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Stephen O'Connor

May 24, 2014 ·

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This is my original story (yes it is long, but I was told I had to re-post it)!

Here is "my" story...

First, I will tell you my background. I am a 54 year old physician, trained in the mid 80's, with a critical and cynical mindset against anything naturopathic. Despite this, I have been, increasingly in recent years, frustrated with my profession's reliance on "Big Pharma" to solve the health care problems relating to obesity, cancer, stress, depression, cardiovascular disease, etc.

I have become a convert to the idea that nutritional chaos is the root of many of our current "modern" illnesses. I have become a strong advocate of organic products -even to the point of raising chickens to provide my family with organic eggs (yes, the overeducated physician chicken farmer). I have become a very vocal convert, encouraging my patients to treat their bodies with the right nutrition, instead of prescribing the next synthetic bandaid. That is my science side...But, I am also an accomplished athlete, having participated in Ironman competitions in Hawaii, and more recently Ultramarathoning - 2010 finisher at the Leadville 100 mile race in Colorado. I read voraciously about sports nutrition and training.

Now comes where Le-Vel enters my life. I, despite my training, have struggled with weight control, sluggishness at work (as an Emergency Dept. doctor who works rotating shifts lasting 10-12 hours), and general malaise.

Fast forward to December, 2013 when my wife starts to get up early in the morning to train, starts to lose weight and regain her "waist" and figure, sleeps through the night without the obligate tossing and turning, stops snoring (ergo, my tossing and turning), becomes happy and energized at home, and literally becomes "Michelle 2.0!" So, I ask, what is up? "I'm using the Thrive Experience," she says. "B.S.!" I think. "That's a bunch of placebo garbage" and I rolled back over to try to fall back asleep. I fall back into my scientific stinking thinking!

Well, as the days progressed, and I saw what an undeniable change had occurred with my wife, I had to rethink my position. Get me some...

Ten pounds lighter (in two weeks), with supremely more energy and alertness at work, greater training endurance, more patience with my patients and nursing staff, and a "new" wife, I have become a convert to the Thrive Experience and Le-Vel!

The reflux and heartburn I regularly experienced have gone, my migraines disappeared, my foot pain (flash back to the trauma of a 100 mile race in the mountains) un-noticed, and cortisol induced grazing for junk food - bye, bye!

The scientist in me researched the ingredients, recent studies on weight control, alertness, nutritional supplementation, and I have come to the conclusion that this "Thrive Experience" is amazing!

D.F.T. is cutting edge for delivery systems. Probiotics are so underutilized and under-appreciated by medicine. Organic nutraceuticals and premium supplements are worth their weight in gold to the body. This is one area where you get what you pay for!

Now, truthfully, I had some reservations, but in the last months, my concerns abated. Will this program affect everyone the same way? No! A multibillion-celled organism will respond individually to any product. Yet I feel nearly everyone will find a significant benefit from something at Le-Vel.

To put my money where my mouth is, I purchased the Thrive Experience for my 87 year old mother with expectations that it will add significant



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positives to her lifestyle and health.

My children are using the system, my siblings too!

Regarding the business aspects of Le-Vel, I leave that to my wife. She has come WAY out of her comfort zone to promote and develop a home business opportunity utilizing the benefits of Thrive/Le-Vel. Having just qualified for her "luxury car" is nothing short of amazing in two months of promoting. Her success? You just have to look at her before and after pictures, as well as hear her story and others she has supported, to see that an incredible opportunity is available to you. Admittedly, I am careful to not mix my day job with promotion of Le-Vel, due to ethical reasons, but if someone asks about the product or how I have benefited, well...game on!

Dr. Steve

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July 5, 2014 at 6:42pm · Like ·  1



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August 11, 2014 at 9:20pm · Like ·  1



**Debra Pape** Love your Story! Thanks for sharing!

August 15, 2014 at 12:55am · Like



**Michelle Ingram Campbell** Thank you for sharing!

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**Ivet Rivera Betances** My mom loves it!

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**Keith Halverson** This is so helpful! Thank you!

August 16, 2014 at 9:17am · Like



**Jeannie Hensley** I have been so sick for so long .Depression and anxiety .

September 22, 2014 at 8:42pm · Like



**Jeannie Hensley** I had 4 surgeries and still not no better .iam so sick of the run around and need a doctor who cares so much

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**Laurie Jahn** Wendy Bogen Hutcheson Gilat Dweck 😊

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**Krystal Cowley Miller** Kara Endsley Catugal Jennifer Davis

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**Ginny Rowland** Wonderful.

October 9, 2014 at 8:00am · Like



**Kimberley Fullerton Martens** Thank you!!  
Grant Andres so thought of you 😊

October 11, 2014 at 12:08am · Like



**Katherine Lively Nims** Ashley Casey

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**Shannon Boscacci Moore** Amazing story, thank you for sharing 😊

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**Wendy M. Buchan** My 90 year old father is thrivin' He loves it!

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**Kristine Krall** My 89 year old grandma want to use this... She is very healthy  
just minor aches.... Would you suggest the capsules shake and dtf?

November 13, 2014 at 11:42am · Like · 👍 1



**Barbara Perrin** Dr. Steve's own Thrive story.

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**Patti Bowers** This is an amazing article!! Who wouldn't want to use THRIVE?

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**Dawn Robinson** Dawn, Chance, Ari this is an amazing article

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Hanley, Carol McKillop Peverill

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**Kelly 'Kremers' Clement** Sharon Sand this is a doctors point of view on  
thrive!

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**Susie Cowan** Sandy Shore; Joleen Bordallo Sablan; Tricia O'Donnell... this is  
worth the time to read!

April 24, 2015 at 2:06am · Like



**Amy Elizabeth Kauffmann** Leora Feinberg

May 17, 2015 at 1:53am · Like · 👍 1



**Roseanna Brookhouser** Tina Kasper Hill this is who I was telling you about  
😊

June 19, 2015 at 1:16am · Like



**Kristie Barnes** This just goes to show us that we all need to change our  
thinking.

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July 19, 2015 at 9:46pm · Like



**Amanda Vanriper** Amazing

July 20, 2015 at 9:27pm · Like



**Denise Wilson** Stephanie Seiler

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**Walter Bettencourt** This is awesome.

September 11, 2015 at 11:17pm · Like



**Pamela Oskandy** Thank you sharing Dr. Steve!

September 18, 2015 at 11:04pm · Like



**Megan Centrone** Awesome! I'm sure feeling top thanks to this product!!!!

September 25, 2015 at 2:31pm · Like



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**Shirley Kay Tucker** Amazing experience .

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**Lynell Pudiz Pacheco** Rebecca Ann Matsiko Michelle Paradise Lebel

December 6, 2015 at 2:20am · Like



**Andy Neamon** DOC, will thrive help folks help diabetes. who are in their 60s and 70s. Please advice

January 2 at 4:48am · Like



**Connie F Lester** Linda Amerson this may help answer questions!!

January 7 at 6:10pm · Like



**Amy Cornell** Stacey Guthrie---send this to your chiropractor brother in law!

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**Lorri Hecker** Kay Wilson Sutton

April 17 at 4:46pm · Like

