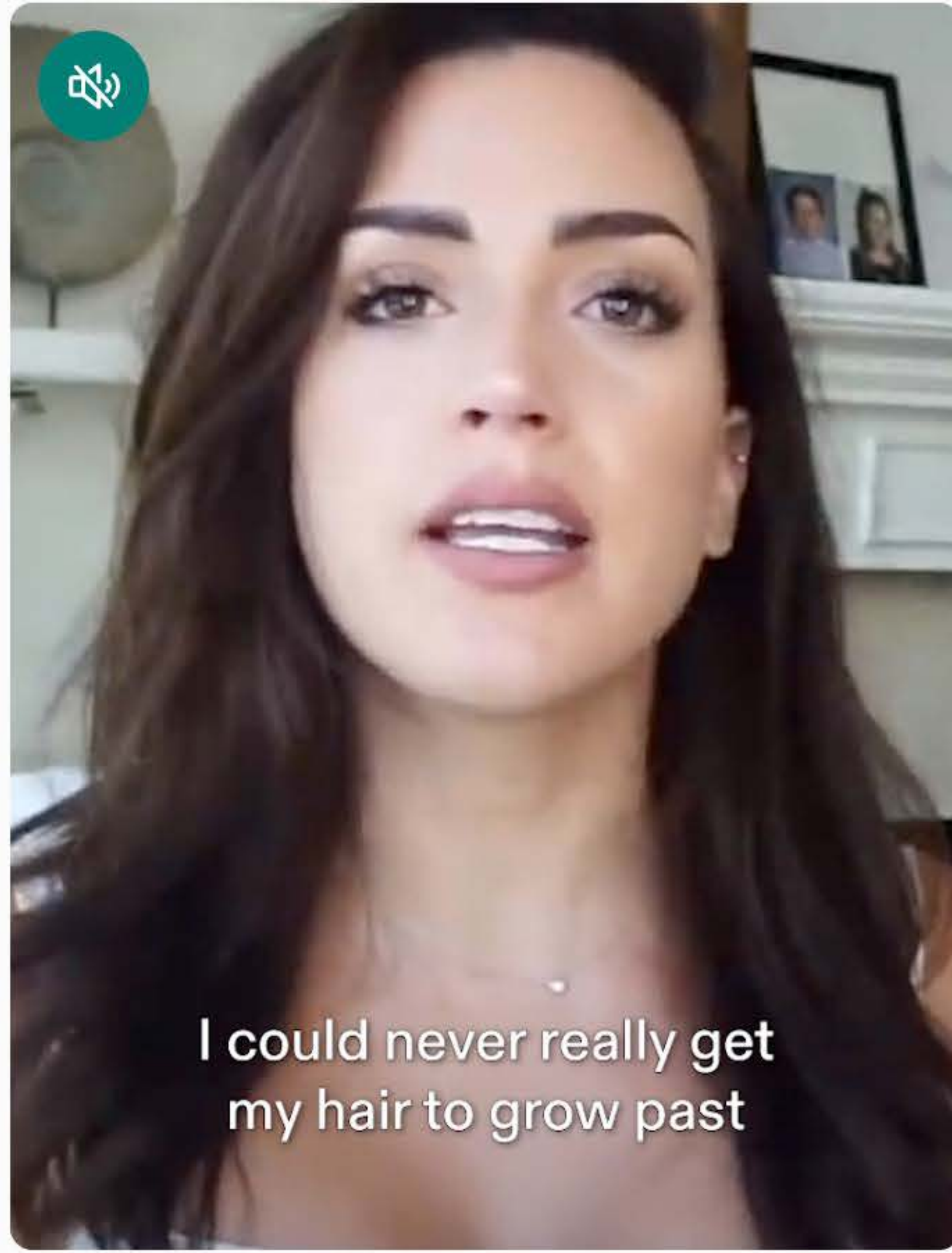


Add to Cart



Save \$10 now ✕

Our clinically effective, natural ingredients are standardized *for consistently reliable results in every dose.*



I could never really get my hair to grow past

Women

• Hair Growth Nutraceutical

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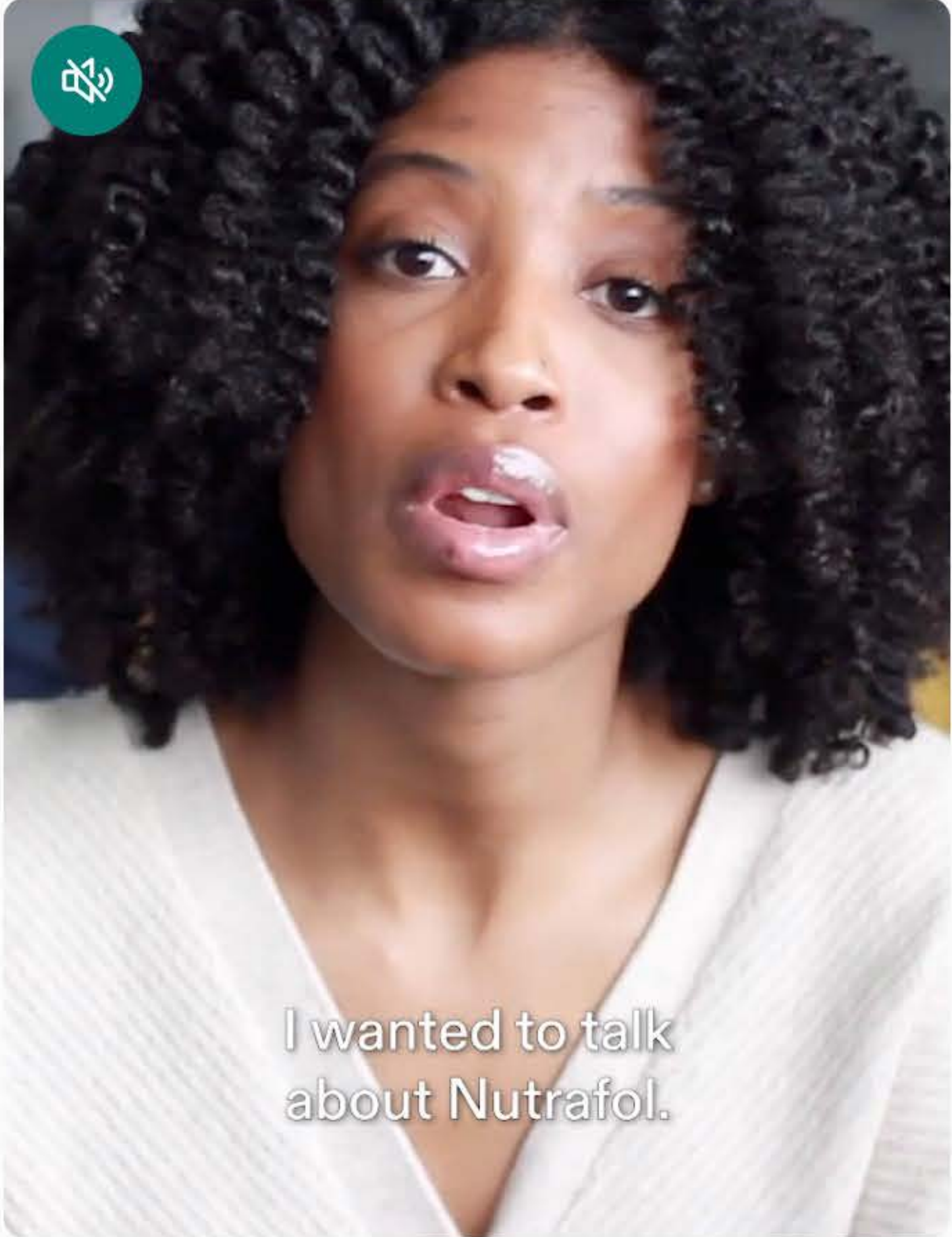
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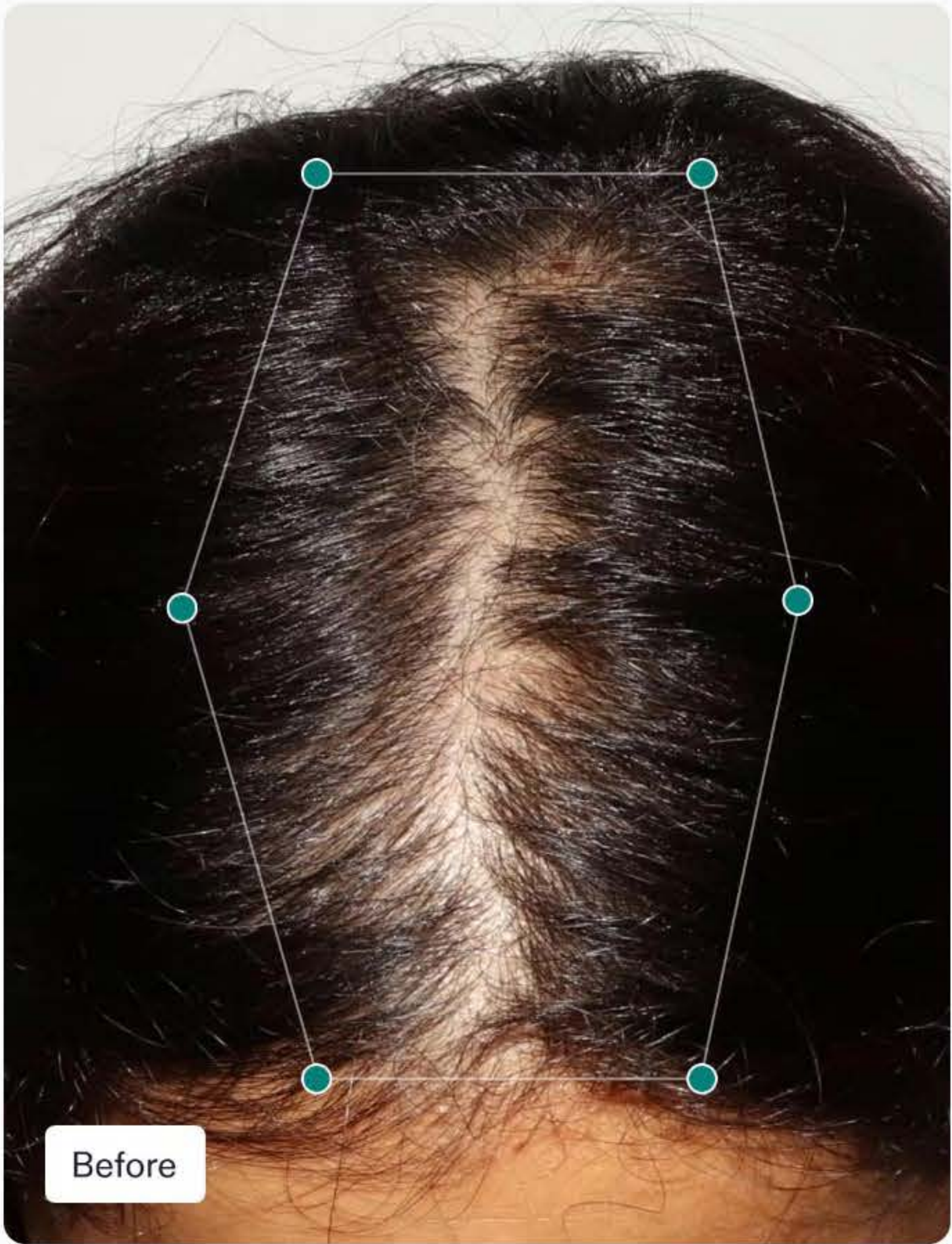


