

**UNITED STATES DISTRICT COURT  
WESTERN DISTRICT OF NEW YORK  
BUFFALO DIVISION**

Anna Benzin, individually and on behalf of all  
others similarly situated,

Plaintiff,

- against -

Nestlé Healthcare Nutrition, Inc.,

Defendant

1:22-cv-00747

Class Action Complaint

Jury Trial Demanded

Plaintiff alleges upon information and belief, except for allegations about Plaintiff, which are based on personal knowledge:

1. Nestlé Healthcare Nutrition, Inc. (“Defendant”) manufactures, markets, and sells powdered drink mix represented as containing 13g of protein under the Carnation Breakfast Essentials brand (“Product”).

2. Protein is a macronutrient required by the human body to maintain muscles, organs, hair, tissues, skin and enzymes.

3. Protein is critical to metabolism by increasing the body’s metabolic rate.

4. Protein facilitates weight management by helping to drive fat release and reduce fat storage.

5. In 2014, more than half of consumers indicated they seek out foods that are high in protein, up from 39% in 2006.

6. Almost 75% of consumers indicated they consumed foods and beverages high in protein in the past year.

7. According to Nielsen, the market for protein products in the United States is \$16 billion and growing rapidly.

8. Though traditionally consumption of high levels of protein was associated with body builders and young men, consumer demand has made it part of foods for infants, pets, women and teens.

9. Recent scientific and/or proprietary studies indicate that as age increases, so does the amount of protein needed to maintain stable bodily functions, which has caused increased demand in older generations, including senior citizens.

10. The growing number of vegans, dieters, vigorous exercisers or athletes, and people who may be getting insufficient amounts, due to diet choices, increased activity levels or inability to absorb protein efficiently, has also contributed to the demand for products high in protein.

11. The result has been significant growth in products promoting their protein content.

12. Carnation Breakfast Essentials Nutritional Powder Drink Mix appeals to these consumers by promoting “13g Protein” on the front label.



13. However, the much smaller print in the right corner reveals “13g Protein” is available

“Per Prepared Serving,” above the smaller and all lower case statement of “just add milk.”



14. The apparent instruction to “just add milk” is inconsistent with the information in the purple call-out which states “3x vitamin D vs. milk.”

15. Consumers will not think they need to add milk given that the Product is comparing itself to milk.

16. Only if consumers scrutinize the back of the package will they see the Product they bought has 5g of protein or 38% of the 13g promoted on the front label, revealed on the last line of the main box of the Nutrition Facts.

Nutrition Facts	
10 servings per container	
Serving size 1 packet (36g)	
Calories	<b>130</b> Powder <b>220</b> As Prepared
Total Fat	0g 0% 0g 0%
Saturated Fat	0g 0% 0g 0%
Trans Fat	0g 0% 0g 0%
Cholesterol	0mg 0% 0mg 0%
Sodium	115mg 9% 200mg 10%
Total Carb.	27g 10% 40g 15%
Dietary Fiber	0g 0% 0g 0%
Total Sugars	18g 18% 28g 18%
Total Sugars	18g 18% 28g 18%
Protein	5g 10% 13g 26%
Vitamin D	1mcg 33% 9.8mcg 50%
Calcium	200mg 15% 500mg 40%
Iron	1.5mg 25% 3.8mg 20%
Potassium	220mg 4% 600mg 15%
Vitamin A	50mcg 6% 200mcg 20%
Vitamin C	80mg 100% 80mg 100%
Vitamin E	5mg 20% 5mg 20%
Vitamin K	50mcg 30% 150mcg 30%
Thiamin	0.3mg 25% 0.4mg 35%
Riboflavin	0.2mg 15% 0.85mg 50%
Niacin	5mg 20% 3.2mg 26%
Vitamin B6	0.33mg 20% 0.41mg 25%
Folate	60mcg DFE 15% 10mcg DFE 25% (60mcg DFE total)
Vitamin B12	0.3mcg 15% 1.52mcg 60%
Biotin	8mcg 25% 8mcg 25%
Pantothenic Acid	0.8mg 20% 1.8mg 35%
Phosphorus	280mg 20% 480mg 40%
Kalium	200mg 15% 500mg 15%
Magnesium	80mg 20% 160mg 25%
Zinc	1.2mg 10% 2.2mg 20%
Selenium	5mcg 6% 10mcg 20%
Copper	0.2mg 20% 0.23mg 25%
Manganese	0.8mg 25% 0.81mg 25%
Chromium	5mcg 15% 15mcg 15%
Molybdenum	10mcg 20% 10mcg 20%
Choline	80mg 4% 80mg 16%

  

**13 g of Protein** to support growth and help build & maintain muscle

**40% DV of Calcium** to help build strong bones

**20% DV of Iron** to help blood deliver oxygen to the body

**100% DV of Vitamin C & 50% DV of Vitamin D**, key nutrients for Immune Support

**220 nutrient rich calories** for nutritional energy

**NO** artificial flavors, colors- or sweeteners

Each prepared serving provides an excellent source of protein and 21 vitamins & minerals, including Calcium and Vitamin D.

