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All brain supplement

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### 5-HTP Supplement 200mg - Mood & Serotonin Booster, Anxiety Relief, Wellness & Brain Support, Nootropic Dopami

130 customer reviews

Price: \$17.59 (\$0.29 / Count) ~~\$18.52~~ \$0.93 (5%) FREE Shipping on orders over \$25—or get FREE Two-Day Shipping with Amazon Prime

In Stock. Sold by Nobi Nutrition and Fulfilled by Amazon.



Subscribe & Save 5% 15% \$17.59 (\$0.29 / Count) Save 5% now and up to 15% on auto-deliveries. Learn more Get it Thursday, Jun 20 One-time Purchase \$18.52 (\$0.31 / Count)

Qty: 1 Deliver every: 1 month ( Most common )

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#### About the product

- ★ NATURAL MOOD BOOSTER. Like the popular brain supplement l theanine, this natura amino acid supplement is a precursor to serotonin and can be used as a natural mood enhancer supplement as it provides mood support. \*
★ SUPPORTS A RESTFUL SLEEP. 5-HTP is a natural sleep aid that is not only gives you a mood boost, it's also a stress relief supplement which organically supports your levels of the mood-lifting neurotransmitter serotonin and promotes restful sleep. \*
★ PREMIUM FORMULA INCLUDES VITAMINS B6 & C. 5-HTP from NOBI is made from premium quality ingredients including Vitamins B6 & C. These vitamins are hard to find i other products and are vital in helping your body produce and use 5-HTP. \*
★ PROVIDES NATURAL STRESS RELIEF. Serotonin supplement 5-HTP provides a natural stress relief\* and can be used with other supplements like L-tyrosine and mucuna prurier \*
★ NATURAL BRAIN BOOST. Optimal brain function requires the proper balance of serotonin and dopamine. 5-HTP by NOBI is specially formulated to support health hormone maintenance and improve mood, memory and cognitive function. \*

Other Sellers on Amazon 2 new from \$18.52

\$22.00 (\$0.37 / Count) & FREE Shipping on eligible orders. Add to Cart Sold by: MBE Direct Wholesale

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Advertisement for Forge Factor Volcano Nitric Oxide Booster. Includes product image and text: 'Dedicated to Helping You Achieve Success', '120 CAPSULES', '\$28.34 prime'.

Ad feedback

Advertisement for another product, showing a product image and the number '887'.

Ad feedback

#### Frequently bought together



Total price: \$52.75

Add all three to Cart

Add all three to List

- This item: 5-HTP Supplement 200mg - Mood & Serotonin Booster, Anxiety Relief, Wellness & Brain Support... \$18.52 (\$0.31 / Count)
Premium Horny Goat Weed Extract - Extra Strength formulated with Maca Root, Ginseng & Tribulus... \$16.25 (\$0.27 / Count)
Fat Burner Pills for Women - Thermogenic Supplement, Metabolism Booster, and Appetite Suppressant... \$17.98 (\$0.30 / Count)

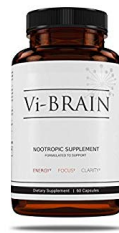
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200 MG 5-HTP Plus  
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Cofactor B6 for Improved  
Serotonin Conve...  
190  
\$21.95



Organic Lions Mane  
Mushroom Capsules -  
2100 mg Max Capsule  
Dose + Absorption...  
140  
\$21.95



Vite Vi-Brain – Nootr  
Energy Supplement,  
Natural Brain Vitami  
with Tyrosine, ...  
6  
\$10.00

[Ad feedback](#)

### Customers who bought this item also bought



Premium Horny Goat  
Weed Extract – Extra  
Strength formulated with  
Maca Root, Ginseng &...  
200  
\$16.25

