Women

- Hair Growth Nutraceutical

Our daily hair growth supplement is made for women experiencing compromised hair health. Physician-formulated with medical-grade, natural ingredients to target root causes of thinning such as stress, lifestyle and nutrition, our award-winning formula results in faster-growing, thicker, fuller, stronger hair. And it's an effortless addition to your daily wellness routine: 4 pills, 1 easy step, all the results.[1-2]

View Supplement Label

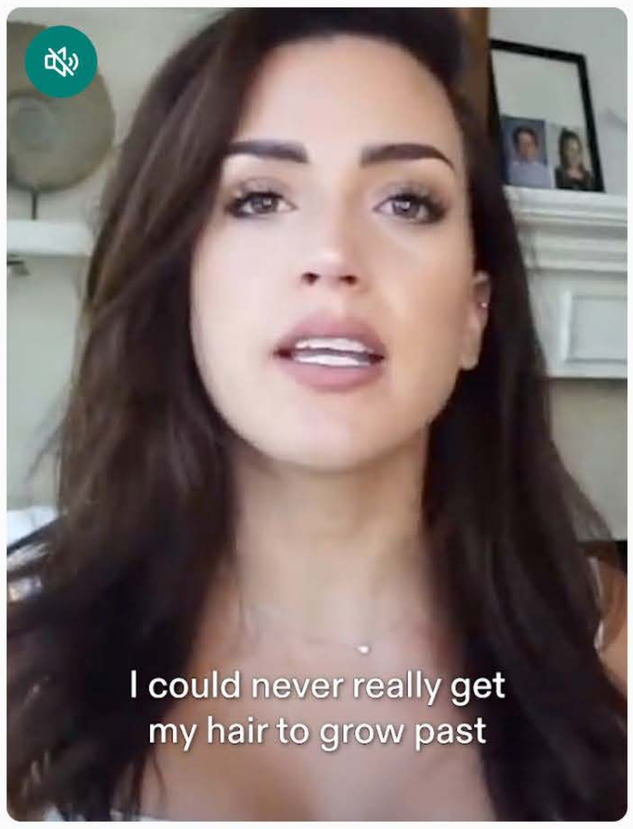
Choose an Option:

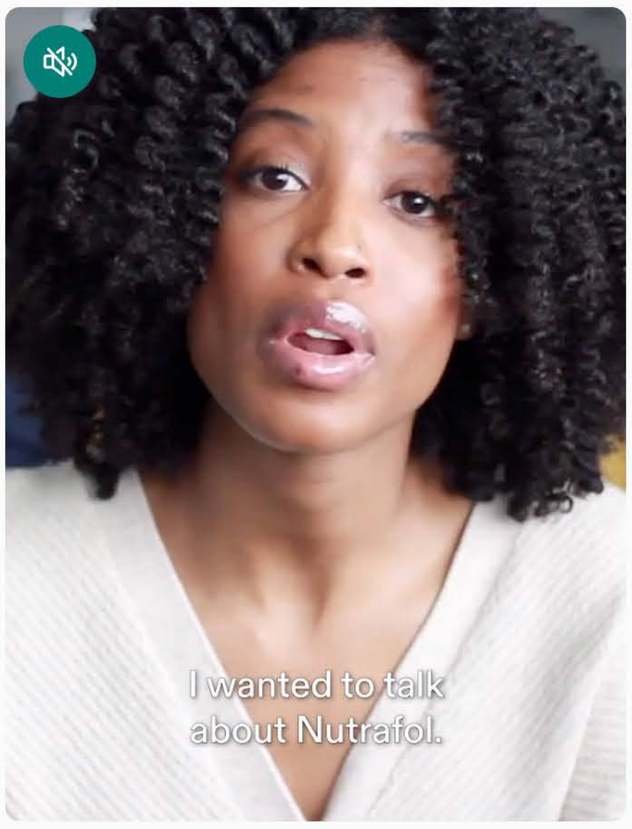
$79 ~~$88~~ **Monthly Delivery** Save 10%

A 1-month supply each month + free doctor consults.
Pause or cancel subscription anytime.