**OUR MISSION**

**GIVE KIDS**

**ESSENTIAL NUTRIENTS THEY NEED**

**TO START THE DAY WITH EACH YUMMY SIP**

**INGREDIENTS:** NONFAT MILK, MULTIVITAMIN, SUGAR, LACTOSE, VITAMINS AND MINERALS, AND LESS THAN 2% OF CELLULOSE GUM, BEEF ADIPOSE TISSUE, NATURAL FLAVOR, CITRIC ACID, SALT

**VITAMINS AND MINERALS:** CALCIUM PHOSPHATE, MAGNESIUM HYDROXIDE, SODIUM ASCORBATE, CHOLINE BITARTRATE, DL-ALPHA-TOCOPHERYL ACETATE, FERRIC PHOSPHATE, NIACINAMIDE, MANGANESE SULFATE, COPPER GLUCONATE, ZINC OXIDE, CALCIUM PANTOTHEATE, PYRIDOXINE HYDROCHLORIDE, THIAMINE MONONITRATE, VITAMIN A PALMITATE, RIBOFLAVIN, FOLIC ACID, VITAMIN K<sub>1</sub>, CHROMIUM CHLORIDE, SODIUM MOLYBDATE, VITAMIN E<sub>1</sub>, BIOTIN

**CONTAINS MILK INGREDIENTS**    **MAY CONTAIN WHEAT AND SOY**

Manufactured for Nestlé HealthCare Nutrition, Inc., Bridgewater, NJ 08807 USA

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Store in a cool, dry place.

nutritionally appropriate for ages 4 years and older.

44137786 021 C0000-05

\*\*Times the daily value in each prepared serving contains 9.8mcg (80% DV) of Vitamin D, 3.8mcg (25% DV) of Iron and 150mg (35% DV) of Calcium vs. 141mg (10% DV) in 5.3oz cup Greek Yogurt

\*\*\*Times the daily value in each prepared serving contains 500mg (100% DV) of Vitamin C

†Contains 220 kcal from added sugars from our former drink mix. Added sugars have been reduced from 11 to 8 g per serving.

Scan here for more food information. Call 1-800-765-1232 for more food information.

17. This is shown by the two columns representing “Powder” and “As Prepared.”

18. However, no preparation instructions are provided on the back of the package so that consumers can obtain 13g of protein.

19. This includes no instructions about how much milk to add, i.e., 4 oz, 6 oz, or 8 oz.

20. Nor are there instructions about what kind of milk to add, such as nonfat, 2%, whole milk, almond milk, soy milk, or oat milk.

21. Defendant sold more of the Product and at higher prices than it would have in the absence of this misconduct, resulting in additional profits at the expense of consumers.

22. As a result of the false and misleading representations, the Product is sold at a premium price, approximately no less than \$7.99 for a 12.6 oz. box containing 10 individual packets, excluding tax and sales, higher than similar products, represented in a non-misleading way, and higher than it would be sold for absent the misleading representations and omissions.

#### Jurisdiction and Venue

23. Jurisdiction is based on the Class Action Fairness Act of 2005 (“CAFA”). 28 U.S.C. § 1332(d)(2).

24. The aggregate amount in controversy exceeds \$5 million, including statutory and punitive damages, exclusive of interest and costs.

25. Plaintiff is a citizen of New York.

26. Defendant is a Delaware corporation with a principal place of business in Bridgewater, New Jersey, Somerset County.

27. The class of persons Plaintiff seeks to represent includes persons who are citizens of different states from which Defendant is a citizen.

28. The members of the class Plaintiff seeks to represent are more than 100, because the

Product has been sold at thousands of locations including grocery stores, warehouse club stores, drug stores, big box stores, and online, in the States covered by the classes Plaintiff seeks to represent.

29. Venue is in this District and assignment is to the Buffalo Division, because a substantial part of the events or omissions giving rise to these claims occurred in Erie County, including Plaintiff's purchase, transactions, consumption and/or use of the Product and exposure to, awareness and/or experiences of and with the issues described here.

