



#1

DERMATOLOGIST-RECOMMENDED
HAIR GROWTH SUPPLEMENT BRAND*

PROACTIVE THINNING

A clinically effective, daily hair growth supplement for men with excess shedding and decreased scalp coverage who want to take a proactive approach to hair thinning. Our patented technology visibly improves hair growth and thickness by multi-targeting root causes like hormone imbalances, stress, and poor nutrition—with drug-free, medical-grade ingredients that don't compromise sexual performance.¹⁻⁴

[VIEW SUPPLEMENT LABEL](#)

Choose a Delivery Schedule:

\$79~~\$88~~**MONTHLY DELIVERY**

SAVE 10%

A 1-month supply each month + free doctor consults.
Pause or cancel subscription anytime.

ADD TO CART



Clinically effective



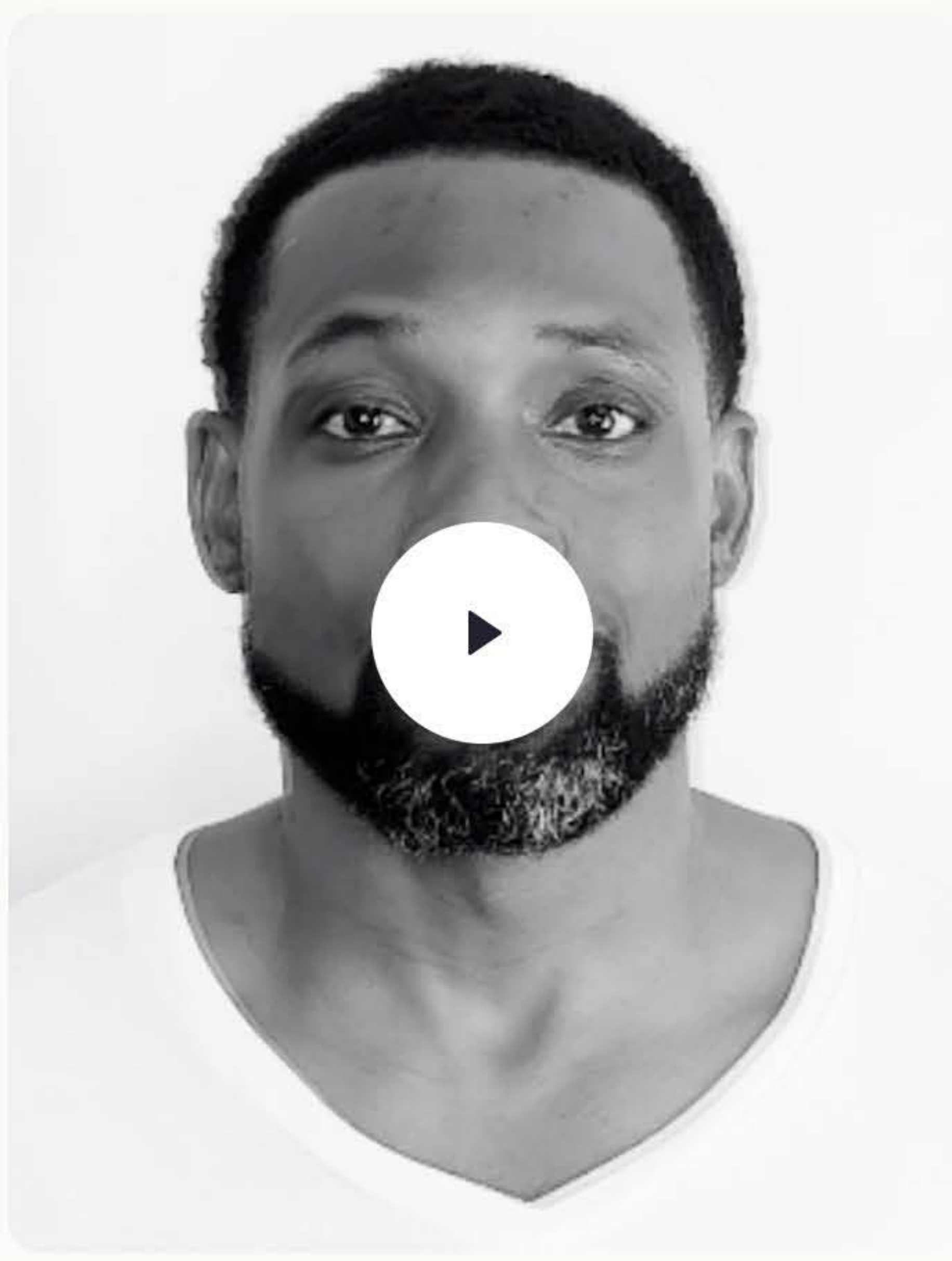
Natural, medical-grade ingredients



Get results in 3-6 months



Our *advanced approach* harnesses the power of natural ingredients to deliver *serious hair growth results* — without drugs.



PROACTIVE THINNING

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FULLER, FASTER-GROWING HAIR IS YOURS FOR THE TAKING.

In a clinical study, men saw stronger, thicker, faster hair growth after 6 months.¹

84% Experienced improved hair quality.

72% Saw improvements in scalp coverage.