I wanted to talk about Nutrafol.

Hair growth, backed by science

90% of women saw overall improvement in their hair after 6 months.¹

84% of women saw less shedding after 6 months.¹



Supplement Facts	
Serving Size: 4 Capsules Amount Per Serving	
	% Daily Value*
Vitamin A (as Beta-Carotene)	3000 IU 100%
Vitamin C (as Ascorbic Acid)	100 mg 100%
Vitamin D (as Cholecalciferol)	2000 IU 400%
Vitamin E (as d-Alpha-Tocopherol)	100 IU 200%
Biotin	10,000 mcg 200%
Iron (as Ferrous Fumarate)	18 mg 32%
Zinc (as Zinc Oxide)	15 mg 225%
Copper (as Cuprous Oxide)	2 mg 200%
BIOTININ COMPLEX	100 mg
<small>Contains: Biotin, Inositol, Panthothenic Acid, Calcium Pantothenate, Vitamin B7, and other nutrients.</small>	
NUTRAFOL BLEND	120 mg
<small>Contains: Saw Palmetto, Green Tea Extract, Ginseng, Ashwagandha, and other natural ingredients.</small>	
<small>*Percent Daily Values are based on a diet of other people's health problems.</small>	
<small>©2023 Nutrafol, Inc. All rights reserved. Manufactured in the USA.</small>	



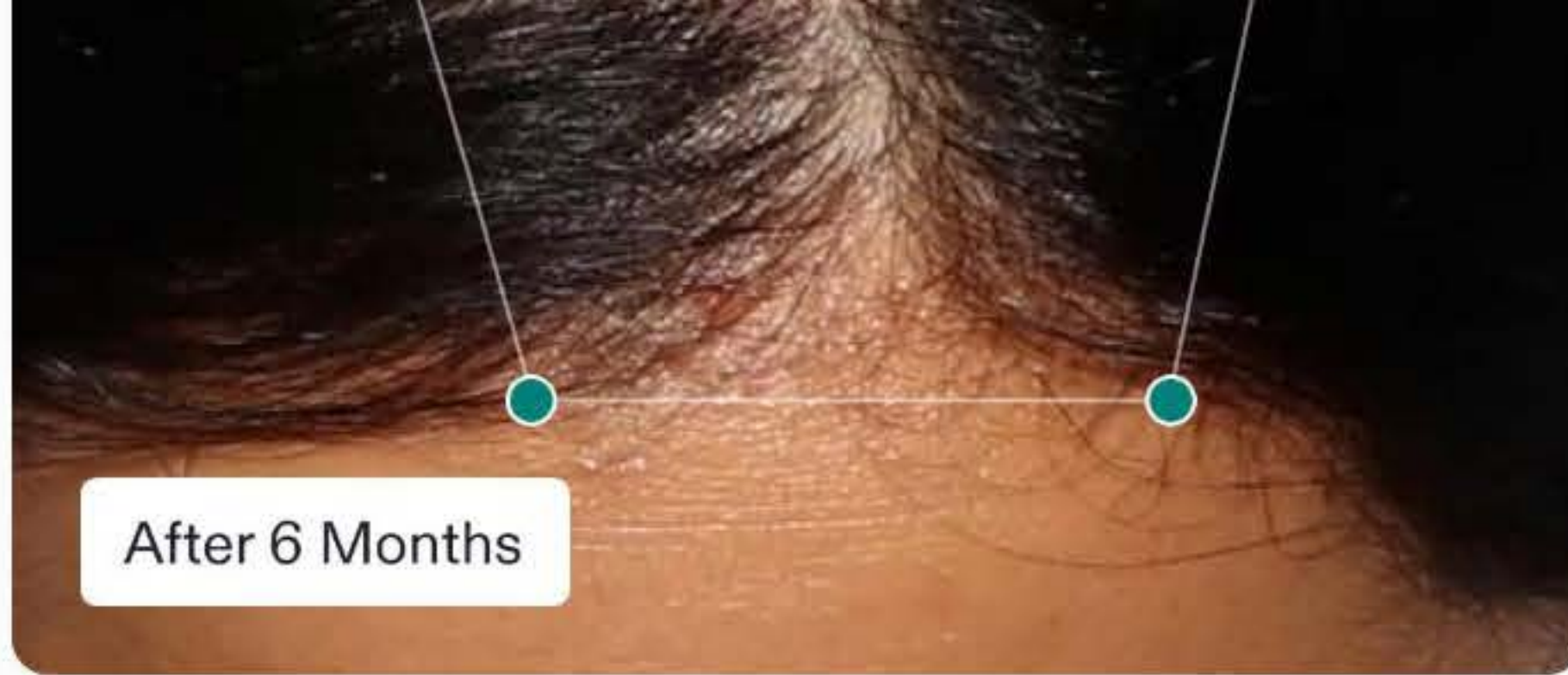
Clinically proven formulas

Natural, medical-grade ingredients

Get results in 3-6 months



Before



After 6 Months



Supplement Facts

Serving Size: 4 Capsules
Servings Per Container: 30

	AMOUNT PER SERVING	%DV
Vitamin A (as Beta-Carotene)	(5000 IU) 1500 mcg RAE	187%
Vitamin C (as Ascorbic Acid)	100 mg	111%
Vitamin D (as Cholecalciferol)	(2500 IU) 62.5 mcg	125%
Vitamin E (as d-Alpha-Tocopherol)	2.5 mg	23%
Biotin (as D-Biotin)	3000 mcg	10000%
Iodine (from Organic Kelp) (Laminaria Digitata)	225 mcg	150%
Zinc (as Zinc Amino Acid Chelate)	25 mg	227%
Selenium (as Selenium Amino Acid Chelate)	100 mcg	364%
SYNERGEN COMPLEX™	1680 mg	**
<small>Hydrolyzed Marine Collagen Type I & III, Senapar™ Ashwagandha (Root and Leaf) Extract (10% Withanolides), Saw Palmetto (Fruit) CO₂ Extract (40% Fatty Acids), BCM-95® Bio-Curcumin® Curcumin (Phenol) Extract (95% Total Curcuminoid Complex), Full Spectrum Piliin Extract (20% Tocotrienol/Tocopherol Complex), Hyaluronic Acid</small>		
NUTRAFOL® BLEND	520 mg	**
<small>L-Cysteine, L-Leucine, L-Methionine, Solubilized Keratin, Horsetail (Stem and Leaf) Extract, Japanese Knotweed (Root) Extract (50% Resveratrol), Black Pepper (Fruit) Extract (95% Piperine), Capsicum (Fruit) Extract (2% Capsaicinoids)</small>		
<small>**Daily Value (DV) not established</small>		

OTHER INGREDIENTS: Vegetable Cellulose Capsule (Hypronutrol), Organic Rice Hulls

CONTAINS: Fish (Atlantic Cod, Haddock, Pollock)

MANUFACTURED FOR: Nutraceutical Wellness Inc., New York, NY 10216 USA, Nutrafol.com



