MEN

FAQ



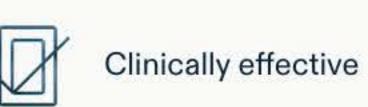




A clinically effective hair growth system designed to address all-over hair thinning and excess shedding in men from both the inside and out. Improve visible scalp coverage and hair thickness with our Nutraceutical, featuring medical-grade, drug-free ingredients to multi-target root causes of thinning from within, and our revolutionary Growth Activator Hair Serum to boost cell renewal directly at the scalp.¹⁻³

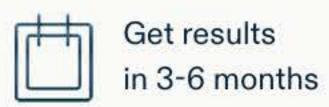
Choose a Delivery Schedule:

\$141 MONTHLY DELIVERY SAVE 10%
\$157 A 1-month supply each month + free doctor consults.
Pause or cancel subscription anytime.







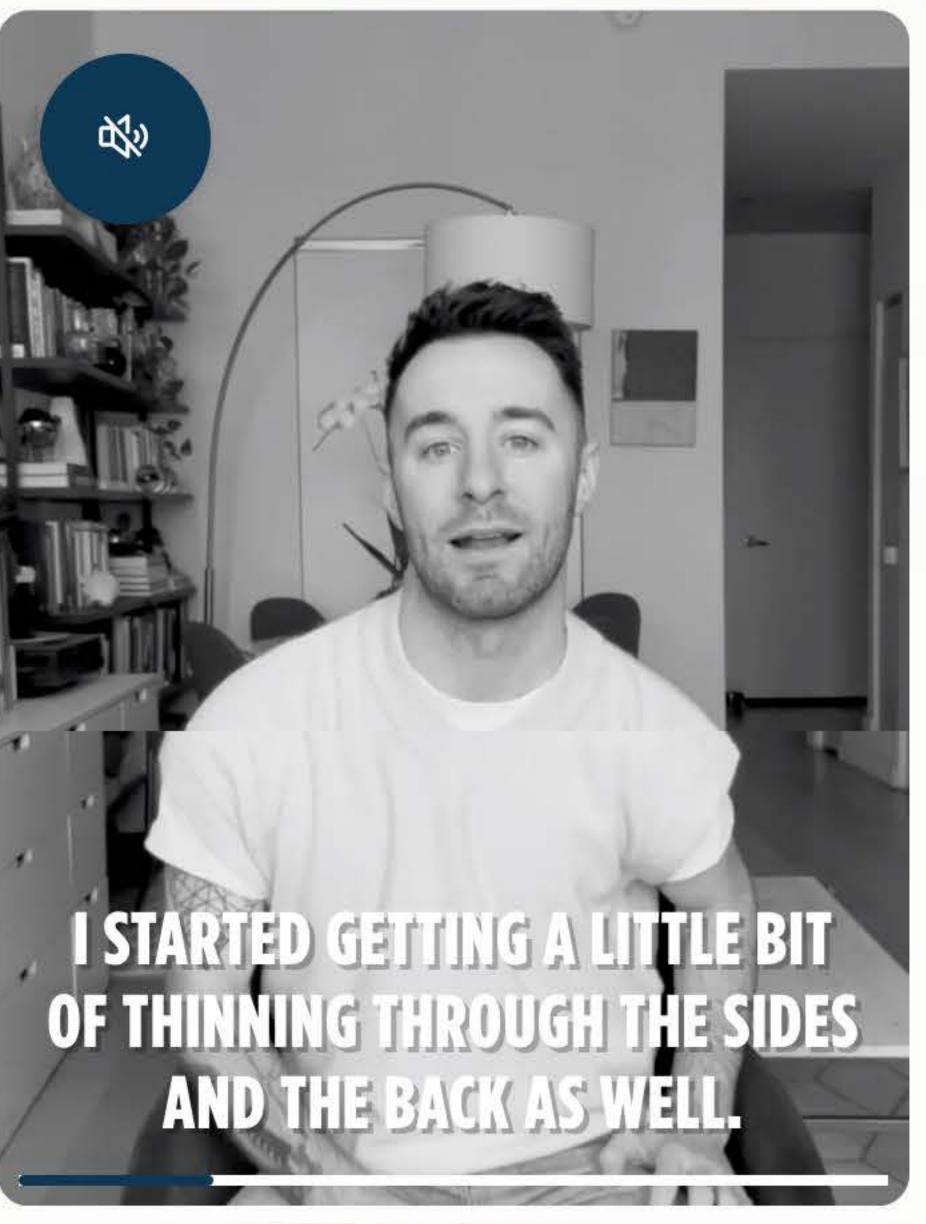






Our advanced approach harnesses the power of natural ingredients to deliver serious hair growth results without drugs.