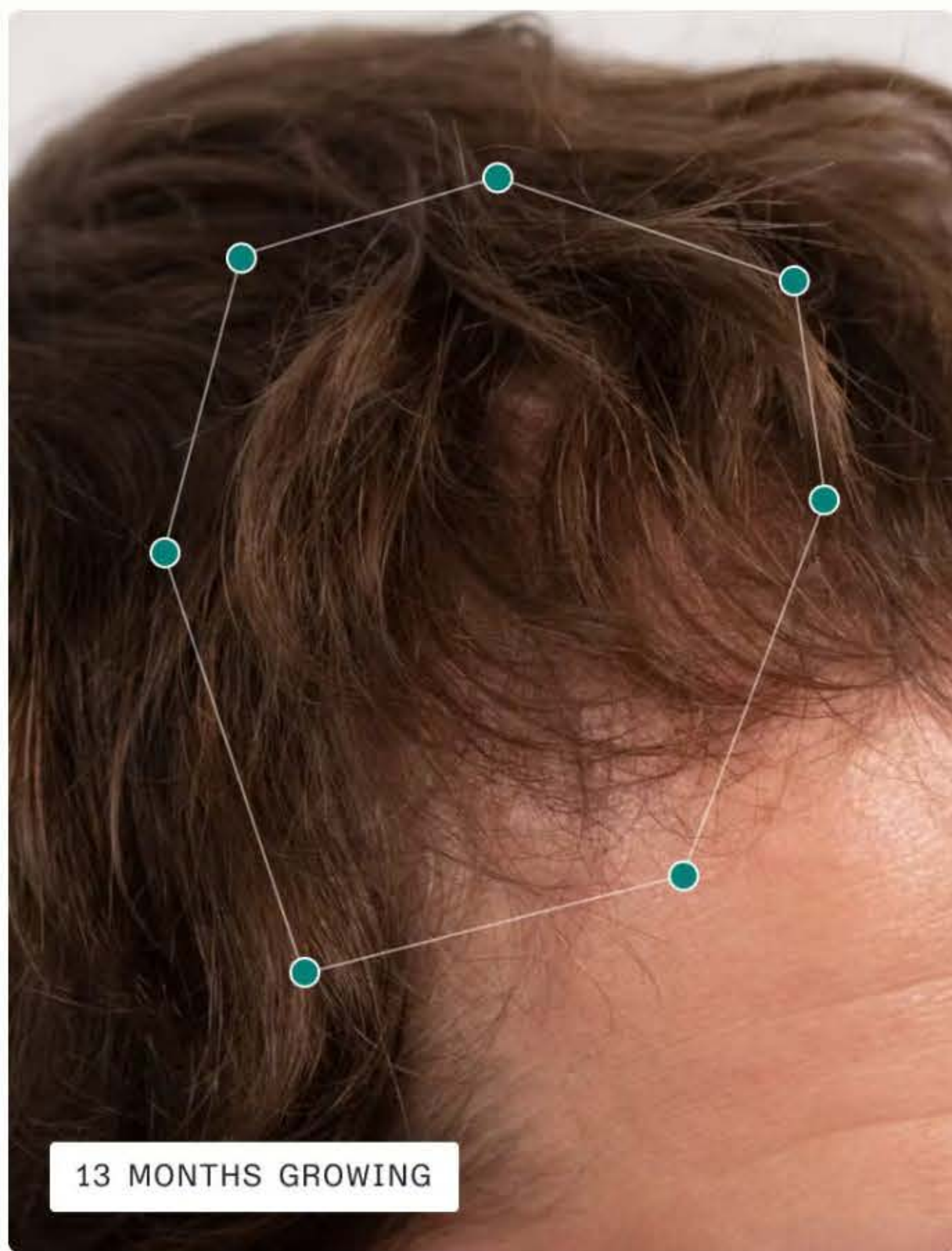
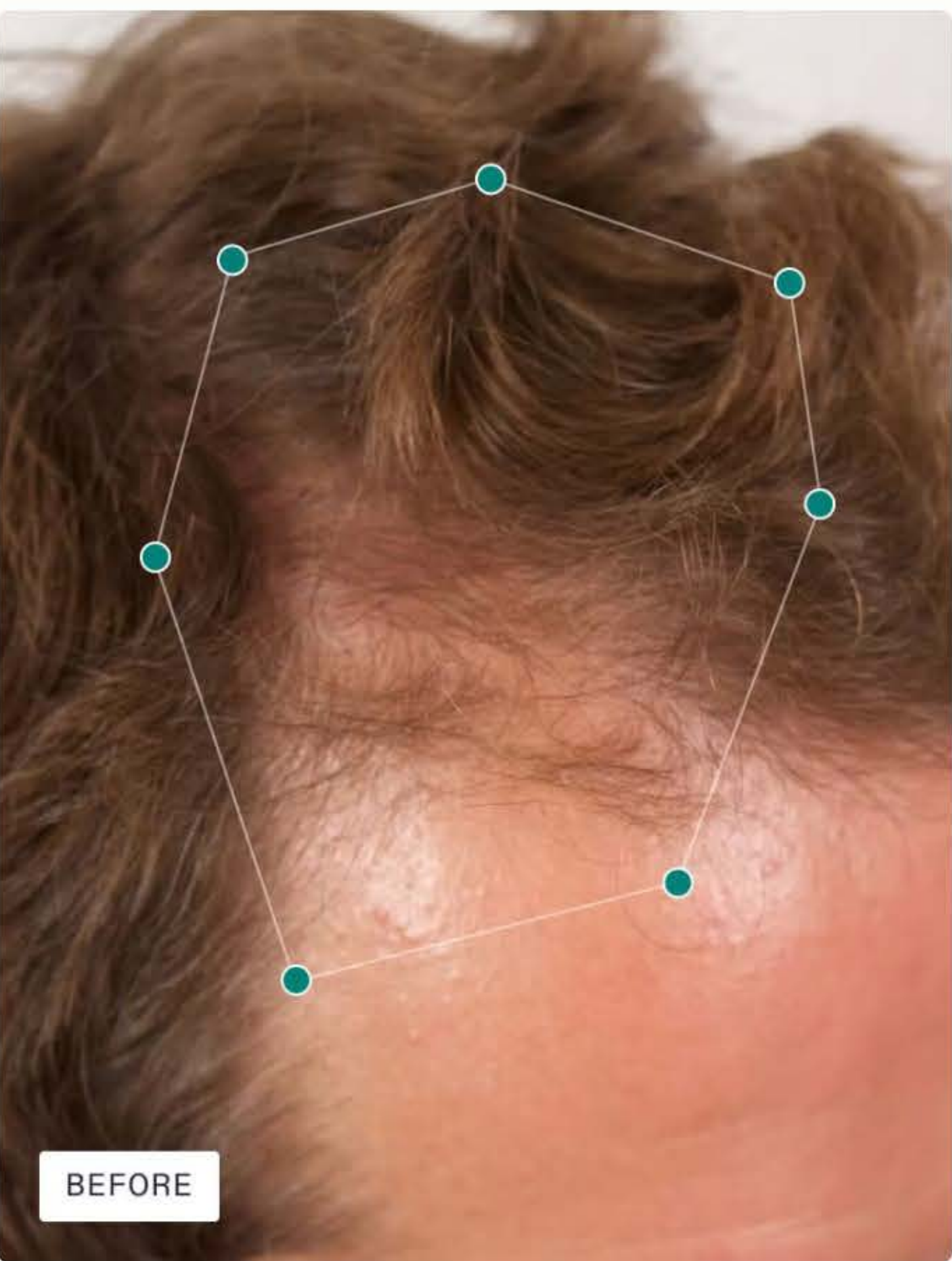
Clinically effective



Natural, medical-grade ingredients



Get results in 3-6 months



EARLY SIGNS OF HAIR THINNING

EXCESS SHEDDING

DECREASED SCALP COVERAGE



Supplement Facts	
Serving Size: 1 Capsule (100 mg)	
Amount Per Serving	
Vitamin A (as Beta-Carotene)	2000 IU (50% DV)
Vitamin B1 (as Thiamine)	10 mg (20% DV)
Vitamin B2 (as Riboflavin)	10 mg (20% DV)
Vitamin B3 (as Niacin)	10 mg (20% DV)
Vitamin B5 (as Panthoic Acid)	10 mg (20% DV)
Vitamin B6 (as Pyridoxine HCl)	10 mg (20% DV)
Vitamin B7 (as Biotin)	10 mg (20% DV)
Vitamin B9 (as Folate)	10 mg (20% DV)
Vitamin C (as Ascorbic Acid)	10 mg (20% DV)
Vitamin D3 (as Cholecalciferol)	1000 IU (20% DV)
Vitamin E (as d-Alpha-Tocopherol)	10 mg (20% DV)
Vitamin K (as Menaquinone-7)	100 mcg (20% DV)
Iron (as Ferrous Fumarate)	10 mg (20% DV)
Zinc (as Zinc Oxide)	10 mg (20% DV)
Copper (as Copper Gluconate)	10 mg (20% DV)
Manganese (as Manganese Citrate)	10 mg (20% DV)
Selenium (as Selenium L-Selenomethionine)	10 mcg (20% DV)
Chromium (as Chromium Picolinate)	10 mcg (20% DV)
Molybdenum (as Molybdenum L-Metionine)	10 mcg (20% DV)
Calcium (as Calcium Citrate)	100 mg (20% DV)
Magnesium (as Magnesium Citrate)	100 mg (20% DV)
Potassium (as Potassium Citrate)	100 mg (20% DV)
Sodium (as Sodium Chloride)	100 mg (20% DV)
Phosphorus (as Phosphorus Citrate)	100 mg (20% DV)
Sulfur (as Sulfur Dioxide)	100 mg (20% DV)
Chlorine (as Chlorine Potassium)	100 mg (20% DV)
Iodine (as Iodine Potassium)	100 mcg (20% DV)
Fluoride (as Fluoride Potassium)	100 mcg (20% DV)
Other Ingredients: Hydroxypropyl Cellulose, Croscarmellose, Magnesium Stearate, Silicon Dioxide.	
CONTAINS: 100 Capsules (100 mg each)	
Nutrafol is a registered trademark of Nutrafol, Inc. © 2019 Nutrafol, Inc. All rights reserved.	





\$79
~~\$88~~




MONTHLY DELIVERY

A 1-month supply each month + free doctor consults.
Pause or cancel subscription anytime.