Add to Cart



Clinically proven formulas



Natural, medical-grade ingredients



Get results in 3-6 months

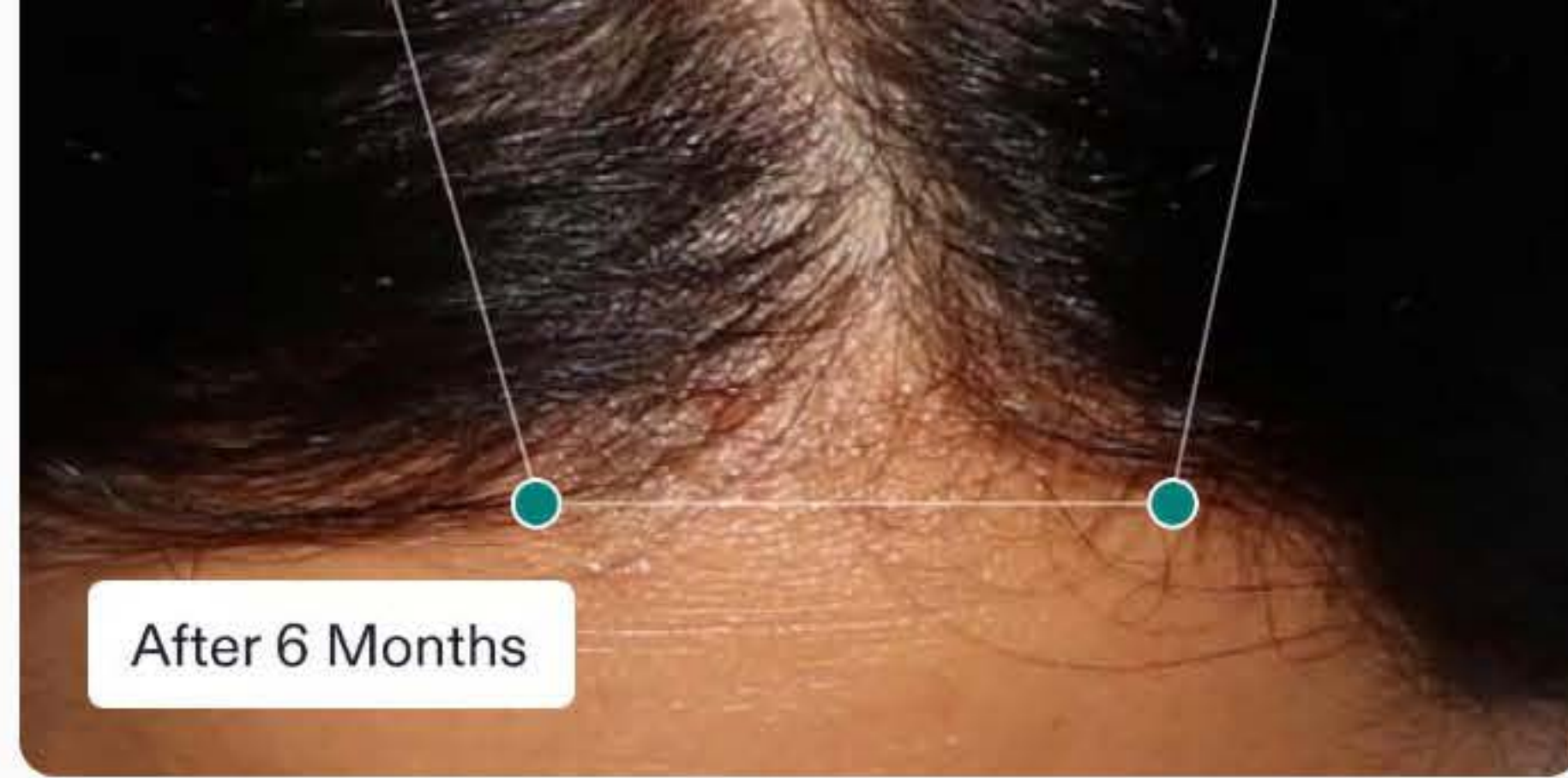
Recommended usage

Once daily, and with a meal, take 4 capsules of your Nutraceutical—an efficacious dosage that contributes to visible results in 3-6 months.

Tear open the refill pouch and pour the contents into the reusable jar once empty.

Benefits

Formulated without



Add to Cart



Clinically proven formulas



Natural, medical-grade ingredients



Get results in 3-6 months



Supplement Facts
Serving Size: 4 Capsules
Servings Per Container: 30

	AMOUNT PER SERVING	%DV
Vitamin A (as Beta-Carotene)	5300 IU (1060 mcg RAE)	107%
Vitamin C (as Citrus Camphol, Ascorbic Acid)	500 mg	111%
Vitamin D (as Cholecalciferol)	2500 IU (62.5 mcg)	313%
Vitamin E (as d-Alpha-Tocopherol)	3.0 mg	23%
Biotin (as D-Biotin)	3000 mcg	10000%
Iodine (from Organic Kelp/Laminaria Digitalis)	225 mcg	450%
Zinc (as Zinc Amino Acid Chelate)	25 mg	227%
Selenium (as Selenium Amino Acid Chelate)	200 mcg	364%
SYNERGEN COMPLEX*	1680 mg	**
Hydrolyzed Marine Collagen Type I & II, Sensori [®] Ashwagandha (Root and Leaf) Extract (10% Withanolides), Saw Palmetto (Fruit) CG Extract (45% Fatty Acids), BCM-95 [®] Bio-Curcumin [®] Curcumin (Pharmaceutical Grade) Total Curcuminoid Complex, Full Spectrum Pine Extract (20% Tocotrienol/Tocopherol Complex), Hyaluronic Acid		
NUTRAFOL BLEND	530 mg	**
L-Cysteine, L-Lysine, L-Methionine, Solubilized Keratin, Horsetail (Stem and Leaf) Extract, Japanese Knotweed (Root) Extract (50% Resveratrol), Black Pepper (Fruit) Extract (95% Piperine), Capsicum (Fruit) Extract (2% Capsaicinoids)		

*Daily Value (DV) not established.

OTHER INGREDIENTS: Vegetable Cellulose Capsule (Hydroxypropylmethylcellulose), Organic Rice Hulls.

CONTAINS: Fish (Atlantic Cod, Haddock, Pollack).

MANUFACTURED FOR: Nutritional Wellness Inc., New York, NY 10018 USA, Nutrafol.com



Recommended usage

Benefits

Visibly thicker volume ²

Visibly less shedding ²

Hair that grows faster, stronger, and longer ¹⁻²

Visibly thicker lashes and brows ²

Reduces feelings of stress ³

Improves sleep ³

Formulated without



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Vitamin E (as α-Tocopherol)	3.5 mg	23%
Biotin (as D-Biotin)	3000 mcg	10000%
Indole-3-Pyridine Carbinol (Limonene Degradiate)	225 mcg	150%
Zinc (as Zinc Amino Acid Chelate)	25 mg	227%
Selenium (as Selenium Amino Acid Chelate)	200 mcg	364%
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▼

Add to Cart

Clinically proven formulas

Natural, medical-grade ingredients

Get results in 3-6 months

Recommended usage ▼

Benefits ▼

Formulated without ▲

Gluten, dairy, soy, hormones, drugs, and artificial additives. Non-GMO.

Targets 6 key root causes of *compromised hair health.*

Our proprietary blend pinpoints the internal imbalances behind hair thinning and shedding to promote a healthy growth cycle—because hair and health grow together.

01 *Hormones*

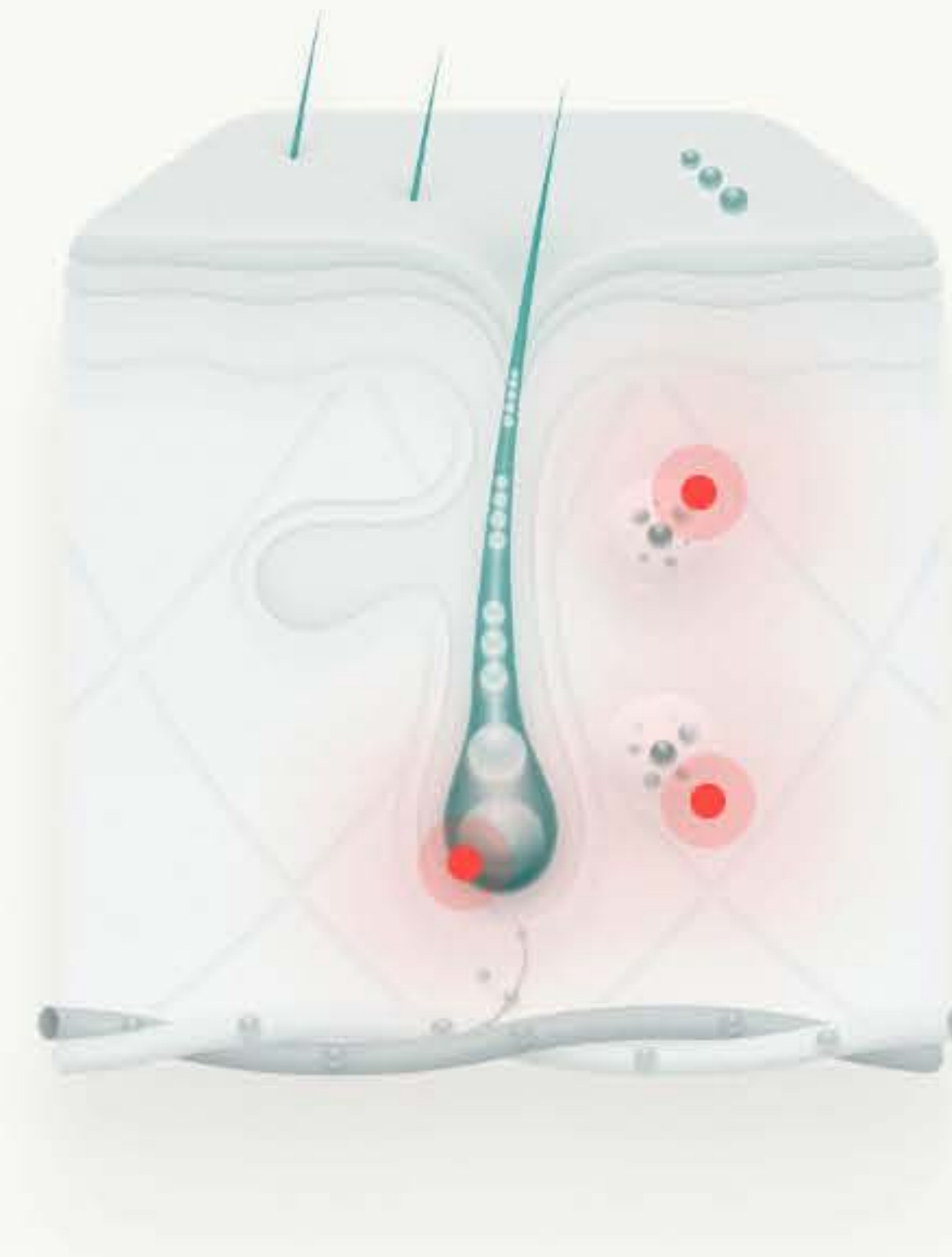
02 *Stress*

03 *Lifestyle*

04 *Metabolism*

05 *Nutrition*

06 *Aging*



At the Follicle In the Body

Throughout life, our hormones are ever-changing, shifting, and sometimes out of balance. DHT (Dihydrotestosterone) is a hormone known to cause hair follicles to shrink with age and eventually close completely—especially when imbalanced.

