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Breckenridge, Colorado



thrivewithcarla So much has happened in 2019 to be thankful for. The good and the bad are what shape us.

I am now living somewhere where I am instantly filled with happiness when I step outside and feel the sun on my face.

In 2020, this is what I am most excited for - I WILL manifest it! I have created a situation where the sky is the limit and my dreams are possible:

- ✈️ Traveling and hiking without taking time off
- 🏔️ Hiking every single week
- 🙌 Living a more present life
- 🚶🏻👯🏻 Helping others get healthy and live debt free



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🏃 🏃 Continuing our own health journey

😅 Never having to take a "sick" day

😴 Sleeping in, staying up late, staying in & binging Netflix on a rainy day

🍲 Meal prepping

🏠 Buying our house in the mountains

💀 Eliminating toxic people

This is all because I was brave enough to make a change and dedicated/consistent enough to make a difference.

The only person I will let disappoint me in 2020 is myself.

Cheers to the first year of complete freedom. The year of looking in the mirror. The year of not taking anyone's crap. 🍷 ❤️



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