SAVE 10%

▼

ADD TO CART

-  Clinically effective
-  Natural, medical-grade ingredients
-  Get results in 3-6 months

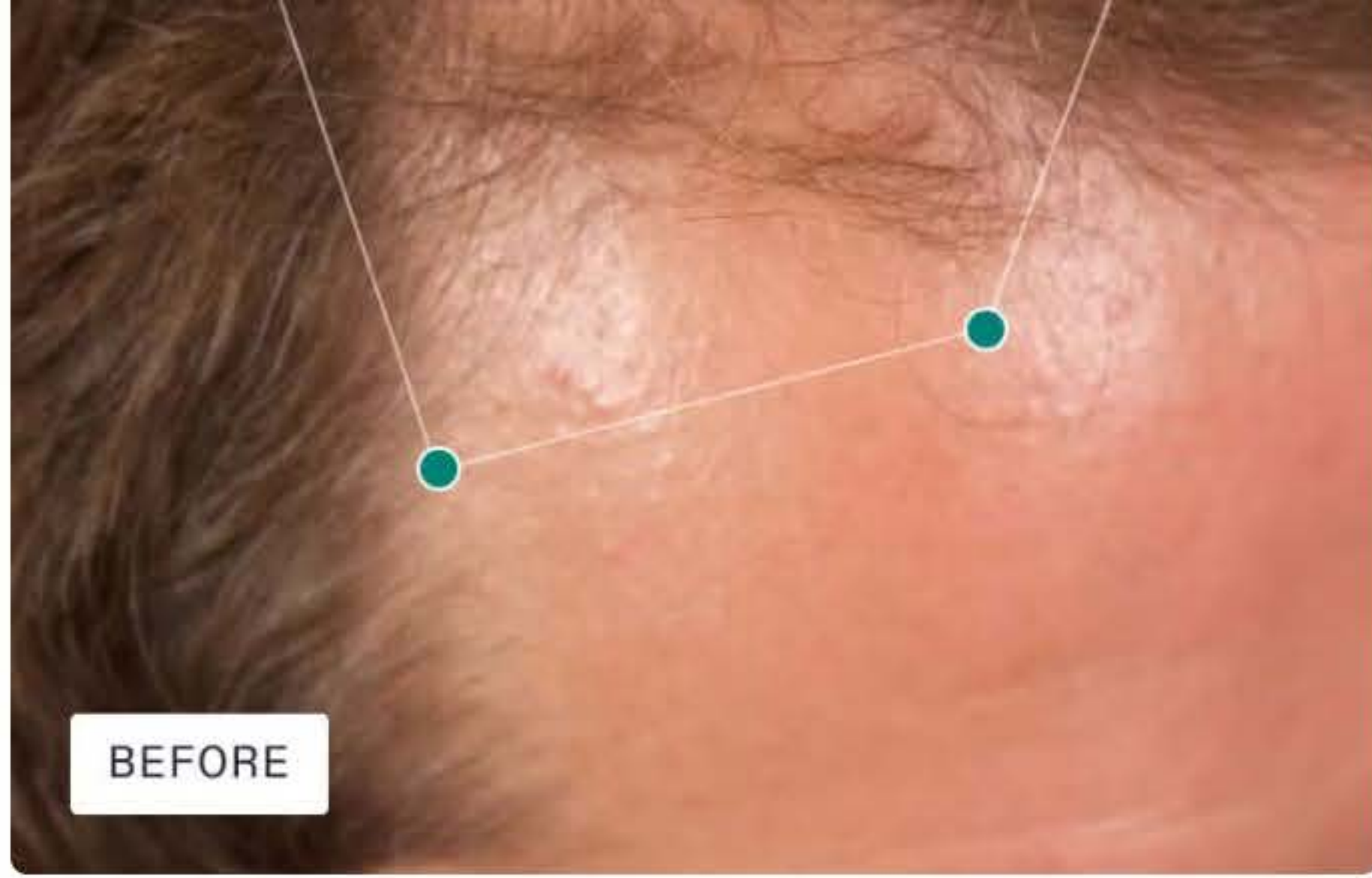


EARLY SIGNS OF HAIR THINNING

EXCESS SHEDDING

DECREASED SCALP COVERAGE

- RECOMMENDED USAGE** —
- Once daily, and with a meal, take 4 capsules of your Nutraceutical—an efficacious dosage that contributes to visible results in 3-6 months.
- Tear open the Nutraceutical refill pouch and pour the contents into the reusable jar once empty.
-
- VISIBLE BENEFITS FOR MEN** +
-
- FORMULATED WITHOUT** +



Supplement Facts

	AMOUNT PER SERVING	%DV
Vitamin A (as Beta-Carotene)	10,000 IU	100%
Vitamin C (as Ascorbic Acid)	80 mg	16%
Vitamin D (as Cholecalciferol)	2,500 IU	50%
Vitamin E (as Tocopherol)	15 mg	30%
Biotin (D-Biotin)	5,000 mcg	10,000%
Inositol (as Inositol)	250 mg	50%
Zinc (as Zinc Acetate)	25 mg	50%
Selenium (as Selenium Amino Acid Chelate)	200 mcg	400%
STRENGTHENING COMPLEX	250 mg	
<small> Saw Palmetto Fruit CO₂ Extract (45% Fatty Acids, Hydroxytyrosol, Marine Collagen Type I & III, Boswellia® Amlongin® (Boswellia and Leaf) Extract (20% Boswellin), 60:40 95% Boswellia® Curcumin (Boswellia Extract (95% Total Curcuminoid Complex), Full Spectrum Herb Extract (20% Triterpenoid Saponin Complex), Myricetin Acid </small>		
NUTRAFOL® BLEND	675 mg	
<small> L-Cysteine, L-Serine, L-Methionine, Norepinephrine and Leaf Extract, Japanese Knotweed (Root) Extract (20% Resveratrol), Redroot Knapweed, Black Pepper (Fruit) Extract (95% Piperine), Capsicum Fruit Extract (20% Capsaicinoids) </small>		

OTHER INGREDIENTS: Vegetable Cellulose Capsules (Hydroxypropylmethylcellulose, Organic Rice Hulls).
CONTAINS: Fish (Sardine Oil, Mackerel, Pollock).
MANUFACTURED FOR: Nutrafol, Inc. (Nutrafol.com)



