CBD for Depression and Anxiety

Testimonials: How HempWorx CBD Products Helped Me

So I started using the peppermint CBD oil and it has really helped me to not become anxious and to calm down especially when I perform in musicals! It's also started helping with other muscle pains I have been having, I really love it! Natalie

Hi Everyone !! I have been using CBD Oils for 2.5yrs. I've struggled with Anxiety & Depression for over 20yrs on and off. I've been put on all kinds of antidepressants/anxiety meds. Paxil, Venlafaxine, Ativan etc ...

All of which somewhat made me feel better temporarily. If you've suffered you know how it goes .. We just wait and hope that one day we'll feel the same as we once did. Well, long story short that day never came .. It just got worst after I lost a great job for being late all the time because I'd have anxiety attacks on the way to work. Then it ruined my 16yr relationship, at this point I thought my life was over at 36 yrs of age I lost everything I worked so hard for.

My friend who owns a dispensary sent me a birthday gift it was CBD Oil ~ He basically saved my life

❤️ Slowly I started feeling better and better on a daily basis .. After 1 month I went to see my doctor and told him it was time to wean me off these nasty Zombie meds.After 4 months I was med free and Alive Again !!

I also have a herniated disk with causes sciatica and shoulder bursitis from computer work my whole life and arthritis in my knee from a sports injury. Finally 2.5yrs of trying 6 different Brands I settled for Hempworx 500mg Full Spectrum CBD Hemp Oil. For those who can't handle THC on a daily basis, this only has 0.03%, therefore, does not require an MML. Full spectrum means it has CBD CBG CBC CBN which means you get the full medicinal effect.

If only this would have been around 20 yrs ago ... My life would have been so different. Cindy

Hempworx is really changing my life for the better! About 2 weeks ago I took myself off of Lyrica, Zoloft, and Buspar for my anxiety, depression and diagnosed fibromyalgia. I was tired of living in the fog! I took a leap of faith and started taking 500mg CBD oil - 3 times daily 10-15 drops each time under the tongue. It helped me with my withdrawals and slowly the fog is lifting. Helping with pain, anxiety and general mood. I am telling everyone about this product and how they have to try it. I even talked to the HVAC technician that came to my house today that mentioned that he was a veteran and had PTSD. Thanks Jennifer

Try now

Let me tell you about my husband: He has bipolar manic depressive with rapid cycling, depression, and back injuries (two) while working as a farm equipment mechanic. This has resulted in one back surgery that caused secondary issues such as restless legs and constant pain at his tailbone. He has a high tolerance to pain medication, so the prescribed meds rarely helped take away the pain. So, we were looking for something to help ease his and or take away his pain. I believe that we have found it - We received the first bottle of CBD oil about two weeks ago. These are the benefits he's experienced:

Less pain at the surgery site (no longer needs the pain meds,)

less sciatic pain running down his leg,

an elevated mood which resulted in his feeling good enough to go out and be more active during the day.

He has gone from having twitchy legs and arms every night - sometimes so badly that he would have to get up and walk around for several minutes until his muscles would settle down enough he could finally go to sleep - to having nights where his arms and legs don't twitch at all.

improved sleep.

All in all, we would call this a successful experiment and are looking forward to more benefits like possibly reducing his bipolar medications. Mary Jo

So I just started 5 drops in am/pm of the 500 3 days ago. So far I have to say my sleep has definitely improved. I have gotten sleepy in the mornings after taking my drops but I heard that's normal and will go away. I'm actually taking it for anxiety but haven't noticed much but it's only been 3 days. I will say I had a bad cut on my toe and finger put the CBD oil drop on both cuts and instant relief. It no longer hurts. I'm diabetic as well so I will see if it helps with that as well. Good luck everyone and fingers crossed I get off my meds! Melinda

BECOME AN AFFILIATE
#1 JOIN THE TEAM #2 CHANGE LIVES #3 GET PAID

Guess what everyone! I'm amazed! I've been taking the 750 CBD oil (5 drops x 2 per day) for a week.

I have PTSD, panic disorder, major depressive disorder, colitis, high bp, bad knees and shoulders (all developed during military service).

I used to not be able to walk up or down stairs normally. Had to take one step at a time. Even off a small curb. The shots in my knees only helped so much. Much less did the meds for my mental/emotional disorders.

Sooo... to the point. I can run now! I can run upstairs!! I can do jumping jacks and pushups! I miss working out. Going back to the gym tomorrow for the first time in over a year!