Add to Cart

Our clinically effective, natural ingredients are standardized *for consistently reliable results in every dose.*

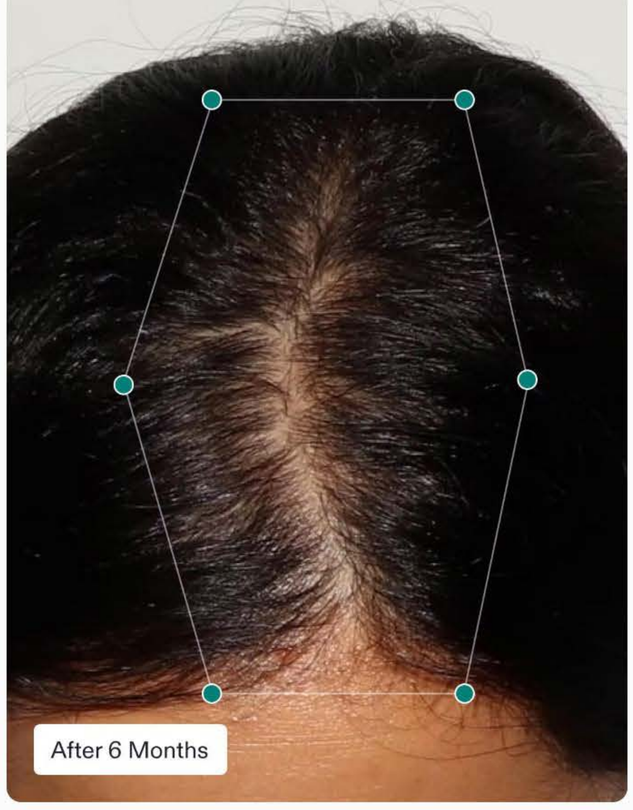




Hair growth, backed by science

90% of women saw overall improvement in their hair after 6 months.[1]

84% of women saw less shedding after 6 months.[1]



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Clinically proven formulas

Natural, medical-grade ingredients

Get results in 3-6 months

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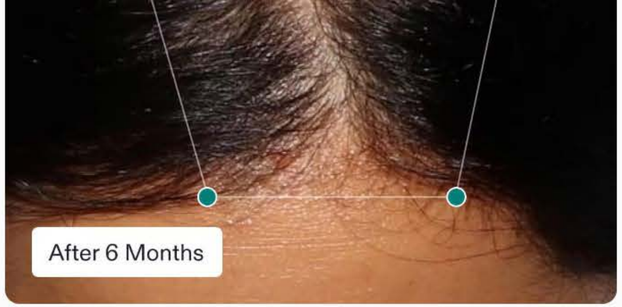
Recommended usage

Once daily, and with a meal, take 4 capsules of your Nutraceutical—an efficacious dosage that contributes to visible results in 3-6 months.

Tear open the refill pouch and pour the contents into the reusable jar once empty.

Benefits

Formulated without



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Clinically proven formulas

Natural, medical-grade ingredients

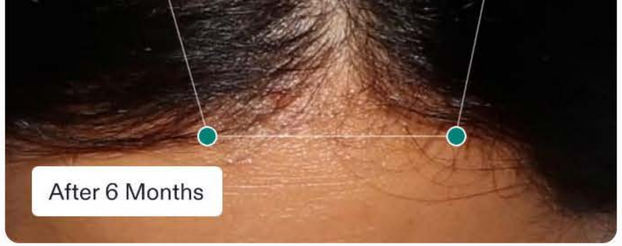
Get results in 3-6 months

Recommended usage

Benefits

Visibly thicker volume [2]
Visibly less shedding [2]
Hair that grows faster, stronger, and longer [1-2]
Visibly thicker lashes and brows [2]
Reduces feelings of stress [3]
Improves sleep [3]

Formulated without



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Clinically proven formulas

Natural, medical-grade ingredients

Get results in 3-6 months

Recommended usage

Benefits

Formulated without

Gluten, dairy, soy, hormones, drugs, and artificial additives. Non-GMO.