### Special offers and product promotions

- Save 20% each on Qualifying items offered by Nobi Nutrition when you purchase 4 or more. Enter code NOBIXX20 at checkout. [Here's how](#) (restrictions apply)
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- Save 10% each on Qualifying items offered by Nobi Nutrition when you purchase 2 or more. Enter code NOBIXX10 at checkout. [Here's how](#) (restrictions apply)
- **Your cost could be \$0.00 instead of \$18.52!** Get a **\$50 Amazon.com Gift Card** instantly upon approval for the **Amazon Rewards Visa Card** [Apply now](#)

### Have a question?

Find answers in product info, Q&As, reviews

### Product Description

Zen Mode - Mood Booster





# ZEN MODE







- EASES STRESS\*
- CALM MIND\*
- PROMOTES POSITIVE MOOD\*.
- RESTFUL SLEEP\*
- POSITIVE OUTLOOK\*
- NON-GMO FORMULA

## WHAT IS ZEN MODE?

A CALM RELAXED MOOD WHILE MAINTAINING A POSITIVE OUTLOOK. OUR NATURAL INGREDIENTS HELP TO MAINTAIN THAT MOOD, REDUCE STRESS, AND ENCOURAGE HEALTHIER SLEEP\*.



# NOBI NUTRITION'S ZEN MODE

-  FORMULATED IN THE USA
-  THIRD PARTY TESTED
-  FDA APPROVED FACILITY
-  MADE WITH LOVE
-  NON-GMO FORMULA
-  COMMITTED TO SATISFACTION

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

### Product details

**Shipping Weight:** 2.4 ounces ([View shipping rates and policies](#))

**ASIN:** B07MXPZXFL

**UPC:** 696305151211


**Average Customer Review:** [130 customer reviews](#)

**Amazon Best Sellers Rank:** #9,913 in Health & Household ([See Top 100 in Health & Household](#))

#20 in 5-HTP Nutritional Supplements

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Your name here

Important information





**Legal Disclaimer**

Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

**Ingredients**

Calcium 328mg, 5-Hydroxytryptophan (Griffonia Simplicifolia Seed Extract) 200mg

Compare with similar items

			
<p><b>This item</b> 5-HTP Supplement 200mg - Mood &amp; Serotonin Booster, Anxiety Relief, Wellness &amp; Brain Support, Nootropic Dopamine - Natural Anti Stress - 60 Pills</p>	<p>200 MG 5-HTP Plus Serotonin Synthesizers &amp; Cofactor B6 for Improved Serotonin Conversion - Enhanced 5HTP Supplement for Serotonin Boost, Mood &amp; Sleep Support</p>	<p>5-HTP 200 mg Supplement - 120 Capsules - Arazo Nutrition #1 Best Seller</p>	<p>5-HTP 200mg Max Potency Capsules, Serotonin Support for Sleep &amp; Stress Management - 5-Hydroxytryptophan Supplement for Better Mood, Relaxation, Calm &amp; Curbed Appetite - Non-GMO, Vegetarian - 60 Cap</p>
<a href="#">Add to Cart</a>	<a href="#">Add to Cart</a>	<a href="#">Add to Cart</a>	<a href="#">Add to Cart</a>
<b>Customer Rating</b>	(130)	(191)	(2395)
<b>Price</b>	\$18 <sup>52</sup>	\$21 <sup>95</sup>	\$19 <sup>95</sup>
<b>Shipping</b>	FREE Shipping on orders over \$25	FREE Shipping on orders over \$25	FREE Shipping on orders over \$25
<b>Sold By</b>	Nobi Nutrition	BeneGlobal	Arazo Nutrition
<b>Directions</b>	—	As a dietary supplement, take two (2) capsules once per day with at least 8 oz. of water or as directed by a healthcare professional.	As a dietary supplement take two (2) capsules once a day. For best results take 20-30 min before a meal with an 8 oz. glass of water or as directed by your healthcare professional.