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DECREASED SCALP COVERAGE

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Clinically effective



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Get results in 3-6 months

RECOMMENDED USAGE

+

VISIBLE BENEFITS FOR MEN

-

Fuller hair and scalp coverage¹

Visibly thicker hair volume¹

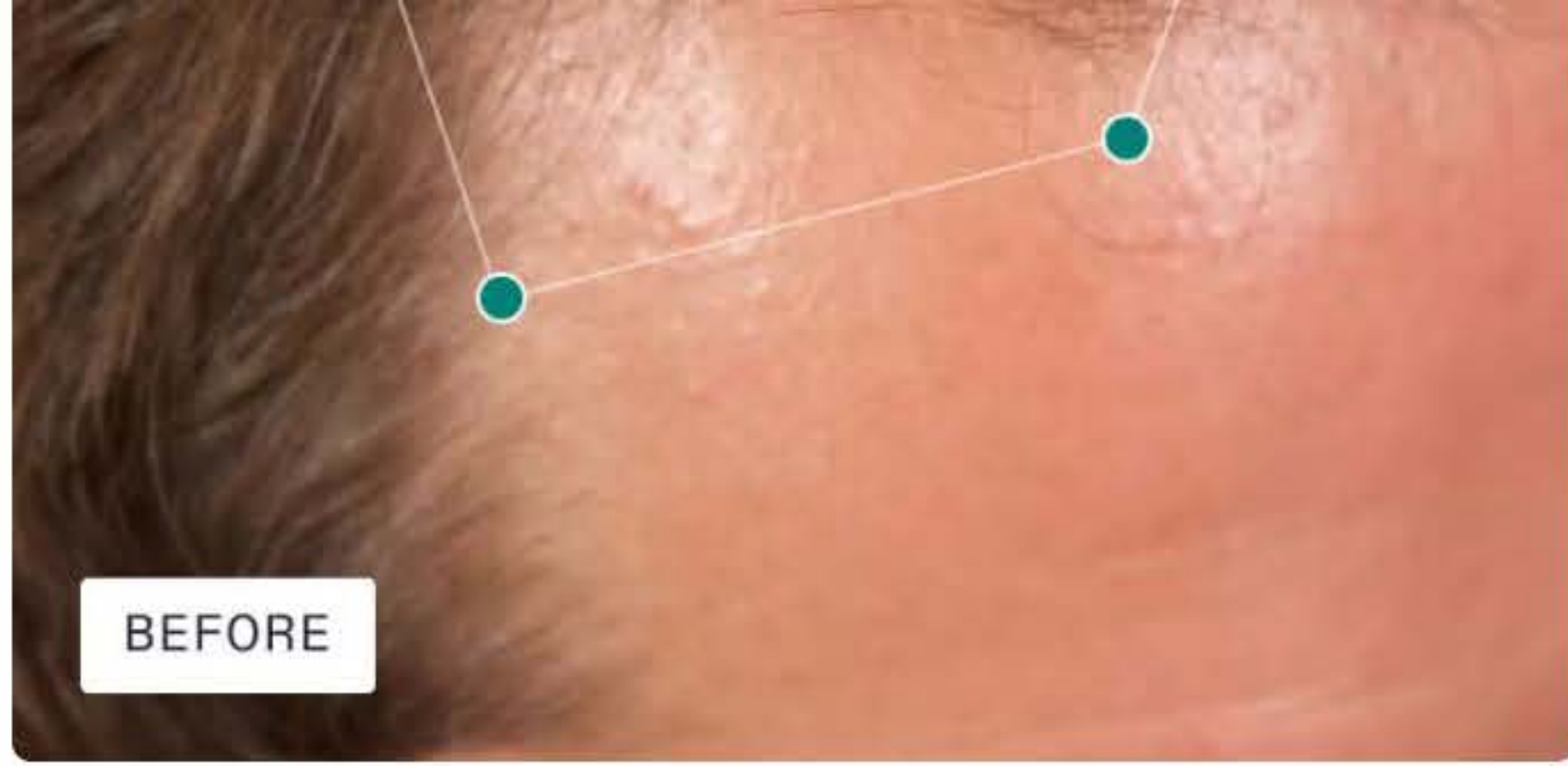
Hair that grows faster and stronger¹

Less stress & better sleep²

Does not compromise sexual performance^{3,4}

FORMULATED WITHOUT

+



Supplement Facts

Serving Size: 4 Capsules
Serving Per Container: 30

	AMOUNT PER SERVING	%DV
Vitamin A (as Beta-Carotene)	15000 IU (1500 mcg RAE)	617%
Vitamin C (as Calcium Ascorbate)	80 mg	67%
Vitamin D (as Cholecalciferol)	2500 IU (62.5 mcg)	312%
Vitamin E (as d-Alpha-Tocopherol)	3.5 mg	23%
Biotin (D-Biotin)	3000 mcg	10000%
Inositol (as Inositol Hexanic Diacetate)	250 mg	50%
Zinc (as Zinc Acetate)	25 mg	227%
Selenium (as Selenium Amino Acid Chelate)	200 mcg	364%
SYNERGEN COMPLEX*	1720 mg	100%
<small>*Zinc Palmitate, Zinc D-Glucosamine, Zinc L-Alanine, Hydroxyethyl Methacrylate, Type I & II, Biotin, Ashwagandha (Root and Leaf) Extract (10% Withanolides), EGCG (with Bio-Complex), Curcumin (Phenolic Extract 95% Total Curcuminoid Complex), Full Spectrum Peptide Extract (20% Transaminase, Receptor Complex), Hyaluronic Acid.</small>		
NUTRAFOL BLEND	876 mg	100%
<small>L-Cysteine, L-Serine, L-Methionine, Horsetail (Stem and Leaf) Extract, Japanese Knotweed (Rhizome Extract 90% Resveratrol), Reishi (Mushroom), Black Pepper (Fruit) Extract (90% Piperin), Calcium (Fruit) Extract (2% Capsaicinoids).</small>		

*Daily Value (DV) not established.



EARLY SIGNS OF HAIR THINNING

EXCESS SHEDDING
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Clinically effective



Natural, medical-grade ingredients



Get results in 3-6 months

RECOMMENDED USAGE +

VISIBLE BENEFITS FOR MEN +

FORMULATED WITHOUT -

Gluten, dairy, soy, hormones, drugs, artificial additives. Non-GMO.



	GROW WITHOUT COMPROMISE**	MULTI-TARGETED	DRUG-FREE	BIO-OPTIMIZED ⓘ	PATENTED	DOESN'T IMPACT SEX DRIVE
NUTRAFOL MEN		✓	✓	✓	✓	✓
OTHER PRODUCTS		—	FEW	—	FEW	FEW

THINNING HAIR DOESN'T HAVE TO BE YOUR DESTINY.

There's more to men's thinning hair than genetics alone. Our patented, drug-free technology effectively targets 6 root causes that can trigger hair thinning and activate genetic predisposition.

01 • HORMONES

02 • STRESS

03 • LIFESTYLE

04 • METABOLISM

05 • NUTRITION

06 • AGING



Genetic predisposition can increase your sensitivity to DHT (dihydrotestosterone), a hormone known to cause hair follicles to shrink—leading to progressive hair thinning.

AT THE FOLLICLE / IN THE BODY

01 • HORMONES

02 • STRESS

03 • LIFESTYLE

04 • METABOLISM

05 • NUTRITION

06 • AGING



AT THE FOLLICLE / IN THE BODY

A demanding or active lifestyle can lead to chronic stress, a root cause shown to make hair follicles shift from a growth state to a rest state. If not addressed, the follicle receives a signal to prematurely stop growing, compromising your hair health and resulting in excess shedding.

01 • HORMONES

02 • STRESS

03 • LIFESTYLE

04 • METABOLISM

05 • NUTRITION

06 • AGING



Through a process called oxidative stress, lifestyle triggers—like sweating, a poor diet, and alcohol consumption—damage the hair follicles and weaken their ability to produce and grow hair.

AT THE FOLLICLE / IN THE BODY

01 • HORMONES

02 • STRESS

03 • LIFESTYLE

04 • METABOLISM

05 • NUTRITION

06 • AGING



Changes in metabolism—whether from diet, inflammation, or aging—leave your body with less energy to power healthy hair growth.

AT THE FOLLICLE / IN THE BODY

01 • HORMONES

02 • STRESS

03 • LIFESTYLE

04 • METABOLISM

05 • NUTRITION

06 • AGING



The body requires nourishment via proper nutrients—nutrients that power the hair follicle and are needed to build hair. These can be depleted by a poor diet or microbiome imbalance, affecting the hair's strength and overall health.

AT THE FOLLICLE / IN THE BODY

01 • HORMONES

02 • STRESS

03 • LIFESTYLE

04 • METABOLISM

05 • NUTRITION

06 • AGING




AT THE FOLLICLE / IN THE BODY

The aging process is an unavoidable part of life and, starting in our 20s, we begin to notice its effects. By age 50, we lose up to 30% of our collagen. As it pertains to hair, aging can cause hair thinning, excess shedding, as well as affect the overall health of hair.

OUR TECHNOLOGY

NUTRACEUTICALS WORK HARDER FOR YOUR HAIR.

Learn more about our seriously powerful
supplements.





NUTRAFOL MEN'S HAIR GROWTH
NUTRACEUTICAL

MULTI-TARGETED

While many hair growth solutions target just one cause of thinning, our Men's Hair Growth Nutraceutical addresses multiple internal imbalances that affect hair health.