Targets 6 key root causes of *compromised hair health.*

Our proprietary blend pinpoints the internal imbalances behind hair thinning and shedding to promote a healthy growth cycle—because hair and health grow together.

01 *Hormones*

02 *Stress*

03 *Lifestyle*

04 *Metabolism*

05 *Nutrition*

06 *Aging*

At the Follicle | In the Body

Throughout life, our hormones are ever-changing, shifting, and sometimes out of balance. DHT (Dihydrotestosterone) is a hormone known to cause hair follicles to shrink with age and eventually close completely—especially when imbalanced.

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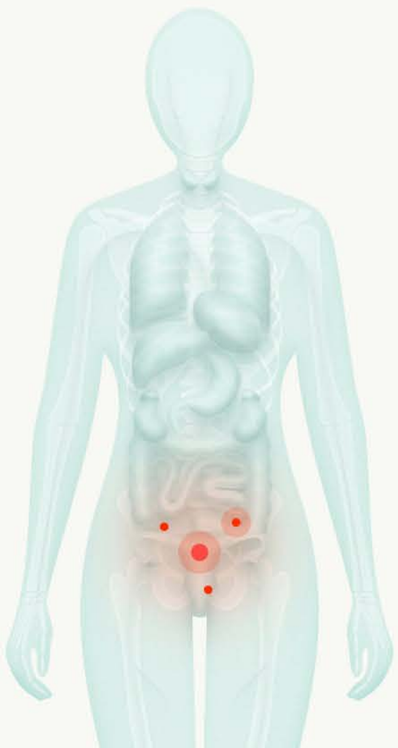

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A busy lifestyle can lead to chronic stress, a root cause shown to make hair follicles shift from a growth state to a rest state. If not addressed, the follicle may receive a signal to prematurely stop growing, compromising the health of your hair and resulting in unwanted excess shedding.

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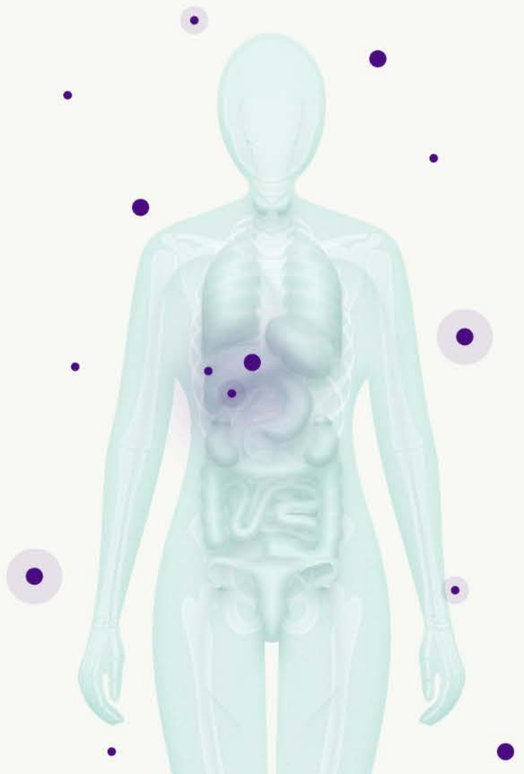

