Cyber Sale: Up to 25% off longer, stronger hair growth. *Shop now.*

Made with clinically effective, *medical-grade ingredients.*

All of our formulas are powered by potent and concentrated plant extracts for superior results.

Hair Growth Nutraceuticals

- Nutrafol Women
- Nutrafol Postpartum
- Nutrafol Women's Balance
- Nutrafol Men

Boosters
Available only with our Hair Growth Duos or by taking our Hair Wellness Quiz.

Scalp Support

Synergen Complex ®

Sensoril® Ashwagandha

What It Is

An adaptogen that helps balance stress hormones to support a healthy hair growth cycle.

What Sets Ours Apart

Exclusive to Nutrafol, Sensoril® Ashwagandha is wild-harvested in India using sustainable practices and a double-patented clean extraction method. Sensoril® is the highest quality Ashwagandha available in a hair supplement. While most Ashwagandha extracts come from the root of the plant, ours is extracted from the root and leaves for a higher concentration of actives that absorbs more quickly and easily into the body.

The Research

More than 12 clinical trials have shown proven benefits for stress relief, immune support, sleep quality, fatigue, and energy.

Marine Collagen Peptides

What It Is

Peptides provide the building blocks of strong hair and deliver moisture to the scalp.

What Sets Ours Apart

Our Marine Collagen Peptides are sustainably sourced from wild-caught fish that live in the cleanest ocean waters of the North Atlantic, then upcycled from the scales of the fish.They are then are processed to be a specific size that the body can absorb quickly and use immediately to support healthy hair.

The Research

Clinical studies have shown that improved bioactivity of collagen increases collagen stores in the body for healthy hair and skin support.

Tocotrienol Complex

What It Is

This concentrated form of the antioxidant Vitamin E helps minimize the effects of environmental stress to improve hair density.

What Sets Ours Apart

Sourced from sustainably grown palm trees in Malaysia, our oil is extracted from palm seeds, then optimized for superior absorption in the body.

The Research

With over 20 years of research, this is the only Tocotrienol Extract that's clinically proven for hair growth.

Curcumin

What It Is

An active ingredient found in Turmeric, this supercharged antioxidant addresses multiple root causes of hair thinning and is 500x more potent than Turmeric alone.

What Sets Ours Apart

Traditionally and organically harvested to minimize environmental waste. We use a patented extraction method that extends the length of Curcumin's bioactivity in the body, which allows it time to effectively target root causes of hair thinning.

The Research

Proven in over 28 clinical studies to benefit multiple systems in the body that affect the cellular response needed for hair growth.

Saw Palmetto

What It Is

Saw Palmetto promotes hair growth by helping reduce DHT, a hormone that shrinks hair follicles and leads to progressive hair thinning.

What Sets Ours Apart

Our Saw Palmetto is responsibly harvested in the USA and extracted through a non-toxic, high-pressure process for the highest concentration of plant actives in each batch. The extract delivers medical-grade efficacy to areas of the body like the scalp to help improve hair growth.

The Research

Our medical-grade Saw Palmetto has been shown in over 25 clinical trials to improve urinary tract health and support hair health.

Other Key Actives

Kelp Minerals

What It Is

A sea vegetable that supports key hormones needed to promote a healthy metabolism for hair health.

What Sets Ours Apart

Wild-harvested from organic seaweed beds found in the pristine waters surrounding Iceland. This kelp is naturally rich in minerals that come from geothermal vents in the ocean floor. We slowly dry the kelp to protect iodine's bioavailability.

The Research

Clinically shown to provide minerals essential to hair growth.

Resveratrol

What It Is

Typically found in red wine, this powerful antioxidant promotes hair density by protecting the scalp from environmental damage. Ours is a bioavailable form derived from Japanese Knotweed.

Horsetail

What It Is

A natural source of silica, an essential mineral that promotes hair strength.

Keratin

What It Is

A protein that creates the structure for hair, skin, and nails. Our ingredient mimics keratin in the body to support damaged hair.