NUTRAFOL MEN'S HAIR GROWTH
NUTRACEUTICAL

STANDARDIZED + MEDICAL-GRADE

We extract our ingredients from the most concentrated, potent parts of each plant—and ensure you get the same amount of active phytonutrients in every pill.





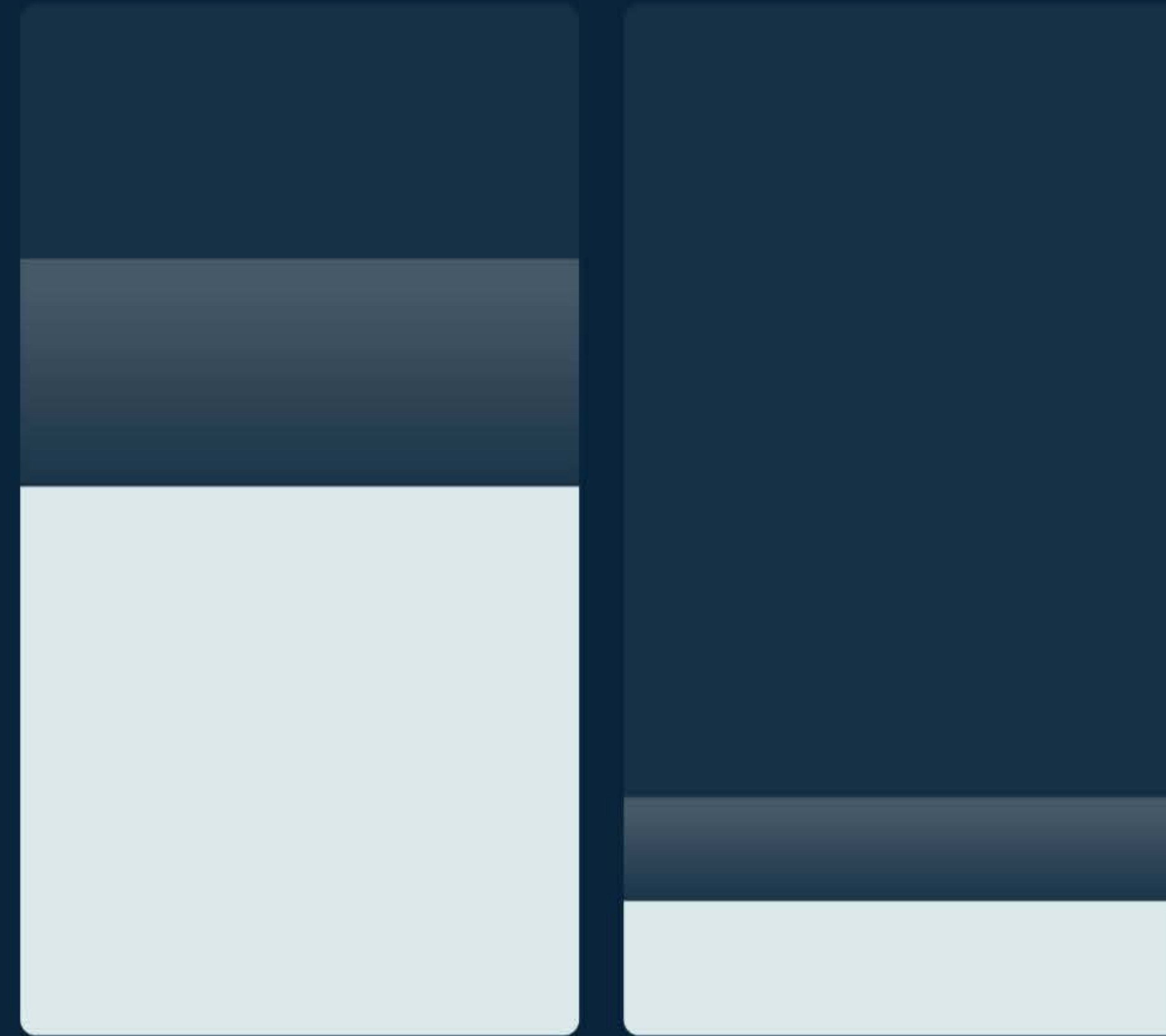
NUTRAFOL MEN'S HAIR GROWTH
NUTRACEUTICAL

BIO-OPTIMIZED

Our ingredients are more easily recognized and absorbed by the body—improving their efficacy.

The bio-optimized ingredients in Nutrafol Men absorb more quickly and efficiently into your bloodstream, providing your body more time to use the phytoactives that support hair growth and thickness, naturally.

ABSORPTION LEVEL TIMELINE



NURAFOL MEN

OTHER PRODUCTS

TIME



NUTRAFOL MEN'S HAIR GROWTH
NUTRACEUTICAL

PATENTED

Featuring Synergen Complex®, a proprietary blend of ingredients formulated in unique ratios to effectively address root causes of hair thinning in men.

