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healthylevelbodies MOMS: Listen up. Let me tell you a little story about these kids.

You may scroll on by when you read posts about Thrive. And that's okay. But what I am going to share with you now is more important than anything you've seen before.

Before Thrive, I was the "no" mom.

"Mom, can you play with us?" -no

"Mom, can you push me on the swing?" -no

"Mom, will you swim with us?" -no

"Mom, I wanna play a sport" -no

"Mom, can I have a friend over?" -no

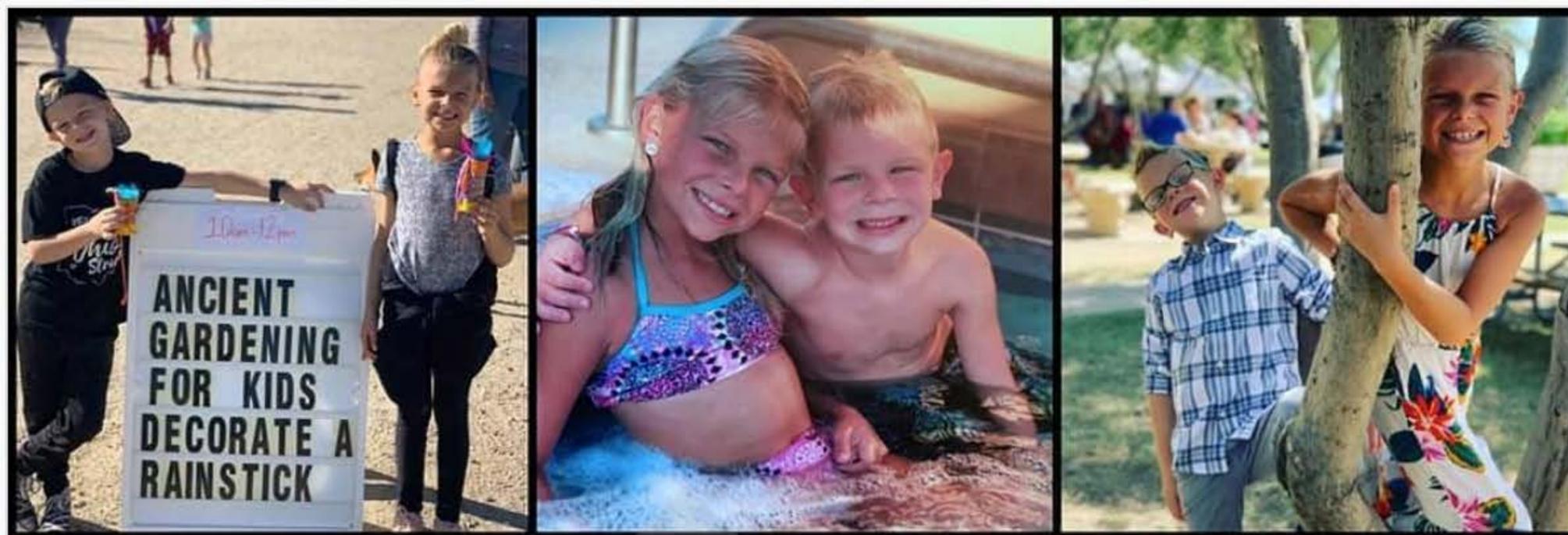
"Mom, can you drive me to school instead of riding the bus today because I just want more time with you?" - Absolutely NOT!

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I was the QUEEN of no, not now, mommies tired, ask daddy, maybe later. Like a BROKEN RECORD! Mind you, this was 4 and a half years ago!!! Once I started my Thrive Experience guys, I got my LIFE back. I finally became the mom I always DREAMED I would be!! Now we are ALWAYS doing fun stuff together! Do you think these kids were made to sit at home and do nothing or watch tv because mommy is too tired?? ABSOLUTELY NOT!! So if you have been watching these Thrive Experiences and you think "those people are selfish." Or that we brag too much about how great we feel. We can handle it. Because our hope for you is that you will do what it takes to wake up and live the life you deserve. Not for you, but for the little ones who depend on you. That look up to you. That think



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