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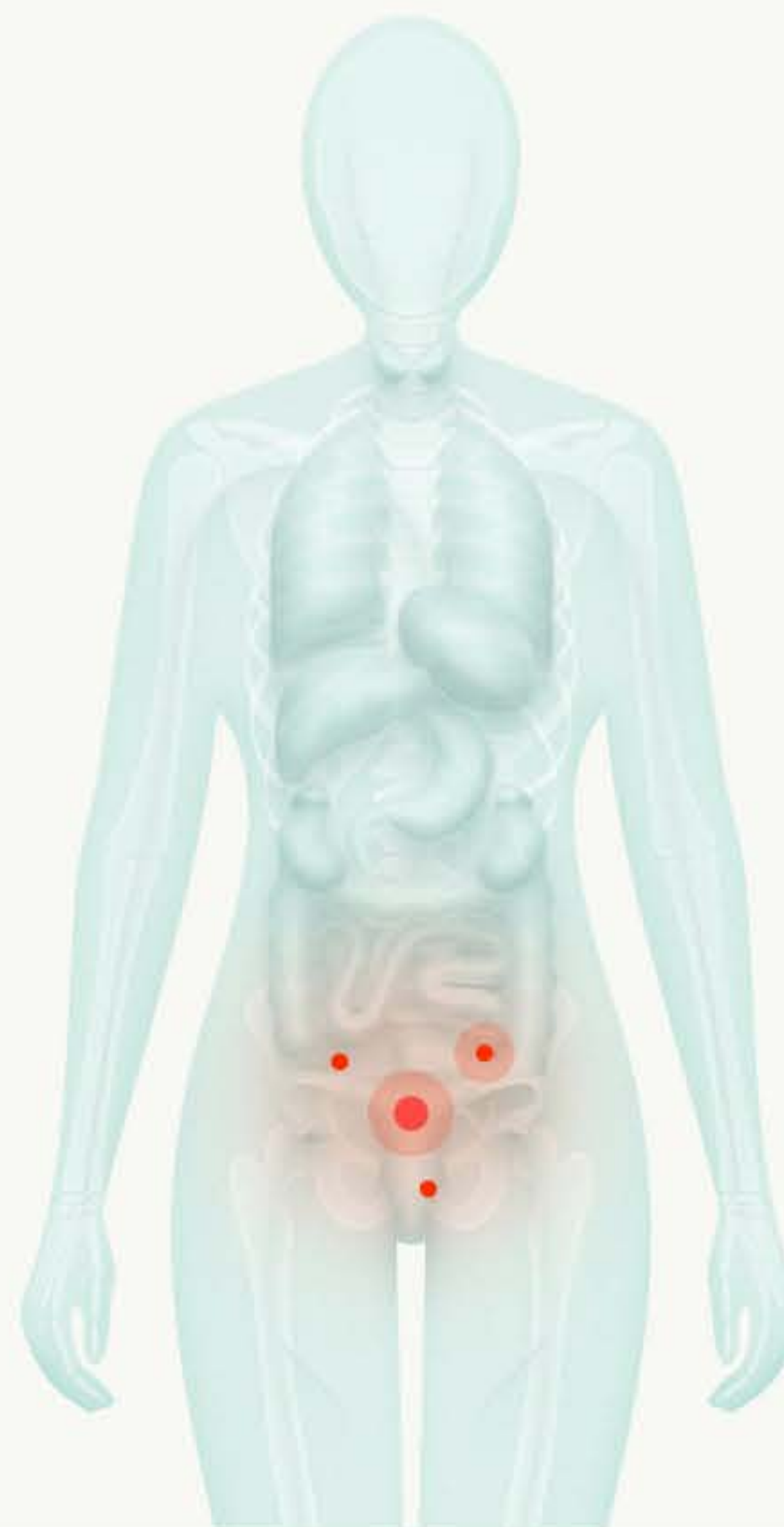
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A busy lifestyle can lead to chronic stress, a root cause shown to make hair follicles shift from a growth state to a rest state. If not addressed, the follicle may receive a signal to prematurely stop growing, compromising the health of your hair and resulting in unwanted excess shedding.

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At the Follicle In the Body

Through a process called oxidative stress, environmental triggers (like your everyday surroundings, the food you eat, the drinks you consume, and certain products you use) damage the hair follicles and weaken their ability to produce and grow hair.

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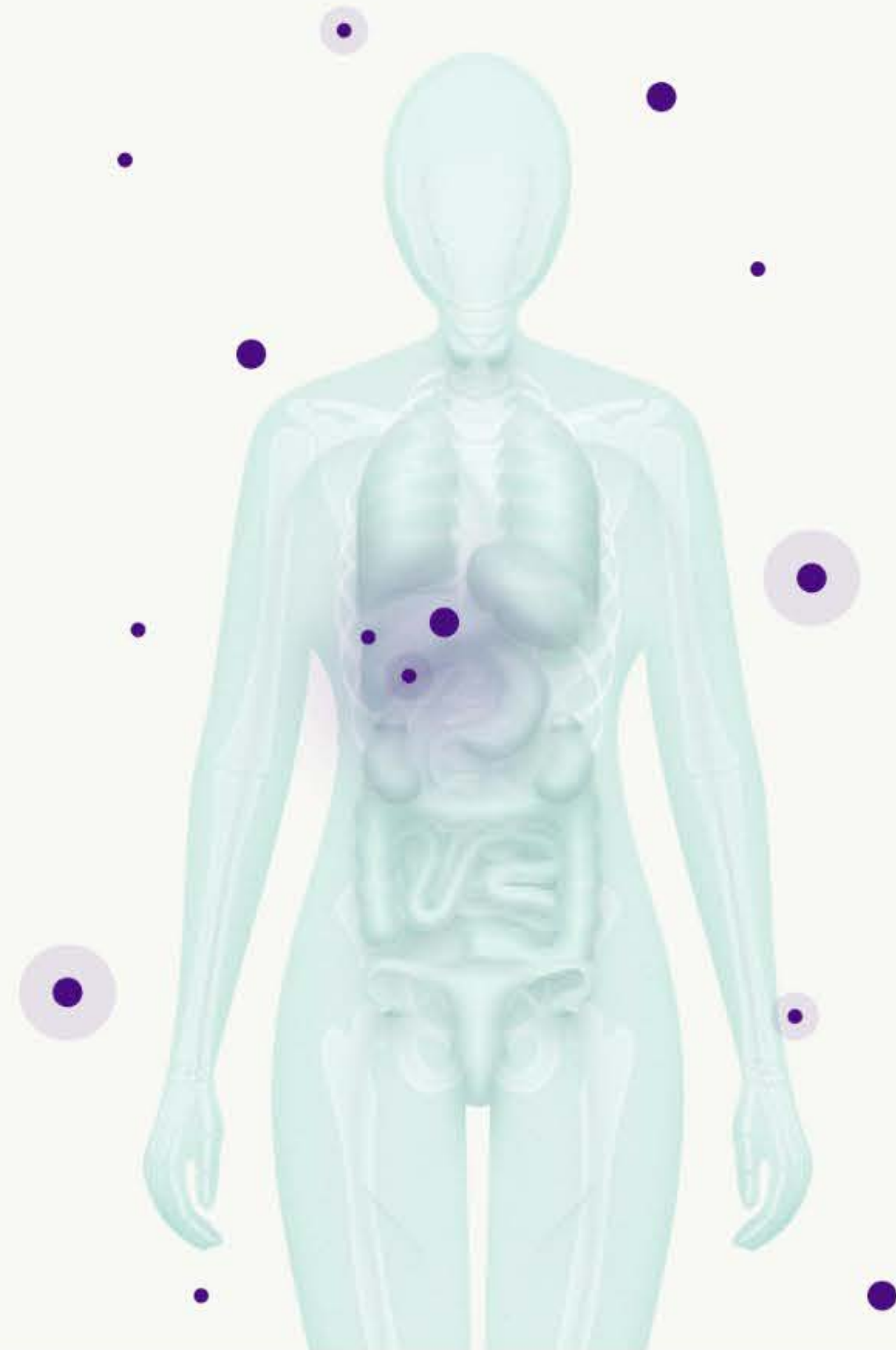
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At the Follicle In the Body

Changes in metabolism—whether from diet or a hormonal imbalance—shorten the hair’s growth phase, inhibiting its ability to grow how you want.

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At the Follicle In the Body

The body requires nourishment via proper nutrients—nutrients that support a healthy growth cycle. These can be depleted by excess stress, affecting the hair's strength and overall health. But by supporting whole-body health, you support growth.

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At the Follicle In the Body

The aging process is an unavoidable part of life and, starting in our 20s, we begin to notice its effects. As it pertains to hair, aging can cause thinning, excess shedding, as well as affect the overall health of hair.

