



Testimonials

TESTIMONIALS FROM DR. YOUNG, N.D.

"Diffusing essential oils in the home or work place is one of the best ways to purify our environment. The anti-viral, anti-bacterial, and antiseptic properties of the oils, along with the negative ions and oxygenating molecules that are released when essential oils are diffused, all help to reduce chemicals, bacteria, and metals in the air.

Cinnamon bark, Mountain savory, oregano, and Thieves were all tested by Weber State University and were shown to kill 100% of the airborne bacteria present. This was all done by diffusing the oils into the atmosphere."

"Research at Weber State University has shown that... oregano, cinnamon bark, mountain savory, ravensara, and peppermint were all more powerful as anti-bacterial agents than Penicillin or Ampicillin. Thieves was shown to be 60 percent higher in activity against bacteria, germs, and anti-microbial action than either Ampicillin or Penicillin!"

*~KID-Radio with Lance Richardson and Dr. Gary Young, N.D.,
Aromatologist, March 5, 1996)*

OIL USERS' SUCCESS STORIES

"I was about 8 1/2 hours into a 10 hour round trip drive and my back started to seize up. I have an old muscle injury and I knew I was in trouble. I had my oils on the seat next to me and grabbed my PanAway at a stoplight and poured it in my hand. I was in a hurry. I had planned on putting on about 5 drops, but the oil was warm and I think I ended up with about 20 in my hand. Rather than waste it, I put it all on my lower back and sat back in my seat. Within a few minutes my spine did a complete correction starting at the base and going up to the back of my head. I felt each click as it ran up my spine. Needless to say, my back no longer hurt and I had no stiffness when I finally got out of the car!"

~Andrea Safford

"I have suffered large boils on the tops of my legs for about 30 years and nobody could help me get rid of them. Last fall I counted 12 boils. I started using Lavender and did the Master Cleanser, lemonade cleanse. On the third day, my boils opened and ran freely. This was in January of this year. Now I only occasionally get them and they are many times smaller than before. I know if I continue the regimen, they will eventually leave altogether."

~K. Ernst

"Aloha! I have been using essential oil for many years, resulting in many amazingly wonderful results. One of the best took place when a dear friend was being consumed by cancer. She was in state 4 for 4 years – amazing in itself. RC and frankincense were used the most. When she was put into the hospice, with only days left, the oils were still used and she remained in the hospice for another year and a half. Others at the hospice got sick with colds and flu, including the workers, but my friend never got any of the passing bugs... amazing to say the least but a true testimonial to the anti-viral and antibiotic effects of the oils.

~Yvonne Vnuk-Neilsen

"It seems that because we live in the South there is a lot of "stuffy noses" in the spring and fall. When I have a client in my business complaining of these types of symptoms, I offer them some oils to sniff for relief. I offer a drop of peppermint first then a drop of RC blend. Then, if they have used the word "infection", I offer a drop of Thieves blend. I offer one drop of each in the palm of their hand, one at a time. Then I show them how to stir 3 times and cup their hand over the nose and deeply inhale each oil. They are always amazed at the immediate relief."

~Pam Jones

"I have had glaucoma for several years and have had my eye drop prescription changed numerous times because of rising pressure. I used a mixture of one third clove, one third lemon, and one third olive oil and rubbed it on my face above and below my eyes. The last time I was at the doctor, my pressure was 14. It was the lowest pressure I have had since I was diagnosed."

~K. Ernst

"My daughter, Haley, at age 18 was ill one Sunday, and later in the evening was feeling quite worse. When we checked, she had a fever of 105 degrees. I filled a gel capsule with 10 drops of Clove oil and had her take it with some water. In 1/2 an hour I checked her temperature again and it was down to 102. I gave her 5 more drops in another capsule and in another 1/2 hour, her fever was totally gone!!"

