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djd_x6 I've always had problems with acne since I was a teen which led to a really bad acne scars specially both sides of the temples on my face. It was discoloured as well. I've tried a lot of acne solutions and none of them worked! I've also got a prescription and that didn't work either. .
Back when I was breast feeding my youngest who was about 12-14 months at that time, I went to see a dermatologist and wanted to get laser done to get rid of the scars (I hated looking at them, I would put on a full coverage foundation just to try and cover it up). He told me it's gonna cost thousands of dollars and may not work on old scars. He said if I wanted to do it to come back when I was done breastfeeding.



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Let me tell you that I wished at that moment I wasn't breastfeeding because I would've done it still even if it wasn't 100% gonna work. I was THAT desperate to try something.

Fast forward and I'm SO glad that I WAS breastfeeding at that time. My face has gotten better, it's not where I wanted but it's slowly getting there and I'm feeling a little more confident 😊

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