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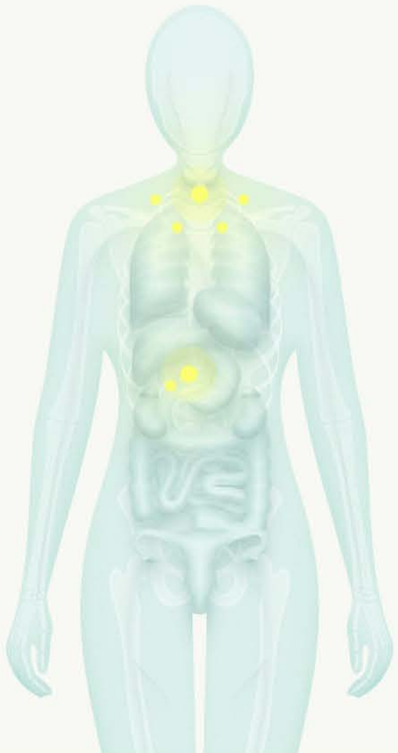

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The body requires nourishment via proper nutrients—nutrients that support a healthy growth cycle. These can be depleted by excess stress, affecting the hair's strength and overall health. But by supporting whole-body health, you support growth.

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At the Follicle | In the Body

The aging process is an unavoidable part of life and, starting in our 20s, we begin to notice its effects. As it pertains to hair, aging can cause thinning, excess shedding, as well as affect the overall health of hair.

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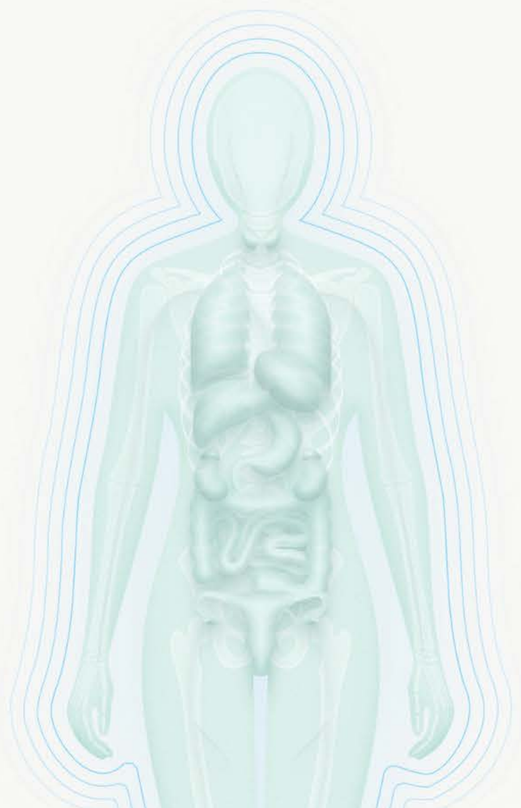

At the Follicle | In the Body

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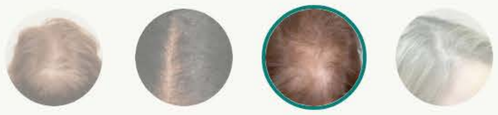
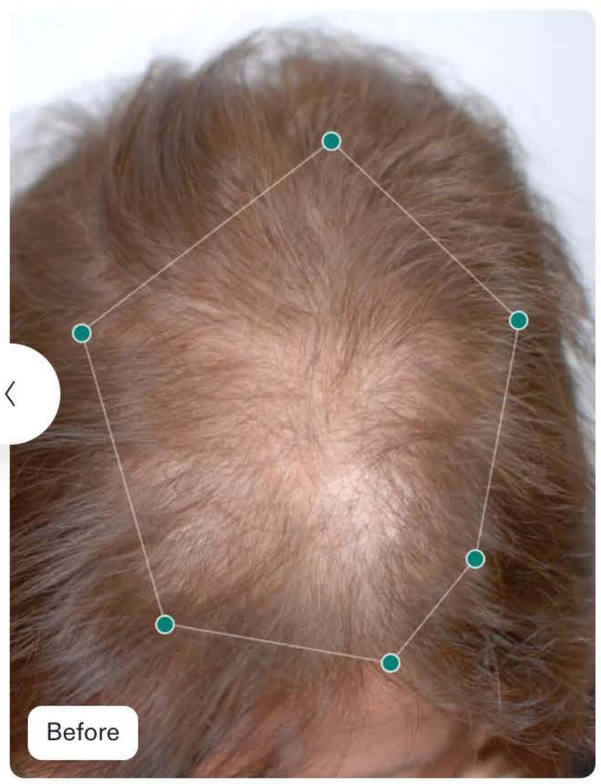
The award-winning hair growth formula *with patented Synergen Complex®.*