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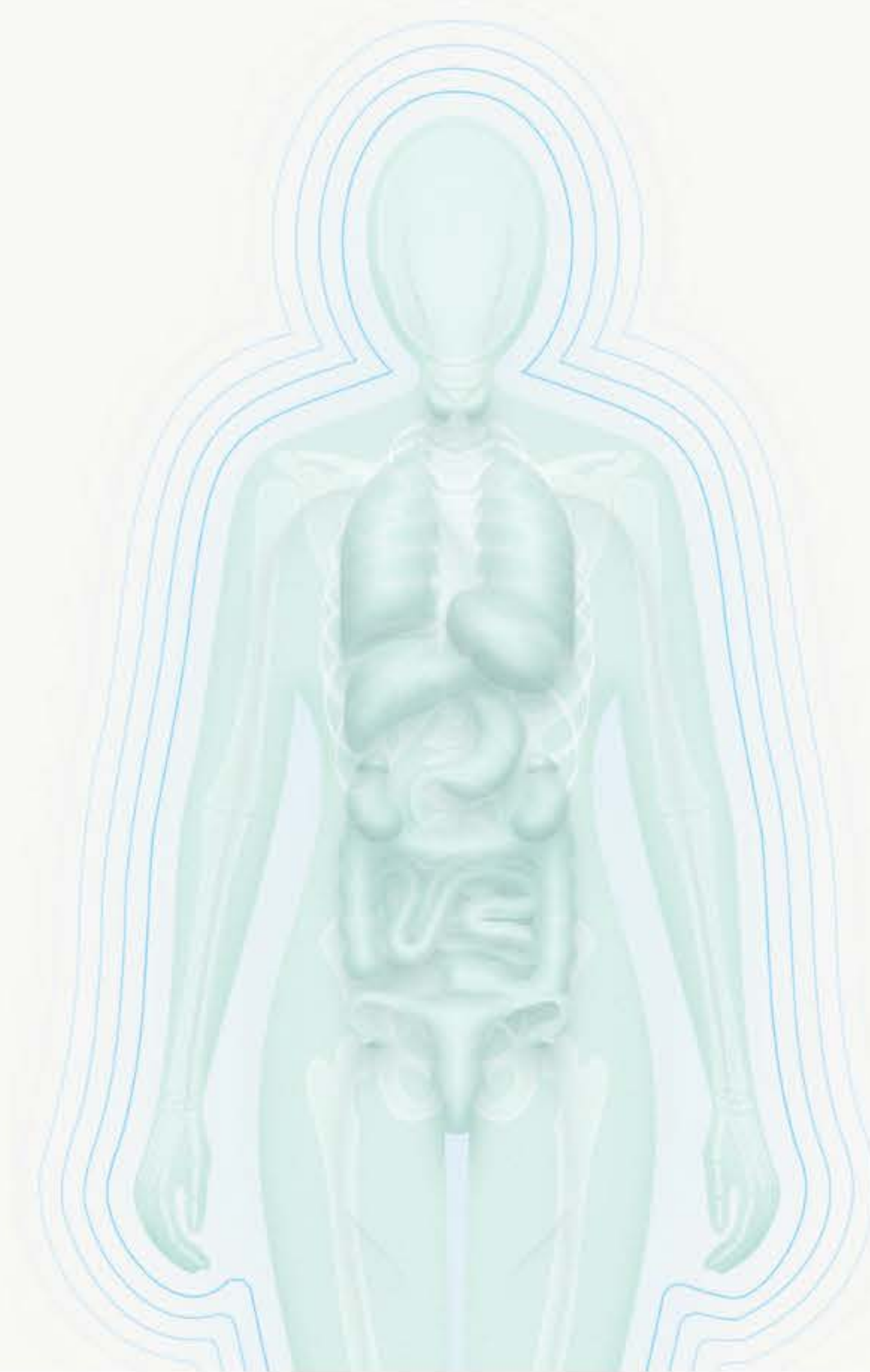
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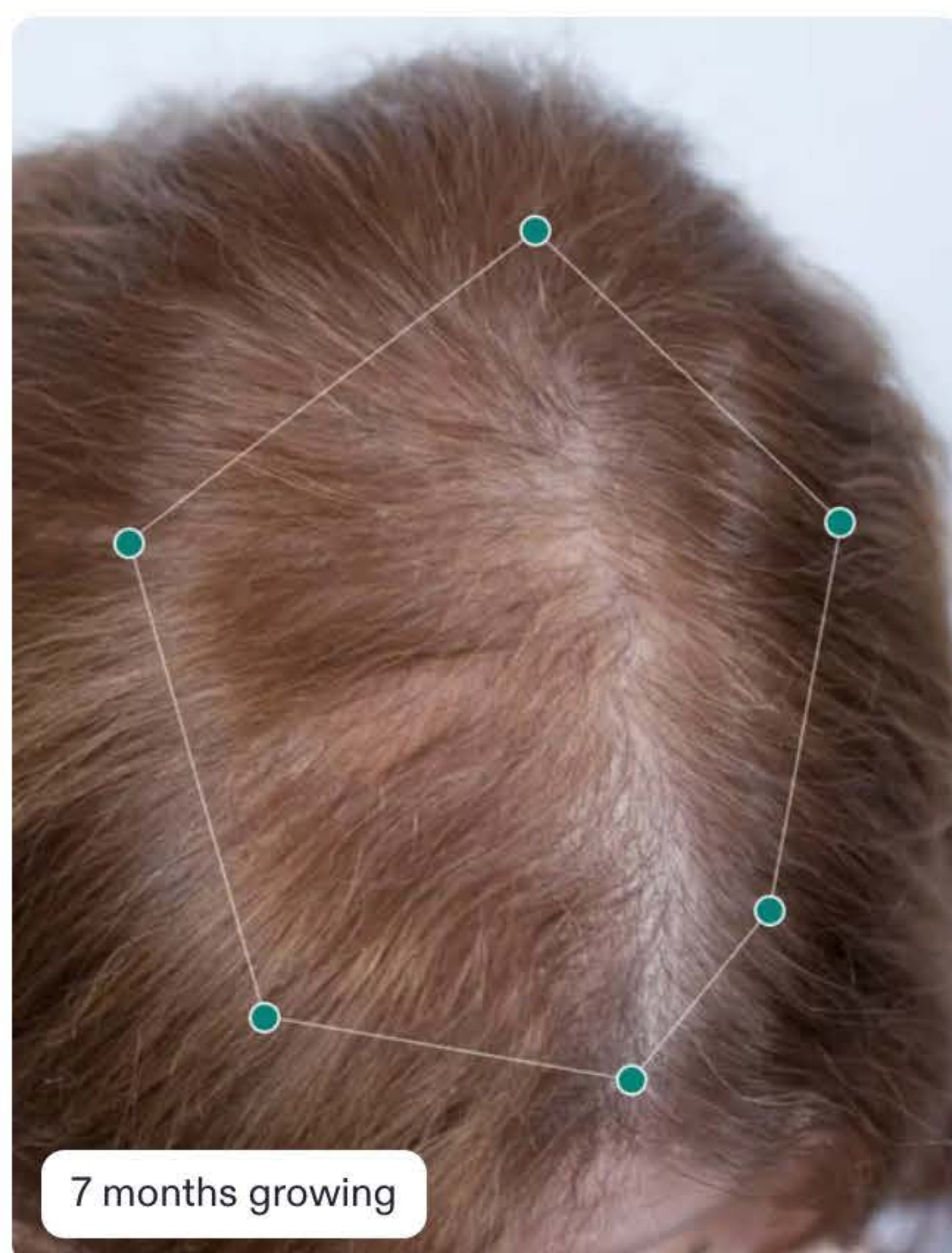
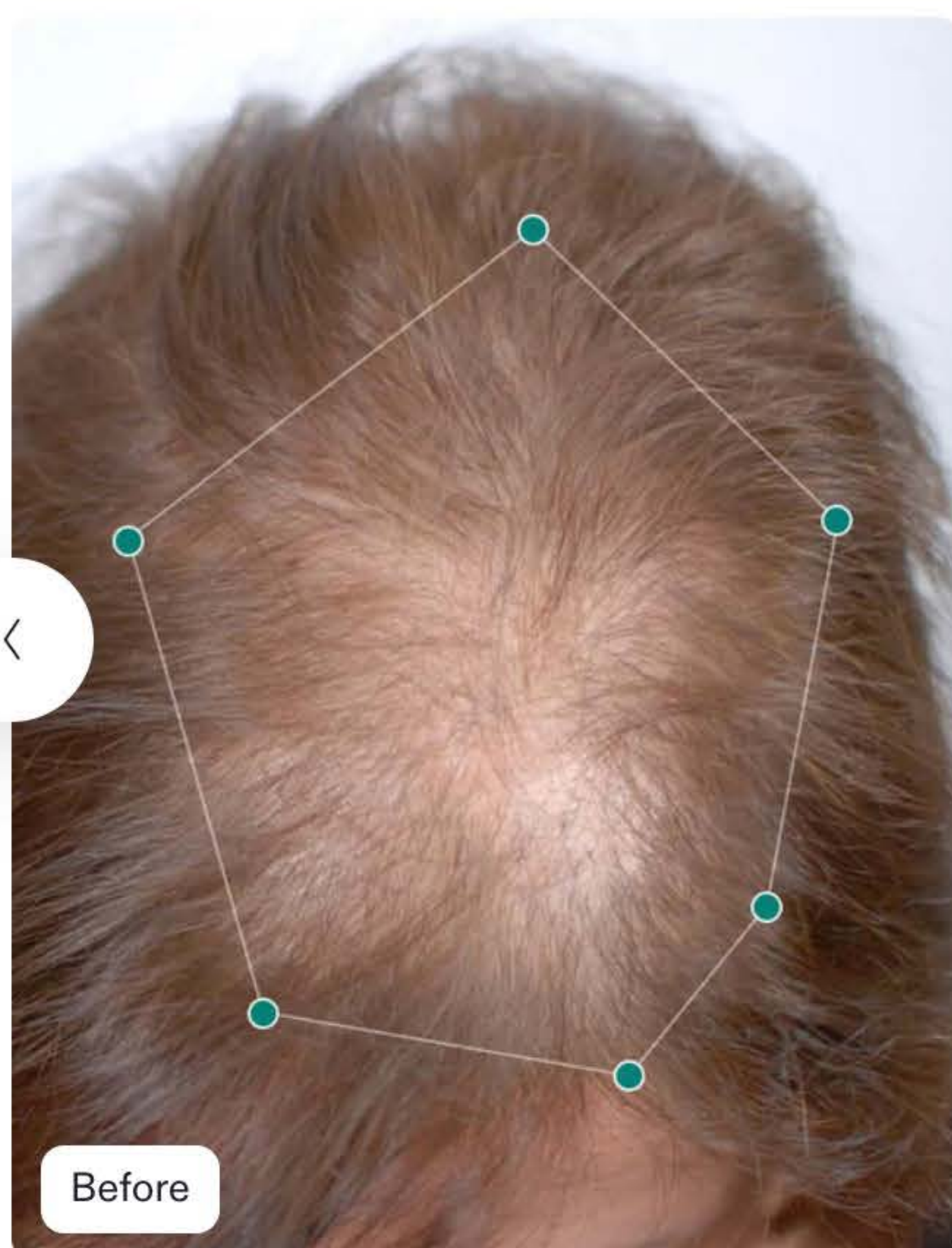