FULLER, FASTER-GROWING HAIR IS YOURS

In a clinical study, men saw stronger,

saw improvement in hair

quality after 6 months on

saw healthier hair after 30

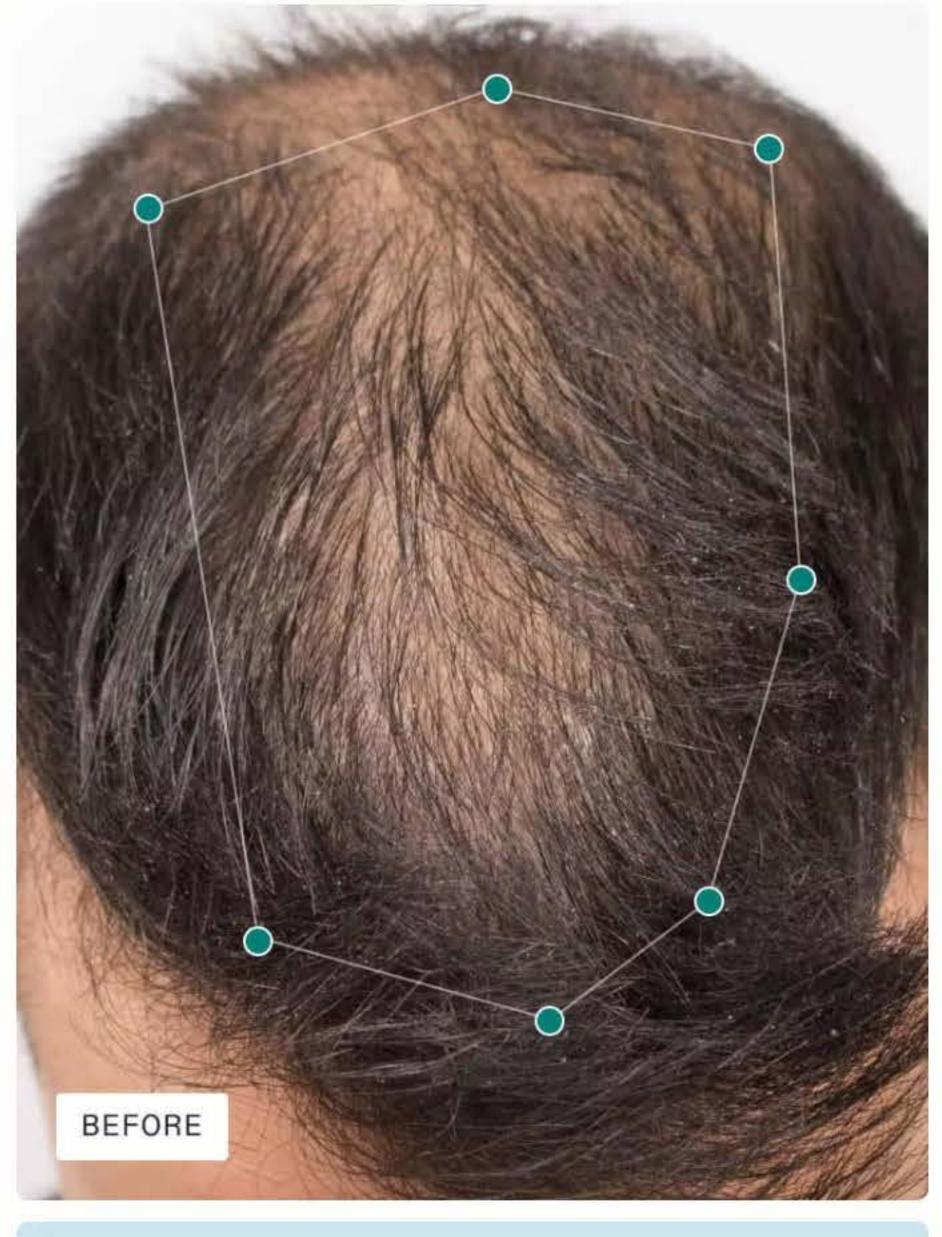
days of Growth Activator

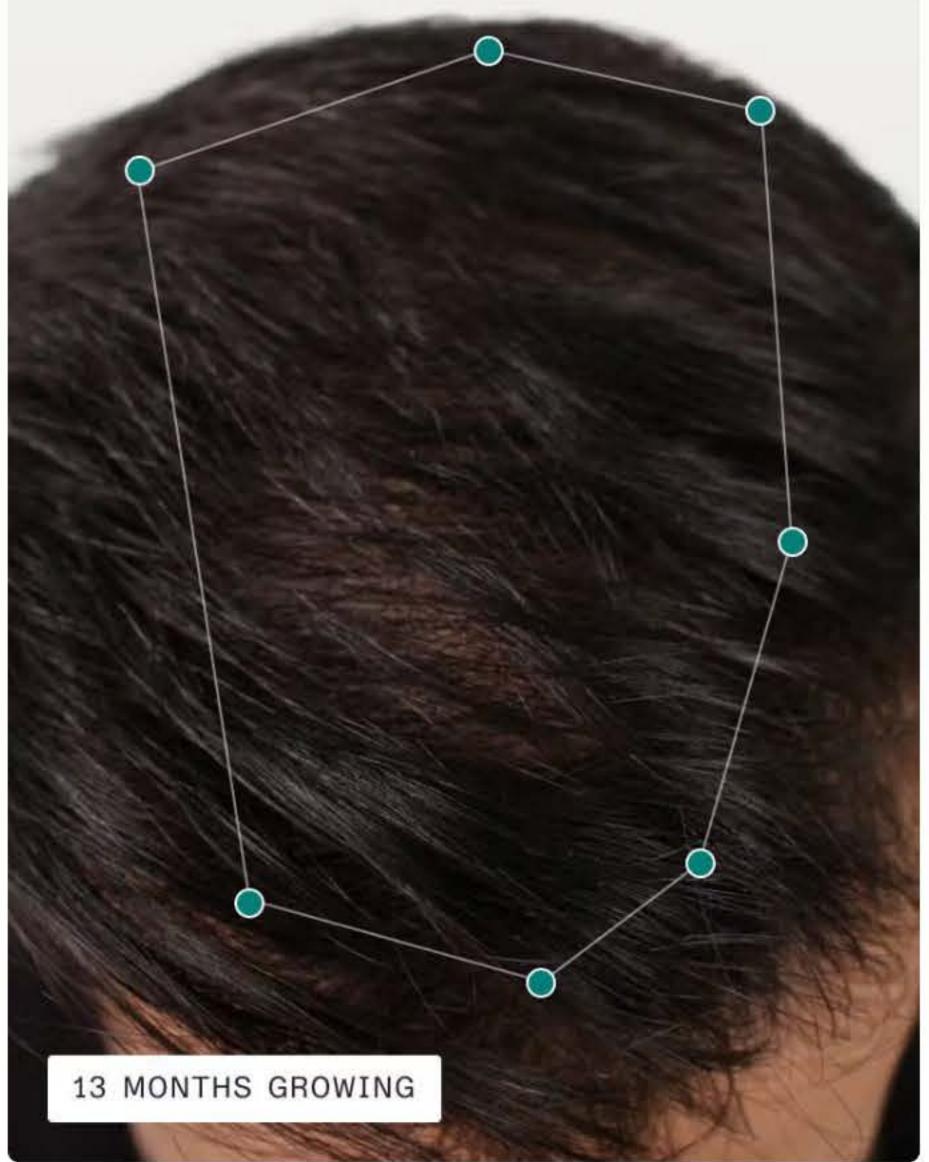
Nutrafol Men.¹

thicker, faster hair growth after

FOR THE TAKING.

6 months.¹







Section dry or damp hair with the dropper tip.



Apply serum to scalp, using enough to lightly cover the areas of concern.



Massage with fingertips. Do not rinse.





FULL SUPPORT

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Choose a Delivery Schedule:

\$141

MONTHLY DELIVERY

SAVE 10%

A 1-month supply each month + free doctor consults. Pause or cancel subscription anytime.

ADD TO CART

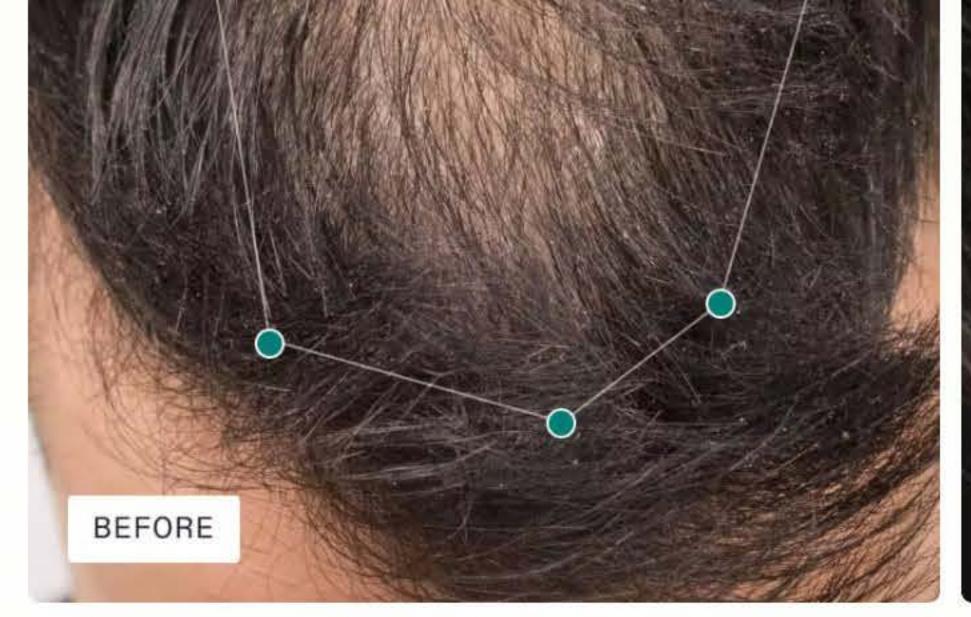




Natural, medicalgrade ingredients



Get results in 3-6 months







2

Apply serum to scalp, using enough to lightly cover the areas of concern.

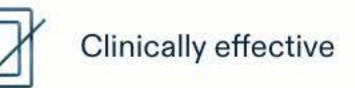


Massage with fingertips.

Do not rinse.



ADD TO CART



Natural, medicalgrade ingredients



Get results in 3-6 months

RECOMMENDED USAGE

Once daily, and with a meal, take 4 capsules of your Nutraceutical—an efficacious dosage that contributes to visible results in 3-6 months. Tear open the Nutraceutical refill pouch and pour the contents into the reusable jar once empty.

Apply Growth Activator Hair Serum directly to your scalp, once daily, while sectioning hair with the dropper tip. Use enough serum to lightly cover the areas of concern. Massage with fingertips. Do not rinse.

VISIBLE BENE	EFIIS FOR MEN		
FORMULATED	WITHOUT		

WHAT'S INSIDE +





Apply serum to scalp, using enough to lightly cover the areas of concern.