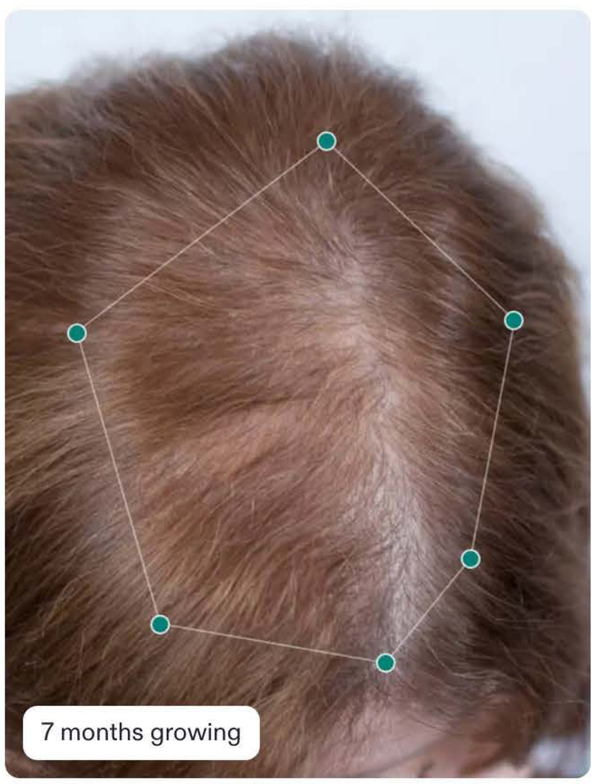
Our Nutraceuticals are specially formulated with drug-free, clinically effective ingredients that synergize with each other and your body for maximum efficacy. What that looks like? Visibly thicker hair growth with fuller scalp coverage.