The award-winning hair growth formula *with patented Synergen Complex[®].*

Our Nutraceuticals are specially formulated with drug-free, clinically effective ingredients that synergize with each other and your body for maximum efficacy. What that looks like? Visibly thicker hair growth with fuller scalp coverage.

[See Full Ingredient List →](#)

Hundreds of thousands are tapping into their
growth potential. *Join them.*



Teresa, 50+

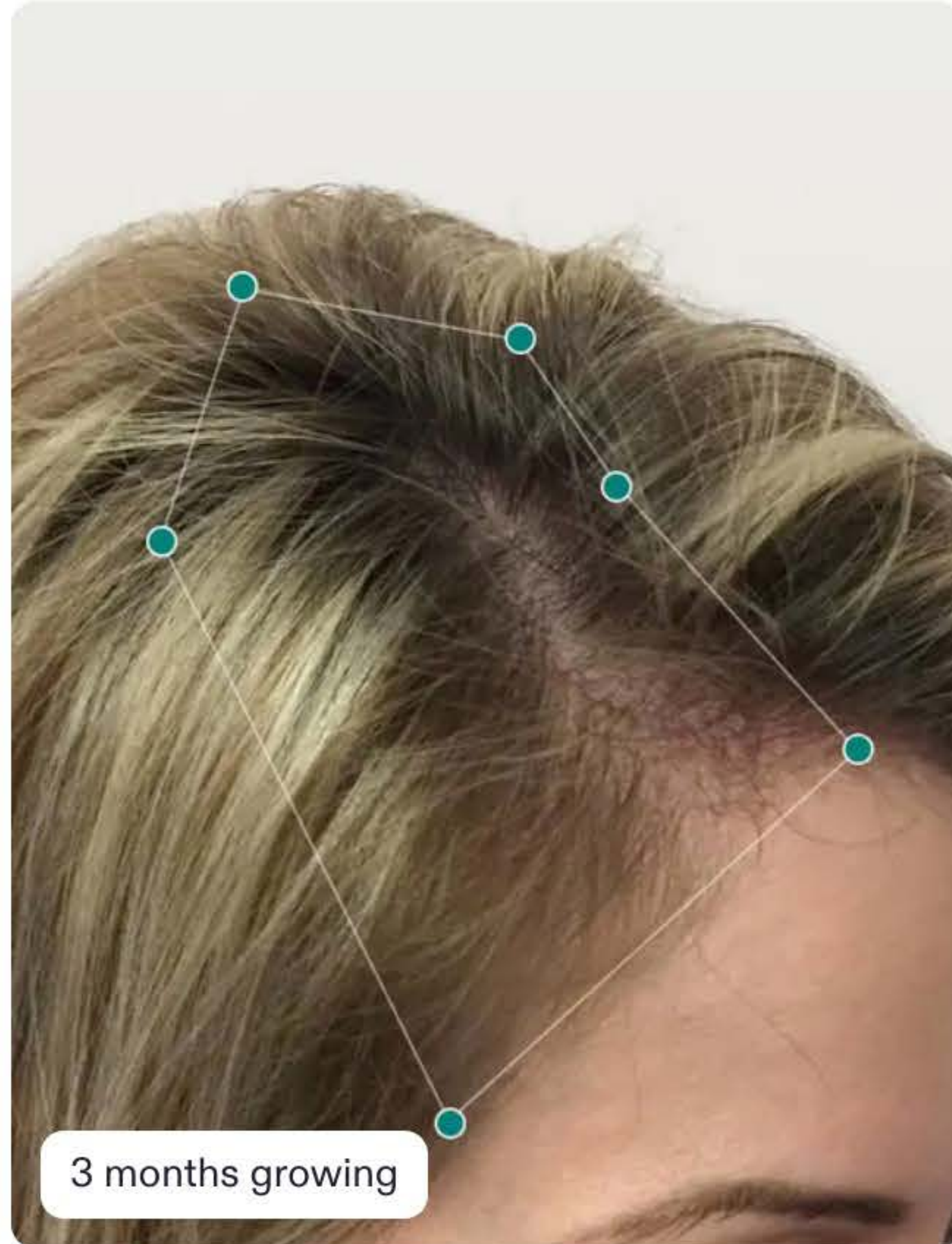
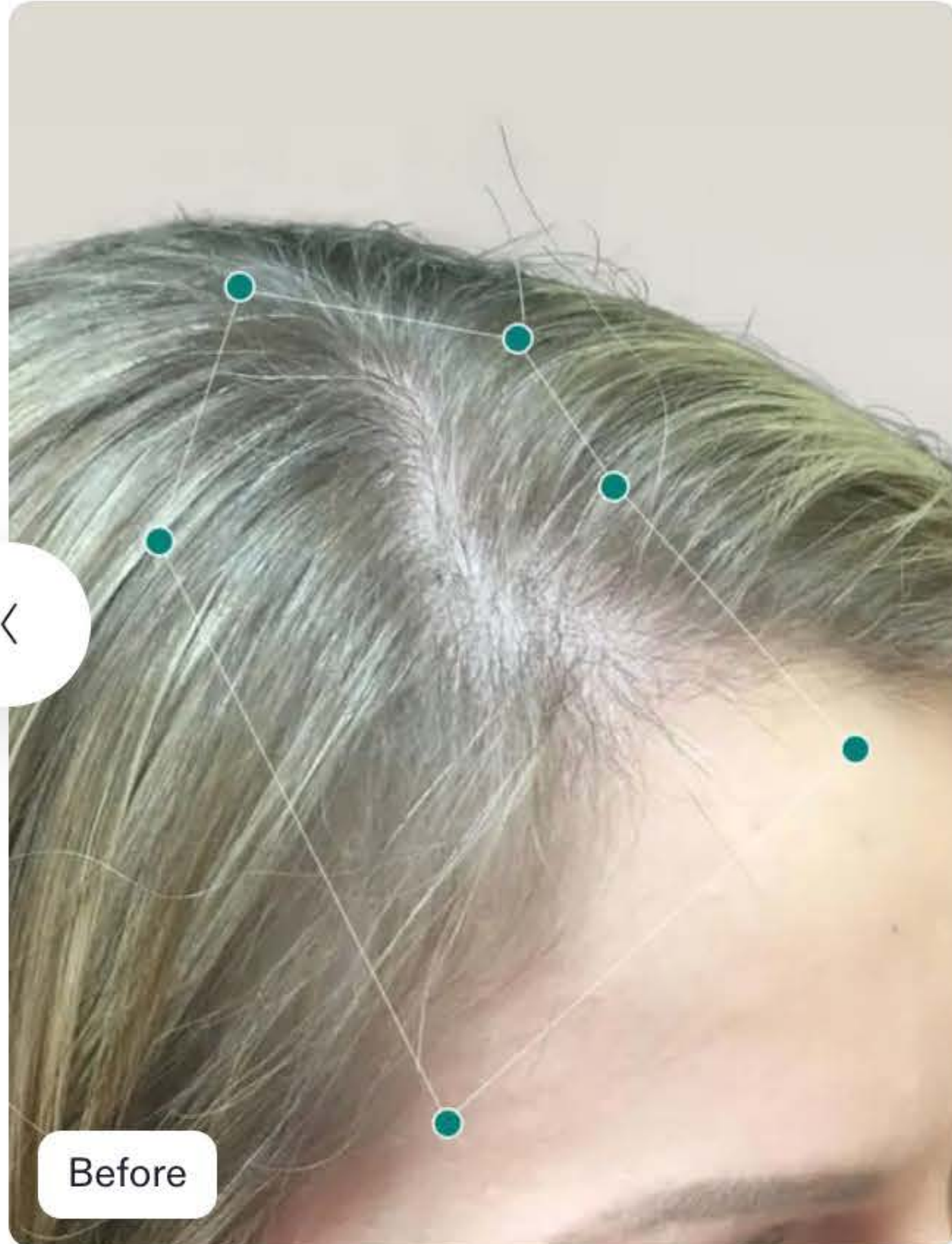
"I've noticed continuous growth. It's been easy for me to integrate this into my daily ritual."