Massage with fingertips.

Do not rinse.



RECOMMENDED USAGE VISIBLE BENEFITS FOR MEN Fuller hair and scalp coverage¹ Visibly thicker hair volume¹ Hair that grows faster, stronger¹ Less stress & better sleep⁴ Does not compromise sexual performance^{5,6} Ashwagandha Exosomes boost cell renewal directly at the scalp³ FORMULATED WITHOUT WHAT'S INSIDE



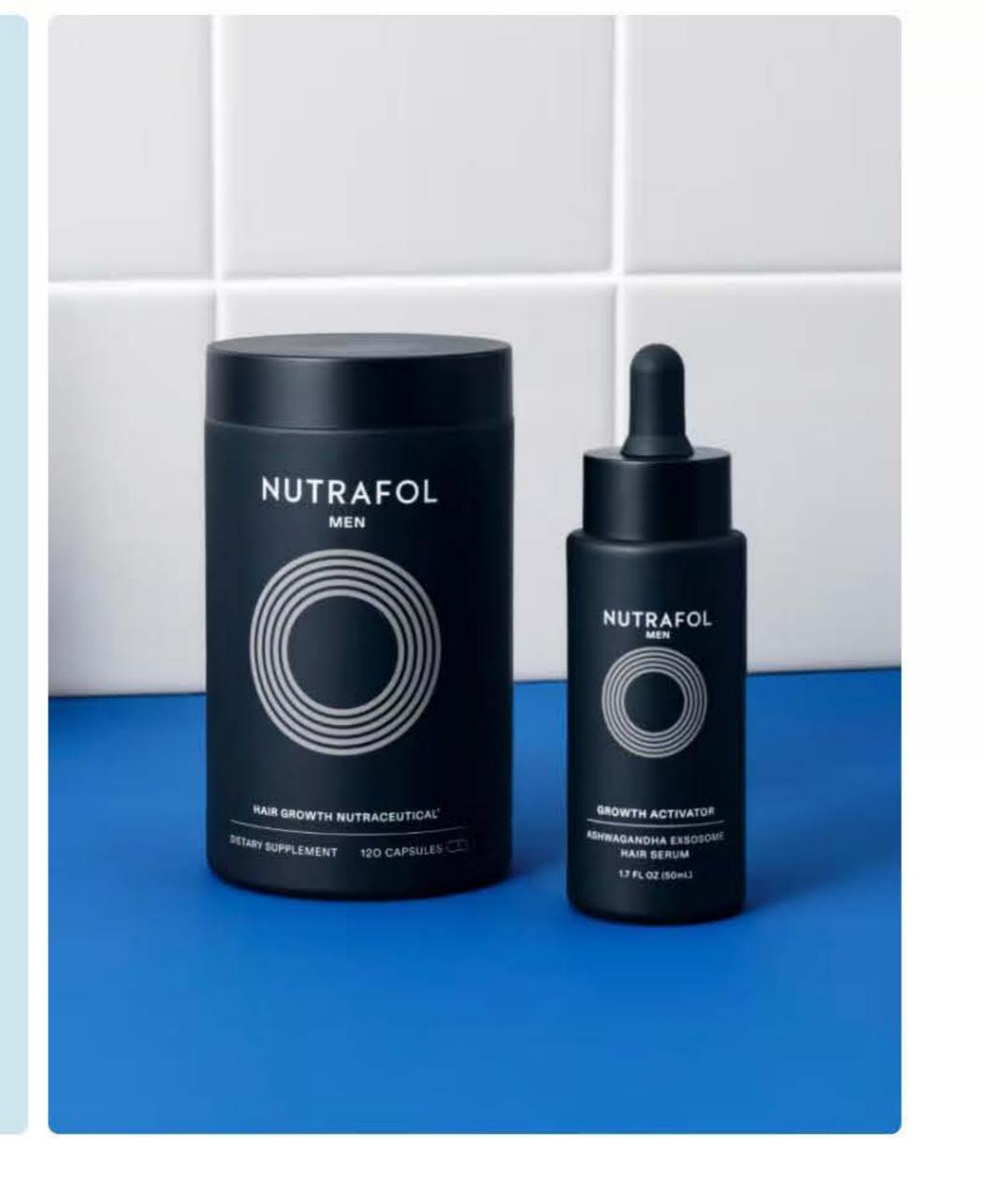
2

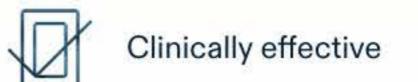
Apply serum to scalp, using enough to lightly cover the areas of concern.

3

Massage with fingertips.

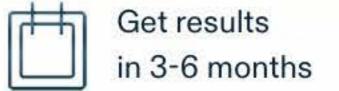
Do not rinse.







Natural, medicalgrade ingredients



RECOMMENDED USAGE	+
VISIBLE BENEFITS FOR MEN	+
FORMULATED WITHOUT Gluten, dairy, soy, hormones, drugs, artificial additives. Non-GMO.	-
WHAT'S INSIDE	+



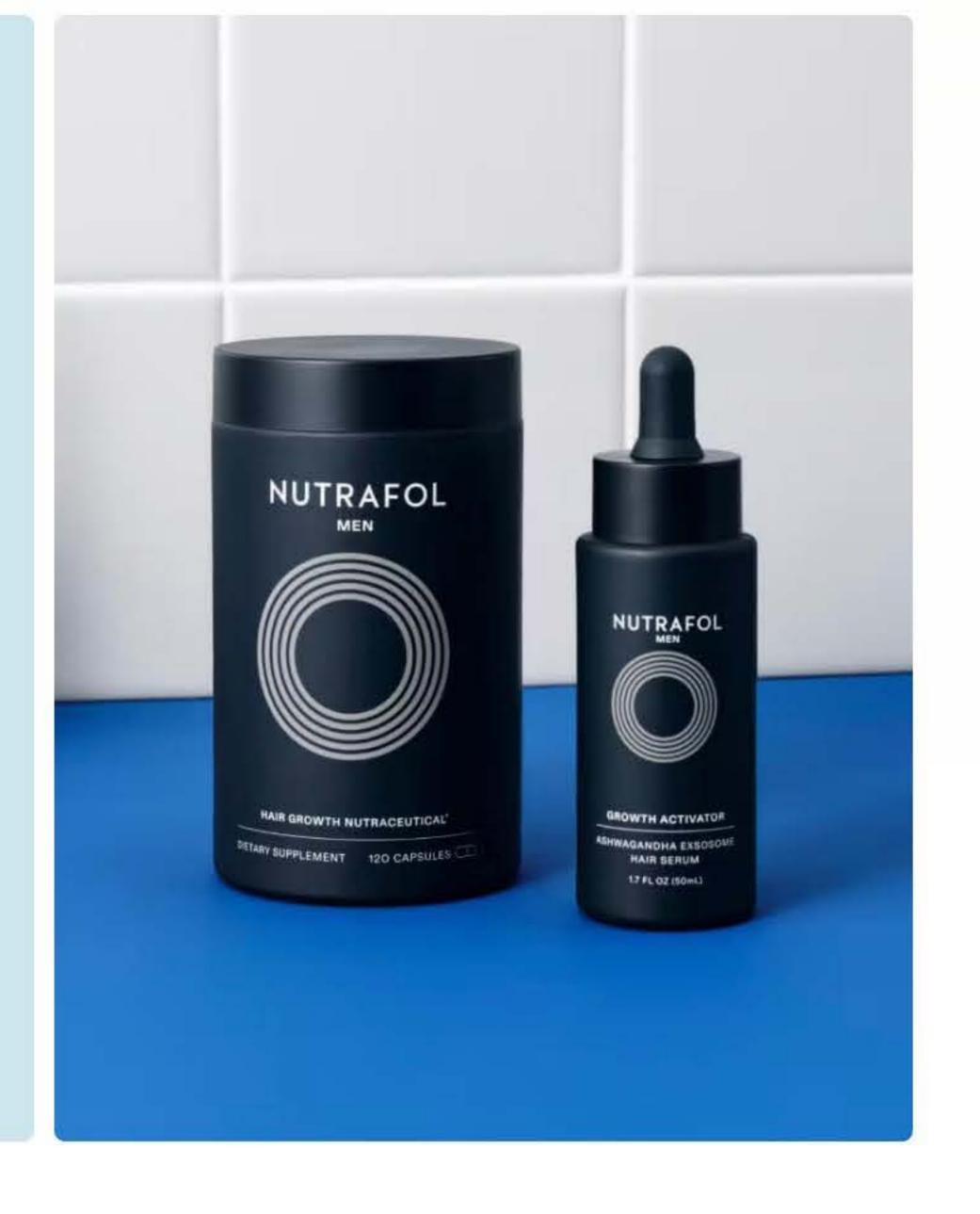
2

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3

Massage with fingertips.

