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New NMD - Ashley Hudson

Speaker icon, Full screen icon, and More options icon.



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ashley\_nicole\_hudson 8 years ago  
today my life changed forever  
because I said YES.

I said yes to being brave, fearless,  
strong and selfless.

I said yes to an opportunity.

I said yes to sharing the most  
researched and consumed  
nutritional supplement in the world.



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researched and consumed nutritional product in the world.

I said yes to being apart of change.

I said yes to being apart of something BIGGER than myself and leaving a legacy.

I said yes to serving others.

I said yes to owning an international



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I said yes to owning an international wellness franchise.

I said yes to being the healthiest version of myself.

I said yes to a community of like-minded go givers who do what's right even when it's hard.

I said yes to helping others elevate their nutrition.



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their nutrition.

I said yes to helping others earn a supplemental income from home.

I said yes to one day being a present mama.

I said yes to personal growth.

I said yes to becoming debt free.



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I said yes to becoming debt free.

I said yes to no longer living in bondage.

I said yes to healing bitter roots so I could serve from a place of abundance.

I said yes to Obedience which yields blessings.



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blessings.

I said yes and had no idea what I was even doing.

I said yes to sacrificing the good so I could experience the GREAT.

I said yes to being a mission-driven team builder and mentoring others.

I said yes to creating a life I don't



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I said yes to creating a life I don't need a vacation from.

I said yes to getting out of my own way and out of my own head to serve others.

I said yes to community.

I am living proof that ONE 👉 decision can change your life. Just one.



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can change your life. Just one.

I don't know what decision you are wrestling with friends but you need to know this.....

"Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go."  
Joshua 1:9 NIV



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Joshua 1:9 NIV

Feels Good To be a YES girl ❤️

I had the opportunity to share my families story 4 years ago on a stage in front of thousands 🤩 figured it would be fitting to share on this special day!

Ava is still a show stopper and we are still honoring the struggle and



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in front of thousands 🤩 figured it would be fitting to share on this special day!

Ava is still a show stopper and we are still honoring the struggle and embracing the suck AND ALWAYS living and LOVING on PURPOSE!

[#WeHaveAChoice](#) [#TheBestYes](#)  
[#heisforyounotagainstyou](#)

5w



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