Supportive Ingredients

L-Cysteine	L-Lysine
L-Methionine	Black Pepper
Capsicum	Vitamin A
Vitamin C	Vitamin D
Biotin	Zinc
Selenium	Hyaluronic Acid

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Scalp Support

Synergen Recovery Complex ®

Shatavari

What It Is

An adaptogen that targets physical and emotional stress to help balance the body for a healthy hair growth cycle.

What Sets Ours Apart

We've partnered with small family farms in the low altitudes of India that focus on regenerative agriculture to replenish the soil and earth after harvesting. Each root is carefully hand-harvested—an extensive process that can take an hour per plant—using sustainable growing and fair trade practices to ensure the Shatavari is not over-harvested.

The Research

Clinically shown to support hormonal imbalances and healthy milk production while balancing stress.

DHA Omega-3s

What It Is

Found in algae, these fatty acids help the body recover from physical stress to promote healthy hair.

What Sets Ours Apart

Ours is the highest load Omega-3 powder in the industry with 3-5x higher bioavailability and rapid absorption. It's harvested from microalgae using a unique fermentation process that requires just 2 raw materials: algae and sugar. All products of this process are used as a protein source or converted for electricity production, creating zero waste.

The Research

Proven in over 100 clinical studies to improve heart health. Also clinically shown to improve postpartum mood and promote brain health during pregnancy and early life.

Apple Polyphenols

What It Is

An antioxidant-rich extract from apple skins that promotes hair growth by supporting cellular health.

What Sets Ours Apart

Our apple skins are wild-harvested from unripened green apples in the same location as the very first apple species in Central Asia. A patented production process ensures the health-giving polyphenols are perfectly preserved, giving our extract up to 10x the polyphenol content of other apple products.

The Research

Proven efficacy with over 100 clinical studies that validate 7 different health benefits.

Tocotrienol Complex

What It Is

This concentrated form of the antioxidant vitamin E helps minimize the effects of environmental stress to improve hair density.

What Sets Ours Apart

Sourced from sustainably grown palm trees in Malaysia, our oil is extracted from palm seeds, then optimized for superior absorption in the body.

The Research

With over 20 years of research, this is the only Tocotrienol Extract that's clinically proven for hair growth.

Stinging Nettle

What It Is

A plant rich in minerals to restore essential nutrients while enhancing other ingredients for better efficacy.

What Sets Ours Apart

Farmers and harvesters are specially trained in cultivation methods that focus on sustainability and achieving high-quality Nettle in a traceable manner. Each raw material batch is screened and analyzed through a patented process to confirm that the botanicals contain the correct chemical profile with no adulterants or contaminants.

The Research

Known to support postpartum women during lactation.

Collagen-OSA

What It Is

A source of orthosilicic acid, a potent mineral that supports hair strength and thickness by delivering nutrients to the hair shaft.

What Sets Ours Apart

Naturally cultivated in extreme conditions without pesticides to maintain sustainability and preservation. We use a patented anti-polymerization technology to create a 2-in-1 blend of silicon and collagenic amino acids that have high bioaccessibility and absorption to optimize the efficacy of skin, hair and nail health.

The Research

One of the only forms of orthosilicic acid that is stable and absorbable by the body—with clinically proven beauty benefits for hair, skin, and nail health.

Theanine

What It Is

An amino acid that promotes relaxation by supporting the body's response to emotional stress.

What Sets Ours Apart

Non-GMO processing aids are used so that the quality and potency of the Theanine is preserved. Derived from sustainable sources that support a healthy ecosystem and create economic opportunity for the growers and harvesters of health-promoting ingredients worldwide.

The Research

Clinically proven to reduce levels of cortisol and stress-related symptoms.

Other Key Actives

Kelp Minerals

What It Is

A sea vegetable that supports key hormones needed to promote a healthy metabolism for hair health.

What Sets Ours Apart

Wild-harvested from organic seaweed beds found in the pristine waters surrounding Iceland. This kelp is naturally rich in minerals that come from geothermal vents in the ocean floor. We slowly dry the kelp to protect Iodine's bioavailability.