Do not rinse.



VISIBLE BENEFITS FOR MEN

FORMULATED WITHOUT

WHAT'S INSIDE



Men's Hair Growth Nutraceutical

Improves hair growth with visibly more thickness and scalp coverage by targeting multiple root causes of thinning from within.¹

VIEW SUPPLEMENT LABEL

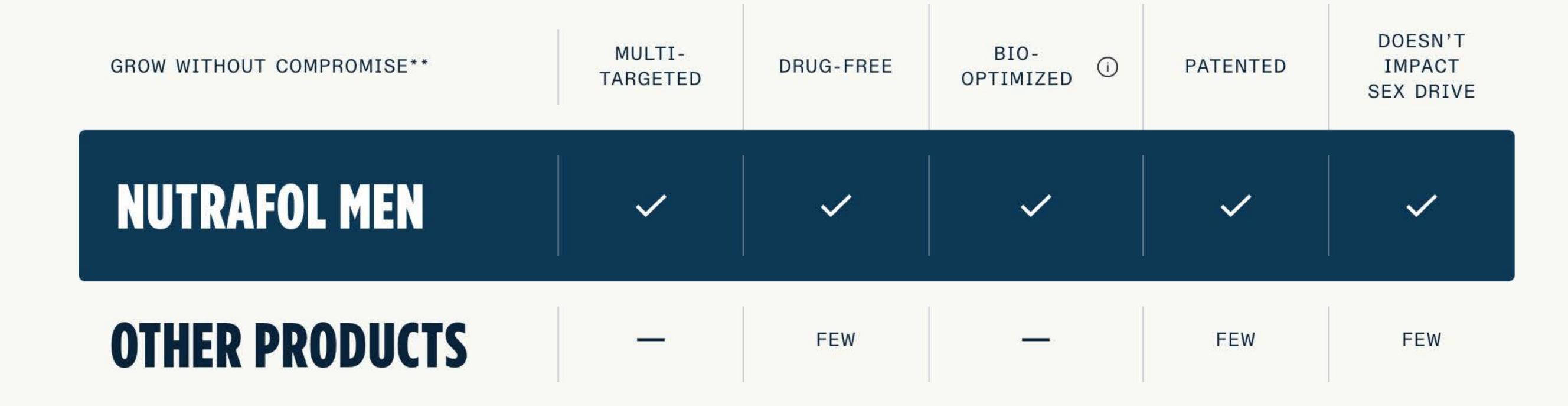


Growth Activator Hair Serum

Powered by Ashwagandha Exosomes, an advanced technology that delivers living plant material directly to the scalp to boost cell renewal for visibly thicker, stronger hair. 2,3,7

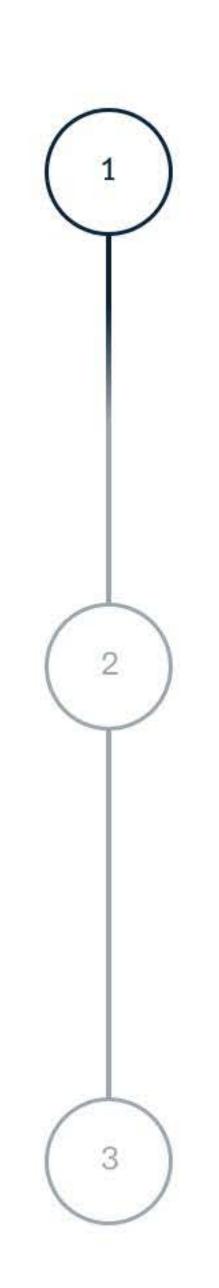
VIEW INGREDIENTS





TACKLE THINNING HAIR FROM EVERY ANGLE.





WHAT IS HAPPENING

All-over hair thinning, more visible scalp, and excess shedding are a result of underlying imbalances in the body, plus external factors that strain the scalp.

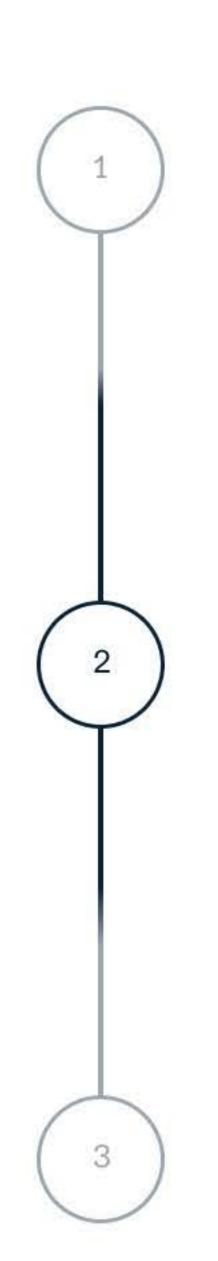
THE SCIENCE

All-over hair thinning is triggered by hormonal imbalances, nutrient deficiencies, stress, aging, lifestyle habits, and metabolism—all of which can shorten the hair growth phase, delay new growth, and cause new hair to grow thinner. External aggressors further compromise the integrity of your scalp causing a poor environment for hair growth.

HOW WE TARGET IT

Our advanced, drug-free technologies address all-over hair thinning from both the inside and out. The medical-grade ingredients in our clinically effective Nutraceuticals work from within to target 6 root causes that can trigger hair thinning —while the Ashwagandha Exosomes in Growth Activator Hair Serum boost cell renewal directly at the scalp. The result? Visibly thicker, stronger hair growth with more scalp coverage.





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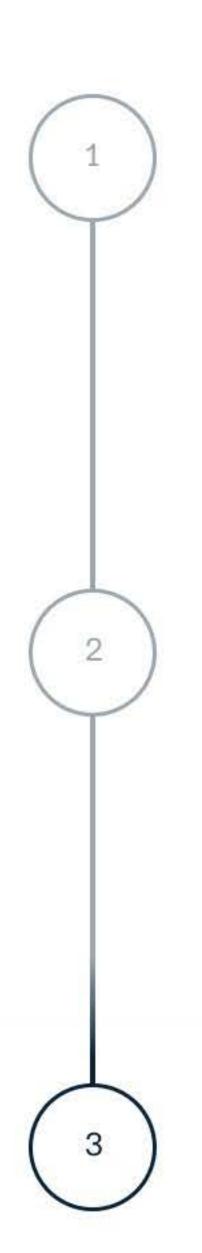
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OUR TECHNOLOGY

