

Find friends



Stephen O'Connor

July 5, 2014 ·

Follow

Thrive in Menopause.

Menopause is a very difficult time for many women. For those that have followed the "Thrive Stories," there is a common thread that the Le-Vel products significantly impact the symptoms in a positive way. Here is a blurb on the subject.

There are two major hormones that impact a woman's body; estrogen and progesterone. Estrogen is important for relaxation of blood vessels, normal structure and elasticity of skin, vaginal mucosal thickening, bladder and urethral health, and calcium absorption. As expected, the opposite health issues; heart attacks, osteoporosis, urinary tract infections, painful intercourse, and wrinkles can be expected after menopause.

Progesterone is less important with regard to menopausal symptoms. It functions to maintain the proper hormonal and tissue balance during pregnancy.

Common symptoms of menopause include:

- Menstrual periods occur less often and eventually stop
- Heart pounding or racing
- Hot flashes, usually worst during the first 1 - 2 years
- Night sweats
- Skin flushing
- Insomnia

Other symptoms of menopause may include:

- Decreased interest in sex, possibly decreased response to sexual stimulation
- Forgetfulness (in some women)
- Headaches
- Mood swings including irritability, depression, and anxiety
- Urine leakage
- Vaginal dryness and painful sexual intercourse
- Vaginal infections
- Joint aches and pains
- Palpitations

How does Thrive work to positively impact these issues? The small amount of plant protein may contain just enough phytoestrogens (plant estrogens) to mitigate hot flash and night sweat symptoms. The white willow bark and glucosamine extract can impact the joint aches and pains. The multivitamins, certain amino acids, synephrine and PEA enhance neuromodulation to decrease the lack of libido/sex drive, also enhancing alertness and well being. Sleep is better and so being, the stress of chronic sleep deprivation enhances well-being and mood. Simple.

Keep Thriving...

Le-Vel does not claim to cure, treat, or diagnose any medical condition or disease.

Like Share

474

1,388 shares

109 comments

View previous comments

50 of 109



Renee Sxxc Barbara maybe another reason it's helping me

SPONSORED

Create Ad



From \$74.50 at Amazon

Toms Womens Gunmetal Metallic Synthetic Leather Desert Wedge - \$74.50-\$110.20

140,552 people like this



4 Best Foods Before Bed

secure7lpt.biotrust.com

The 4 BEST foods to eat before bed to curb cravings and help you stay slim!

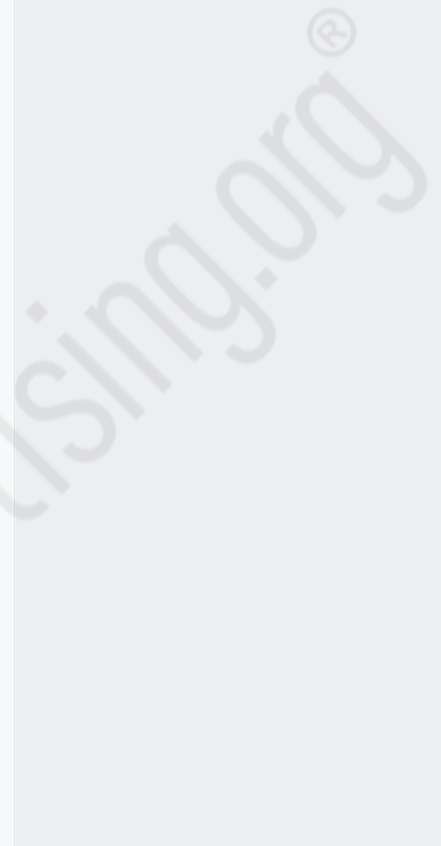
English (US) · Español · Français (France) · Português (Brasil) · Deutsch · Italiano



Privacy · Terms · Cookies · Advertising · Ad Choices · More · Facebook © 2016

Chat interface with input field and icons

- June 30, 2015 at 11:09pm · Like
-  **Jennifer Flynn** Kathy Partin
- July 5, 2015 at 3:24pm · Like
-  **Mandy Digges Liles** Kenneth Klug - for your mom
- July 5, 2015 at 4:54pm · Like
-  **Heather Hjelmstrom** Thank you for sharing!! Meri Rhyman Savage Sophia Flynn Gutierrez Kimberly Gehrke Aaron Hjelmstrom add this to your personal knowledge 😊
- July 5, 2015 at 7:51pm · Like · 👍 1
-  **Meri Rhyman Savage** Teri Dodds Rhyman read this!
- July 5, 2015 at 7:54pm · Like · 👍 1
-  **Krista Deupree Sparks** Cathy Rice James have you read this????
- July 18, 2015 at 10:02am · Like
-  **Krista Deupree Sparks** Thrive is Amazing!!!
- July 18, 2015 at 10:02am · Like
-  **Cathy Ball Rice James** Amazing for sure!! My hot flashes stopped after a couple of weeks on Thrive!!
- July 18, 2015 at 10:09am · Like · 👍 1
-  **Maxine Oberle** Bout to see what happens when the menopause is forced rather than just gradually slipped into.... can't wait to see how Thrive helps me through this one. 😊
- July 18, 2015 at 10:54am · Like
-  **Janet Hicks** After starting my Thrive experience I am having less hot flashes and night sweats...not completely gone yet but I am also new to Thrive. I am liking the lack of emotional ups and downs and pretty sure my kids,grandkids and husband are liking it too:)
- July 18, 2015 at 4:56pm · Like · 👍 1
-  **RuthAnn Caldwell-Rhodes** Gay Bland, Carmen Bland Murphey Thought you two would find this interesting.
- July 18, 2015 at 6:40pm · Like
-  **Christy Saucier** Renee Sheppard hey mom read this
- August 5, 2015 at 1:56pm · Like · 👍 1
-  **Kelly Adrienne Whitley** Janade Sumner
- August 27, 2015 at 8:46am · Like
-  **Dotty Heffner Knouse** 6 months Thriving and no hot flashes! That OTC supplement that I previously had taken that was suppose to help with that, did NOTHING for me.
- January 26 at 7:13am · Like · 👍 1
-  **Lindsey Christine** Laura Cain Mooney Chrissy Garbo Lewkowitz ❤️❤️❤️❤️🙏
- January 26 at 10:06am · Like · 👍 2
-  **Jamie Michelle Hunt** Stacy Hunt-Pebworth
- January 26 at 10:26am · Like · 👍 1
-  **Cindyk LoRusso Lvlife** It has really helped me with a lot of these at this time.
- January 26 at 1:24pm · Like
-  **Jamie Lyn Lambert** Thank you!!