SAW PALMETTO



>45% FATTY ACIDS

MARINE COLLAGEN
PEPTIDES



HYDROLYZED TO
3000 DALTONS

ASHWAGANDHA



10% WITHANOLIDES

CURCUMIN



95%
CURCUMINOIDS

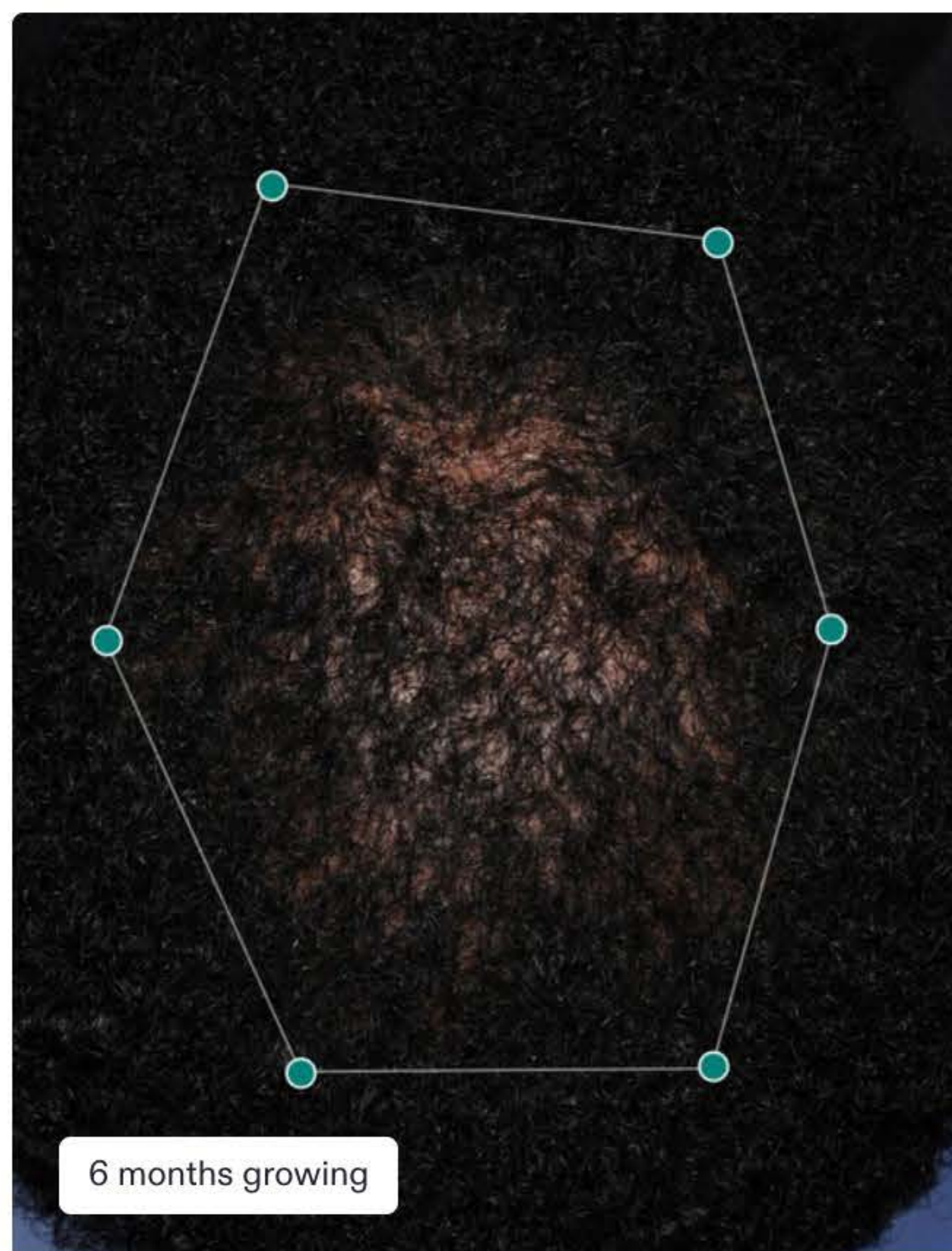
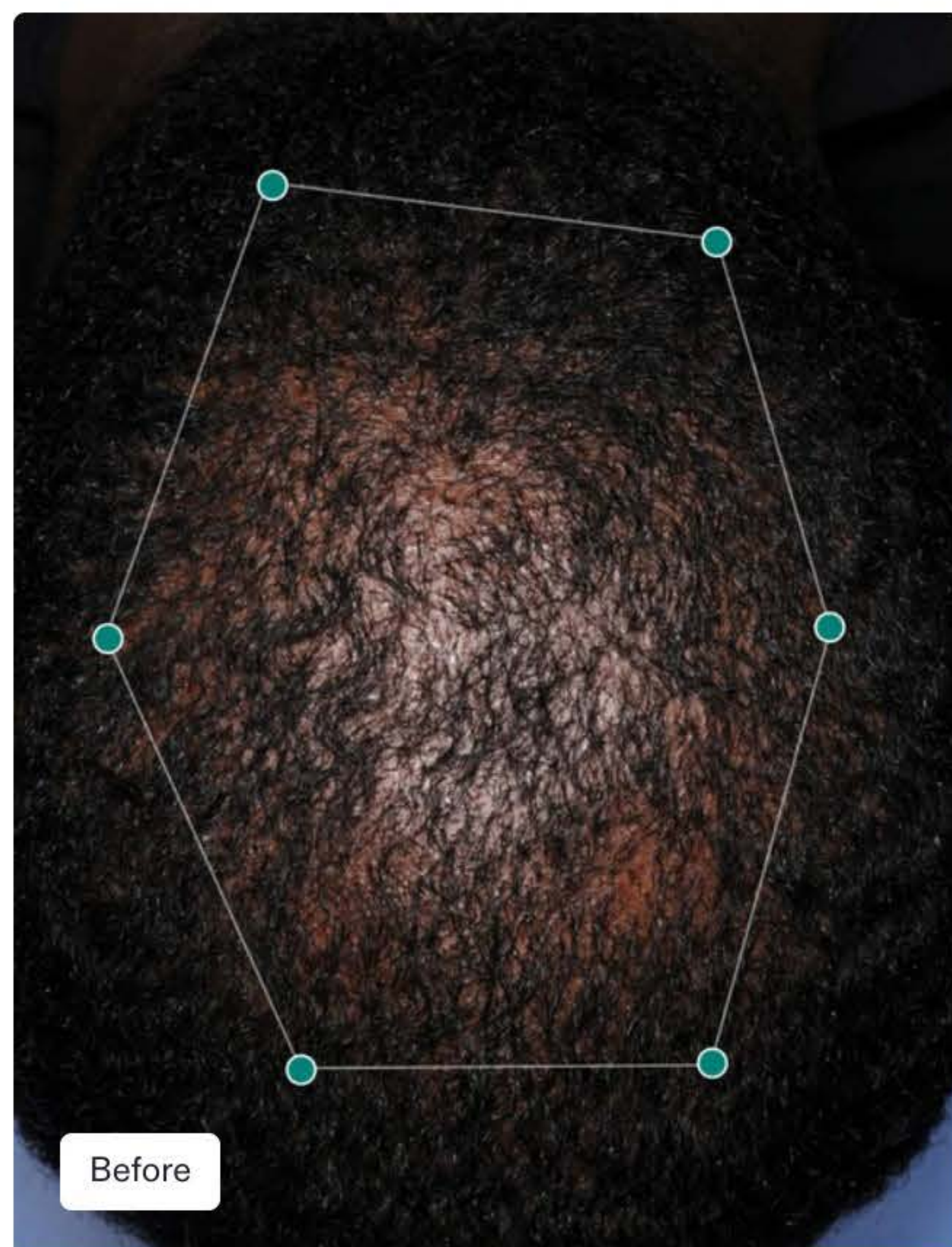
TOCOTRIENOL
COMPLEX



20% TOCOTRIENOL
/TOCOPHEROLS

REAL MEN. REAL RESULTS.

[SEE ALL RESULTS →](#)



LAWRENCE, 31

“My hair thinning was very noticeable. Thanks to Nutrafol, I now have healthier-looking hair.”

SCALP COVERAGE

HAIR GROWTH

THICKNESS



1-2 Months

Vitamins and minerals are hard at work beneath the surface, nourishing your body and strengthening your hair follicles. Meanwhile, your stress levels are going down and you're likely getting more restful sleep. It's a win-win, honestly.

3-4 Months

As your body comes into balance, your hair reaps the benefits. Think less hair shedding, more fullness, and improvement in hair quality.

5-6 Months

As the hair growth cycle lengthens—you'll notice visibly thicker, healthier hair with more scalp coverage.

6+ Months

It's all about continuing to manage your root causes for maximum results, like visible scalp coverage, reduced shedding, and improved growth over time.