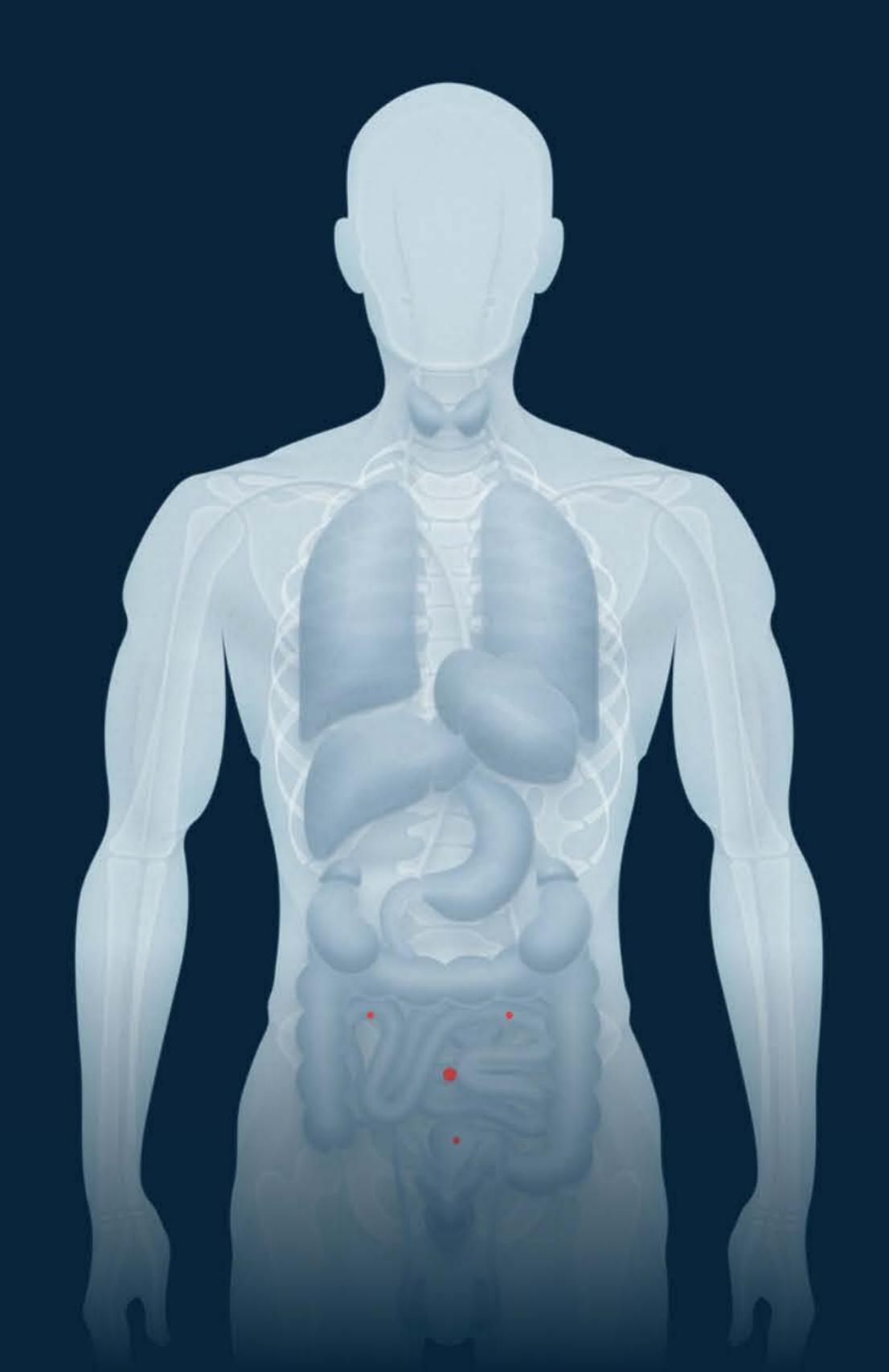
OUR SERIOUSLY POWERFUL GROWTH SYSTEM WORKS HARDER FOR YOUR HAIR.

Learn more about what sets our formulas apart.



MULTI-TARGETED

While many hair growth solutions target just one cause of thinning, our Men's Hair Growth Nutraceutical addresses multiple internal imbalances that affect hair health.





STANDARDIZED + MEDICAL-GRADE

We extract our ingredients from the most concentrated, potent parts of each plant—and ensure you get the same amount of active phytonutrients in every pill.



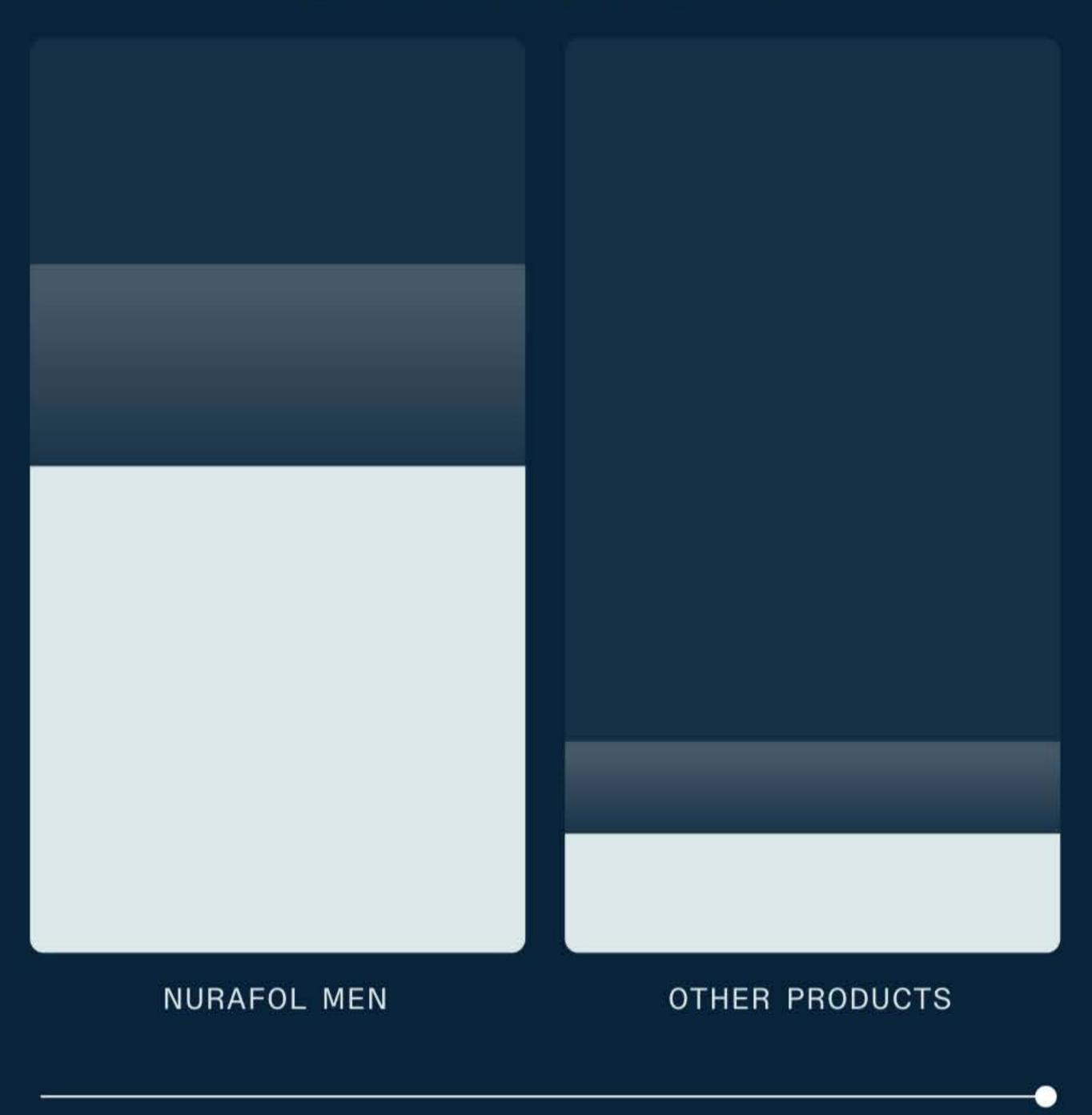


BIO-OPTIMIZED

Our ingredients are more easily recognized and absorbed by the body—improving their efficacy.