~Sally Donahue

"One Sunday after church a friend commented that I looked "exhausted." I thought that strange because I had gotten a good night's sleep. I walked over to a meeting for a mission trip I would be participating in, and an hour later I started getting a headache and felt something happening to my throat. About 30 minutes later I knew I was coming down with the flu as the headache and sore throat intensified and I started feeling shaky. Fortunately I had peppermint, oregano and Thieves in my truck, and as soon as I got in, I rubbed several drops of oregano on my feet, rubbed Thieves on my neck and throat, and put several drops of peppermint in my water and started drinking it. By the time I got home the headache and sore throat had lessened. That evening and for the next several days I took by capsule a combination of lemon, Mountain savory and oregano three times a day. While I could tell my body was fighting an infection (as indicated by my desire to take naps), the oils completely stopped the flu in its tracks and the headache and sore throat never returned."

~Kevin Dunn

"I had developed a fungus on my big toenails. The fungus was bad enough that the white, thick toenail was making shoes painful. I went to a podiatric doctor. The doctor removed the inside edge of the left big toenail down to the nail bed. He then prescribed some medicine that was \$80 a tube to get rid of the rest. It continued to get worse and was spreading all over the nails and was headed for the rest of the nail beds. I decided to use Animal Scents Ointment on my toes 3 times a day. Now my nails are normal and the thickness is gone."

~K. Ernst

"My husband has been bothered by migraine headaches for much of his adult life. Doctors have treated this condition with various medications – all with their own bag of side-effects. So one day I decided to have him try peppermint oil, a drop on each temple. To his amazement the headache was gone in seconds and the cooling feel of the peppermint gave him a feeling of energy and revitalization."

~Kathleen Mueller

"My husband was bitten by a spider on his stomach. The bit swelled with a large blister and it itched terribly. I used lavender oil – about a drop – on the area. In about 4 hours my husband asked for another application and reacts to any type of a bite. In fact, he usually has to go to the Dr. and get shots and prescriptions."

~Mary Rynicki

"My husband was stung by a wasp last year on the inside of the hand. He removed the stinger and asked me to put something on it. He removed the stinger and asked me to put something on it. I put Purification on it, and the itching stopped. After his shower that evening, I put Purification on it again. The next morning, you couldn't see or even tell that he'd been stung. I've also put Purification on coworkers who have had mosquito/bug bites that itched. After the Purification went on the bites, the itching stopped."

~Christie Krajewski

"I have been using Young Living Essential Oils for a little over a year now. Since then, my health has improved somewhat. I decided to stop using birth control

pills on Labor Day of 2003, due to being sick from them most of the time and wanting to try something else. I started putting **EndoFlex** on the bottom of my feet on the endocrine reflex areas. I also continued receiving colonics twice a month and eating cultured vegetables. Between the EndoFlex, colonics, and cultured vegetables, my periods have become more regular and less painful. A friend of mine who's also using Endo Flex on her feet has said that her hot flashes have stopped since she's been using EndoFlex."

~Christie Krajewski

"I am not sure if this is an original idea. I sued a combination of **lavender** and **frankincense** on a new mole that grew in with a very crusty surface. By the time I was able to have an appointment with my doctor it had totally disappeared.

~Judi Arndt

"Every fall when the weather is hot, then cold, then hot, then cold here in florida, I get chest pains that my doctor has characterized as charley horses in the deep muscles of my chest. Unlike a leg or foot muscle, you can't massage these or walk to stretch them, so there was nothing to do but "endure" these annoying episodes, which sometimes lasted for two hours. One night I woke up with this chest pain, and as I lay there thinking about what I could do for it, I remembered the instant results I had had with **Aroma Slez** on other people's leg cramps. So I got up and rubbed a few drops of Aroma Slez on my chest, and the pain went away in about 10 minutes!"

