



BillandSara Orange Oglesby

October 9 at 8:25 AM · 🌐



Imagine you... but a version of you living your best life, with 1 simple daily step that is powered by these 3 Natural ingredients below 📌

🟡 NAC 🟡 CURCUMIN 🟡 THIAMINE

#brainfog #lgotyou
#squirrelbrain #lgotyou
#moody #lgotyou
#cantpoop #lgotyou
#exhausted #lgotyou
#wakeuptired #lgotyou
#bloating #lgotyou
#discomfort #lgotyou
#cantsleep #lgotyou
#Jointshurt #lgotyou
#appetiteinoverdrive #lgotyou
#slowmetabolism #lgotyou

N A C

- 1 May improve lung & respiratory conditions
- 2 May help psychiatric disorders & addictive behaviors
- 3 Improve brain health
- 4 Strengthens immune health
- 5 Detoxifies liver & kidneys
- 6 Boosts Fertility

C U R C U M I N

- 1 #1 Anti-inflammatory
- 2 Powerful Antioxidant
- 3 Boosts Brain Derived Neurotropic Factor (BDNF)
- 4 Lowers risk of heart disease
- 5 May help prevent cancer
- 6 Aids in anti-aging, fighting depression, arthritis, Dementia & Alzheimer's

T H I A M I N E

- 1 Nourishes the brain. Important for concentration, forgetfulness, & stress
- 2 Allows the use of energy from foods essential for children & athletes
- 3 Gut Health. Indigestion & Constipation
- 4 Great for skin, eye, & hair health
- 5 Nervous System Function
- 6 Sleep, weightloss, leg cramps, liver function






N A C

- 1 May improve lung & respiratory conditions
- 2 May help psychiatric disorders & addictive behaviors
- 3 Improve brain health
- 4 Strengthens immune health
- 5 Detoxifies liver & kidneys
- 6 Boosts Fertility

This photo is from a post. [View post](#)

 **BillandSara Orange Oglesby** ...
October 9 at 8:24 AM · 

 Like  Share







CURCUMIN

- 1 #1 Anti-inflammatory
- 2 Powerful Antioxidant
- 3 Boosts Brain Derived Neurotropic Factor (BDNF)
- 4 Lowers risk of heart disease
- 5 May help prevent cancer
- 6 Aids in anti-aging, fighting depression, arthritis, Dementia & Alzheimer's



This photo is from a post. [View post](#)

 **BillandSara Orange Oglesby** 
October 9 at 8:24 AM · 

 Like  Share




THIAMINE

- 1 Nourishes the brain. Important for concentration, forgetfulness, & stress
- 2 Allows the use of energy from foods essential for children & athletes
- 3 Gut Health. Indigestion & Constipation
- 4 Great for skin, eye, & hair health
- 5 Nervous System Function
- 6 Sleep, weightloss, leg cramps, liver function



This photo is from a post. [View post](#)

 **BillandSara Orange Oglesby** ...
October 9 at 8:24 AM · 

 Like  Share