



Kristi Bowling April 25 at 9:14am ·

3 So you're one of those that needs to research the ingredients before even considering the option of incorporating Thrive into your life?!

Well here you go.

THRIVE INGREDIENTS:

Did you know that THRIVE's facility is rated A+ by the FDA? Did you also know that we are part of only 2% of supplement companies that can say that? And did you know that our products are NON-GMO and gluten free?

So what do our HIGH QUALITY PHARMACEUTICAL GRADE INGREDIENTS ACTUALLY DO???

B Lactis- is a friendly bacteria known to stimulate the immune response. Helps to relieve constipation and prevents diarrhea and decrease chronic inflammation of the colon.

Acidophilus- Good group of bacteria that normally live in the human small intestine and vagina. These are the microorganisms that help to maintain a healthy intestinal tract and aid digestion also gastrointestinal disorders.

Casei- Enhances immune responses. Reduces the duration of diarrhea in children.

Helviticus- Found in fermented milk and various cheeses. Exert antimicrobial activities against pathogens, alleviate symptoms of lactose intolerance, help to prevent and reduce the duration of diarrhea, possibly reducing cholesterol level and helps natural defenses.

Salvarius- It is a homofermentative organism that is found occurring naturally in the human oral cavities, intestines, and vagina. It is used to produce lactic acid in fermented moods and to help prevent infections by other microorganisms. It is found most commonly in the small intestine.

Plantarum- Is one of the most beneficial bacteria in your body. It provides excellent benefits to the colon by preventing the intestinal lining from being attack by bacteria that might also enter the blood stream, causing further damage and destruction of the body.

Rhamnosus- Helps fight intestinal tract illness, suppresses bacterial infections in renal patients, assist in prevention of urinary tract infections, build superior immune system, aids in diary product digestion among the lactose-intolerant, and decreases duration of diarrhea.

Irvingia- Is a tree native to West Africa. The fruit is similar to a mango and is used for food. The seeds are used to make medicine. Irvingia seeds might reduce fat cells growth and increase the breakdown of fats. Also, it helps with weight loss, lowering choles Chat

## Tina Home **Find Friends** Aurantium. It is made from the unripe fruit of the tree. It stimulates the sympathetic nervous system and aids in weight loss as well. Glutamine- Glutamine is an amino acid found naturally in the body. It is used to counter some of the side effects of medical treatments. Also used for ADHD, a urinary condition called cystinuria, sickle cell anemia, and for alcohol with drawl. Other uses may include digestive system conditions such as ulcers, ulcerative colitis, crohn's disease, depression, moodiness, irritability, anxiety, insomnia, and enhancing exercise performance. Arginine- Is a building block known as "amino acids". It is used for heart and blood vessel conditions including congestive heart failure, chest pain, high blood pressure, coronary artery disease, recurrent pain in the legs due to blocked arteries, decreased mental capacity in the elderly, erectile disfunction, male infertility, preventing the common cold, improve kidney function, improving athletic performance, boosting the immune system, and preventing inflammation of the digestive tract in premature infants. Grape seed Extract- Is beneficial for a number of cardiovascular conditions. Can aid in poor circulation and high blood cholesterol. It also reduces swelling caused by injury and eye diseases related to diabetes. White Tea Extract- White tea is the least processed tea and has the highest antioxidants level. It helps to prevent cancer, lower blood pressure, lower cholesterol, protects the heart, strengthen bones, naturally kills bacteria and viruses, contains small amounts of fluoride that promotes strong teeth and gums, promotes healthy and radiant skin. Guarana- Is a fruit native to Venezuela and Brazil in the Amazon forest. They are rich in caffeine and contain up to 4-8% caffeine. Also guarana is rich in tannins and xanthine alkaloids theophylline. Garcinia Cambogia- is a fat burner that contains hydroxycitric acid, which suppresses appetites and is known to be an important catalyst in the metabolic process of converting excess carbohydrates into fat. Green Tea- Potentially fights cancer and heart disease. Helps in lowering cholesterol, burning fat, preventing diabetes and strokes, and starving off dementia. Glucosamine- Natural compound founds in healthy cartilage. Often used for arthritis (Osteo). White Willow Extract- is a tree native to Europe and Asia. It's name came from the color of the leaves, which are covered with fine white hairs. Dates back to 5th century B.C. Helps with or known for fighting inflammation. Green Coffee Bean- Our non-processed, raw coffee beans (have not yet been roasted) produce a high amount of chlorogenic acid, which aids in the fight against heart disease, diabetes, and causes weight loss. Burn fat fast without any workouts needed. Theobromine- mainly found in co Chat

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Can also relax bronchi muscles in the lungs. Can be used as a cough medicine.