#### Parties

30. Plaintiff Anna Benzin is a citizen of Buffalo, New York, Erie County.

31. Defendant Nestlé Healthcare Nutrition, Inc. is a Delaware corporation with a principal place of business in Bridgewater, New Jersey, Somerset County.

32. Defendant is the nutrition products subdivision of Nestle, S.A., the largest food company in the world.

33. The Carnation brand is one of the oldest and most respected in the area of nutritional products in the world.

34. Plaintiff is one of the many consumers who seek to consume more protein for the reasons indicated above.

35. Plaintiff relies on the prominent front label statements to help her make quick purchasing decisions at the store.

36. She saw "13g Protein" and figured the Product, as sold, contained this amount of protein.

37. Plaintiff also read that the Product was a drink mix, but figured that whatever she mixed it with, such as water or milk, would not result in her getting less than 13g of protein.

38. Plaintiff purchased the Product on one or more occasions within the statutes of limitations for each cause of action alleged, at stores including Wegmans, 370 Orchard Park Rd, West Seneca, NY 14224, between August 2022 and September 2022, and/or among other times.

39. Plaintiff relied on the words, terms coloring, descriptions, layout, placement, packaging, tags, and/or images on the Product, on the labeling, statements, omissions, claims, statements, and instructions, made by Defendant or at its directions, in digital, print and/or social media, which accompanied the Product and separately, through in-store, digital, audio, and print marketing.

40. Plaintiff bought the Product at or exceeding the above-referenced price.

41. Plaintiff chose between Defendant's Product and products represented similarly, but which did not misrepresent their attributes and/or components.

42. Plaintiff paid more for the Product than she would have paid absent the false and misleading statements and omissions.

#### Class Allegations

43. Plaintiff seeks certification under Fed. R. Civ. P. 23 of the following classes:

**New York Class:** All persons in New York who purchased the Product during the statutes of limitations for each cause of action alleged; and

**Consumer Fraud Multi-State Class:** All persons in the States of Utah, Wyoming, Arkansas, North Carolina, and Alabama who purchased the Product during the statutes of limitations for each cause of action alleged.

44. Common questions of issues, law, and fact predominate and include whether Defendant's representations were and are misleading and if Plaintiff and class members are entitled to damages.

45. Plaintiff's claims and basis for relief are typical to other members because all were

subjected to the same unfair, misleading, and deceptive representations, omissions, and actions.

46. Plaintiff is an adequate representative because her interests do not conflict with other members.

47. No individual inquiry is necessary since the focus is only on Defendant's practices and the class is definable and ascertainable.

48. Individual actions would risk inconsistent results, be repetitive and are impractical to justify, as the claims are modest relative to the scope of the harm.

49. Plaintiff's counsel is competent and experienced in complex class action litigation and intends to protect class members' interests adequately and fairly.

New York General Business Law ("GBL") §§ 349 and 350

50. Plaintiff incorporates by reference all preceding paragraphs.

51. Plaintiff read and relied on the labeling indicated above and believed the Product as sold contained 13g of protein, and was misled because this was false.

52. Plaintiff paid more than she would have paid had she known this fact.

Violation of State Consumer Fraud Acts  
(Consumer Fraud Multi-State Class)

53. The Consumer Fraud Acts of the States in the Consumer Fraud Multi-State Class are similar to the consumer protection statute invoked by Plaintiff and prohibit the use of unfair or deceptive business practices in the conduct of commerce.

54. The members of the Consumer Fraud Multi-State Class reserve their rights to assert their consumer protection claims under the Consumer Fraud Acts of the States they represent and/or the consumer protection statute invoked by Plaintiff.

Breaches of Express Warranty,  
Implied Warranty of Merchantability/Fitness for a Particular Purpose and  
Magnuson Moss Warranty Act, 15 U.S.C. §§ 2301, et seq.

55. The Product was manufactured, identified, marketed, and sold by Defendant and expressly and impliedly warranted to Plaintiff that the Product as sold contained 13g of protein.

56. Defendant directly marketed the Product to Plaintiff through its advertisements and marketing, through various forms of media, on the packaging, in print circulars, direct mail, product descriptions distributed to resellers, and targeted digital advertising.

57. Defendant knew the product attributes that potential customers like Plaintiff were seeking and developed its marketing and labeling to directly meet those needs and desires.

58. Defendant's representations about the Product were conveyed in writing and promised it would be defect-free, and Plaintiff understood this meant that the Product as sold contained 13g of protein, and was misled because this was false.