My attitude?! Much better. Happier. And I'm totally sure it's CBD oil. I did not make any other change. I was highly depressed. Now I'm jumping for joy

This is legit Y'all! HempWorx did it for me. Sheri

So, I was pregnant recently. I got anxiety when I was pregnant. I was 16 weeks (2nd trimester) when I found out that we lost the baby. It was devastating and traumatic. I had to have a D&E surgery the day after I found out on October 19th. After this tragedy, I became different. I developed severe anxiety and depression. So severe I could barely leave my house without shaking. My heart felt like it was constantly pounding. On really bad days, I would throw up and couldn't eat anything. I went 3 days without eating at one point. Usually, easy tasks like dishes, sweeping, and picking up after the kids became so overwhelming to me that I'd just go cry somewhere. I also couldn't sleep. It would take me at least 2 hours to fall asleep, and sometimes up to 4 hours. Then I'd wake up in the middle of the night randomly and it'd again take me 2 hours to go back to sleep. I couldn't calm my mind enough to just rest. My thoughts were so depressing and always jumped to conclusions that weren't true. But my mind told me they were true. I couldn't function anymore. I was having major panic attacks and even the smallest inconveniences became a huge deal to me. I had countless breakdowns where I didn't even know what was wrong, I was just crying for what seemed like no reason. I had been seeing a friend's Facebook posts about CBD oil and all the benefits of it. Including anxiety and depression. I was willing to try anything to stop feeling like that. So I looked into it more and read testimonies from other people who had used it. I liked what I saw so I gave it a shot. I started using CBD oil from HempWorx on December 29th. 2 weeks later, I felt like a different person. I wasn't shaking, my heart wasn't pounding, I WAS SLEEPING BETTER, and I could finally be happy again. Then, my husband hurt his ankle and could BARELY walk. So, I had to take care of him (seriously like a baby), our 3 kids under 5 years old, while trying to keep up with laundry, cleaning, school, dinners, etc. All while doing my husband's usual chores as well (we have farm animals). But guess what, I could do it all without feeling overwhelmed, and even did it cheerfully! This oil changed everything. It made me calm, cool, and collected. I had anxiety for all my life, but it was manageable until I got postpartum. Then it was out of control. I'm one of the people that it didn't work right away. It took time. But oh man, it was worth it. No more shaking, weird thoughts, heart palpitations, pacing, crying, or vomiting in 2 1/2 months. Thanks to Hempworx my kids have the Mama they need, and my husband has the wife he deserves. I feel amazing! Michelle B.

This is my first time doing this. so I hope everyone will have patience with me. I have suffered from depression and anxiety my whole life and it hasn't been easy. I also have graves disease and Psoriasis. It's in my joints so I have arthritis really bad. I also have seizures. I have been on meds since the age of 19. Nothing I have taken has helped me. I was so sick of doctors and asking for help. I had been through so much in my life at this point I was just ready to give up. I stopped all of my meds. I was just done. I watched my mother in law pass away. I watched my aunt pass away and then my father in law. Death was surrounding me and I was losing my mind. But what really dropped me in a dark, dark place was losing my dad. It dropped me to my knees. I didn't care about anything or anyone and all the doctor's wanted to do was to add more meds. I was over all of the medicine. I sat down and was going through Facebook one day and saw a post from a gentleman who changed my life. This oil gave me my life back from being in the darkest place in my life to loving life and everyone in my life. The CBD oil will forever be apart of my life. I'm medicine free to this day

😊 I'm sorry for such a long testimony but I'm living proof this oil and Charles saved my life. Melissa G.

Try now

Hi everyone! So I have been waiting to share my testimony, I wanted to see the validity of the product. I initially got the 500 CBD oil to help get me off of my bipolar medication. I have been taking Cymbalta 60mg and Lamictal 100mg for about 5 years. I have been on and off all types of anxiety medication for years. I had a yearly exam with my Dr and he was very concerned about my weight. He told me that the Lamictal with long time use can cause obesity. As if being 45 does not bring on its own challenges... Now let's add to it my weight gain over the past 5 years. Recently, if you have used Cymbalta or any other antidepressant medications you know what "brain zaps" are. I have recently started getting them on my dose. I really did not want to switch medications or up my dosage again. Then I saw Jennifer's post about HempWorx and CBD oil. I read the testimonials for a few weeks. Asked her a ton of questions... And finally decided to become a customer and an affiliate of this company.

