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Natural Barrier Support

\$74.95

Natural Barrier Support combines Vitamin C, Zinc sulfate, & Vitamin D3 to work as a blockade against Infections, inflammatory diseases and help support the immune system.

Servings:

Contains 100 servings per bottle. Take 1/3 tsp per serving per day,

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DESCRIPTION

Vitamin C, Zinc sulfate, Vitamin D3 are combined in ROOT's Natural Barrier Support to work as a blockade against Infections, inflammatory diseases and help support the immune system. Servings: Contains 100 servings per bottle, for a 100-day supply. Take 1/3 tsp per serving per day.

ZINC SULFATE – Defends Immune Cells & Supports Healthy Gut

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Zinc is an essential nutrient that the body uses to fight off infections and produce new cells. It is vital for wound healing and creating DNA¹. Zinc has properties that aid in protecting against oxidative damage to your immune cells and helps produce new immune cells². Zinc also has antioxidant properties, aids in cellular repair and helps support the lining of the gut which includes about 70% of our immune cells³. Zinc deficiency puts you at risk for bacterial, viral, and fungal infections⁴. Zinc is found mostly in animal products and few plant foods.

VITAMIN D3 – Supports creation of immune cells & Supports the Gut.

Vitamin D also known as the sunshine, because it is produced in your skin in response to sunlight is a fat-soluble vitamin which means it is better absorbed into the blood stream. Vitamin D plays a key role in the immune system by modulating the innate and adaptive immune responses of T and B cells⁵. Vitamin D deficiency has been linked to autoimmune diseases such as multiple sclerosis (MS), diabetes mellitus, inflammatory bowel disease and systemic lupus erythematosus⁵. Similarly, to zinc, Vitamin D and its nuclear receptor (VDR) regulate intestinal barrier integrity and control adaptive immunity in the gut⁶. Increasing the intake of Vitamin D can help reduce the risk of developing heart disease, the flu, depression and upper respiratory diseases⁷. Vitamin D can be found primarily in animal-based foods, but Natural Barrier Support contains 16% of your daily needs per serving.

VITAMIN C – Immunity Protection & antioxidant.

Vitamin C is an essential micronutrient that is a potent antioxidant. It contributes to immune defense by supporting numerous cellular functions of both the innate and adaptive immune system. Vitamin C supports epithelial barrier function against pathogens and protects the skin against environmental oxidative stress⁸. Low amounts of vitamin C have been shown to increase your risks for infections⁹. Increasing the intake of vitamin C is not the cure all, but it may decrease the risk of catching a cold by up to 50% in people who regularly exercise.



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