The bio-optimized ingredients in Nutrafol Men absorb more quickly and efficiently into your bloodstream, providing your body more time to use the phytoactives that support hair growth and thickness, naturally.

ABSORPTION LEVEL TIMELINE



TIME



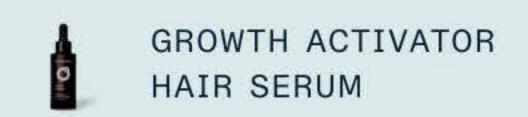
PATENTED

Featuring Synergen Complex®, a proprietary blend of ingredients formulated in unique ratios to effectively address root causes of hair thinning in men.



SAW PALMETTO	>45% FATTY ACIDS
MARINE COLLAGEN PEPTIDES	HYDROLYZED TO 3000 DALTONS
ASHWAGANDHA	10% WITHANOLIDES
CURCUMIN	95% CURCUMINOIDS
TOCOTRIENOL COMPLEX	20% TOCOTRIENOL /TOCOPHEROLS





ASHWAGANDHA EXOSOMES

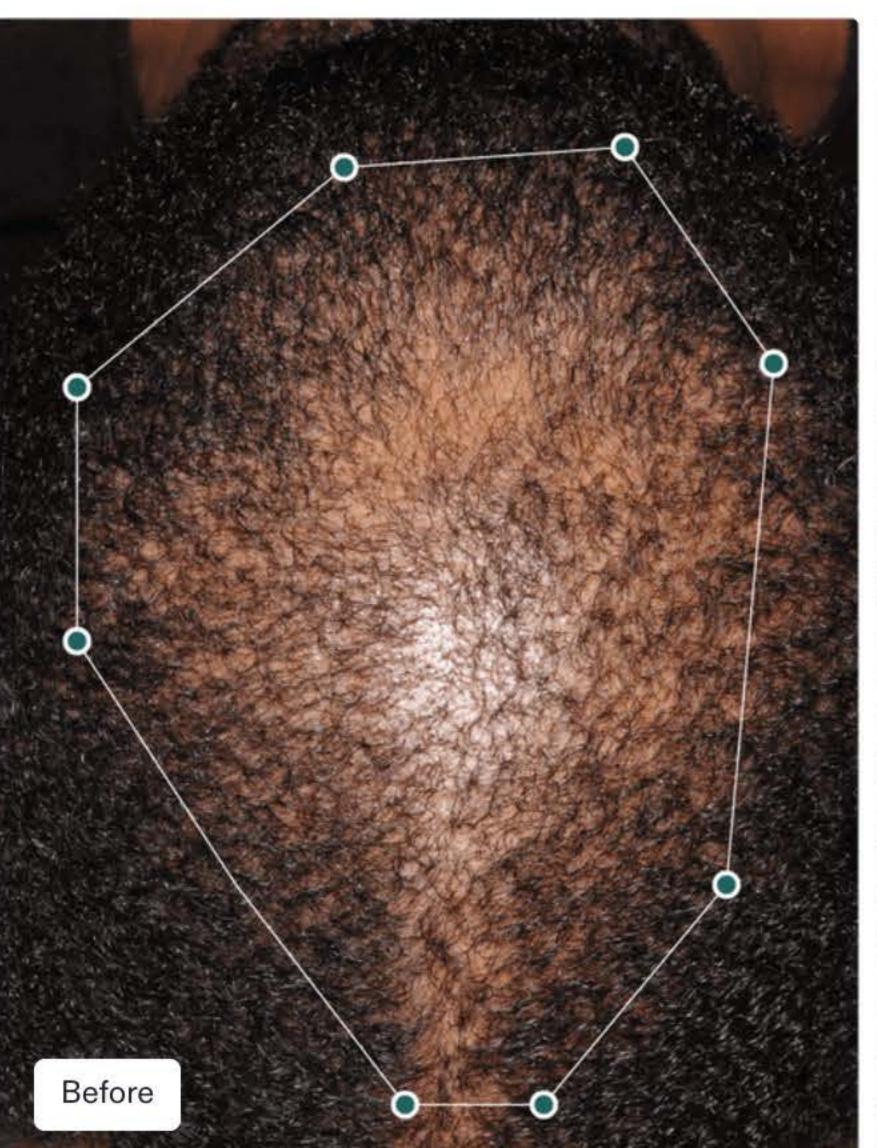
By upcycling the seeds from the same
Ashwagandha we use in our Nutraceuticals, we
unlocked a proprietary technology to extract plant
exosomes. Ashwagandha Exosomes are an
advanced and absorbable delivery system that
contain RNA, lipids, and protein—and are 150x
smaller than the Ashwagandha used in other
products.

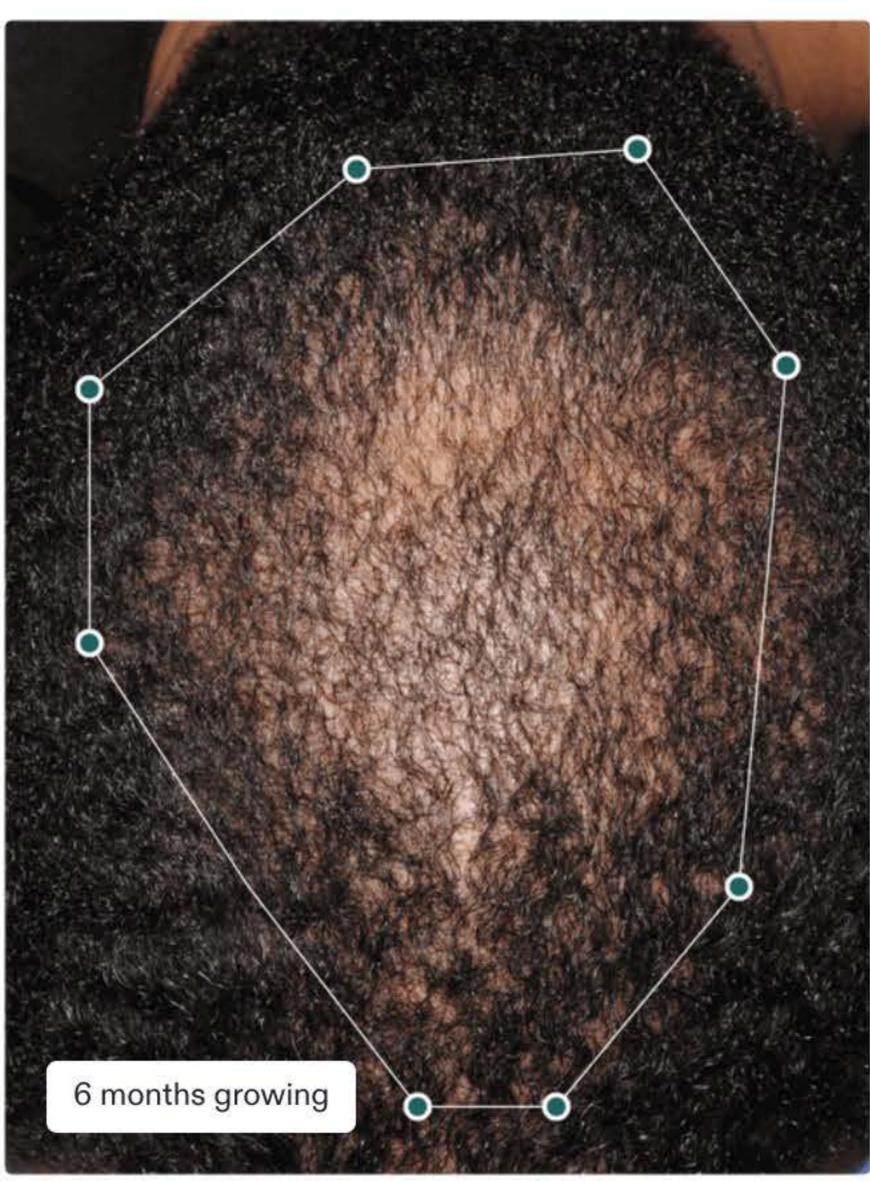


PLANT

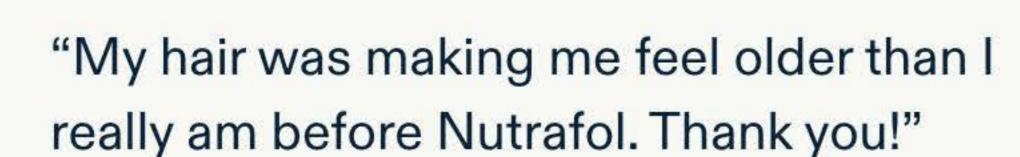
REAL MEN. REAL RESULTS.

