



## rachel\_\_ryan • Follow



Wow what a journey this has been. I feel so reflective today. Probably because it's January 1, but even more so because that's just what happens when something you've wanted for a while comes to fruition. A year ago, I wasn't proud of myself for anything. Yes I had goals and dreams... yadeeyada... but I felt stagnant. I'm so glad I know what that feels like, because I never want to go back to feeling that way. Out of everything 2019 taught me the greatest lesson I learned was trust.







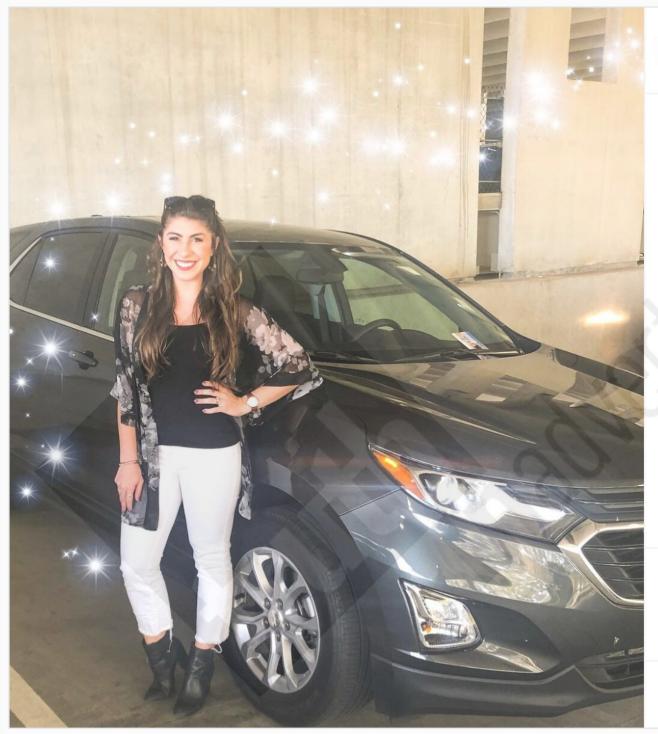


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Trusting in the process even when you are seeing absolutely no results & trusting that if you are faithful in your work, God will bless you

Sorry this post is getting long, but I have to give an example. One day (during DIQ- for all my MK peeps) I was crying on my way home from my studio (which is over an hour away), and I was hyperventilating over the phone to @jamie\_v\_taylor (which I did often) saying something probably like "I don't understand, I'm working so hard and I feel like I'm not getting where I need to get fast enough". She then told me about how Bamboo is grown.

Bamboo takes about 5 years before it even establishes itself above the









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surface, but in that time, it's creating something that no one can see. However, if you continue to water and take care of it, one day after all those years, the bamboo reaches the surface and can grow up to 80 feet tall in 6 weeks.

This story changed how I viewed my entire dream. As long as you continue to work, pray, and be who you feel called to be, you'll grow to be who you want to be and it'll be greater than you ever imagined.

Ps. Thanks @\_malloryjames\_ for letting me borrow your car for the pic "#mymklife #marykay #skincare #cosmetics #mymk #mkdirecor #makeup #travel #Atlanta #cityliving #dogmom #stayathomedogmom







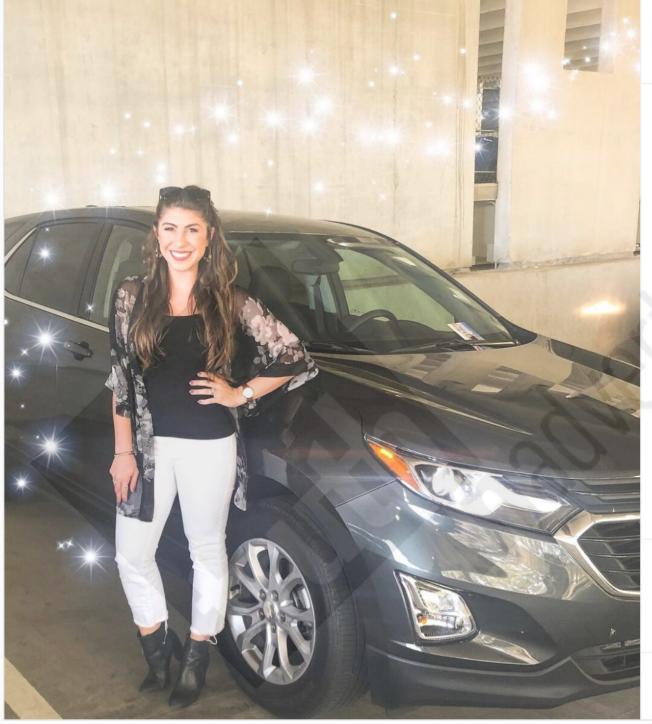


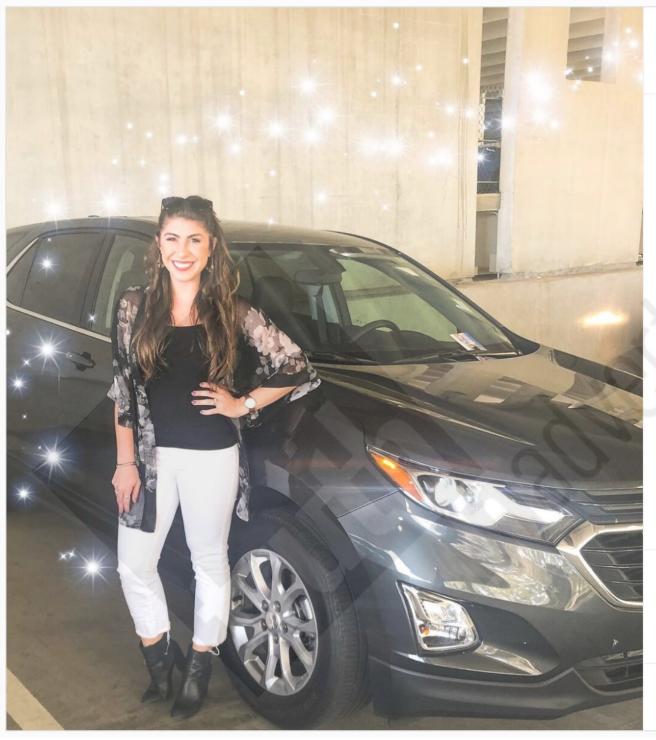
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