See Full Ingredient List →

Hundreds of thousands are tapping into their growth potential. *Join them.*





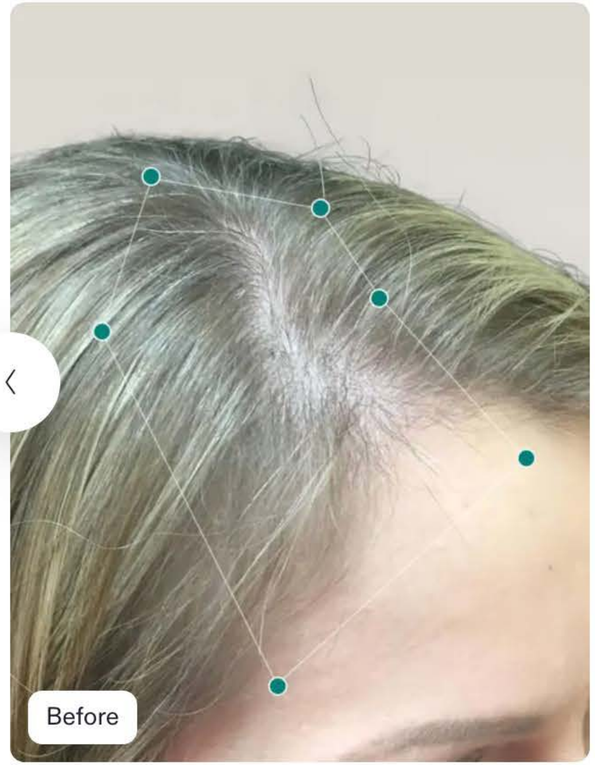


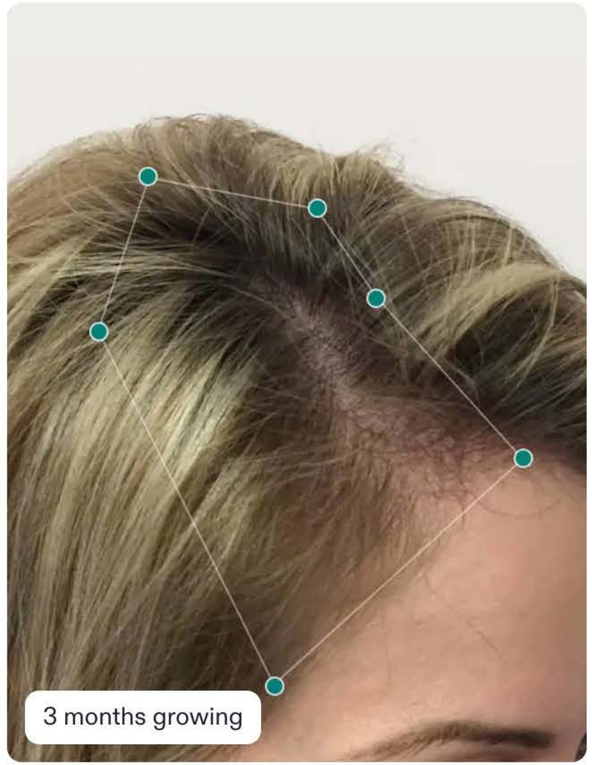
Teresa, 50+

“I’ve noticed continuous growth. It’s been easy for me to integrate this into my daily ritual.”