SEE ALL RESULTS →





ROB, 46



SCALP COVERAGE

THICKNESS

• 0 0

1-2 Months

Vitamins and minerals are replenishing and supporting the body, strengthening the internal systems connected to hair, while Ashwagandha Exosomes are delivering live plant material directly to the scalp. The result? Healthier hair.

3-4 Months

By addressing root causes of hair thinning from within and external aggressors on the scalp, you can begin to notice less hair shedding and more thickness.

5-6 Months

As the hair growth cycle lengthens and extra hair-building nutrients are delivered to the scalp, you begin to see more improvement in scalp coverage and hair density.

6+ Months

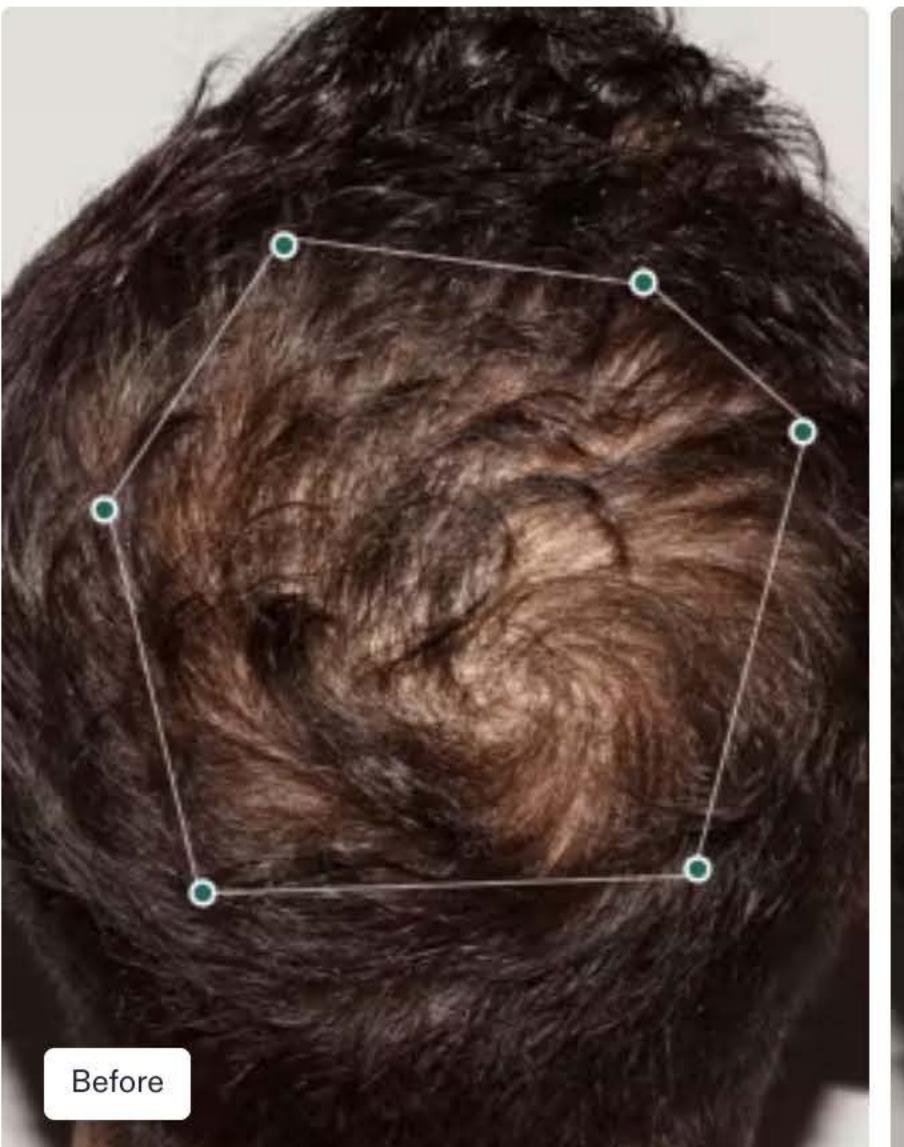
Continue to fully support your hair from inside and out for maximum results, like reduced shedding, visible scalp coverage, and improved growth over time.

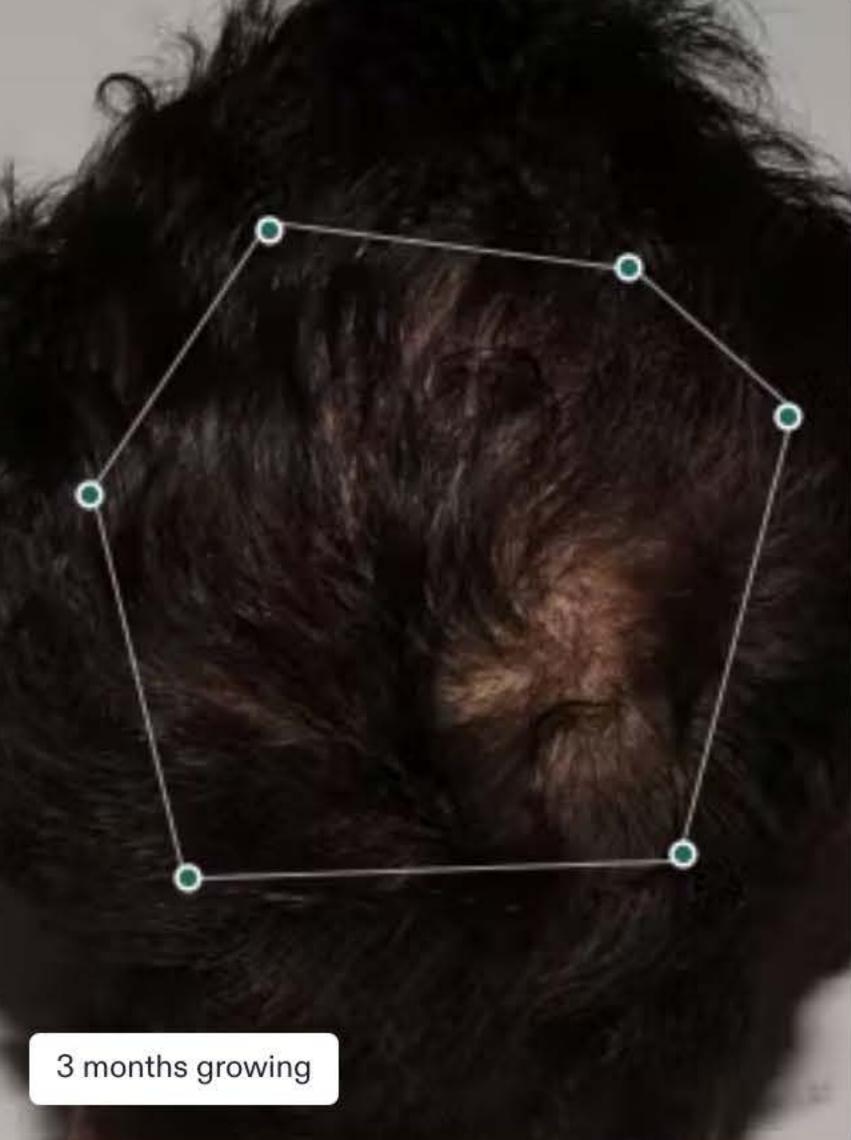
OUR PRODUCTS UNDERGO
RIGOROUS CLINICAL TESTING TO ENSURE
THEY DELIVER CONSISTENT RESULTS.