The Research

Clinically shown to provide minerals essential to hair growth.

Pea Sprout Extract

What It Is

This concentrated extract is clinically shown to improve hair growth.

Sea Buckthorn

What It Is

A nutrient-rich oil that promotes skin and scalp health by supporting hydration and replenishing moisture.

Supportive Ingredients

Vitamin A	Vitamin C
Vitamin D	Vitamin B1
Vitamin B2	Vitamin B3
Vitamin B5	Vitamin B6
Biotin	Vitamin B9
Vitamin B12	Selenium
Zinc	L-Cysteine
L-Methionine	L-Lysine

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Synergen Complex Plus ®

Maca

What It Is

Provides hormonal support through peri- and postmenopause and helps block DHT, a hormone that shrinks hair follicles and leads to progressive hair thinning.

What Sets Ours Apart

Sustainably grown in the mountains of Peru and harvested only once a year to minimize environmental impact. The Maca root is organically processed into an ingestible form that supports hormonal balance.

The Research

The only species of Maca that has been clinically proven to support women before, during, and after menopause.

Saw Palmetto

What It Is

Saw Palmetto promotes hair growth by helping reduce DHT, a hormone that shrinks hair follicles and leads to progressive hair thinning.

What Sets Ours Apart

Our Saw Palmetto is responsibly harvested in the USA and extracted through a non-toxic, high-pressure process for the highest concentration of plant actives in each batch. The extract delivers medical-grade efficacy to areas of the body like the scalp to help improve hair growth.

The Research

Our medical-grade Saw Palmetto has been shown in over 25 clinical trials to improve urinary tract health and support hair health.

Sensoril® Ashwagandha

What It Is

An adaptogen that helps balance stress hormones to support a healthy hair growth cycle.

What Sets Ours Apart

Exclusive to Nutrafol, Sensoril® Ashwagandha is wild-harvested in India using sustainable practices and a double-patented clean extraction method. Sensoril® is the highest quality Ashwagandha available in a hair supplement. While most Ashwagandha extracts come from the root of the plant, ours is extracted from the root and leaves for a higher concentration of actives that absorbs more quickly and easily into the body.

The Research

More than 12 clinical trials have shown proven benefits for stress relief, immune support, sleep quality, fatigue, and energy.

Astaxanthin

What It Is

Found in algae, this powerful antioxidant supports age-related changes in the skin by energizing the cells needed for a healthy hair growth cycle.

What Sets Ours Apart

Sourced in the Himalayan mountains and harvested from microalgae raised in glass tubes to prevent contamination. Our natural extraction process delivers the highest concentration of Astaxanthin for superior antioxidant activity that is 600 times stronger than Vitamin C.

The Research

Proven in over 40 clinical studies to support cellular health and contain anti-aging benefits.

Marine Collagen Peptides

What It Is

Peptides provide the building blocks of strong hair and deliver moisture to the scalp.

What Sets Ours Apart

Sustainably sourced from wild-caught fish that live in the cleanest ocean waters of the North Atlantic, then upcycled from the scales of the fish. Our Marine Collagen Peptides are processed to be a specific size that the body can absorb quickly and use immediately to support healthy hair.

The Research

Clinical studies have shown that improved bioactivity of collagen increases collagen stores in the body for healthy hair and skin support.

Curcumin

What It Is

An active ingredient found in Turmeric, this supercharged antioxidant addresses multiple root causes of hair thinning and is 500x more potent than Turmeric alone.

What Sets Ours Apart

Traditionally and organically harvested to minimize environmental waste. We use a patented extraction method that extends the length of Curcumin's bioactivity in the body, which allows it time to effectively target root causes of hair thinning.

The Research

Proven in over 28 clinical studies to benefit multiple systems in the body that affect the cellular response needed for hair growth.

Tocotrienol Complex

What It Is

This concentrated form of the antioxidant Vitamin E helps minimize the effects of environmental stress to improve hair density.

