

After my Breast Cancer...Nature's Pharmacy is why.....

Nature's Pharmacy: Phytonutrients and Nutraceuticals

THE THERAPEUTIC SUBSTANCES we discuss in this chapter—shark cartilage, Essiac tea, Hoxsey's Formula, mushrooms, Coenzyme Q10, melatonin, and green tea—are naturally occurring compounds that have the ability to modulate biologic activity in the body. They are parts of animals or plants or can be isolated from them. Most of these substances have known, documented pharmaceutical actions: They act on the cells, tissues, and organs and have measurable and predictable effects. These compounds are sometimes called phytochemicals or nutraceuticals. Many have a long history of human use as natural medicines for cancer, and some have received wide public attention



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#cancersurvivors #cancerfighter
#breastcancerwarrior
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#breastcancerfighter
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- #breastcancercares
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