~Jan Carly

"Recently I got **Poison Ivy/Oak** for the first time. I looked in my "Reference guide for essential Oils" and decided to use **Melrose** on my poison ivy. The itching would stop for about 5 minutes and start up again. I decided to put **Purification** on, which stopped the itching for maybe an hour or two and then would start up again. Getting desperate I used **Joy** and sometimes **Harmony** (since I had more **Harmony**) on the poison ivy. The itching would stoop for most of the day and I would forget about having poison ivy. I didn't start the **Harmony** and **Joy** until about 3 or 4 days into the poison ivy flare up, but it's not the 6ths day and I'm not itching unless I take a shower or sweat profusely. From my experience with my poison ivy, I'm convinced that the presence of Rose, Rosewood, and Palmarosa in **Joy** and **Harmony**, have all helped in the healing of our "skin conditions". I plan to stock up on **Harmony** and **Joy** for future needs."

~Christie Krajewski

"My 18 year old daughter has had respiratory problems for years and finally the doctors put her on inhalers. These helped, but she did not like the way they made her feel. Soon after I started using therapeutic grade essential oils we began using them on her. After a few weeks she was off her inhalers and has never needed them since. She has, however, had the occasional upper respiratory infection, which in the past has always led to a bout with bronchitis and several months of coughing. Now, we apply oils and the infection goes away without bronchitis ever showing up. This has saved vacations and more! We apply the oils to her chest, back and feet twice a day. The oils we use are **hyssop**, **myrrh**, and two Young Living blends - **RC** and **Raven**."

~Lauren Martin

"My friend's eight month old little boy had a ringworm the size of a quarter on his head. After putting lavender neat on it several times it started to go away and after a few more times it was gone altogether. Shortly after that he got a tick in his head and by putting **peppermint** right on the back of the tick that nasty thing backed right out. I guess he could not breath--whatever it was, it got the tick out without us trying to pull it out and perhaps getting only part of the critter out.

~V. Friedich

"For years, I had been troubled with an actinic keratosis on the back of my hand. It had been caused by excessive sun exposure when I was younger. Farmers often get them on their foreheads. My dermatologist said there was no way to get rid of it - unless I wanted to freeze it off with liquid nitrogen. He didn't want to do that because it was over 1/2 inch in diameter and would have made a hole in my hand. the growth continued to bother me. It was red, scaly, and itchy. One day, in desperation, I put some "Thieves" blend on it. The **Thieves** seemed to make it feel better so I continued to apply it once a day. It is now several months later and the growth has almost disappeared. I intend to continue using Thieves on it until it is gone. It doesn't bother me anymore and the redness and itching have disappeared."

~Judy Brown

"My niece came to me in a panic. She had been at the beach all day and acquired a nasty sunburn on her face, chest, and arms. She was planning to go to a fancy party the next day and decided that she absolutely could not go to the party unless the sunburn was gone. I immediately applied a layer of lavender oil, followed a few minutes later by a layer of peppermint oil. The next day to her amazement the sunburn had vanished and she was able to enjoy her party.

~J. S.

Tendonitis Blend "This has worked for my tendonitis and for several other people I have given it to. In a 15mL amber glass bottle I mix the following essential oils: 3 drops each of **helichrysum**, **pepper**, **bergamot**, and **geranium**, 5 drops each of **Idaho Balsam fir** and **lemongrass**, then 3 drops each of **hyssop**, **Blue tansy**, **pine**, and **myrtle**. Then I fill the bottle with V-6 Mixing Oil. This is applied to the area where the pain is and followed with a layer of peppermint oil. This can be done several times per day. If a sensitivity develops, stop using it for a few weeks."

~J. S.

"When my friend contracted the **West Nile virus** from a mosquito bite last summer; her neck became stiff, and she had swelling in her ears and behind her ears at the base of her brain. She was in great pain and her ears felt "full" all of the time. We applied an oil blend from Young Living oils called **Thieves**. She placed the oil at the base of her head and down both sides of her neck and jaw area. This gave her relief from the intense pain in her neck and reduced the swelling in her ears and head. She also drank a couple of drops of the **Thieves** oil blend in fluids several times a day. She continued doing this for at least a month while she fought this disease. We both agree this probably kept her from more serious complications due to the severity of the illness. We also believe it kept her out of the hospital.

