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Cathy Pierce with Kihyana Bryant and 8 others.

Yesterday at 10:44am

I LOVE THRIVE....for those of you who dont know i am diabetic and was diagnosed 8 years ago. For 8 years my sugar levels have been out of whack even on meds, my fasting blood sugar when id wake up in the mornings was never under 250 sometimes as high as 350...since i started thrive 1 month ago my sugar levels have improved so much. For 3 weeks now my levels have ranged from 115 to 130 even in the evenings it is still stable. My energy level has increased, my sugar cravings are gone (soda free for 3 1/2 weeks), i feel absolutely amazing and ive lost 10 lbs. Its not a diet its a lifestyle change. So come people what are you waiting for THRIVE WITH ME! #teamawesome



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Cathy Pierce cathyperce16.le-vel.com



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Le-Vel's THRIVE Experience is an 8 week premium lifestyle plan, to help individuals experience and reach...

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