Thickness

Hair Growth

Shine

Taking **Nutrafol Women**



Natalia, 48

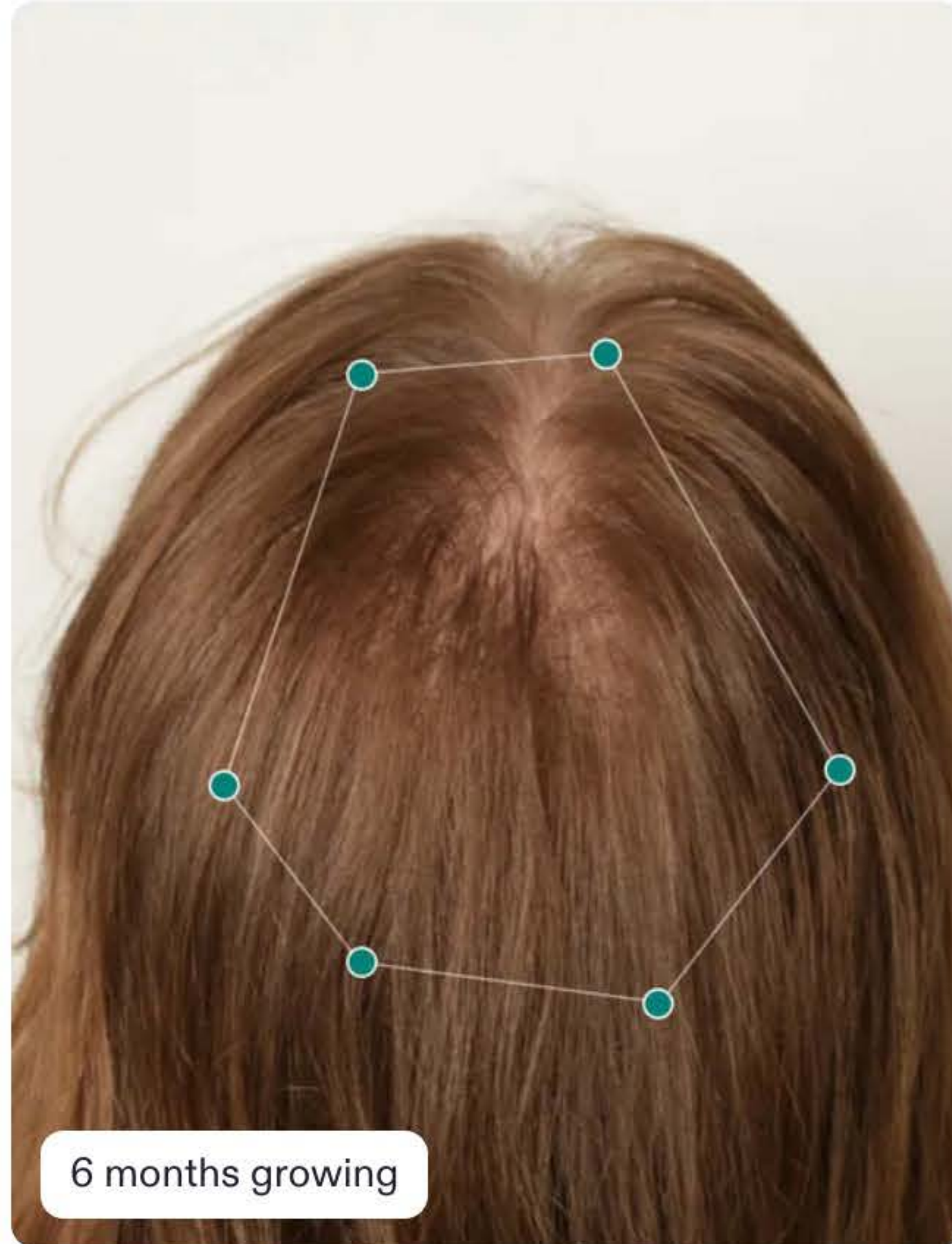
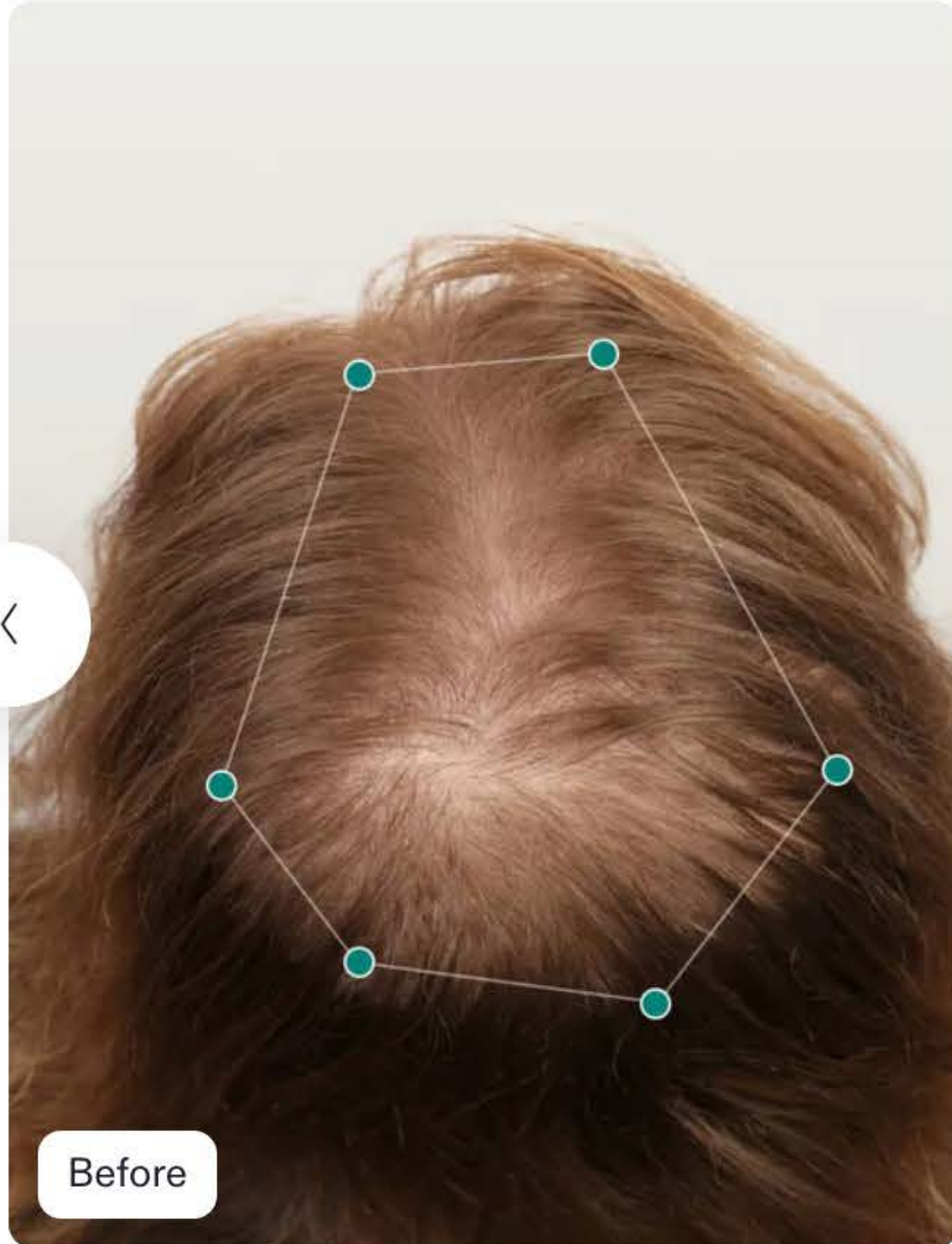
“I noticed my hair wasn’t as full as it was in the past. After taking Nutrafol I noticed my hair was more dense, especially around the temple areas and much more shiny!”

Hair Growth

Thickness

Growth Rate

Taking [Nutrafol Women](#)



Lera, 35

“My hair was brittle and thin. Nutrafol gave my hair its life back. It has also made my hair very shiny.”