59. Defendant's representations affirmed and promised that the Product as sold contained 13g of protein.

60. Defendant described the Product so Plaintiff believed that the Product as sold contained 13g of protein, which became part of the basis of the bargain that it would conform to its affirmations and promises.

61. Defendant had a duty to disclose and/or provide non-deceptive descriptions of the Product.

62. This duty is based on Defendant's outsized role in the market for this type of Product, custodian of the Carnation brand of nutritional products.

63. Plaintiff recently became aware of Defendant's breach of the Product's warranties.

64. Plaintiff provides or will provide notice to Defendant, its agents, representatives,

retailers, and their employees that it breached the Product's express and implied warranties.

65. Defendant received notice and should have been aware of these issues due to complaints by third-parties, including regulators, non-profit organizations, competitors, and/or consumers, to its main offices, and by consumers through online forums.

66. The Product did not conform to its affirmations of fact and promises due to Defendant's actions.

67. The Product was not merchantable because it was not fit to pass in the trade as advertised, not fit for the ordinary purpose for which it was intended and did not conform to the promises or affirmations of fact made on the packaging, container or label, because it was marketed as if the Product as sold contained 13g of protein.

68. The Product was not merchantable because Defendant had reason to know the particular purpose for which the Product was bought by Plaintiff, because she expected that the Product as sold contained 13g of protein.

#### Fraud

69. Defendant misrepresented and/or omitted the attributes and qualities of the Product, that the Product as sold contained 13g of protein.

70. Defendant was aware of the studies and reports showing that consumers are increasingly seeking foods with protein content, and used this information – some of it proprietary – to market it to consumers like Plaintiff.

#### Unjust Enrichment

71. Defendant obtained benefits and monies because the Product was not as represented and expected, to the detriment and impoverishment of Plaintiff and class members, who seek restitution and disgorgement of inequitably obtained profits.

Jury Demand and Prayer for Relief

Plaintiff demands a jury trial on all issues.

**WHEREFORE**, Plaintiff prays for judgment:

1. Declaring this a proper class action, certifying Plaintiff as representative and the undersigned as counsel for the class;
2. Awarding monetary, statutory and/or punitive damages, restitution, and interest;
3. Awarding costs and expenses, including reasonable fees for Plaintiff's attorneys and experts; and
4. Other and further relief as the Court deems just and proper.

Dated: October 1, 2022

Respectfully submitted,

/s/Spencer Sheehan

Sheehan & Associates, P.C.  
60 Cuttermill Rd Ste 412  
Great Neck NY 11021  
(516) 268-7080  
spencer@spencersheehan.com

Law Office of James Chung  
James Chung  
43-22 216th St  
Bayside NY 11361  
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jchung\_77@msn.com

CIVIL COVER SHEET

The JS 44 civil cover sheet and the information contained herein neither replace nor supplement the filing and service of pleadings or other papers as required by law, except as provided by local rules of court. This form, approved by the Judicial Conference of the United States in September 1974, is required for the use of the Clerk of Court for the purpose of initiating the civil docket sheet. (SEE INSTRUCTIONS ON NEXT PAGE OF THIS FORM.)

I. (a) PLAINTIFFS

Anna Benzin, individually and on behalf of all others similarly situated

(b) County of Residence of First Listed Plaintiff Erie (EXCEPT IN U.S. PLAINTIFF CASES)

(c) Attorneys (Firm Name, Address, and Telephone Number) Sheehan & Associates, P.C., 60 Cuttermill Rd Ste 412 Great Neck NY 11021 (516) 268-7080

DEFENDANTS

Nestlé Healthcare Nutrition, Inc.

County of Residence of First Listed Defendant (IN U.S. PLAINTIFF CASES ONLY)

NOTE: IN LAND CONDEMNATION CASES, USE THE LOCATION OF THE TRACT OF LAND INVOLVED.

Attorneys (If Known)

II. BASIS OF JURISDICTION (Place an "X" in One Box Only)

- 1 U.S. Government Plaintiff, 2 U.S. Government Defendant, 3 Federal Question (U.S. Government Not a Party), 4 Diversity (Indicate Citizenship of Parties in Item III)

III. CITIZENSHIP OF PRINCIPAL PARTIES (Place an "X" in One Box for Plaintiff and One Box for Defendant)

Table with columns for Plaintiff (PTF) and Defendant (DEF) citizenship and business location (Citizen of This State, Citizen of Another State, Citizen or Subject of a Foreign Country, Incorporated or Principal Place of Business In This State, Incorporated and Principal Place of Business In Another State, Foreign Nation).