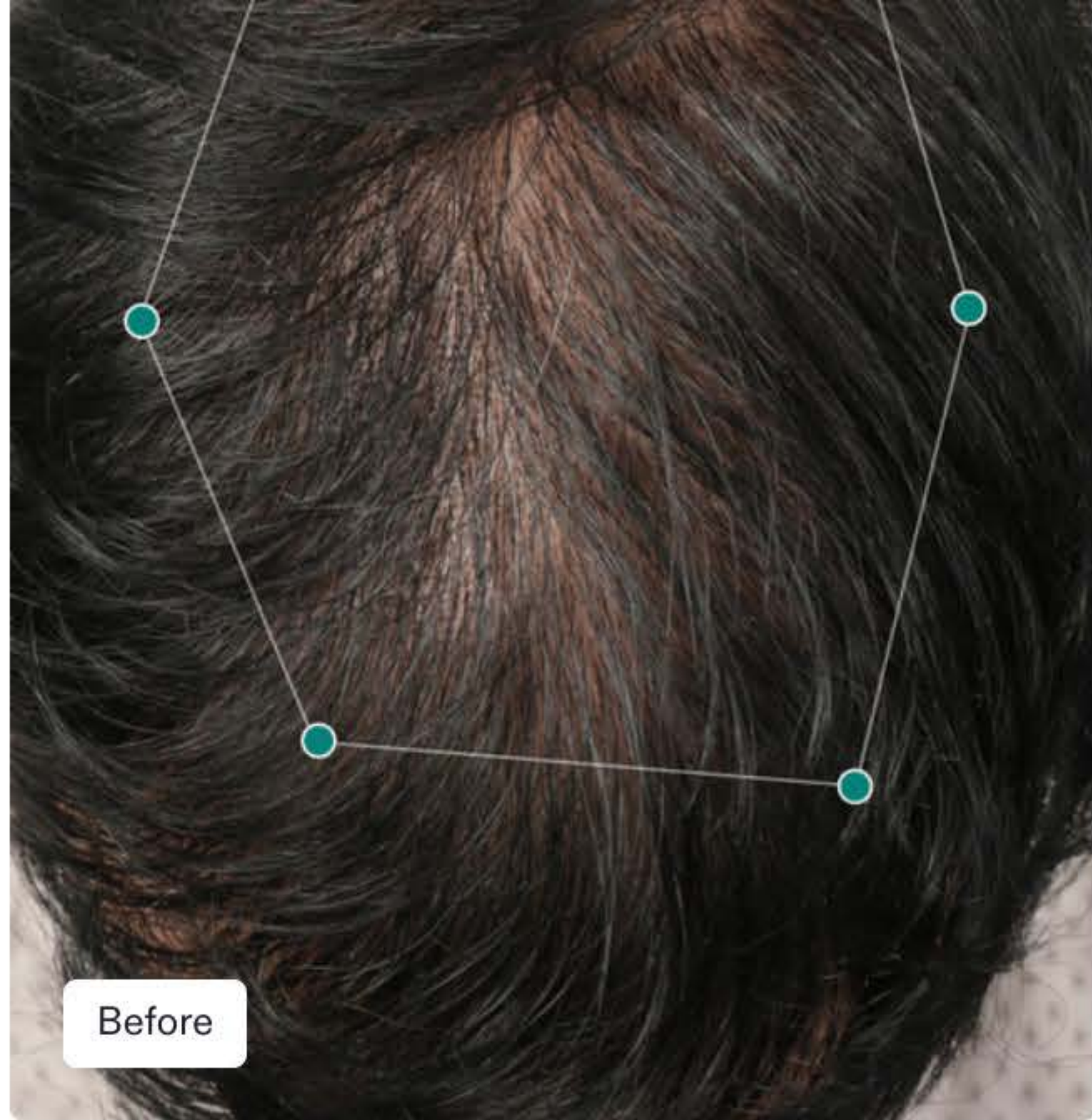
IN A CLINICAL STUDY,
MEN SAW STRONGER, THICKER, FASTER HAIR
GROWTH AFTER 6 MONTHS.¹

84%

OF MEN EXPERIENCED
IMPROVED HAIR QUALITY.¹

72%

SAW IMPROVEMENTS IN SCALP
COVERAGE AFTER 6 MONTHS.¹



MUSTAFA, 28

“I’ve seen a huge increase in density and fullness in my hair.”

HAIR GROWTH

THICKNESS

STRENGTH



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3-4 Months

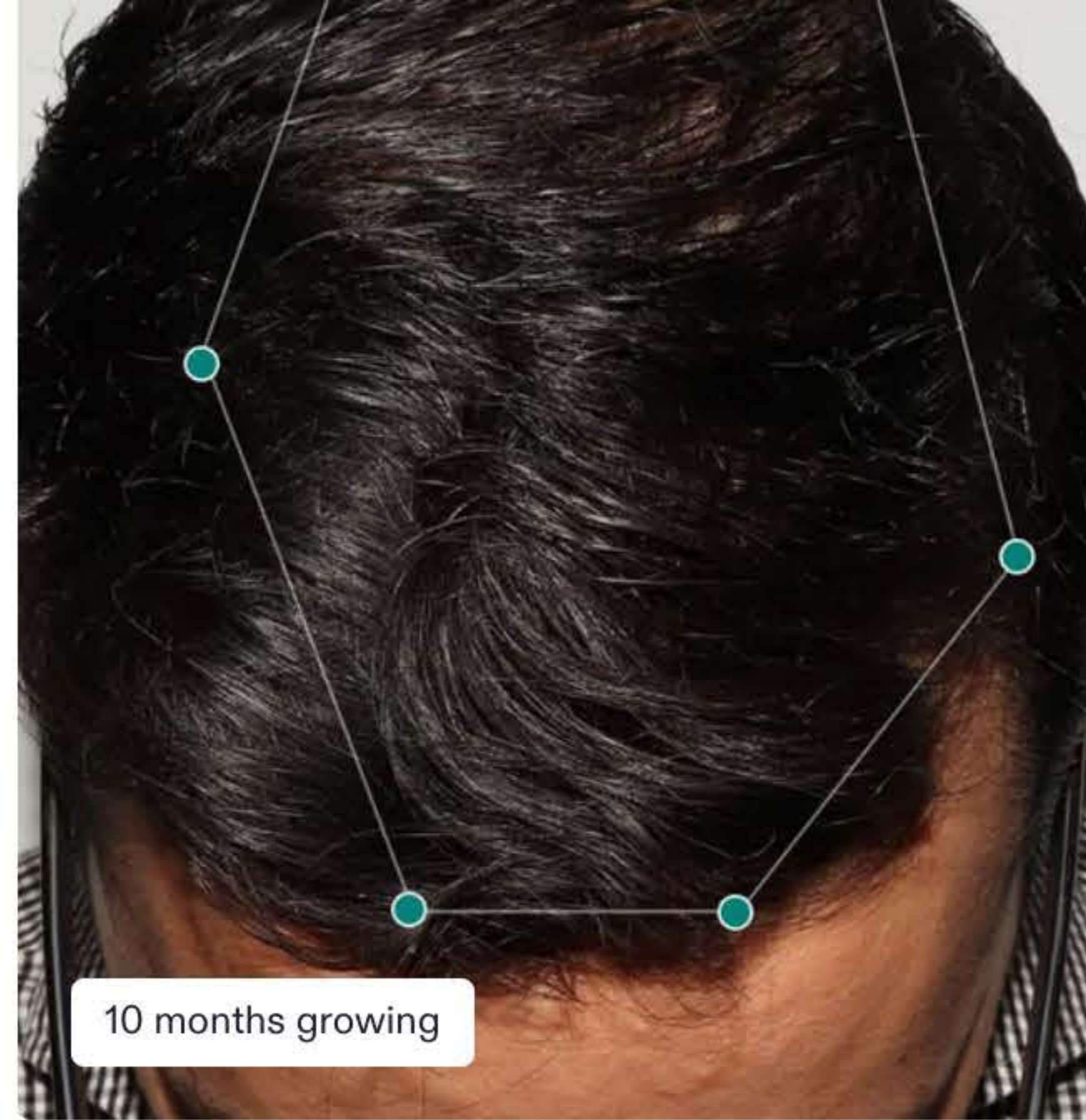
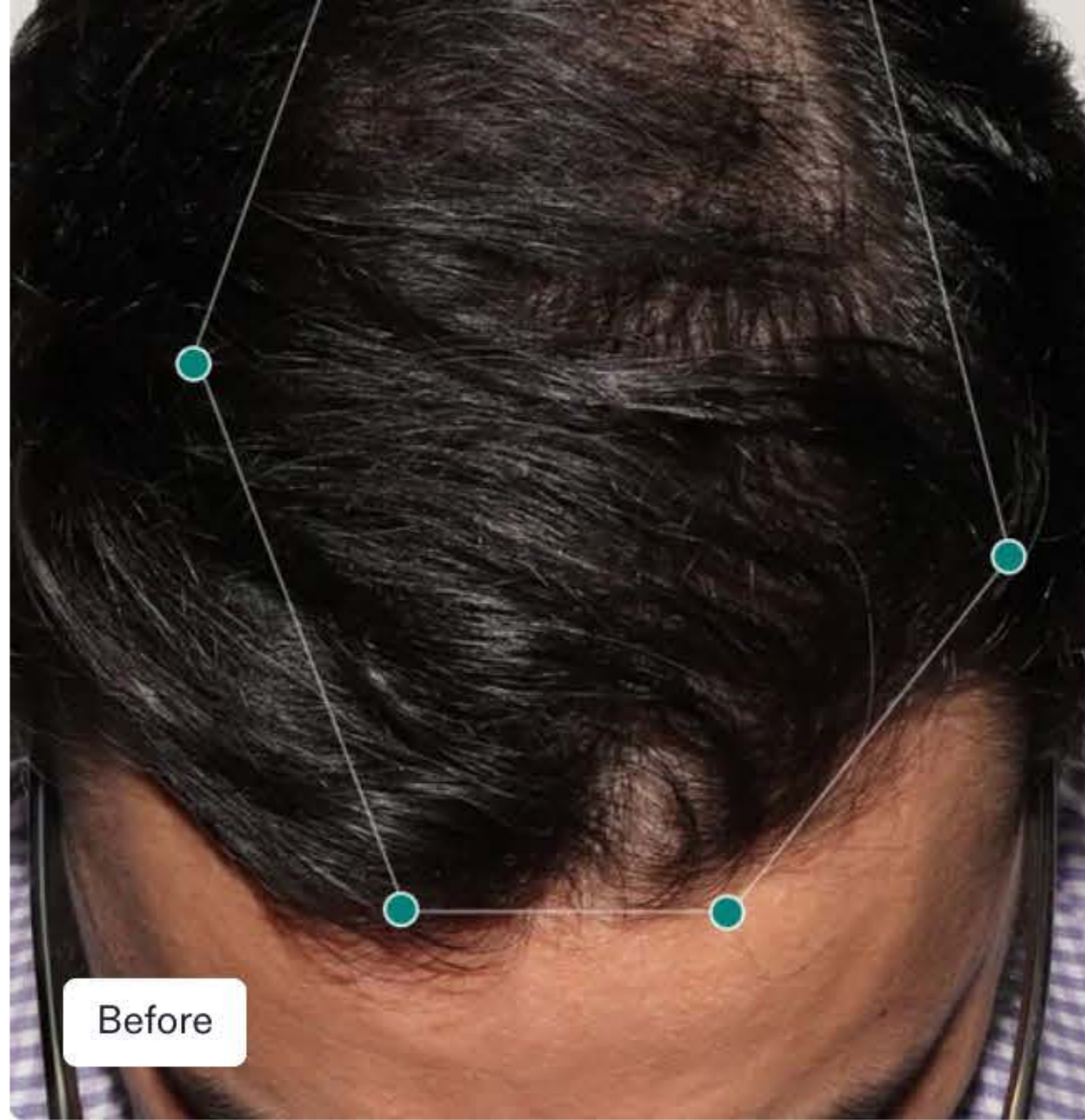
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6+ Months

