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CogniNurish - Brain Support and Immune System Booster – Natural Brain Supplement for Memory and Focus – Powerful

23 customer reviews | 3 answered questions

Price: **\$45.60** (\$0.30 / Gram) ~~\$48.00~~ \$2.40 (5%) & **FREE Shipping**. [Details](#)

In Stock. Sold by [Nurish Me](#) and **Fulfilled by Amazon.**

Subscribe & Save 5% 15%
\$45.60 (\$0.30 / Gram) Save 5% now and up to 15% on auto-deliveries. [Learn more](#)
Get it Wednesday, Jun 19

One-time Purchase
\$48.00 (\$0.32 / Gram)

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About the product

- **OPTIMAL BRAIN HEALTH:** The CogniNurish brain health supplement delivers key nutrient and vitamins for the brain and memory in an easy to digest powder or capsule formulation.
- **IMMUNE SUPPORT:** Our blend of key brain vitamins and nutrients also acts as an immun system booster to help you maintain complete body and brain health.
- **ENERGY AND FOCUS:** You may experience an energy boost, greater mental clarity, less brain fog, improved cognitive function, better sleep, improved brain focus and feel naturally calm.
- **SAFE & EFFECTIVE:** Our brain support supplement is 100% vegan, dairy free, gluten free and Non-GMO. Boost your brain the easy way with our memory enhancement supplement.
- **ABOUT NURISH.ME:** Nurish.Me conducts credible, peer reviewed clinical research to bring you memory and focus supplements with optimal efficacy and value.

Frequently bought together

Total price: **\$75.41**

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1,560

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BRI NUTRITION

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Real Lions Mane
Mushroom Capsules -
Strongest 1500mg
Heridium Erinaceus...
62


\$15.95

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What other items do customers buy after viewing this item?

- 

CoreCumin - Liquid Turmeric Curcumin Supplement - Nano-Sized Curcumin for Enhanced Absorption- Antioxidant, Anti-Inflammatory Supplement (2 Month Supply)
19
\$29.95
- 

Genius Consciousness - Super Nootropic Brain Booster Supplement - Enhance Focus, Boost Concentration & Improve Memory | Mind Enhancement with Alpha GPC & Lions Mane Mushroom for Neuro Energy & IQ
2,079
\$37.99
- 

Genius Mushroom – Lions Mane, Cordyceps and Reishi – Immune System Booster & Nootropic Brain Supplement – Wellness Formula for Natural Energy, Stress Relief, Memory & Liver Support, 90 Veggie Pills
1,755
\$21.95
- 

Premium Brain Function Supplement – Memory, Focus, Clarity – Nootropic Booster with DMAE, Bacopa Monnieri, L-Glutamine, Multi Vitamins, Multi Minerals - Arazo Nutrition
1,426
\$19.95

Special offers and product promotions

- Size: 5.3 oz Tub
- Your cost could be **\$38.00 instead of \$48.00!** Get **\$10.00 off instantly** as a gift card upon approval for the **Amazon.com Store Card**. [Learn more.](#)

Have a question?

Find answers in product info, Q&As, reviews

Product Description



What are polysaccharides?

Polysaccharides (sugars) are a building block for overall and brain health as well as an energy supplement. Several polysaccharides which are utilized by every cell in the human body and dramatically impact how we function are typically lacking in the modern diet, making it necessary to obtain them in a concentrated form in high quality dietary brain food supplements.

Brain and Immune Health



Boost Your Vitality

As most of us today are not eating an optimally-healthy diet or exercising as much as we should, almost everyone could benefit from taking dietary supplements to improve brain health. At Nurish.Me, our scientists are committed to producing the most efficacious natural brain function support supplements based on sound science with top quality ingredients at great value, giving you the confidence that you are taking the best brain supplements money can buy.




Recommended Dosage


Mix one scoop or a half teaspoon of CogniNurish brain function supplement in water, juice, protein shake, smoothie, cereal, soup, or food of your choice. Take 1 serving with breakfast and 1 serving with dinner. Shake well before use. If you are also taking CoreCumin, take CogniNurish and CoreCumin 30 minutes apart. CogniNurish mental focus supplement is safe to take with prescription or over-the-counter medications and other dietary supplements.



Nurish.Me Core Values

At Nurish.Me, we "practice what we preach." Our interest in promoting health through dietary supplementation is not just superficial, but rather a core principle of achieving optimal health and well-being. Our scientists have spent many years investigating the effects of key nutrients beneficial not just for the brain, but for overall health. The culmination of this applied nutrition research is CogniNurish brain support supplement.






nurish.me

COGNINURISH™

Brain and Immune Health


Improves Memory* | Clinically Proven | Reduces Inflammation*

Mechanisms of Action:




Anti-inflammation

By decreasing Tumour Necrosis Factor- α by 39% (anti-TNF- α)




Supports the Survival of Neurons

By increasing Brain-Derived Neurotrophic Factor (BDNF) in conjunction with improved cognitive functioning scores



Immunomodulation

By increasing CD14+ monocytes by 286% that in turn helps with keeping the microbial load check



Detoxification

By binding neurotoxins in the gut

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



CogniNurish CoreCumin CoreCumin 3 pack CoreCumin Pro BiAloe CoreCumin Pro Rice Bran

Product Features	Bioavailable Aloe Vera, hydrolyzed rice bran and phytonutrients	Bioavailable micellized curcumin	Multipack – bioavailable micellized curcumin	Micellized curcumin with highest available Aloe Vera polysaccharides	Micellized curcumin with hydrolyzed rice bran
Perfect For	Improved energy, focus and concentration	Overall mood, digestion, joint and health support	Family size health, joint, digestion and mood support	Enhanced immune system function	Antioxidant immune system support
Benefits	Enhanced immune, brain and memory health	Reduces inflammation and offers natural pain relief	Reduces inflammation and offers natural pain relief	Cardio-vascular, immune and anti-inflammatory support	Better appetite, sleep, digestion, and decreased pain
Quantity	150g (60 servings)	25ml (188 4 drop servings)	3 x 25ml (564 4 drop servings)	25ml (94 8 drop servings)	25ml (94 8 drop servings)
Transparency Mobile App Activated	✓	✓	✓	✓	✓

Product details

Size: **5.3 oz Tub**

Shipping Weight: 9.3 ounces ([View shipping rates and policies](#))

ASIN: B07FF7HJYF

UPC: 860041000731

Average Customer Review: 4.5 [23 customer reviews](#)

Amazon Best Sellers Rank: #133,270 in Health & Household ([See Top 100 in Health & Household](#))
#7248 in [Herbal Supplements](#)

Product Warranty: For warranty information about this product, please [click here](#)

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Important information

Legal Disclaimer

Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

Ingredients

Dietary supplements include such ingredients as vitamins, minerals, herbs, amino acids, and enzymes. Dietary supplements are marketed in forms such as tablets, capsules, softgels, gelcaps, powders, and liquids.

Sponsored products related to this item



Brain Supplement
Nootropics Booster -
Enhance Focus, Boost
Concentration, Improve...
70

\$14.95

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Customer Questions & Answers

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23 customer reviews

4.7 out of 5 stars

5 star	<div></div>	82%
4 star	<div></div>	9%
3 star	<div></div>	0%
2 star	<div></div>	9%
1 star	<div></div>	0%

Review this product

Share your thoughts with other customers

Write a customer review

1,548

Add to Cart

Ad feedback

Customer images



See all customer images

Read reviews that mention

highly recommend	started taking	feel better	brain	cogninurish
improved	memory	focus	noticed	daily
				difference
nurish	results	sleep	clarity	energy
				sharper
				ability

Showing 1-8 of 23 reviews

Top Reviews

- Amazon Customer

Works for my attention deficit and memory!

December 4, 2018

Size: 5.3 oz Tub **Verified Purchase**

I have a a lot of issues with concentration, my mind is always scattered which makes me jump form task to task without really finishing any one of them. I tried this product after a friends recommendation and after a week of taking it twice a day I noticed a clarity of mind and an ability to focus that I had not experienced in years. I also noticed that my language improved (English is my second language and I get stuck) my typing was faster and more fluid and my memory much sharper. I am able to keep track of my ideas better and complete my tasks more efficiently. Will continue to order and highly recommend for people struggling with attention and memory issues.

4 people found this helpful

Helpful

Comment

Report abuse
- Larry

Surpising result

December 4, 2018

Size: 5.3 oz Tub **Verified Purchase**

I started taking this on recommendation from a long term friend, the most immediate unanticipated benefit I noticed is sleeping through the night for 7 hours straight, something that hasn't happened in a very long time, I'll continue to buy it for that alone, not a small thing, huge actually.

4 people found this helpful

Helpful

Comment

Report abuse
- anon.

Great product for a healthy brain

November 26, 2018

Size: 5.3 oz Tub **Verified Purchase**

I use this product for improved brain functioning, like better memory and focus.

It's fantastic so far. Highly recommend that you try it for at least a few days and then stick with it when you love it.