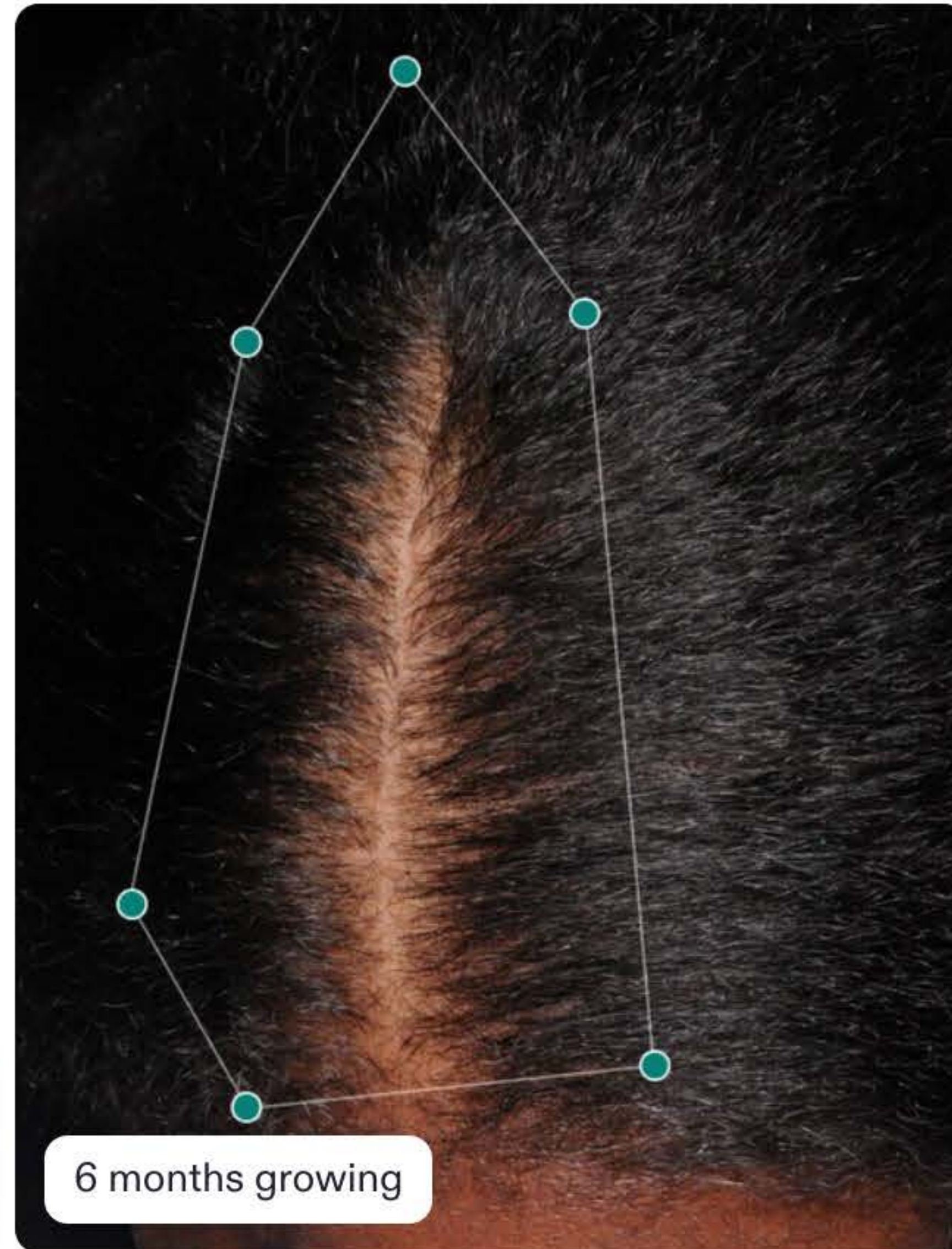
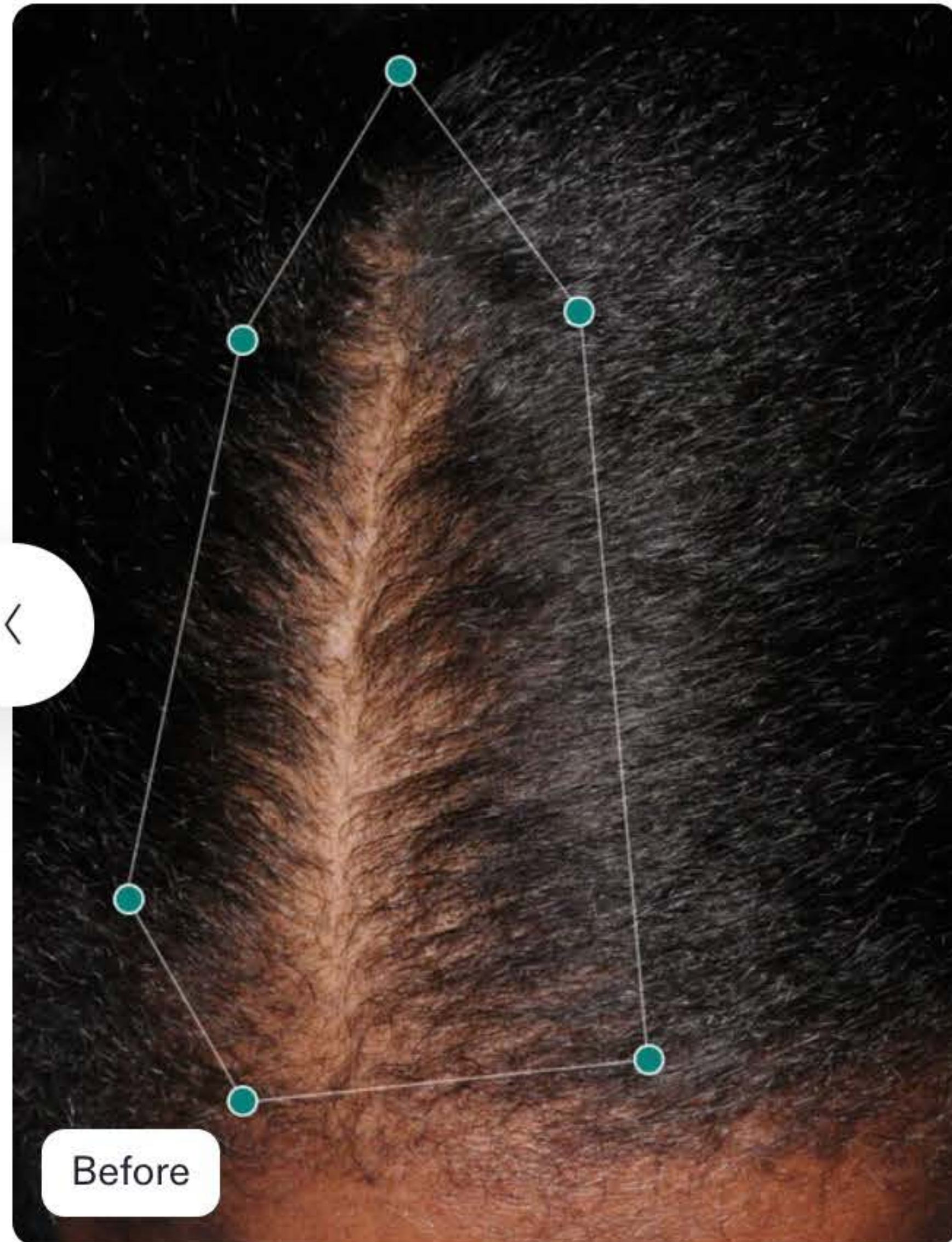
Scalp Coverage

Thickness

Hair Growth

Taking **Nutrafol Women**





Jacqueline, 40

"I noticed thinning on the top and sides of my hair, which was starting to become hard to cover up. After taking Nutrafol I noticed I could now wear my hair in more styles."

Hair Growth

Thickness

Less Shedding

Taking [Nutrafol Women](#)

We're serious about facts. Ask away.

[See All FAQs →](#)

When can I expect to see results? ▲

In our clinical study, women showed results in 3-6 months. *Results may vary.*

1-3 Months

Strengthen hair from within. Look for shinier hair with less shedding and breakage.

3-6 Months

You may notice improvement in fullness and volume.

6+ Months

Experience visible changes like faster-growing hair that's thicker and stronger.

What affects women's hair growth? ▼

Will Nutrafol work for my hair type? ▼

Will hair grow on other parts of my body? ▼

What's the difference between Women's and Women's Balance? ▼

How is Nutrafol different from other hair growth products? ▼

Have questions?

Chat with our customer support team.
Monday - Friday 10am to 4pm (EST).

[Start Chat →](#)

You can text or call us at:

[\(888\) 454-3320](tel:(888)454-3320)

Or reach us via email at:

support@nutrafol.com



We're here for you.

More than a supplement subscription, we're committed to supporting you as you grow.

[More about our Services →](#)




What affects women's hair growth?

For women, stress is a major root cause of poor hair growth. Hormones also play a significant role for women due to fluctuations throughout life, especially during and after childbirth when estrogen and progesterone decline and cortisol increases by over 200%. Follicles are also damaged by metabolic changes, nutritional deficits, and environmental exposure including overstyling, chemicals, and heat.

Will Nutrafol work for my hair type?

Nutrafol was formulated to promote hair growth for all types of hair. While the characteristics of hair strands may vary by ethnicity, the underlying root causes that affect hair follicles can affect all people equally.

In a recent clinical study, we examined the effectiveness of Nutrafol in African American, Asian, Hispanic, and Non Hispanic men and women. All ethnicities saw less shedding after two months and improved thickness, growth rate, scalp coverage, and shine after six months.

Will hair grow on other parts of my body? 

No. Facial and body hair are triggered by different factors than the hair on our head. Saw Palmetto helps combat DHT, which may actually prevent facial hair growth.

What's the difference between Women's and Women's Balance?

Our Women's formula is generally best for ages 18-44. Women's Balance is boosted with additional hormone-supportive ingredients like Maca, Astaxanthin, and extra Saw Palmetto that are helpful through menopause or for ages 45+.

How is Nutrafol different from other hair growth products?

In short, we provide hair growth solutions that are personalized specifically for you and formulated with natural, 100% drug-free ingredients backed by clinical studies and published ingredient research, whereas many supplements are not clinically tested. Other supplements have variable potency and are poorly absorbed.

*According to IQVIA Provoice survey for 12 months ending March 31, 2022.

1. Ablon G. J Drugs Dermat, 2018. 2. Marshall T., et al. ASDS, 2020. 3. Auddy B HJ. JANA. 2008



The #1 dermatologist-recommended hair growth supplement brand.

Nutrafol® is built on a science-backed approach to whole-body wellness and hair health. Our products are clinically tested and physician-formulated to support different bio-specific needs during various life stages and lifestyles so that you can grow into the best version of yourself.

Our Patent

Nutrafol® is a registered trademark of Nutraceutical Wellness, Inc.
Synergen Complex® is a registered trademark of Nutraceutical Wellness Inc.
U.S. Patent Nos. 11,213,478, 10,709,659 and 10,688,037.

Hair Wellness

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