Key nutrients found In blood serum (bioavailability of vit C, vit E, carotenes, folate, lutein/zeazanthein, selenium)

7 - 28 days

Significant decrease in DNA damage in lymphocytes (immune cells made In bone marrow)

80 days

Butyrate level increased better gut health; better glucose clearance

2-4 months

Reduction in adiposity (fat loss), reduction in insulin resistance, Increase In lean mass

6 months

Millions of coronary events avoided and Billions of healthcare cost savings

10 years

Significant rise in a variety of polyphenols (important nutrient family for slowing aging overall)

2 - 10 hours

Significant improvement in recovery from exercise-induced oxidation

2 weeks

Improved gum health, skin health, cardiovascular health, pulmonary (lung) function

8 - 12 weeks

Significant improvement In better working memory, selective attention, processing speed and executive function

16 weeks

Improved immunity, fewer common cold symptoms and sickness days

8 months



ashley_nicole_hudson · Follow **Chesterfield County**





ashley_nicole_hudson If I don't get many things right in life, atleast I know THIS is right for our family and NOTHING will ever compare You can't beat real research on real people with REAL positive effects on health👍

The last 8 years I have experienced insane energy, wake up well rested, hair is growing like weeds, skin glowing and hallelujah for a significant reduction in inflammation. I've been sick 3 times in 8 years 🙌 Allergies are gone and sinus infection and bronchitis are a thing of the past! I work out longer, harder and more frequently than ever and my recovery has improved









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AUGUST 10



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ever and my recovery has improved tremendously.

The BEST part is I look and feel better in my 40's with two kids under 6 than i ever did as an elite athelte. As a wife and mom the peace of mind knowing that THIS nutritional product is changing our family's DNA and preventing disease is priceless!

Truth is 8 years ago I was praying for a lifeline. I was in the thick of a 20+ year battle with bulimia, my health was a mess and worse my organs were shutting down. It's hard to dream when your not sure if you will wake up the next day. It's hard to plan for the future when your unsure









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plan for the future when your unsure how much time you have. I would go as far to say that this mission saved my life and we serve a God who hears and answers prayers ____

Forever thankful *



I've experienced the research come to life in my body and thousands of others. If you're in need of an improved healthy journey, let's chat

#backedbyresearch #science #nutrition #health #plants #juiceplus #noshameinmysharegame #gamechanger #metobolicnutrition #brainhealth #hearthealth #lunghealth #optimalhealth









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