January 26 at 1:27pm · Like



**Margaret Dunn Hedlund** Thanks Donna for sharing this.

January 26 at 2:09pm · Like



**Kimberly McKanna** Dorothy Girard, please read this!

January 26 at 2:27pm · Like



**Korinne Caverly Harper Johnson** Julie Lisku Craig

January 26 at 2:55pm · Like



**Dedra Carmical Bouffard** Michele Flake Roberts read this!!!

January 26 at 4:32pm · Like



**Joann Stellino** That's great to know my hot flashes have gone away completely

January 26 at 4:39pm · Like



**Crystal Clark Harrell** Take a peek Tonda Smith

January 26 at 5:12pm · Like



**Missy Miller** Georgie Lewis Artley thoughts?

January 26 at 6:45pm · Like



**Amy Tyree** I noticed that I am hardly crampy anymore!

January 26 at 7:50pm · Like



**Erika Beauchamp** Chris John

January 26 at 8:11pm · Like



**Sherry Keeler Park** Jill Thompson Koerth

January 26 at 8:12pm · Like



**Maria LaPeire** Robin Intihar

January 26 at 8:34pm · Like ·  1




**Kari Carr** Yes!!! This is my post to friends since being on Thrive:

So I wanted to give you a little info about Thrive. Please don't think I'm pushing this on you, there's no obligation to buy anything. I just want to share what it's done for me! For the past 3... [See More](#)

January 26 at 9:17pm · Like ·  2



**Chris John** Debbie Lukas Drwencke Debbie Sproat Tracy McGregor Teri Parks Ferguson

January 26 at 9:53pm · Like ·  1



**Lora Beth Harness Sanchez** Menopause & Thrive

January 26 at 11:45pm · Like



**Chelsea Passarelli** Jeri Rodriguez share this with the lady we had the 3 way call with today!

January 27 at 12:29am · Like ·  1



**Mary Ann Bennett** Wondering the effects or risks to someone in menopause. Not able to do hormone replacement due to estrogen sensitive cancer.

January 27 at 6:37am · Edited · Like



**Tara Cunningham** Leslie Connie we were just talking about this.... here's some great info 😊

January 27 at 7:22am · Like



**Stephanie Zinsmeister Merritt** Shari Deaton Zinsmeister

January 27 at 10:42am · Like



**Heather Davis** Elizabeth Sasha McCollough

January 27 at 6:01pm · Like · 1



**Brooke Nicole Feinstein** Misty Hogue

January 27 at 10:33pm · Like



**Debra Carlson** Love, love, love this!!! I am an RN and have always wanted to find and promote natural living lifestyle that works!!! I found it!!!

January 28 at 1:19am · Like · 3



**Holly Czysz** Jill Czysz Renee Wheeler Driver

January 28 at 10:06am · Like



**Mariah Carlisle** BEth Preston Lisa Morris Jonie Gail Hutchison Naomi Marie Wilson Rachel Bailey

January 28 at 8:33pm · Like



**Lisa Nowak** THRIVE truly is for everybody!

January 28 at 11:28pm · Like



**Cheryl Robinson** Dianne Woods Vanderford

January 29 at 12:10pm · Like



**Angela Curtis Lamb** Jeri Wofford-Pruitt

February 13 at 1:47pm · Like



**Kristina Hernandez** Dawn Thurmond. Feel like we were just talking about this!

February 24 at 8:19pm · Like · 1



**Allison Lublin** Sheri Bottrell Studwell

February 29 at 11:22pm · Like



**Donna Jacobs Fraley Isenhour** Lori Wetmore Szymanski

March 1 at 10:29pm · Like



**Dustin Hood** Jerika Crisp Hood

April 2 at 10:30pm · Like



**Angela Smith** Vivian Jenson

April 13 at 10:10pm · Like



**Amy Majors-Kelly** Total hysterectomy at age 31 I completely agree...Thrive has helped tons with this!!!

April 13 at 10:21pm · Like