Thiamine- Water-soluble B complex vitamin involved in numerous body functions including nervous system and muscle functioning. Controls the flow of electrolytes in and out of nerve and muscle cells; multiple enzyme processes; carbohydrate metabolism, and the production of hydrochloric acid. Thiamine is used as part of a treatment for metabolic disorders, thiamine deficiency symptoms, and in alcoholic individuals.

Riboflavin- Used for preventing low levels of riboflavin, cervical cancer, and migraine headaches. Also used for treating acne, muscle cramps, burning feet syndrome, and blood disorders such as congenital methemoglobinemia and red blood cell aplasia. Some use it for eye conditions including eye fatigue, cataracts, and glaucoma. Other uses include increasing energy levels, boosting immune system function, maintaining healthy hair, skin, mucous membranes, and nails, slowing aging, boosting athletic performance, promoting healthy reproductive function, canker sores, memory loss, including Alzheimer's disease, ulcers, burns, alcoholism, liver disease, sickle cell anemia, and treating lactic acidosis brought on by treatment with a class of AIDS medications called NRTI.

Biotin- is a coenzyme and a B vitamin and is also known as vitamin H. Biotin is sometimes used for diabetes, brittle nails and other conditions. It supports the health of skin, nerves, digestive tract, metabolism, and cells. Also helps to treat some types of nerve pathology such as peripheral neuropathy that can result from kidney failure or diabetes. A combination of Biotin and Chromium might improve blood sugar. On its own, Biotin might decrease insulin resistance and verve symptoms related to type 2 diabetes. Used for conditions like cradle cap, hepatitis, hair loss, and depression.

Chromium- Monitors blood sugar, aids metabolism, reduces food cravings, regulates fat and cholesterol, prevents hypertension.

Selenium- Prevention in degenerative conditions including cancer, inflammatory diseases, cardiovascular disease, neurological diseases, aging, and infections.

Vanadium- Inhibits cholesterol formation in the blood vessels. Used for cholesterol and blood sugar, bones and teeth, energy production, and fat metabolism.

Calcium- The most abundant mineral in the body. Calcium is used to help blood vessels move blood throughout the body and to help release hormones and enzymes that affect almost every function in the human body.

Magnesium- is the fourth most abundant mineral in the body. Needed for more than biochemical reactions in body. Helps maintain normal muscle and nerve function, keeps heart rhythm steady, supports healthy immune system, and keeps bones strong Chat

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|                        | preventing and managing disorders such as hypertension, cardiovascular disease, and diabetes.  |  |
|                        | Zinc- is involved in numerous aspects of cellular metabolism. Plays a role in<br>immune function protein synthesis wound healing, DNA synthesis, and cell<br>division. Also support normal growth development during pregnancy,<br>childhood, and adolescence.   |  |
|                        | Copper- Works with iron to help body form red blood cells. Also helps blood vessels, nerves, immune system, and bones to stay healthy.   |  |
|                        | Manganese- helps the body form connective tissue, bones, blood clotting factors, and sex hormones. It also plays a role in fat and carbohydrate metabolism, calcium absorption, and blood sugar regulation. Necessary for normal brain and nerve function.   |  |
|                        | Molybdenum- is involved in many important biological processes, possibly including development of the nervous system, waste processing in the kidneys, and energy production in cells. Used to treat rare inherited metabolic diseases. Prevents cancer, anemia, gout, dental cavities, and sexual impotence.  |  |
|                        | Folic Acid (B9)- Is used in the body to make cells. Increased folic acid intake is frequently recommended for women who are pregnant or who's trying to get pregnant.  |  |
|                        | Pantothenic Acid (B5)- Is used or needed for the breakdown of carbohydrates, proteins, and fats. It is also effective in treatment of nerve damage, breathing problems itching, skin problems, and poisoning with other drugs.   |  |
|                        | Folate- is a water-soluble B vitamin that is naturally present in foods. Folate functions as a coenzyme or cosubstrate in single-carbon transfers in the synthesis of nucleic acids (DNA and RNA) and metabolism of amino acids. When consumed, food folates are hydrolyzed to the monoglutamate form in the gut prior to absorption by active transport across the intestinal mucosa. |  |
|                        | A Vitamins- Aid in cell reproduction. Stimulates immunity. Needed for strong bones, good vision, and healthy skin.   |  |
|                        | B Vitamins- Essential for the generation of energy, nerve development,<br>blood cell development, regulating hormones, and processing fats, carbs,<br>and proteins.  |  |
|                        | C Vitamins- Protects cells against free radicals. Important for your skin, bones, and connective tissue. Promotes healing and helps the body absorb iron.  |  |
|                        | D Vitamins- Also known as the "sunshine vitamin". Is an essential vitamin particularly for children because it helps calcium and phosphorus to form straight, strong bones and teeth.  |  |
|                        | E Vitamins- Is an antioxidant that protects body tissue from damage caused by substances called free radica <b>Chat</b>  |  |

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