What Sets Ours Apart

Sourced from sustainably grown palm trees in Malaysia, our oil is extracted from palm seeds, then optimized for superior absorption in the body.

The Research

With over 20 years of research, this is the only Tocotrienol Extract that's clinically proven for hair growth.

Other Key Actives

Kelp Minerals

What It Is

A sea vegetable that supports key hormones needed to promote a healthy metabolism for hair health.

What Sets Ours Apart

Wild-harvested from organic seaweed beds found in the pristine waters surrounding Iceland. This kelp is naturally rich in minerals that come from geothermal vents in the ocean floor. We slowly dry the kelp to protect iodine's bioavailability.

The Research

Clinically shown to provide minerals essential to hair growth.

Resveratrol

What It Is

Typically found in red wine, this powerful antioxidant promotes hair density by protecting the scalp from environmental damage. Ours is a bioavailable form derived from Japanese Knotweed.

Horsetail

What It Is

A natural source of silica, an essential mineral that promotes hair strength.

Supportive Ingredients

L-Cysteine	L-Lysine
L-Methionine	Black Pepper
Capsicum	Vitamin A
Vitamin C	Vitamin D
Biotin	Zinc
Selenium	

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The Research

Our medical-grade Saw Palmetto has been shown in over 25 clinical trials to improve urinary tract health and support hair health.

Curcumin

What It Is

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Marine Collagen Peptides

What It Is

Peptides provide the building blocks of strong hair and deliver moisture to the scalp.

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Sustainably sourced from wild-caught fish that live in the cleanest ocean waters of the North Atlantic, then upcycled from the scales of the fish. Our Marine Collagen Peptides are processed to be a specific size that the body can absorb quickly and use immediately to support healthy hair.

The Research

Clinical studies have shown that improved bioactivity of collagen increases collagen stores in the body for healthy hair and skin support.

Other Key Actives

Kelp Minerals

What It Is

A sea vegetable that supports key hormones needed to promote a healthy metabolism for hair health.

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What It Is

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Supportive Ingredients

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- Hairbiotic
- Stress Adaptogen
- Collagen Infusion
- Toxin Cleanse
- Hormone Support
- Collagen Builder

Scalp Support

Key Actives

B-Complex

What It Is

A collection of vitamins that help support cellular function needed to revitalize hair shine and texture.

Methylfolate

What It Is

A form of Vitamin B that helps support folate levels which, when deficient, can lead to hair thinning.

Methyl B12

What It Is

A vitamin that supports red blood cells which carry oxygen and key nutrients to support healthy hair metabolism.

Supportive Ingredients

Vitamin B1	Vitamin B2
Vitamin B3	Vitamin B5
Vitamin B6	

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Scalp Support

Key Actives

African Cherry Tree

What It Is

A prune tree extract that works synergistically with Nettle to help lower DHT levels in the body.

Stinging Nettle

What It Is

A plant that works synergistically with Pygeum Africanum to help lower DHT levels in the body.

Reishi

What It Is

A potent adaptogenic mushroom that supports the immune system when it's triggered by stress.

Honokiol

What It Is

An extract from the magnolia tree that helps the body adapt to stress and increases stamina.

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Scalp Support

Key Actives

Lactobacillus Reuteri

What It Is

A probiotic that is known to support hair quality by improving the gut microbiome.

Lactobacillus Helveticus

What It Is

A probiotic that promotes gut health and supports nutrient absorption in the body.

PreforPro® Bacteriophage Prebiotic

What It Is

A non-fiber prebiotic that helps reduce harmful bacteria in the gut and promote growth of healthy microbes without causing bloating.

Supportive Ingredients

Lactobacillus Acidophilus	Lactobacillus Plantarum
Bifidobacterium Lactis	Lactobacillus Rhamnosus
Bacillus Subtilis DE111®	

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Scalp Support

Key Actives

Reishi

What It Is

A potent adaptogenic mushroom that supports the immune system when it's triggered by stress.

