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Wellness Benefits

PROTECT YOUR ENERGY

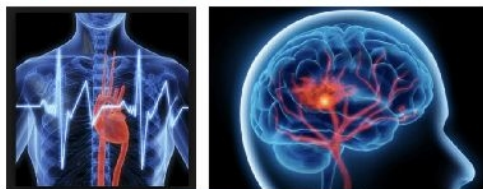


Magnetude Jewelry is not only fashionable and beautiful it has been designed with your health in mind! We use the strongest Neodymium bio-magnets (4000 gauss) to attach our 'Tudes' to our bases. These bio-magnets help to overcome the harmful effects of EMFs (electromagnetic fields), by increasing cellular energy and vitality. EMFs are emitted all around us by cell phones, cell towers, WiFi, routers, microwave ovens, smart meters, computers...etc. If you live on the planet you can't completely get away from them. This radiation can decrease our cellular function by depleting the cell's energy.

We have 60 trillion cells in our body which communicate in an electromagnetic rhythm. This rhythm or frequency affects our health. The latest research shows our mitochondria and calcium channel are very sensitive to EMFs and this can cause serious health consequences starting at a cellular level.

Our brain, heart, and nervous system contain electrical components and produce electrical fields, which are sensitive and can be influenced by EMFs. When a strong bio-magnet is put in an energy field, it increases the electrical field as well. (Faraday's, Lorentz and Ampere's law of physics). By wearing our jewelry in your energy field, you are increasing your electrical field, helping to counteract the energy depletion and negative effects from EMFs.

Our Bodies are Electric!



Magnetude Jewelry has also embedded energy frequencies of Far-Infrared (FIR), Negative ion, and Germanium on the back of all of our bases. These energy frequencies are known to help increase blood flow, decrease inflammation, and boost serotonin. So, not only are you increasing your cellular energy, but there are healthy effects that can decrease pain, increase blood flow, boost your mood, and provide better sleep.

Considering the body's natural electrical make-up, it should be no surprise that external electromagnetic forces will have an effect on the body and ultimately on health, either for good or bad.

Below we have provided extensive research studies from US National Library of Medicine, National Institutes of Health, studies from major universities around the globe, which can provide more in depth recent research relating to the subject of energy, frequencies in the body, the healthy positive effects from Neodymium bio-magnet therapy, powers of 'negative ions', far infrared (FIR), and also extensive research on the harmful effects of EMFs.

Vibrational Medicine

Nature is not solid at the cellular level, everything is made up of moving and oscillating vibrations of energy. In the living body, each electron, atom, molecule, cell, tissue, organ (and the body as a whole) has its own vibratory frequency. In terms of vibrations, the human body can be compared to a symphony orchestra. Each molecule corresponds to a particular instrument. Each cell has a certain resonant frequency and will give off "notes" if it is energized. Our bodies respond positively or negatively to certain frequencies. Neodymium bio-magnets emit frequencies that are in harmony with cell healing. Increasing the cellular function helps with the complicated overall symphony of healing that is innate in our body.

Neodymium Bio-Magnets

Magnet therapy has been around for ages, but recently there has been a great deal of research into the healthy effects from these special magnets. Major Universities from around the world have done extensive research on the healthy effects. Even the World Health Organization recognizes the healthy effects as well as having no negative side effects. This research with positive effects was done on magnets with a Gauss strength of 600-1800. Our magnets are even more powerful at 4000 Gauss. Research has shown that Neodymium magnets can help with arthritis, back pain, neck pain, knee pain, and creating better restful sleep to name a few. Increased vascular blood flow for healing has also been an important discovery.

These magnets when placed in an energy field, increase not only the magnetic field, but also increase the electrical field (Ampere's Law of Physics, Faraday's law of Physics, Lorentz Law). This is vitally important when discussing the negative effects of EMFs (electromagnetic field) and 5G. EMFs effect us at the cellular level, taking away vital energy from our mitochondria and calcium channels, which can lead to many unhealthy conditions, including but not limited to headaches, fatigue, brain fog, sleep disturbances, joint and muscle aches, increased blood sugar, high blood pressure, heart palpitations, and an overall decrease in vitality.

Far-Infrared

Far infrared is a wavelength that can't be seen, but the body can experience it as radiant heat or increased blood flow. It is known to increase peripheral blood circulation helping with healing. FIR has also been proven to have an oxidative effect on muscles, helping to slow fatigue during intense use. There is research that shows FIR has helped with decreasing oxidative damage after intense workouts, reducing muscle fatigue and recovery time, which would indicate athletes would benefit from FIR exposure. FIR can also modulate circadian rhythms for better sleep patterns.

Negative Ions

Negative ions are oxygen atoms charged with an extra electron. Negative ions are odorless, tasteless, and invisible molecules that we inhale in abundance in certain environments. They are created in nature by the effects of water, air, sunlight and the Earth's inherent radiation. That 'good feeling' you get when taking a deep breath at the beach, the mountains, or after a rainstorm, is your body being saturated in the benefits of negative ions. Research indicates that increased negative ions from either being inhaled, or absorbed through the skin meridians from energy balls has an uplifting effect on our moods. Once they reach our bloodstream, negative ions are believed to produce biochemical reactions that increase levels of the mood altering chemical serotonin, helping to alleviate depression, relieve stress, and boost our daytime energy. These are a few of the reasons we use negative-ions in our jewelry.

Downloadable Research Articles

Neodymium Magnets on Back Pain

[Magnets and Chronic Low Back Pain](#)

[Magnets and Radicular LBP](#)

[Magnets and LBP Post-Polio](#)

Neodymium Magnets and Hip Pain



Neodymium Magnets and Improved Sleep



Neodymium Magnets Reducing Inflammation



Harmful Effects of EMFs



Neodymium Magnets Increasing Blood Flow



Neodymium Magnets and Frozen Shoulder



Health Benefits of Far-Infrared



EMFs, Mitochondria, Ca⁺ Channels and Cancer



Additional Wellness Information



Early in the 20th century, it was discovered that the various organs in the body produce electrical fields that can be detected on the skin. This led to the discovery of EEG, EKG, and EMG's. When electric currents flow through tissues, the laws of physics (Ampere's law) dictate that magnetic fields must be created in the surrounding region and extend into space.

Our body is physically connected by a network of over 60 trillion self-producing cells and is made up of energy. These cells are all dependent on our body's bio-energetic field, which has its own vibratory signature, or electromagnetic rhythm. This rhythm or frequency effects our feelings, our thoughts, our health, and our lives. We can be effected by the industrialized frequency "pollutants" around us such as cell phones, computers, wifi, cell towers, et. we can become imbalanced and experience 'dis-ease'.

While we may not be medically ill, many of us suffer from dis-ease such as stress related headaches, migraines, chronic fatigue, excessive weight gain, low energy, low vitality, aches, pains and even depression. Worn around the neck through the day, Magnetude Jewelry's bio-energetic necklaces can help bring balance to our body and make us feel better and happier as they re-energize the cells in our body and bring our body to equilibrium with more vitality!

Disclaimer: These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease or physical condition.

OUR REVIEWS

What Our Customers Say

"I had polio as a child, which left my knees in bad shape and they are always swollen. I wore a Magnetude Jewelry necklace for a week and my swelling in my knees went away. I took the necklace off for a week to see what would happen, the swelling came back. I then put it back on and a week later my

swelling was gone again. Stumped my doctor! I will never take it off! Thank
you Magnetude."

Ruth, OR



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