84%

SAW IMPROVEMENT IN HAIR QUALITY AFTER 6 MONTHS ON NUTRAFOL MEN.¹ 85%

SAW HEALTHIER HAIR AFTER 30 DAYS OF GROWTH ACTIVATOR USE.³





JON, 22



"With the stress of going to school full time and working nights at the theater, I noticed my hair starting to thin. Nutrafol helped me see thickening of the hair in the back of my head."



1-2 Months

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JONATHON, 38



"It was an incredible realization to learn that a solution could work from the inside out. That was key for me. I definitely felt my hair get thicker and stronger overall and I am still seeing improvement every day."



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WE'RE SERIOUS ABOUT FACTS. ASK AWAY.

SEE ALL FAQS →

WILL MY HAIR FALL OUT IF I STOP USING NUTRAFOL HAIR GROWTH NUTRACEUTICALS AND GROWTH ACTIVATOR HAIR SERUM?	
No, your hair will not fall out if you decide to stop using Nutrafol. All of our formulas utilize natural, drug-free, medical-grade ingredients that do not compromise your health-or the health of you hair. They work beneath the surface to address underlying root causes of hair thinning at the source. If you stop taking Nutrafol, your progress may decline because you'll no longer be providir your body with the daily nourishment it needs to combat those underlying imbalances. You'll see the best and most consistent results by combining Nutrafol with small changes to your daily routine.	ng
IS THIS LIKE PROPECIA? ARE THERE SEXUAL SIDE EFFECTS?	+
DOES GROWTH ACTIVATOR HAIR SERUM WORK FASTER THAN NUTRAFOL HAIR GROWTH NUTRACEUTICALS?	+
HOW DO I USE GROWTH ACTIVATOR HAIR SERUM?	+
HOW IS ASHWAGANDHA USED TO ADDRESS HAIR THINNING?	+
CAN I USE NUTRAFOL WITH MY EXISTING HAIR GROWTH REGIMEN?	+
WILL NUTRAFOL PRODUCTS WORK FOR MY HAIR TYPE?	+

IS THIS LIKE PROPECIA? ARE THERE SEXUAL SIDE EFFECTS?

No, and we'd go back to the drawing board if it did! In fact, part of the inspiration behind Nutrafol was that one of our founders was seeking an alternative solution for his own hair growth issues after experiencing years of sexual dysfunction caused by other therapies. You can rest assured that Nutrafol is made with 100% drug-free, natural, medical-grade ingredients that improve hair growth without compromising sexual performance. Bonus: in our clinical study, men reported an improvement in their sex drive after 6 months.

Both products work differently to provide full support from the inside and out. Growth Activator was formulated with ingredients that provide direct scalp support for visibly thicker hair, while our Hair Growth Nutraceuticals target underlying causes of hair thinning from within. Remember hair growth takes time; we recommend staying consistent for 3-6 months.

HOW DO I USE GROWTH ACTIVATOR HAIR SERUM?

Growth Activator should be applied once a day, every day directly to the scalp. Section your hair with the dropper tip and apply just enough serum to lightly cover the areas of concern. Massage the serum into your scalp with your fingertips and do not rinse. Since you're focusing application on the scalp, it can be used on either dry or damp, towel-dried hair.

HOW IS ASHWAGANDHA USED TO ADDRESS HAIR THINNING?

Consistent feelings of stress increase cortisol, a stress hormone, in the body. Cortisol shortens the hair growth phase and causes hair to prematurely shed, resulting in more than 100 hairs falling out each day. Ashwagandha is a stress adaptogen that works to increase stress resistance in the body, helping you respond to stress more efficiently. We use Ashwagandha both internally and externally. Internally, Ashwagandha has been clinically studied to lower elevated cortisol levels in chronically stressed adults. Externally, we harnessed the power of this stress adaptogen via exosome technology for application directly at the scalp.

CAN I USE NUTRAFOL WITH MY EXISTING HAIR GROWTH REGIMEN?

The ingredients found in Nutrafol Hair Growth Nutraceuticals and Growth Activator Hair Serum are not known to interfere with hair loss pharmaceuticals. Some of the ingredients, like Tocotrienols and Curcumin, have natural blood-thinning properties. We advise talking with your doctor if you are taking any medications, have a medical condition, or are undergoing any medical procedures before adding Nutrafol to your routine.

WILL NUTRAFOL PRODUCTS WORK FOR MY HAIR TYPE?

Nutrafol products were formulated to promote hair growth and hair wellness for all types of hair. While the characteristics of hair strands may vary by ethnicity, the underlying root causes that affect hair follicles can affect all people equally.

In a recent clinical study, we examined the effectiveness of Nutrafol in African American, Asian, Hispanic, and non-Hispanic men and women. All ethnicities saw less shedding after 2 months and improved thickness, growth rate, scalp coverage, and shine after 6 months of taking our Hair Growth Nutraceuticals.

WE'RE HERE FOR YOU.

Chat with our customer support team. Monday - Friday 10am to 4pm (EST).

START CHAT →

You can text or call us at:

(888) 454-3320

Or reach us via email at:

SUPPORT@NUTRAFOL.COM

OUR SERVICE.

More than a supplement subscription, we're committed to supporting you as you grow.

MORE ABOUT OUR SERVICES →

*According to IQVIA Provoice survey for 12 months ending March 31, 2022.

**Comparison based on men's specific hair growth products.

1. Stephens T. et al., JCAD 2022. 2. Induchem 2014. 3. Nutrafol. Data on file. 2021. 4. Auddy B HJ. JANA. 2008. 5. Zlotta, A.R. Eur Urol, 2005. 6. Pytel, Y.A. Advanced Therapeutics, 2002. 7. Mibelle 2014.

Company

Social Purpose



The #1 dermatologist-recommended hair growth supplement brand.

Nutrafol® is built on a science-backed approach to whole-body wellness and hair health. Our products are clinically tested and physician-formulated to support different bio-specific needs during various life stages and lifestyles so that you can grow into the best version of yourself.

Our Patent

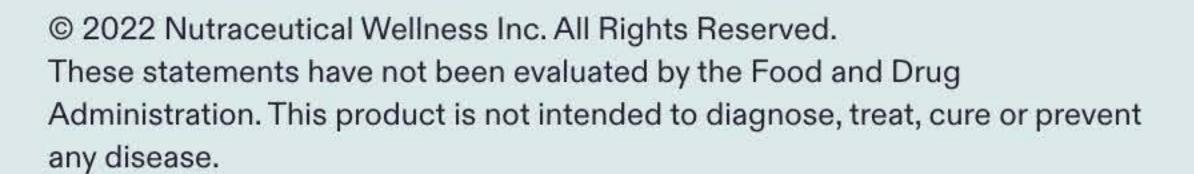
Nutrafol® is a registered trademark of Nutraceutical Wellness, Inc.

Synergen Complex® is a registered trademark of Nutraceutical Wellness Inc.

U.S. Patent Nos. 11,213,478, 10,709,659 and 10,688,037.

Terms Of Use Proactive Thinning Contact Hairline Defender Press Privacy Policy Full Support Careers The Science Our Story Ingredients Our Service Sign up to our mailing list and get \$10 off your first subscription order. Become A Partner Results \rightarrow Your Email Address

Legal





Hair Wellness

FAQ