

[Free to Give ▾](#)

Free to Give—Resources



The purpose of the Free to Give program is to help you achieve the financial freedom needed to give back to others. On this page, you'll find a list of resources to help you on your journey toward becoming debt-free and financially liberated.

Free to Give Workbook

The Free to Give workbook is meant to help you along your journey to financial freedom as you participate in the program. The guidelines in the workbook will help you learn how to live a healthy financial lifestyle and reap the rewards that come with doing so.

The workbook provides an overview of *The 4 Laws of Financial Prosperity*, an expense tracker, a budget tracker, and more. Use it as your guide to complete the Free to Give program.

You can download the workbook for free below.

[Download Workbook](#)

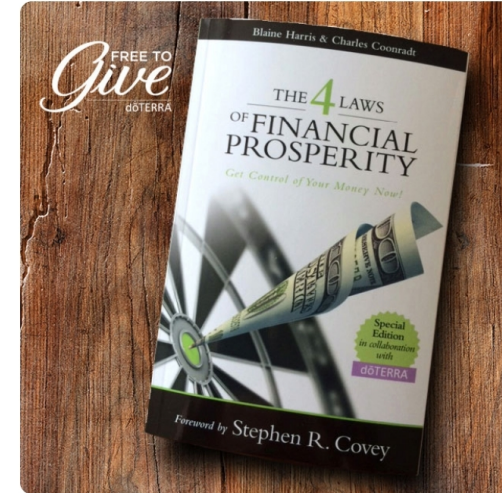
The 4 Laws of Financial Prosperity

We've partnered with Blaine Harris and Charles Coonradt to create a customized doTERRA-version of their book, *The 4 Laws of Financial Prosperity*.

This book includes many helpful tips for paying off debt, including descriptions of each of the four laws: track, target, trim, and train. Becoming debt-free makes it possible to achieve financial peace of mind and live an abundant lifestyle where you can give to others.

Log in to mydoterra.com to purchase a paperback copy of the doTERRA-customized version of this book.

[Get the Book](#)



Trackers and Other Resources

We've also created two free printables—an expense and budget tracker—to help you manage your finances and complete the program.

The Free to Give expense tracker can be used to keep track of everything you spend. Get it for free.

[Download Expense Tracker](#)

The Free to Give budget tracker helps you plan your budget each month. Use it for free.

[Download Budget Tracker](#)

The Free to Give debt payment tracker does exactly what its name suggests. You can download it for free.

[Download Payment Tracker](#)

Take advantage of these documents and integrate them into your Free to Give journey. We'd love to hear how these printables are working in your life, so please send your experiences to freetogive@doterra.com.

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