Sponsored products related to this item



200 MG 5-HTP Plus Serotonin Synthesizers & Cofactor B6 for Improved Serotonin Conve...  
190  
\$21.95



Lion's Mane Mushroom Capsules - Energy Boosting, Brain Booster Mushroom Supplement ...  
85  
\$19.49



Nutricost 5-HTP 200mg, 120 Veggie Capsules (5-Hydroxytryptophan) - Gluten Free & No...  
32  
\$15.95



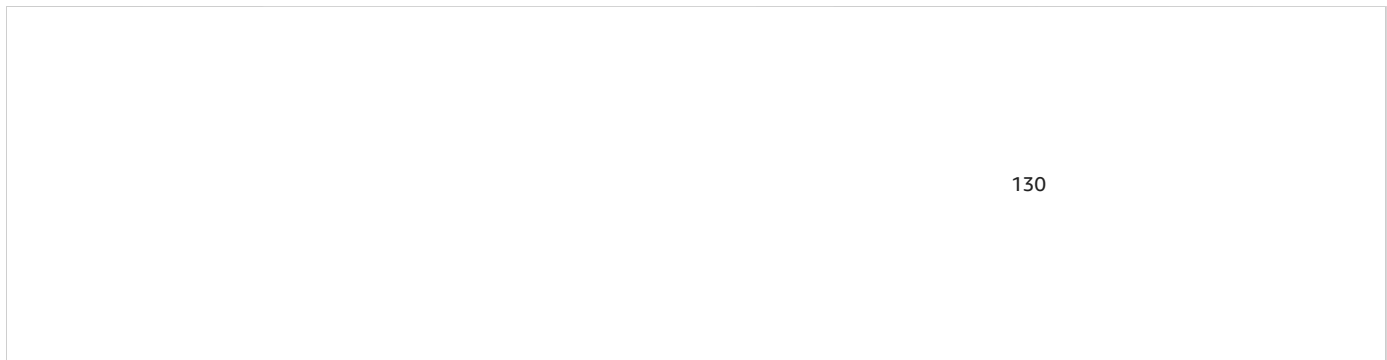
5HTP 100mg Supplement, Plus B6, 5 HTP Organic Whole Food - Natural Sleep Aid, Mood ...  
25  
\$19.97



Nutricost 5-HTP 100mg, 240 Capsules (5-Hydroxytryptophan) - Veggie Caps, Gluten Fre...  
338  
\$14.95

High : 200m Calciu Capsu  
\$19.9

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130

[Ad feedback](#)

### Customer Questions & Answers

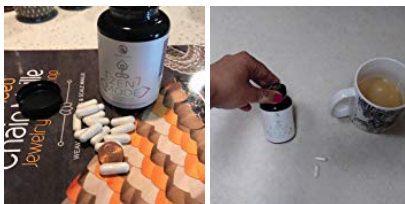
[See questions and answers](#)

### 130 customer reviews

4.7 out of 5 stars

5 star	<input type="text" value="91"/>	91%
4 star	<input type="text" value="6"/>	6%
3 star	<input type="text" value="0"/>	0%
2 star	<input type="text" value="1"/>	1%
1 star	<input type="text" value="2"/>	2%

### Customer images



[See all customer images](#)

### Read reviews that mention

### By feature

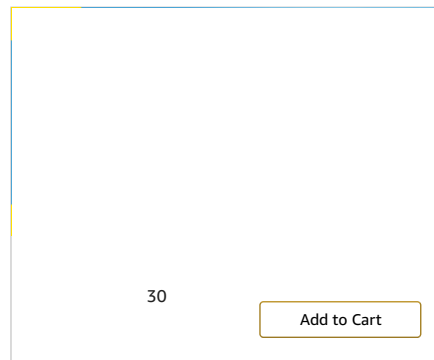
Presentation	4.8
Easy to swallow	4.8
Sleep quality	4.6

zen mode	started taking	side effects	highly recommend
much better	fall asleep	boost serotonin	easy to swallow
stress levels	throughout the day	anxiety and depression	helps me sleep

### Review this product

Share your thoughts with other customers

Write a customer review



[Ad feedback](#)

#### Showing 1-8 of 130 reviews

Top Reviews

ChattaGirl

#### Love the simple, natural ingredients.

April 4, 2019

Verified Purchase

I take this product later in the day to help me relax in the evening and sleep better at night.

42 people found this helpful

Helpful Comment Report abuse

Amazon Customer

#### Works for brain and body

March 25, 2019

Verified Purchase

I purchased for my daughter as she sometimes has anxiety, which I turn can affect her sleep. The Zen supplement helps relax her body and brain and makes it easier for her to sleep. No I supplements are very good and made with prime ingredients

37 people found this helpful

Helpful Comment Report abuse

Kathleen Richards

#### Great product.

May 4, 2019

Verified Purchase

These supplements are a great choice for those looking to balance the chemicals in the brain that allow to feel happy. The problem today is that a lot of us struggle with serotonin and dopamine production thus feeling depressed and fatigued. 5-htp will help stimulate the production of those chemicals. It's already naturally produced in our brains but sometimes we need a little assistance and this product is great for that.

33 people found this helpful

Helpful Comment Report abuse

lauren

#### Herbal Remedies for your crazy life

May 6, 2019

Verified Purchase

This was an easy herbal remedy to my anxiety and stress. It's great for someone who is seeking a clean alternative to more serious solutions.

30 people found this helpful

Helpful Comment Report abuse

Just1Joey

#### Puts a smile on your face

April 1, 2019

Verified Purchase

I know when it kicks in because all the sudden I realize that I'm smiling

30 people found this helpful

[Comment](#) [Report abuse](#)

 Flynn

**The one thing that helped**

May 18, 2019

**Verified Purchase**

I have PTSD and suffer from horrible anxiety, depression and panic. I heard of nootropics from a group I was in on discord and looked at youtube and found out about stacking 5-HTP with L-Theanine. I bought this and I take it in the morning, about 20 mins later it all melts off and I feel amazing. I'm relaxed, calm, happy. I can actually focus and stop doing things out of anxiety.

It SOUNDS like some bull, but it's worked on me like a actual miracle. I'm really happy I found this stuff.

8 people found this helpful

[Comment](#) [Report abuse](#)

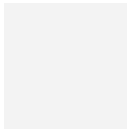
 Beth Alden

**Noticeable difference**

May 19, 2019


**Verified Purchase**

Several freinds who know about my mood and sleep problems have told me about this and I am glad I listened. It just takes the edge off of life. I take one capsule in the evening after eating. I have had some stomach upset when I took it on an empty stomach as instructed but I have a very sensitive tummy. Pills are medium size and easy to swallow. As with any supplement check to see if it might interfere with any prescriptions you are taking and the proper way to take it.



6 people found this helpful

[Comment](#) [Report abuse](#)

 Kristine

**Works decently**

May 24, 2019

**Verified Purchase**

It's a hit or miss in terms of its effectiveness. Most of the times it worked reasonably well - got me more relaxed before going to sleep and thus encouraged to fall asleep much quicker than usual, when thoughts would be racing through my head. It's dependable enough - will work for the most part, but there are some days when it feels like it doesn't do anything.

3 people found this helpful

[Comment](#) [Report abuse](#)

[See all 130 reviews](#)

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What other items do customers buy after viewing this item?



**200 MG 5-HTP Plus Serotonin Synthesizers & Cofactor B6 for Improved Serotonin Conversion - Enhanced 5HTP Supplement for Serotonin Boost, Mood & Sleep Support**  
191

\$21.95



**5-HTP 200 mg Supplement - 120 Capsules - Arazo Nutrition**  
2,395

\$19.95



**Joy-Filled | 100% Plant-Based Supplement for Anxiety & Depression Relief | Helps Relax The Mind, Boosts Mood, Relieve Stress | Contains 7 Powerful Herbs, Non-GMO, 60 Vegan Capsules**  
600

\$29.95



[Ad feedback](#)

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