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Madison, Wisconsin



jennifernadine_ I've had "friends" screenshot my second fitness Instagram profile & make fun of me

I've had Facebook statuses (plural 😂) made about me - making fun of what I post & how I brand myself
I've had friends/family talk behind my back - saying I'll "never make it" or it's "a pyramid scheme"

I've had coworkers laugh in my face saying "a sticker could never give you nutrition! GOOD LUCK 😂 "

I've had the guy at the post office laugh at me when he asked what I did after seeing me there a few times a week for the past 6+ months

But you know what? If I would've



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But you know what? If I would've listened to those opinions & people trying to drag me down I wouldn't have been able to pay for a semester of college with what I made in 2 months. 🎉 I wouldn't have helped so many people start feeling amazing every day. 😊

This post isn't for pity.. but instead just some motivation for someone who might need it today. Whatever you are going after in life... Keep going. Stay consistent. It WILL be worth it 🙌

36w



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