Schisandra

What It Is

An adaptogen that helps protect the body from the impact of stress. It is known to support the hair growth cycle.

Rhodiola

What It Is

An adaptogen that supports a healthy response to mental, emotional, and physical stress.

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- Collagen Builder

Scalp Support

Key Actives

Marine Collagen Peptides

What It Is

Bio-optimized to help improve hair strength and provide hydration to the scalp.

MSM

What It Is

Provides amino acids known to help form keratin.

CoQ10

What It Is

Synergizes with collagen to improve visible signs of aging.

Citrus Flower Acids

What It Is

Defend against accelerated aging by supporting your biochemistry with standardized chlorogenic acid.

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- Collagen Builder

Scalp Support

Key Actives

Milk Thistle

What It Is

A plant that supports the liver in naturally cleansing the body of toxins and impurities known to damage hair.

Artichoke Root

What It Is

Increases antioxidants in the body which in turn help naturally eliminate toxins from the body.

Yellow Dock

What It Is

Works synergistically with Artichoke Root to support the natural detoxification of impurities from the body.

Supportive Ingredients

Beet Root

The #1 dermatologist-recommended hair growth supplement brand.

Nutrafol® is built on a science-backed approach to whole-body wellness and hair health. Our products are clinically tested and physician-formulated to support different bio-specific needs during various life stages and lifestyles so that you can grow into the best version of yourself.

Our Patent

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Synergen Complex® is a registered trademark of Nutraceutical Wellness Inc.
U.S. Patent Nos. 11,213,478, 10,709,659 and 10,688,037.

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Made with clinically effective, *medical-grade ingredients.*

All of our formulas are powered by potent and concentrated plant extracts for superior results.

Hair Growth Nutraceuticals

Boosters
Available only with our Hair Growth Duos or by taking our Hair Wellness Quiz.

- B-Energized
- Men's DHT-Inhibitor
- Hairbiotic
- Stress Adaptogen
- Collagen Infusion
- Toxin Cleanse
- **Hormone Support**
- Collagen Builder

Scalp Support

Key Actives

Saw Palmetto

What It Is

Promotes hair growth by helping reduce DHT, a hormone that shrinks hair follicles and leads to progressive hair thinning.

Chromium

What It Is

A mineral that improves how the body processes sugar.

Myo-Inositol

What It Is

Helps promote healthy androgen hormones and process sugar in the body.

Stinging Nettle

What It Is

A plant that restores essential nutrients while being compatible with your body and enhancing other ingredients for better efficacy.

Glutathione

What It Is

A potent antioxidant that helps the body metabolize hormones.

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- **Collagen Builder**

Scalp Support

Marine Collagen Peptides

What It Is

Bio-optimized to help improve hair strength and provide hydration to the scalp.

MSM

What It Is

Provides amino acids known to help form keratin.

Bacillus Subtilis DE111® & Protease Enzyme Blend

What It Is

Promotes gut health to improve bioavailability of hair-strengthening proteins.

Green Coffee Bean

What It Is

Infused with antioxidants that defend against collagen breakdown by supporting your biochemistry.

Supportive Ingredients

L-Carnosine

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Scalp Support

- **Growth Activator**
- Build-Up Blocker
- Root Purifier
- Strand Defender
- Stress Reliever
- Men's Growth Activator

Patent-pending Ashwagandha Exosomes

Ashwagandha Exosomes

What It Is

Filled with protein, RNA, and lipids, these plant exosomes come from inside the Ashwagandha seed and boost cell renewal.

Other Key Actives

Irish Moss Peptides

What It Is

Algae extract that is overwintered to enhance bioavailability of peptides that support the growth of visibly thicker hair.

Maca

What It Is

An adaptogen for women that fortifies and strengthens hair when applied to the scalp.

Pea Sprouts

What It Is

An immature pea extract that promotes visible hair thickness with nutrients that minimize hair breakage.