~C. Ness

"My son had a really big **wart** on his hand and I started using Lavender and **Melrose** and it seemed to help. Then I decided to try something new. I used **Melrose**, **Purification**, **Thieves**, and **Clove** - one drop each-and rubbed them in one by one and within a few days the wart was gone. I was so impressed and happy!"

~Caroline Rood

"In late October of last year, Cathy brought her 15 year old daughter to see me for massage therapy. Amanda was dealing with a huge plantar's wart grown deep into the ball of her foot. She was dealing with a great deal of pain with every step, and Cathy was planning to make an appointment for her to see a medical doctor. Cathy also suffered from these warts and had undergone months of treatment at her doctor's office having them repeatedly cut and burned with liquid nitrogen. She was also told you could never get rid of them. I suggested that Amanda rub essential oil of **oregano** on the infected area which Amanda did diligently each day, covering it with a bandage. They were amazed that the wart had completely disappeared in 6 weeks and has had no recurrence of the virus. Amanda's only complaint was she got tired of going to school every day smelling like a pizza.

~Ellie Ayers

"One Sunday morning I tripped and rammed my foot into a dirty pair of grass clippers, cutting my 4th toe at the base where it joins my foot. I washed it out as best I could with hydrogen peroxide, and then applied **lavender** oil and a bandage, and went on to church. When I came home, I kept my foot elevated and applied more lavender oil throughout the day. My friend looked at my wound and commented that it wasn't just a gash, it was punctured. That evening I also applied **clove** oil, along with the lavender oil. I slept with it unbandaged, and then bandaged it during the day while I was at work. I applied the oils morning and night. I had no infection, and by the following Sunday evening, it was almost totally healed. My friend who looked at it again was amazed, and she's an EMT!"

~C. Ness

"My husband, Tom, was taking apart a rabbit cage and the roof with the nails poking through fell on his hand and punctured it. Blood was dripping everywhere and he was becoming sick with pain and weakness. He applied pressure to the wounds but it still bled until I applied lavender and **Pan Away**. Before our very eyes it immediately stopped bleeding. It did swell up, but he kept applying **lavender** and **PanAway** and it would take away the pain and bring the swelling down. It was healed in a matter of three days without a trip to the doctor. We feel so blessed to have oils on hand to treat emergencies like this one.

~Diana Wolford

"Peace & Calming Saves the Day

My husband works at an elementary school as a LAN technician. Last spring the secretaries union went on strike for 2 weeks. All the other unions in the school district, in a show of support for the secretaries, forbade any of their members helping out with the secretarial duties. That left 3 people in my husband's school (my husband included) who were not union and able to attempt to keep the school running normally. After his first day of secretarial duties he took in a travel diffuser soaked in **Peace & Calming**, to help calm the kids who were sent to the office because they were trouble makers in their classes as well as to keep himselef calm. He still iss not sure who the **Peace & Calming** helped more (him or the kids), but the rest of the 2 weeks were less stressful thanks to the **Peace & Calming**.

~A. Cornn

PET SUCCESS

"I have a large brown tabby cat that was limping bad so I took him to the vet. The vet said he had a knee injury (he compared it to a football player's injured knee" (Cruciate Ligament Rapture) "and said it would need surgery. He wanted me to bring my cat back in a week to see his son (who is also a vet) to make arrangements for the surgery. Later, using V-6 as my carrier oil and a couple drops of **lavender** oil, I rubbed my cat form the bottom of the pay up to his hip area. The next day I could see an improvement, and by the time I took him back to the vet he was walking on his leg with only a slight limp. The vet said he would heal nicely on his own and there would be no need for surgery. Today he walks, runs and is even now jumping with no problems."