IV. NATURE OF SUIT (Place an "X" in One Box Only)

Click here for: Nature of Suit Code Descriptions .

Large table with columns: CONTRACT, REAL PROPERTY, TORTS, CIVIL RIGHTS, PRISONER PETITIONS, FORFEITURE/PENALTY, LABOR, IMMIGRATION, BANKRUPTCY, SOCIAL SECURITY, FEDERAL TAX SUITS, OTHER STATUTES. Includes various legal codes and categories.

V. ORIGIN (Place an "X" in One Box Only)

- 1 Original Proceeding, 2 Removed from State Court, 3 Remanded from Appellate Court, 4 Reinstated or Reopened, 5 Transferred from Another District (specify), 6 Multidistrict Litigation - Transfer, 8 Multidistrict Litigation - Direct File

VI. CAUSE OF ACTION

Cite the U.S. Civil Statute under which you are filing (Do not cite jurisdictional statutes unless diversity): 28 U.S.C. § 1332. Brief description of cause: False advertising

VII. REQUESTED IN COMPLAINT:

CHECK IF THIS IS A CLASS ACTION UNDER RULE 23, F.R.Cv.P. DEMAND \$ CHECK YES only if demanded in complaint: JURY DEMAND: Yes No

VIII. RELATED CASE(S) IF ANY

(See instructions):

JUDGE DOCKET NUMBER DATE SIGNATURE OF ATTORNEY OF RECORD

October 1, 2022

/s/Spencer Sheehan

FOR OFFICE USE ONLY

RECEIPT # AMOUNT APPLYING IFP JUDGE MAG. JUDGE

AO 440 (Rev. 06/12) Summons in a Civil Action

UNITED STATES DISTRICT COURT

for the
Western District of New York

Anna Benzin, individually and on behalf of all
others similarly situated,

Plaintiff(s)

v.

Nestlé Healthcare Nutrition, Inc.,

Defendant(s)

Civil Action No. 1:22-cv-00747

SUMMONS IN A CIVIL ACTION

To: (Defendant's name and address) Nestlé Healthcare Nutrition, Inc.
c/o Corporation Service Company
251 Little Falls Dr
Wilmington DE 19808-1674

A lawsuit has been filed against you.

Within 21 days after service of this summons on you (not counting the day you received it) — or 60 days if you
are the United States or a United States agency, or an officer or employee of the United States described in Fed. R. Civ.
P. 12 (a)(2) or (3) — you must serve on the plaintiff an answer to the attached complaint or a motion under Rule 12 of
the Federal Rules of Civil Procedure. The answer or motion must be served on the plaintiff or plaintiff's attorney,
whose name and address are: Sheehan & Associates, P.C., 60 Cuttermill Rd Ste 412 Great Neck NY 11021
(516) 268-7080

If you fail to respond, judgment by default will be entered against you for the relief demanded in the complaint.
You also must file your answer or motion with the court.

CLERK OF COURT

Date:

Signature of Clerk or Deputy Clerk

Civil Action No. 1:22-cv-00747

**PROOF OF SERVICE**

*(This section should not be filed with the court unless required by Fed. R. Civ. P. 4 (l))*

This summons for *(name of individual and title, if any)* \_\_\_\_\_  
was received by me on *(date)* \_\_\_\_\_.

I personally served the summons on the individual at *(place)* \_\_\_\_\_  
\_\_\_\_\_ on *(date)* \_\_\_\_\_ ; or

I left the summons at the individual's residence or usual place of abode with *(name)* \_\_\_\_\_  
\_\_\_\_\_, a person of suitable age and discretion who resides there,  
on *(date)* \_\_\_\_\_, and mailed a copy to the individual's last known address; or

I served the summons on *(name of individual)* \_\_\_\_\_, who is  
designated by law to accept service of process on behalf of *(name of organization)* \_\_\_\_\_  
\_\_\_\_\_ on *(date)* \_\_\_\_\_ ; or

I returned the summons unexecuted because \_\_\_\_\_ ; or

Other *(specify)*:

My fees are \$ \_\_\_\_\_ for travel and \$ \_\_\_\_\_ for services, for a total of \$ \_\_\_\_\_.

I declare under penalty of perjury that this information is true.

Date: \_\_\_\_\_

\_\_\_\_\_  
*Server's signature*

\_\_\_\_\_  
*Printed name and title*

\_\_\_\_\_  
*Server's address*

Additional information regarding attempted service, etc: