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Best Mood Nootropic Mood Booster & Stress Relief Supplement for a Calm Mind, Clear Focus, Mental Clarity -

136 customer reviews | 7 answered questions



- About the product
- **FEEL YOUR BEST, EVERY DAY.** Formulated with key vitamins and potent herbal extracts, Best Mood helps you feel your best self every day by promoting a sense of mental clarity motivation, and reducing stress.
  - **CLEAR MIND, MORE ENERGY, LESS STRESS.** Alleviate anxiety and clear brain fog with this natural mood & brain boosting nootropic supplement. Reduce stress and feel a sense of calm and tranquility throughout the day so you can focus on what matters most.
  - **MODERN SCIENCE FORMULATION.** Primal One is setting the standard for daily brain boost supplementation with key ingredients like l-theanine, ksm 66 ashwagandha, bacopa monnieri, & more in doses that are backed by science and real-world results.
  - **ZERO ARTIFICIAL FILLERS or DYES.** Primal One uses exclusively veggie capsules and absolutely no fillers, binders, or artificial dyes. Peak mental enhancement and supporting mood means no corners cut. Eliminate brain fog and become your best self.
  - **SEROTONIN & DOPAMINE STACK.** Stimulants fuel many nootropics and cause jitters crashing. Best Mood is caffeine free and instead supports serotonin and dopamine with powerful vitamins and minerals such as magnesium chelate and b vitamins.

+

+

Total price:  
\$65.99

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✓ **This item:** Best Mood Nootropic Mood Booster & Stress Relief Supplement for a Calm Mind, Clear Focus, Mental... \$25.50

✓ **Ambition Nootropic Brain Booster Supplement - Enhance Focus, Boost Memory & Clarity - Achieve Peak Performance** \$25.50 (\$0.85 / Count)

✓ **Caffeine with L-Theanine & Theobromine for Sustained Energy & Focus - Natural Nootropic Energy...** \$14.99

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HCF Brain Supplement with Amino-Acids & Vitamins for Memory, Focus, Attention, Mood...  
1,069  
\$39.95



Extra Strength Brain Supplement for Focus, Energy, Memory & Clarity - Mental Perfor...  
3,260  
\$20.94



Anti Anxiety Supplemen and Stress Support f  
Anxiety Relief with Ashwagandha, L-T...  
127  
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600  
\$29.95



Ambition Nootropic Brain Booster Supplement - Enhance Focus, Boost Memory & Clarity - Achieve Peak Mental Performance w/CDP Choline, Neurofactor, More - 30 Natural Veggie Pills  
228  
\$25.50



LES Labs Mood Boost, Anxiety Relief Supplement, Stress Relief, Mood Enhancer & Sleep Aid with 5-HTP, Ashwagandha, Rhodiola Rosea & GABA, 60 Capsules  
2,067  
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5-HTP 200 mg Supplement - 120 Capsules - Arazo Nutrition  
2,395  
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## Have a question?

Find answers in product info, Q&As, reviews

## Product description

### WHAT IS BEST MOOD?

BEST MOOD is a powerful mood enhancer containing research-backed nootropic formula with natural herbal extracts, bioavailable vitamins/minerals, and amino acids.

PRIMAL ONE BEST MOOD works to rapidly promote a sense of calmness, clarity, and happiness, all without any synthetic compounds or stimulants that give you a "false" high.

### THE BENEFITS OF BEST MOOD

- > Experience a Calm & Clear Mind
- > Promote Improved Mood & Focus
- > Featuring All-Natural, Patented KSM-66 Ashwagandha
- > Caffeine-Free, Vegan Friendly, & No Artificial Fillers

### The PRIMAL ONE BEST MOOD Difference

Let's face it: Life can be stressful at times. We know firsthand how debilitating it can be to get out of bed in a crummy mood with a lot on your mind. This is exactly why we formulated PRIMAL ONE BEST MOOD with mood-enhancing ingredients that are backed by scientific literature and proven by real-world experience.

BEST MOOD is one of the most versatile and potent mood enhancing supplements available and is designed for anyone and everyone looking to make the most of each day. Whether you're an athlete, stay-at-home parent, computer programmer, student, CEO, or a construction worker, BEST MOOD is for you. Contrary to many nootropic supplements and mood enhancers, BEST MOOD is caffeine-free and contains herbal extracts with the proper potency. Don't be fooled by products that claim to give you the benefits of ashwagandha but contain a low-grade extract with minimal bioactive compounds, as they are essentially useless.

How BEST MOOD Works

The BEST MOOD formula works synergistically to boost the production of neurotransmitters that enhance mood and promoting a clear, stress-free mind. Remember, BEST MOOD is stimulant-free and can be taken any time of day that you want to feel more calm, cool, and collected.