Sea Buckthorn

What It Is

These plants are rich sources of fatty acids and nutrients that deliver long-lasting hydration to the skin for nourished, healthy-looking hair.

Supportive Ingredients

Tea Tree	Horsetail
Kelp	Niacinamide

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Scalp Support

- Growth Activator
- **Build-Up Blocker**
- Root Purifier
- Strand Defender
- Stress Reliever
- Men's Growth Activator

Key Actives

AHA Fruit Acids

What It Is

Provide a gentle chemical exfoliation of dead scalp cells and purification of the scalp.

Chia Seeds

What It Is

Soothe the scalp while purifying from pollution and product build-up.

Australian Wild Berries

What It Is

Antioxidants for healthier-looking hair and a hydrated scalp during exfoliation.

Jojoba Esters

What It Is

Assist with mechanical exfoliation of scalp cells and purification of the scalp.

Supportive Ingredients

Glycerin	Lactic Acid
Sugar Maple Extract	Sarcosine

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Scalp Support

- Growth Activator
- Build-Up Blocker
- **Root Purifier**
- Strand Defender
- Stress Reliever
- Men's Growth Activator

Key Actives

Alpha-glucan oligosaccharide

What It Is

A prebiotic that helps strengthen the scalp barrier by feeding the microbiome.

Australian Wild Berries

What It Is

Antioxidants for healthier-looking hair and a hydrated scalp during exfoliation.

Vegan Proteins

What It Is

Energizes the scalp by providing nourishment and moisture to hair while gently cleansing.

Biosurfactant

What It Is

Bio-based cleanser that improves the microbiome without stripping natural oils.

Supportive Ingredients

Hydrolized Quinoa | Glycerin

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Scalp Support

- Growth Activator
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- Root Purifier
- **Strand Defender**
- Stress Reliever
- Men's Growth Activator

Key Actives

Ximenia Oil

What It Is

Provides intense, silicone-free moisturization to soothe damage-prone hair.

Sea Buckthorn

What It Is

Rich in vitamins and fatty acids, locks in moisture, improves elasticity, and protects the hair cuticle.

Postbiotics & Arginine

What It Is

Fermented amino acids that support weakened bonds, minimizing the appearance of hair damage while protecting against future damage.

Glucose Fibers

What It Is

Strengthen hair from the inside out, making hair more manageable over time and helping to reduce future breakage.

Vegan Proteins

What It Is

Peptides and wheat proteins that utilize different sized molecules to strengthen hair strands.

Supportive Ingredients

Glycerin | Coconut Oil

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- Root Purifier
- Strand Defender
- **Stress Reliever**
- Men's Growth Activator

Key Actives

Alpha-glucan oligosaccharide

What It Is

A prebiotic that helps strengthen the scalp barrier by feeding the microbiome.

Peach Gum & Prickly Pear

What It Is

Soothe the scalp by reducing redness and scalp sensitivities.

Bacillus ferment

What It Is

A postbiotic that maintains a diverse scalp microbiome.

Smithsonite Stone

What It Is

Protects the scalp while boosting collagen, providing a supportive environment for healthy hair growth.

Supportive Ingredients

Hydrolized Quinoa	Ginger Leaf
Lactic Acid	

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- Stress Reliever
- **Men's Growth Activator**

Ashwagandha Exosomes

Ashwagandha Exosomes

What It Is

Boosts cell renewal of the scalp for visibly thicker, stronger hair.

Other Key Actives

Irish Moss Peptides

What It Is

Algae extract that is overwintered to enhance bioavailability of peptides that support the growth of visibly thicker hair.

Korean Red Ginseng

What It Is

An adaptogen for men that promotes visible hair density when applied to the scalp with unique active components not found in other ginseng.

Pea Sprouts

What It Is

An immature pea extract that promotes visible hair thickness with nutrients that minimize hair breakage.

Sea Buckthorn

What It Is

These plants are rich sources of fatty acids and nutrients that deliver long-lasting hydration to the skin for nourished, healthy-looking hair.

Supportive Ingredients

Tea Tree	Maca
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