Thickness | Hair Growth | Shine

Taking **Nutrafol Women**



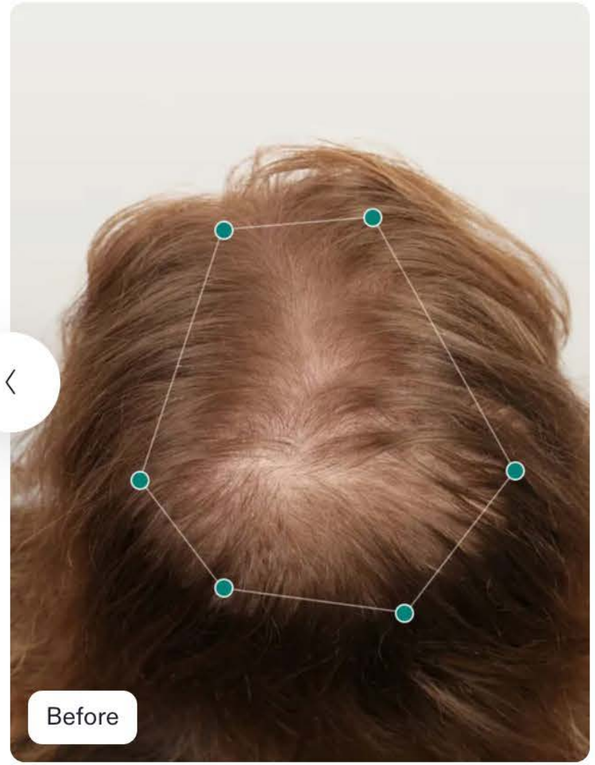


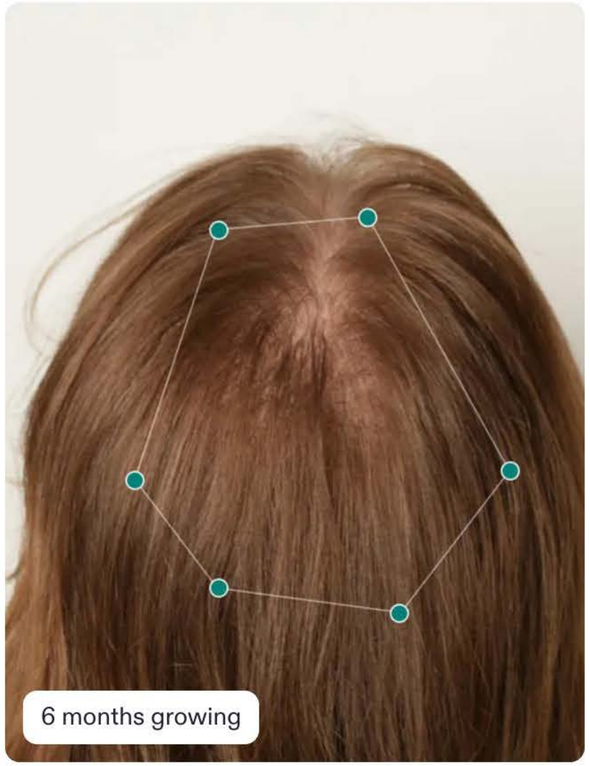
Natalia, 48

“I noticed my hair wasn't as full as it was in the past. After taking Nutrafol I noticed my hair was more dense, especially around the temple areas and much more shiny!”

Hair Growth | Thickness | Growth Rate

Taking **Nutrafol Women**



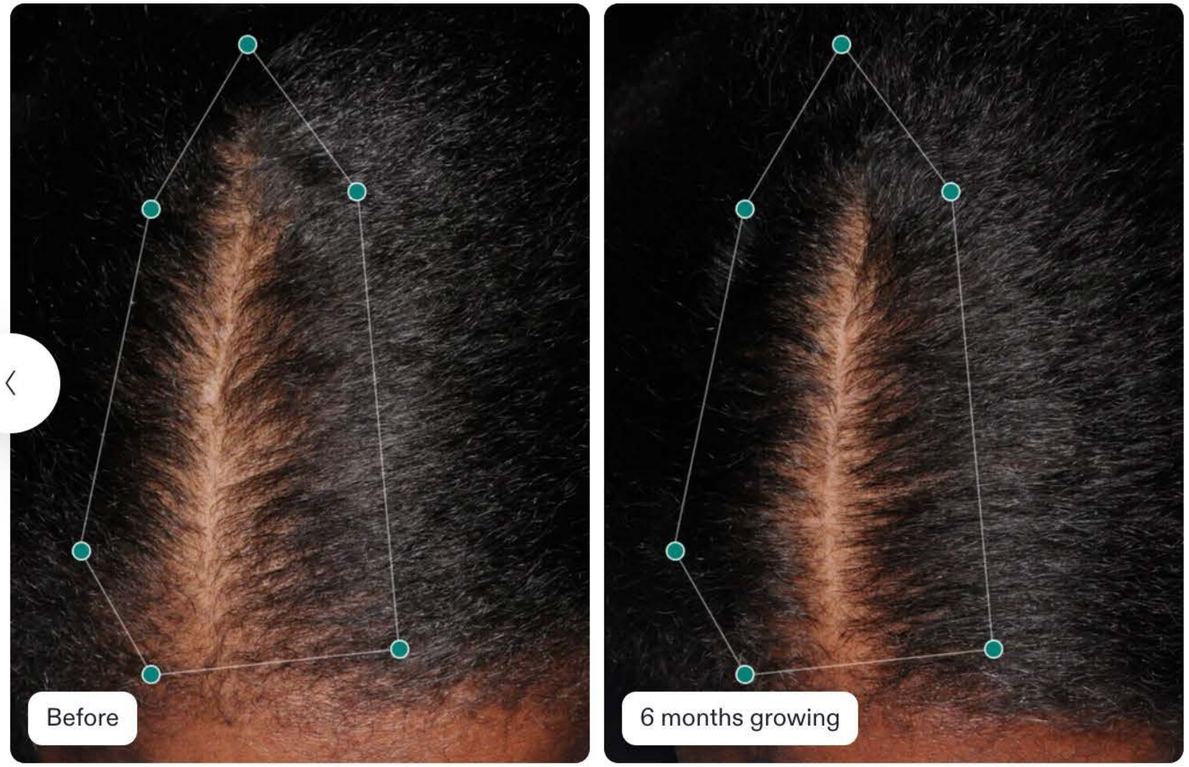


Lera, 35

“My hair was brittle and thin. Nutrafol gave my hair its life back. It has also made my hair very shiny.”