As I was waiting for my order which seemed to take FOREVER, (only because I was anxious about getting started) I kept reading the testimonials that she would share. I started reading about how kids with anxiety disorders, ADHD, SAD and so many other ailments were helped. I knew I had to get my 14-year-old daughter to take these drops. We have been dealing with a lot of emotions and depression in the last year. I DID NOT want to get her on pharmaceutical medication. I wanted to give this a fair shot before I did.

Fast forward to today. 2 weeks taking the drops 5 2xs daily, with a couple drops in the afternoon.

I am titrating off of Lamictal still on Cymbalta, but my sleep is better... Like 100% better. I am not as easily agitated and I can say that in 25 years of taking antidepressants I feel happy! I am actually able to think clearly.

My sinuses have been clearing, my hair is healthy, and I am losing weight.

For my daughter.. 500- 3 drops 2xs daily She is HAPPPPPPYYYYY! anyone with a teenager knows what a HUGE milestone this is. She is not depressed, her anxiety is gone, she has a smile on her FACE again. She laughs again and WANTS to be around me. This in and of itself is monumental... This is really what has sold me on CBD oil. My love, my life, my forever... My daughter is happy... Thank you for letting me share my story... Thank you, Jennifer, for your patience with my million questions and for your encouragement through this whole journey. I can't wait to share more... Please feel free to share... God bless. Allysa

I wanted to share another testimony with you. This beautiful young lady is one of the loves of my life. She has struggled with depression and anxiety for a few years now. Things were especially stressful for her this year, starting high school and trying to fit in. Since we have started this journey on CBD oil, she is feeling less anxious and smiles so much more. My heart could not be happier for her. Thank you HempWorx... You have saved our lives. B.W.

I started using CBD oil 3 weeks ago with my mom. And it has helped me focus in school get good grades help with my anxiety and depression. I have become more social and love being around people again!! Sara

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I suffer from Transient global amnesia, which is a sudden, temporary episode of memory loss that can't be attributed to a more common neurological condition, such as epilepsy or stroke. During an episode of transient global amnesia, your recall of recent events simply vanishes minute by minute, so you can't remember what you say minute to minute or how you got where you are or why people you know are there. It is short-term, minutes to several hours, but it is terrifying. It comes on from extreme stress and headaches usually preceded it for 3 days. Since I am on the Hempworx oil since the beginning of Oct. I have only had one weather-related headache that I quickly got gone with a booster of 4 drops of oil midday. I have been under extreme stress with a grandbaby with brain cancer and a daughter who they think has Lymphoma and has 9 children. The oil has me calm like never before. I am getting ready to go to Africa on Christmas day to see my grandson who is ill and am a little anxious, but nothing like I normally would be WORRYING about getting alone on the plane and getting

TGA. I think God I found this oil !! Karen

MEDICAL STUDIES: EFFECT OF CBD ON DEPRESSION & ANXIETY

Studies involving CBD in the treatment of anxiety

The anxiolytic effect of cannabidiol on chronically stressed mice depends on hippocampal neurogenesis: involvement of the endocannabinoid system

Is there a role for cannabidiol in psychiatry?

Cannabidiol as a Potential Treatment for Anxiety Disorders

The Endocannabinoid System and Anxiety

CBD regulation of emotion and emotional memory processing: relevance for treating anxiety-related and substance abuse disorders

2017 Study: An Update on Safety and Side Effects of Cannabidiol: A Review of Clinical Data and Relevant Animal Studies

Summary: In general, the often described favorable safety profile of CBD in humans was confirmed and extended by the reviewed research. The majority of studies were performed for treatment of epilepsy and psychotic disorders. Here, the most commonly reported side effects were tiredness, diarrhea, and changes in appetite/weight. In comparison with other drugs, used for the treatment of these medical conditions, CBD has a better side effect profile.

2014 Study: Antidepressant-like and anxiolytic-like effects of cannabidiol: a chemical compound of Cannabis sativa.

Summary: Cannabidiol (CBD) is a constituent non-psychotomimetic of Cannabis sativa with great psychiatric potential, including uses as an antidepressant-like and anxiolytic-like compound.

2015 Study: Cannabidiol as a Potential Treatment for Anxiety Disorders

Summary: We found that existing preclinical evidence strongly supports CBD as a treatment for generalized anxiety disorder, panic disorder, social anxiety disorder, obsessive-compulsive disorder, and post-traumatic stress disorder when administered acutely; however, few studies have investigated chronic CBD dosing. Overall, current evidence indicates CBD has considerable potential as a treatment for multiple anxiety disorders, with the need for further study of chronic and therapeutic effects in relevant clinical populations.

The Ultimate Guide to CBD and Sleep

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Katie Rushing
Host

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