~M Rynicki

"One Saturday in February, my husband woke me up by yelling from the living room for me to bring my oils and any oil books I had at hand to him immediately. Our dog, Buddy, (a mutt from the pound, age approx. 7+ years) was lying on the floor and all of his muscles were completely seized up and tensed to the point where we couldn't move any part of his body. I had most of my oils in my large case and the Higley reference guide at my side. I put 4 or 5 drops of lavender oil in my husband's hand and he but that on Buddy's paws, ears and all over his back and legs, anywhere he was tense that we could reach. We followed the **lavender with Peace & Calming, Valor and frankincense** applied the same way. Those four were the oils I was drawn to by instinct. We massaged him and continued to stroke and pet him during and after the application of oils and after about 10 minutes he was able to get up and go to the door to go outside and run around. In between applying oils I looked up the **info on animals** as well as the info on seizures and strokes (we weren't sure what kind of episode he was having), just to make sure my instincts were near to on target (which they were). We had plans to travel about an hour out of town to visit with family, and kept Buddy with us the whole day just to be sure he was ok. When I tell this story to other people they tell me about how their dog(s) had seizures and had to be put on steroids and eventually put down because of the seizures. I am very thankful for Young Living and the oils that allowed me to go the natural route for the care of our dog."

~A. Cornn

"I have a 21 year old gelding who was diagnosed with "kidney colic" back in January. He would be down one day, up the next, down the next, up for several days, down again, etc. He would hsw all the general signs of colic but was also wanting to urinate frequently, passing little or nothing. This went on for about four weeks, and the vet thought he probably was trying to pass kidney stones. Since it was happening so often, I was wanting something to give him for the pain instead of using Banamine so much. I had used marjoram, clary sage and lavender successfully on an intestinal colic, so I tried them, but they just didn't work as well on the kidneys. So I tried **Juva-Flex**, and the results were dramatic! Four drops over each kidney, with or without a warm compress, would get him up and back to eating and drinking in 10-20 minutes. The pain-killing effects would last from 2-4 hours and seemed to be cumulative. After I had done this for two separate "episodes," the symptoms went away completely. I don't know if the stones dissolved or he passed them, but he's been pain free for six months."

~Jan Early

"All of the above testimonials are as told in the book, "Reference Guide for Essential Oils" ~compiled by Connie and Alan Higley (the bolded product/oil names are mine)

More Success Stories

"My blood sugar is normally around 155, 158 with medication. And I'm happy with that. But I started putting these oils on my feet [**Cinnamon & Cypress**] and I really didn't think that they were going to do anything because I've tried different herbs before to try to lower my blood sugar and they only made it worse. But last night we had friends over and I forgot to take my diabetes medicine at night, so I took my blood sugar test in the morning, thinking that it was going to be super high, but it was only 138! I sometimes forget to use the essential oils. But with results like that I hope they keep on working for me."

~Don Dailey

"I'm a cancer survivor. I've been in remission from Non-Hodgkins Lymphoma for 2 1/2 years. My last chemotherapy treatment was also 2 1/2 years ago. I wasn't comfortable with having all those chemicals in my body, so since then I've tried to do different body cleanses and even Kilation. I could tell that Kilation helped a little, but then I heard about the **Raindrop massage** and how it can get toxins out of the body. I wasn't sure how well it would work and didn't get my hopes up, but the morning after I had received the massage I could smell that same chemo smell that had become so familiar to me years before. The Raindrop massage had drawn it out of my cells and it was trying to escape out my pores. I even had the same taste in my mouth that I had when undergoing chemotherapy. I am sold on the Raindrop massage and find myself telling everybody about it. I can't believe the amount of detoxing it does! I am definitely getting it again, but this time I need to drink a lot more water to help my body wash away the toxins."

~Julie Vazquez

"My daughter gave me **Aroma Life & Balsam Fir** to diffuse everyday for 20-30 min. She said that it would help my body deal with high blood pressure. I was already taking medication to lower it, but my norm. was still around 158/98. In just after one and a half weeks of diffusing the two essential oils my blood pressure dropped so far that I had to cut my medications in half! And it is better than ever. Again, it has only been 1 1/2 weeks after using the Aroma Life & Balsam Fir, when I took it my blood pressure it was 111/78. I think I'm going to be able to stop taking my medications for high blood pressure all together very soon."

~Donna Dailey

Submit Your Testimonial

Oils I Use: *



Why I Use These Essential Oils: *

My Testimonial: *

Submitted by: *

First

Last