Scalp Coverage | Thickness | Hair Growth

Taking **Nutrafol Women**



Jacqueline, 40

“I noticed thinning on the top and sides of my hair, which was starting to become hard to cover up. After taking Nutrafol I noticed I could now wear my hair in more styles.”

Hair Growth | Thickness | Less Shedding

Taking **Nutrafol Women**

We're serious about facts. Ask away.

See All FAQs →

When can I expect to see results?

In our clinical study, women showed results in 3-6 months. *Results may vary*.

1-3 Months
Strengthen hair from within. Look for shinier hair with less shedding and breakage.

3-6 Months
You may notice improvement in fullness and volume.

6+ Months
Experience visible changes like faster-growing hair that's thicker and stronger.

What affects women's hair growth?

Will Nutrafol work for my hair type?

Will hair grow on other parts of my body?

What's the difference between Women's and Women's Balance?

How is Nutrafol different from other hair growth products?

Have questions?

Chat with our customer support team.
Monday - Friday 10am to 4pm (EST).

Start Chat →

You can text or call us at:
(888) 454-3320

Or reach us via email at:
support@nutrafol.com

We're here for you.

More than a supplement subscription, we're committed to supporting you as you grow.

More about our Services →

What affects women’s hair growth?

For women, stress is a major root cause of poor hair growth. Hormones also play a significant role for women due to fluctuations throughout life, especially during and after childbirth when estrogen and progesterone decline and cortisol increases by over 200%. Follicles are also damaged by metabolic changes, nutritional deficits, and environmental exposure including overstyling, chemicals, and heat.

Will Nutrafol work for my hair type?

Nutrafol was formulated to promote hair growth for all types of hair. While the characteristics of hair strands may vary by ethnicity, the underlying root causes that affect hair follicles can affect all people equally.

In a recent clinical study, we examined the effectiveness of Nutrafol in African American, Asian, Hispanic, and Non Hispanic men and women. All ethnicities saw less shedding after two months and improved thickness, growth rate, scalp coverage, and shine after six months.

Will hair grow on other parts of my body?

No. Facial and body hair are triggered by different factors than the hair on our head. Saw Palmetto helps combat DHT, which may actually prevent facial hair growth.

What's the difference between Women's and Women's Balance?

Our Women's formula is generally best for ages 18-44. Women's Balance is boosted with additional hormone-supportive ingredients like Maca, Astaxanthin, and extra Saw Palmetto that are helpful through menopause or for ages 45+.

How is Nutrafol different from other hair growth products?

In short, we provide hair growth solutions that are personalized specifically for you and formulated with natural, 100% drug-free ingredients backed by clinical studies and published ingredient research, whereas many supplements are not clinically tested. Other supplements have variable potency and are poorly absorbed.

*According to IQVIA Provoice survey for 12 months ending March 31, 2022.
1. Ablon G. J Drugs Dermat, 2018. 2. Marshall T., et al. ASDS, 2020. 3. Auddy B HJ. JANA. 2008

The #1 dermatologist-recommended hair growth supplement brand.

Nutrafol® is built on a science-backed approach to whole-body wellness and hair health. Our products are clinically tested and physician-formulated to support different bio-specific needs during various life stages and lifestyles so that you can grow into the best version of yourself.

Our Patent

Nutrafol® is a registered trademark of Nutraceutical Wellness, Inc.
Synergen Complex® is a registered trademark of Nutraceutical Wellness Inc.
U.S. Patent Nos. 11,213,478, 10,709,659 and 10,688,037.

Hair Wellness

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