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fitbykiki RECIPE BELOW AND ON SCREEN 🥰

🧡 6 packets of instant oats (or two cups) \*disclaimer we used these packets because we have so many of them\*

🧡 1 cup toasted coconut

🧡 1/2 cup dark chocolate chips

🧡 1 scoop @ghostlifestyle vegan coconut ice cream protein

🧡 1/2 jar of PB

🧡 1/2 cup organic unfiltered honey  
Start mixing w a spoon but you will have to start using your hands! Then roll them into 1" balls and enjoy! I refrigerate mine because they taste AMAZING cold!

Protein linked in my bio at



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Protein linked in my bio at [ghostlifestyle.com](https://ghostlifestyle.com) discount code 'fitbykiki' for 20% off ♥️

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