4 people found this helpful

Helpful Comment Report abuse

Molly Ann Manjarres

Recommended by my physician!

December 3, 2018

Size: 5.3 oz Tub **Verified Purchase**

My physician recommended I start taking CogniNurish to improve my thinking, clarity and memory. I am so glad I followed his suggestion as my brain seems to be functioning more efficiently and my memory has definitely improved. Please do yourself and your body a favor and give this fantastic and pure product at least a try. You will hopefully love and appreciate as much as I do!

2 people found this helpful

Helpful Comment Report abuse

Michael Weinstock

CogniNurish is a great find!

January 15, 2019

Size: 5.3 oz Tub **Verified Purchase**

I am a long-time user of different dietary supplements, and I have tried countless products over the years for a number of reasons. I also look for the highest-quality products, as I believe you are wasting your time and money if you choose otherwise. I have also recently started learning about the benefits of complex sugars and how they are not commonly considered as a necessary part of a health maintenance program. Based on some of the research I have read, I believe these sugars are a vital part of the daily nutrition routine. Getting a complex daily amount of them in CogniNurish is the way to go! This product provides me with those sugars and more. Since I have started taking the product, I have noticed that I feel better overall, my focus seems sharper, and I just feel like I can get up go physically and mentally. I would highly recommend this product and look forward to trying other Nurish.Me products. Great job, Nurish.Me!

Helpful Comment Report abuse

Doug

I am on my third container

January 30, 2019

Size: 5.3 oz Tub **Verified Purchase**

I have been looking for a product to help support my daily nutritional needs, particularly for brain health. Running my own company is very mentally demanding and stressful. I had been researching supplements that might aid in cognitive function and I found CogniNurish basically by accident. Since I started taking it (about 3 months ago) I have noticed that I do feel sharper and more focused, and I believe that my recall ability is quicker. I find that I just feel better. I believe my sleep and overall energy level have improved since starting as well. I just purchased some for my parents, in particular my Dad who is getting up in age.

Helpful Comment Report abuse

John Comstock

Appreciate the Science Behind the Product and the Benefit

December 31, 2018

Size: 5.3 oz Tub **Verified Purchase**

I have been taking this product for some time now and have noticed benefit in being able to focus. Having struggled with a mental fog over the years I have found this product to be the first one to have generated a significant difference in the quality of my daily life.

The science behind the product is reassuring. I am thankful for a team that is not after hype but after real, science-based results. I know more research will continue to be done.

One person found this helpful

Helpful Comment Report abuse

Amazon Customer

Hugely Beneficial

December 9, 2018

Size: 5.3 oz Tub

Verified Purchase

Early Reviewer Rewards

(What's this?)

Cogni Nurish as well as CoreCumin have been a wonderful and helpful addition to the daily intake and regiment of natural, health and wholistic care we have been giving to my father in law with Alzheimer's. The Nurish.me products have improved his mood, given him more day to day energy and generally is adding benefits in a natural organic way at a time when all anyone wants to give him are chemical drugs that dont work.

One person found this helpful

Helpful

Comment

Report abuse

See all 23 reviews

Write a customer review

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This item: CogniNurish - Brain Support and Immune System Booster - Natural Brain Supplement for Memory and Focus - Powerful, Scientifically Formulated Blend of Brain Vitamins for Concentration & Brain Health

Set up a giveaway

Customers who bought this item also bought



CoreCumin - Liquid
Turmeric Curcumin
Supplement - Nano-Sized
Curcumin for Enhanced...
19

\$29.95

Ad feedback

Disclaimer: While we work to ensure that product information is correct, on occasion manufacturers may alter their ingredient lists. Actual product packaging and materials may contain more and/or different information than that shown on our Web site. We recommend that you do not solely rely on the information presented and that you always read labels, warnings, and directions before using or consuming a product. For additional information about a product, please contact the manufacturer. Content on this site is for reference purposes and is not intended to substitute for advice given by a physician, pharmacist, or other licensed health-care professional. You should not use this information as self-diagnosis or for treating a health problem or disease. Contact your health-care provider immediately if you suspect that you have a medical problem. Information and statements regarding dietary supplements have not been evaluated by the Food and Drug Administration and are not intended to diagnose, treat, cure, or prevent any disease or health condition. Amazon.com assumes no liability for inaccuracies or misstatements about products.

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Amazon Business

Everything For Your Business

Amazon Web Services

Scalable Cloud Computing Services

East Dane

Designer Men's Fashion

Amazon Photos

Unlimited Photo Storage Free With Prime

Ring

Smart Home Security Systems

Amazon Drive

Cloud storage from Amazon

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