Product details

**Shipping Weight:** 2.1 ounces (View shipping rates and policies)

**ASIN:** B07DCDP3MD

**UPC:** 856071008007

**Average Customer Review:** 136 customer reviews

**Amazon Best Sellers Rank:** #29,417 in Health & Household (See Top 100 in Health & Household)  
#1462 in Herbal Supplements

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136 customer reviews

4.2 out of 5 stars

5 star	<div></div>	68%
4 star	<div></div>	15%
3 star	<div></div>	6%
2 star	<div></div>	5%
1 star	<div></div>	6%

By feature

Easy to swallow	4.4
Value for money	3.9
Pain relief	2.9

By customer groups & interests

Mental Health	4.3
Homeopathy	4.3
Vitamins	4.3

Is this feature helpful?

Yes

No

Review this product

Customer images



[See all customer images](#)

Read reviews that mention

best mood	side effects	started taking	throughout the day	
highly recommend	give it a try	much better	noticed a difference	
second bottle	great mood	works well	mood booster	works great

Showing 1-8 of 136 reviews

Top Reviews

Justin S.

**Good supplement for anxiety and mood.**  
January 17, 2019  
**Verified Purchase**  
I like this product a lot so far. I just finished going through one bottle and the supplement helps me with my OCD and my social anxiety. It helps with some of the overthinking that I am constantly dealing with. The supplement contains:

Share your thoughts with other customers

Write a customer review



Ad feedback

L-Theanine: Amino acid that is known for its calming properties. It is most commonly found in Black Tea. Studies have shown that it can help with physical and mental stress and also improve cognition. It has an interesting synergy with caffeine but it can also help take the "edge" off of some of the side effects that Caffeine can cause, especially for those a little sensitive to Caffeine. There's many supplements out there that contain L-Theanine and Caffeine together. L-Theanine has a pretty good pharmacology profile since it affects serotonin, dopamine, GABA and Glycine in the brain. It also affects Glutamate because structurally at a molecular level, it is very close in structure to Glutamate. Because of the affect L-Theanine has on alpha wave production in the brain, it can be beneficial for sleeping.

Ashwanandha - An ayurvedic herb that has many benefits. It is an adaptogen like Ginseng, Rhodiola

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55 people found this helpful

Helpful

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Astar33

**Gives you the feel goods!**

October 30, 2018

**Verified Purchase**

Tried this product out of curiosity. Hard to give what I felt an actual description. It gave me an extra feel good oomph especially in the middle part of the day after getting off work and switching into dad mode with the littles. There's some extra energy feel good juju coming from the nootropics. Tried a few days with out it and I noticed a difference. My wife even tries it and loves it when she goes to work and is the office manager for a group of females haha. So far I'm a fan of what I've tried from this company!

38 people found this helpful

Helpful

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J Masters

**Works Like a Charm!**

October 29, 2018

**Verified Purchase**

I've been taking BEST MOOD on and off over these past few weeks, and I have had an interesting experience with it. When taking the full dosage, I do in fact feel lighthearted and happy despite any "negative" stimuli in my day. However, there is one drawback that I was not expecting at all: on the full dosage, BEST MOOD makes me very sleepy! 😴 At first I thought this was just placebo, but after taking it both on an empty stomach and with a meal (and after having a full night's rest both times), I still get consistently tired. I did my own research on this, and it appears that L-theanine, when taken in the dosage included in BEST MOOD, can in fact induce a sedative state! This makes sense, especially because I'm a lightweight when it comes to all medicines & supplements. Aside from that, the product is great... just not super ideal when I'm sitting at a desk all day or planning on going to the gym in the evening! With that in mind, this supplement works exactly as marketed and is great for feeling good and winding down after a stressful day! Primal One nailed it yet again!

31 people found this helpful

Helpful

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SupplementSnoop

**Very solid stim-free mood enhancer**

November 8, 2018

**Verified Purchase**

Nootropics, or products focused on brain health and mental energy are all the rage. Some products opt for caffeine-centric formulas and others offer stimulant free alternatives that focus more on healthy herbs and extracts.

Best Mood is part of the latter group which I think is a great plan since some people already ingest too much caffeine and need something different to help boost their mental levels. The key is picking a couple of the proven herbs and extracts out there and Best Mood accomplishes this.

I want to clarify this product is better than a 4 star product based off of the chosen formula. There are some other products out there offering the same ingredients with a bit more added which is the only thing really separating this from being an elite product.

KSM Ashwagandha: A patented form of the herb that has been proven helpful in relieving stress and promoting a calming effect on the brain and the body. This also has several potential positive side effects



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Rickie Mattocks

Product has me in my best mood

September 26, 2018

Verified Purchase

I like feeling of being clear headed and perceiving situations for what they are and acting accordingly. I work as a supervisor at Ups which requires extremely focus. Best Mood and Ambition have helped me a lot.

24 people found this helpful

Helpful

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Kurt Lehmann

Calm but focused

October 22, 2018

Verified Purchase

I've struggled with ADD and focus issues most of my life. This natural afternoon boost as I find my mind wandering helps me pull everything back in to focus.

15 people found this helpful

Helpful

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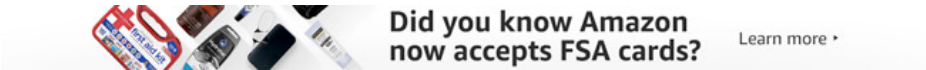
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228

\$25.50



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