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AMAAN, 42

“I noticed the ingredients in Nutrafol improved the texture and fullness of my hair.”

HAIR GROWTH

THICKNESS

STRENGTH



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WE'RE SERIOUS ABOUT HAIR GROWTH. ASK AWAY.

[SEE ALL FAQs →](#)

HOW LONG DO I HAVE TO TAKE NUTRAFOL HAIR SUPPLEMENTS? -

While the ingredients in Nutrafol are essential for healthy hair growth, making lifestyle changes to target your root causes is equally as important. You'll see the best and most consistent results by combining Nutrafol with small changes to your daily routine that address stress, nutrition, environmental exposures, and other key triggers of poor hair health.

ARE THERE SEXUAL SIDE EFFECTS FROM NUTRAFOL HAIR GROWTH SUPPLEMENTS? +

DOES NUTRAFOL HELP GENETIC HAIR THINNING? +

HOW ARE NUTRAFOL HAIR GROWTH FORMULAS DIFFERENT FROM BIOTIN AND OTHER HAIR VITAMINS, MINERALS, AND COLLAGEN SUPPLEMENTS? +

WHERE ARE YOUR MEN'S CLINICAL STUDIES? +

CAN NUTRAFOL HELP MEN'S HAIR GROW FASTER? +

WHAT CAUSES HAIR THINNING IN MEN? +

ARE THERE SEXUAL SIDE EFFECTS FROM NUTRAFOL HAIR GROWTH SUPPLEMENTS? -

No, and we'd go back to the drawing board if it did! In fact, part of the inspiration behind Nutrafol was that one of our founders was seeking an alternative solution for his own hair growth issues after experiencing years of sexual dysfunction caused by other therapies. You can rest assured that Nutrafol hair growth supplements is made with 100% drug-free, natural, medical-grade ingredients that improve hair growth without compromising sexual performance. Bonus: One of our key ingredients, Saw Palmetto, has been shown to support healthier libido in men.

DOES NUTRAFOL HELP GENETIC HAIR THINNING?

While we can't change your genetics, we can support your body and buffer the effects of dihydrotestosterone (DHT)—the primary hair-damaging hormone that triggers hair thinning in genetically predisposed individuals. Saw Palmetto, an ingredient in Nutrafol, is a high concentration of fatty acids that reduces the conversion of testosterone to DHT to help improve hair growth.

HOW ARE NUTRAFOL HAIR GROWTH FORMULAS DIFFERENT FROM BIOTIN AND OTHER HAIR VITAMINS, MINERALS, AND COLLAGEN SUPPLEMENTS?

Nutrafol Nutraceuticals make hair growth as simple as possible by combining all of the natural, bio-optimized ingredients needed for healthy hair into one daily, clinically effective dose. Vitamins and minerals like Biotin, Zinc, and Marine Collagen are important because they provide the necessary nutrients for healthy hair. However, hair growth depends on whole-body health—which is why our formulas contain other powerful ingredients that help bring your body into balance. Think of it like watering a plant in sick soil; it doesn't matter how much you water it if the roots are in an unhealthy environment. It's the same with a hair follicle—if you don't address the underlying root causes of compromised hair health, the follicle is unlikely to absorb and use the nourishment.

WHERE ARE YOUR MEN'S CLINICAL STUDIES?

-

You can view the results of our clinical study on our [results page](#).

CAN NUTRAFOL HELP MEN'S HAIR GROW FASTER?

-

Yes, our Hair Growth Nutraceutical for men is clinically shown to promote visibly fuller, faster-growing hair in 3 to 6 months of consistent use.

WHAT CAUSES HAIR THINNING IN MEN?

-

There's more to men's thinning hair than genetics alone. Our patented, drug-free technology effectively targets 6 root causes that can trigger hair thinning and activate genetic predisposition—hormones, stress, lifestyle, metabolism, nutrition, and aging.

WE'RE HERE FOR YOU.

Chat with our customer support team.
Monday - Friday 10am to 4pm (EST).

[START CHAT →](#)

You can text or call us at:

[\(888\) 454-3320](tel:(888)454-3320)

Or reach us via email at:

SUPPORT@NUTRAFOL.COM

OUR SERVICE.

More than a supplement subscription, we're committed to supporting you as you grow.

[MORE ABOUT OUR SERVICES →](#)

*According to IQVIA Provoice survey for 12 months ending March 31, 2022.

**Comparison based on men's specific hair growth products.

1. Stephens T. et al., JCAD 2022. 2. Auddy B HJ. JANA. 2008. 3. Zlotta, A.R. Eur Urol, 2005. 4. Pytel, Y.A. Advanced Therapeutics, 2002.



The #1 dermatologist-recommended hair growth supplement brand.

Nutrafol® is built on a science-backed approach to whole-body wellness and hair health. Our products are clinically tested and physician-formulated to support different bio-specific needs during various life stages and lifestyles so that you can grow into the best version of yourself.

Our Patent

Nutrafol® is a registered trademark of Nutraceutical Wellness, Inc.
Synergen Complex® is a registered trademark of Nutraceutical Wellness Inc.
U.S. Patent Nos. 11,213,478, 10,709,659 and 10,688,037.

Hair Wellness

[Proactive Thinning](#)

[Hairline Defender](#)

[Full Support](#)

[The Science](#)

[Ingredients](#)

[Results](#)

[FAQ](#)

Company

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